THE CENTRE REPORTER, CENTRE HALL. PA.



Indigestion produces disagreeable and sometimes alarming symptoms. Wright's Indian Vegetable Pills remove symptoms and restors digestion. 375 Pearl St. N. T. Adv.

swers.

of the mind.

cellar?"

The Laugh's the Thing. Dull people are just as good com pany as anybody. if they laugh generously at the others' jokes.

A Safe and Sure Laxative-

years as late as June 1. **Raising Dairy Heifers** Most Economical Scheme

Michigan and Minnesota it may be ex-

pected in slightly more than half the

In view of the fact that it is be- alyzes present-day problems in horse ning move difficult each year to secure the right kind of dairy stock the care of horses. Copies of the bulletin most economical way for farmers to build up a good herd is to raise the tion to the office of publication. Unihelfers from the best cows, being careful to have the calves sired by a pure bred dairy bull, according to the Kentucky College of Agriculture. The problem of feeding may be considered from two standpoints; first, when whole milk is sold from the farm and skim milk is therefore not available; and second, when cream is sold and skim milk is available for feeding to the young animals. Three plans may be followed by the farmer who has a market for whole milk. The first is to give the calves a good start on whole milk and at the end of two months put them on a hay and grain ration. The second plan is to give the calves whole milk for two weeks and then change to a ration of calf gruel or milk substitute; the third is to give the calves the least amount of milk required to promote normal growth.

Product," and issued by the agricultural extension service. Mr. Peters contends it will not be long until the purchasing power or value of horses will start definitely upward. Old horses are dying off much more rapidly than colts are coming on to take their places, he says. In this new bulletin of 20 pages Mr. Peters not only an-



Winter Find You. Tired and Achy? Do You Suffer Constant Backache - Feel Old and Worn Out? Then Follow the Advice of These Good Folks!

pure, and poisons accumulate that well kidneys would have filtered off.

Racking backaches come with stabbing pains; muscles and joints ache constantly; there are headaches, too, with dizziness and distressing kidney irregularites. Nerves are "jumpy"; one feels old-all worn out.

Give your weakened kidneys the help they need. Use Doan's Pills-a stimulant diuretic to the kidneys. Doan's have helped thousands. They are recommended by

"Use Doan's," Say These Good Folks:

MRS. P. H. WADE, 406 E. Valley St., Abingdon, Va., says: "I suffered from sharp pains in my back a good while. It was all I could do to stand on my feet and I felt pretty miserable. My kidneys didn't act right. I had seen Doan's Pills advertised and I decided to give them a trial. Doan's relieved me of the backache and I was greatly benefited from their use. I gladly recommend a remedy like Doan's.

Stimulast Diurctic to the Kidneys

Steel Balls Replace Stones in Manufacture of Cement on Pacific Coast.

SUBSTITUTE FOR PEBBLES

in fine grinding of raw materials has balls are used in huge rotary mills, ware. Manufacture of steel balls for use

agaves and inconstones while they Looked Like It. gathered the flint pebbles in large An old gentleman went into a 10sacks. On the California beaches flint cent store and sidled around from pebbles are still gathered for use in counter to counter in a somewhat myssome of the California cement plants, terious manner. He bought some bolts, but the steel balls have taken their some cardboard, some wire, and then place in most mills. The pebbles or went over and began to rattle the fin-

played havoc with the "pebble pick. some of the largest mills carrying as "What on earth is he up to?" whis-

two taken at bed time will keep you in good condition. Entirely vegetable .- Adv.

Helping Things Along.

Patient-Oh, doctor, if I could only die! Doctor-I'm doing my best for you.

Always Keep Allcock's Plasters in your home. Invaluable for all local aches and pains. Inexpensive, absolutely pure, safe and effective .- Adv. Pat-Oi wouldn't throw ye a rose

if ye was drownin'. Mike-Oi wouldn't touch It if ye did.

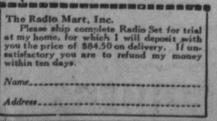
It all depends on circumstances whether a mule puts his best foot forward or backward.



Try il in your home on our 10-day free approval plan. SEND NO MONEY NOW.

THE RADIO MART, INC. 110 N. Liberty St., Baltimore, Md.

CLIP THIS COUPON AND MAIL



4. U. BALTIMORE. NO. 1-1924.

Bulletin Tells How to

Grow Many Bush Fruits F. P. Daniels of the division of horticulture, University of Minnesota, who has written a bulletin on "Modern Bush Fruit Growing," says a noticeable increase in both acreage and yield of raspberries, blackberries, currants and gooseberries has taken place the last decade in Minnesota. He predicts that under the stimulus of present improved methods of culture and of pest control, the increase will continue for some time. The bulletin gives full information concerning planting. cultivating, pruning, harvesting and insect and disease control. It is issued by the agricultural extension division of the university and can be obtained without charge by addressing the Office of Publications, University Farm, St. Paul, Minn.

Fix Up Wire Fences and Avoid Trouble From Cows

How are the fences? There is plenty of time to tighten the wires, restaple them where necessary, replace posts that have rotted off, and get the fences in good shape. The cows always find the hole in the fence when every one is busy putting up hay or cutting wheat. Fix the fence now and avoid are allowed to make nests on the floor trouble of this kind next summer.

Protect Young Alfalfa

With Good Top Dressing Young alfalfa that has not made sufficient growth to withstand severe able, too. winter weather can be protected during the winter by a top dressing of barnyard mature. The manure should be 'spread evenly, preferably with a manure spreader, at the rate of eight to ty elve tons to the acre.

the feeding and using, but discu can be had without cost upon applicaversity Farm, St. Paul.

Winter Water Supply Is

Important for Poultry The modern hen ents a balanced dry mash for egg production, but it takes water to wash down that mash. So it pays to keep a galvanized pail of fresh water near the mash hopper. If the pail is placed in a small wooden store box just a little wider than the diameter of the pail, it will not be tipped over when the hens jump up on the side

If iron pails are used for winter drinking fountains you have a receptacle that is easy to scour and clean. A little boiling water and a few corn cobs will soon scrub the scum from the drinking pails and make the water more healthful and appetizing. Hens relish clean water and drink more of it when the fresh supply arrives. The use of clean pails is a great help in keeping down the spread of respiratory diseases.



Keep the pigs free from lice. . . .

Do not pasture clay lands while wet.

Do not allow sheep to take the cold rains.

When exposed farm machinery meets winter weather the result is junk.

Keep all of the young animals growing by suppling abundant ration, relatively high in protein.

Sanitation and prevention is the best insurance against such contagious diseases as hog cholera.

Keep the live stock sheltered and bedded during the rainy times, and thus save feed and fatalities from pneumonia. . . .

Large boxes, barrels, or shelters are provided as nests for geese, or they of the house.

. . . Hens are never so happy as when they are knee-deep in straw or chaff, scratching for kernels of grain. This happiness is what makes them profit-

. . . Have pullets and hens in good flesh and condition for heavy egg production. Make the house clean, warm, well ventilated, dry. Feed a good balanced ration.

of the Pacific coast and Puget sound regions. A few years ago it was common practice for these people to gather hard flint stones and pebbles from the beaches as the articles had a market at portland cement mills and other plants where they required in this country. were used in the grinding machines.

In searching along the beaches of Puget sound the pebble pickers were constantly on the lookout for valuable standing.

or Cleans Only The Skin

much as 30 to 34 tons of balls. As pered a girl customer. the mill revolves, the balls climb the "I think," responded her chum, "he sides and drop back on the raw ma- has a scheme he doesn't want anybody terial rolling and grinding it to a fine to get onto." "Scheme?" powder. Before the steel balls were perfected, large shipments of flint peb-

"Looks to me like he is buying the bles from France and Denmark were parts and is going to assemble an automobile."

If a small town were determined to A good will helps to a good under- attract attention by some good work, It could.

Teach your child internal cleanliness

THE mother who permits constipation in her baby or older I child is risking the health, even the life of her little one.

It must be remembered that an infant is helpless, unable to tell that constipation is making its life miserable. Consequently the mother must be able to recognize signs of constipation in her baby. Convulsions, night terrors, grinding the teeth in sleep, feverishness, fretfulness and such symptoms-any of these may indicate that poisons from baby's stagnant intestine are flooding the little body.

In older children biliousness, coated tongue, loss of appetite warn the mother that constipation is present. Constipation, unchecked in youth, may lead to serious consequences. In constipation, according to intestinal specialists, lies the primary cause of more than three-quarters of all illness, including the gravest diseases of life.

Laxatives Only Aggravate Constipation

The mother should not resort to laxatives. A noted authority says that laxatives and cathartics do not overcome constipation but by their continued use tend only to aggravate the condition and often lead to permanent injury.

Why Physicians Favor Lubrication

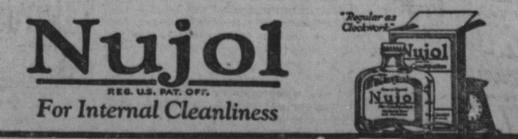
Medical science, through knowledge of the intestinal tract gained by X-ray observation, has found in lubrication a means of overcoming constipation. The gentle lubricant, Nujol, penetrates and softens the hard food waste and hastens its passage through and out of the body. Thus Nujol brings internal cleanliness.

Not a Medicine

Nujol is used in children's and general hospitals and is prescribed by physicians throughout the world. Nujol is not a medicine or laxative and cannot gripe. Like pure water it is harmless, Let your infant or child have Nujol regularly-and see rosy

cheeks, clear eyes and happiness return once more.

Get rid of constipation and avoid disease by adopting the habit of internal cleanliness. Take Nujol yourself as regularly as you brush your teeth or wash your face. For sale by all druggists.















ers"

