


MRS. HINCKLEY NERVOUS WRECK

Tells Women How She Was Restored to Perfect Health by Lydia E. Pinkham's Vegetable Compound

Memphis, Tenn.—“Two years ago I was completely run-down and my nerves were a wreck. I could not sweep a room without resting. I could not do my work except a little at a time, and the doctor's medicine did not help me. One day some one threw your little book on to my porch, and in it I read several testimonials of women who had been like myself. I went right out and got me a bottle of Lydia E. Pinkham's Vegetable Compound, and before I had taken the whole of that bottle I knew it was helping me. I took six bottles, and then in about three months I took two more. Now I am in perfect health. I do all of my own work and could do more. I can truly say that I know Lydia E. Pinkham's Vegetable Compound gave me my health.”—Mrs. O. J. HINCKLEY, 316 Union Ave., Memphis, Tenn.

Lydia E. Pinkham's Private Text-Book upon "Ailments Peculiar to Women" will be sent you free upon request. Write to The Lydia E. Pinkham Medicine Co., Lynn, Mass. This book contains valuable information.



Pure and healing a grateful aid on countless occasions

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Yellow or White
PETROLEUM JELLY

Stop COUGHS COLDS AND CROUP

QUICK RELIEF WITH

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ESTABLISHED 1875
STOOD THE TEST OF TIME SAVING THOUSAND GENERATIONS
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quickly relieves the distressing paroxysms. Used for 55 years and result of long experience in treatment of throat and lung diseases by Dr. J. H. Guild. FINE TRIAL BOX. Treatise on Asthma, its causes, treatment, etc., sent on request. 5c and \$1.00 at druggists. J. H. Guild Co., Box 17, Rupert, Vt.

Oysters and Clams.
For 48 hours young oysters enjoy freedom as moving creatures. Then they settle down for life. Among the oysters' enemies are the starfish. These five-fingered gentry sometimes destroy a whole bed in one night. There are giant clams weighing 50 pounds. Limpets, a shell fish found stuck to rocks when the tide goes out, have kept many an English fisherman's family from starvation in unlucky seasons. Limpets go on traveling expeditions at night, but by a wonderful homing instinct, return to exactly the same spot on their "home" rock.

Gas From Wood Waste.
Utilizing wood waste for generating gas is claimed by a Swedish saw-mill operator to save 75 per cent of the fuel used when the chips and sawdust are burned directly under the boiler. Added to this economy is a large production of valuable by-products, including acids, wood alcohol, and tar.

Sometimes the money of the silent partner does the talking.

Getting rich quick is as difficult as it is dangerous and exciting.

Hall's Catarrh Medicine is a Combined Treatment, both local and internal, and has been successful in the treatment of Catarrh for over forty years. Sold by all druggists.

F. J. CHENEY & CO., Toledo, Ohio

CADY'S C. C. B.—For Asthma, Hay Fever, Bronchitis, Catarrh, Coughs, Colds, Croup, Whooping Cough, Tonic, Hoarse Throat, 12-cent bottle \$2. Cady-Parker Med. Co., Waynesboro, Va.

The SANDMAN STORY

WHY PINE TREES SIGH

LITTLE BROWN BEAR lay watching the stars twinkle and wink at him through the branches of the pine trees that grew just outside the door of the cave where he and Mother Bear lived. Little Brown Bear was not sleepy, for he had taken a very long afternoon nap. But he meant to lie still, just as his mother had told him to do, and not bother anyone by talking or moving about. He could hear his mother snoring at the other end of the cave.

By and by the wind began to blow and the pine tree began to sigh and toss its branches. Little Brown Bear liked to hear the pine tree sigh. Its



"Brown Bear Lay Watching Stars."

sigh was soft and full of music and it often lulled Little Brown Bear to sleep.

But tonight Little Brown Bear was not sleepy. So he just lay quietly watching the stars wink and twinkle through the tossing branches and listening to the pine tree sighing in the wind.

"I wonder what makes the pine tree sigh," he said, at last to himself.

He lay down a little while longer. Then slowly and as quietly as he got up and walked out of the cave.

"What makes the pine tree sigh?" he asked of a little worm that glowed in the dark.

But the little worm was stupid and could not help Little Brown Bear.

Little Brown Bear heard a whirr above his head and he looked up and saw a bat flying about.

"Hello, bat," he cried. "Come down here a minute, will you?"

The bat flew down and lighted on a bush by the side of Little Brown Bear.

"You ought to be home and in bed," said the bat, who was old.

"Well, then," said Little Brown Bear, "so ought you."

"No, I always stay up at night," said the bat.

"Well, don't be cross, please," said Little Brown Bear. "I want to ask you a question. What makes the pine tree sigh?"

The bat listened. The pine tree close by was tossing its branches back and forth and was sighing softly.

A LINE O' CHEER

By John Kendrick Bangs.

STIMULANT

TO RISE at dawn in time to view
The roses filled with morning dew
Gives me a cup from which to quaff
A brew of joy to kill the chaff
That lies along the dusty way
That I must tread throughout the day.
And lend new vigor to the stride
That leads me on to evening,
Whence with the setting of the sun
I go to rest from duties done.
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The Friendly Path

By WALTER I. ROBINSON

BE CHEERFUL

NEVER worry because you are ill, or because you fear sickness may lie before you.

Complaining only aggravates an ailment, but philosophical persons, who bear the burden of illness smilingly, have less suffering and usually find the shorter path to health.

No one is immune to every form of illness. One may pass through life year after year and decade after decade without suffering from injuries or sickness. But sooner or later his turn will come.

Certainly every precaution should be taken to prevent contagion or accidents, and it is encouraging to know that the death rate in the United States has been greatly reduced in recent years. Everyone has good cause for rejoicing that the percentage of deaths from disease in the American army during its participation in the World War was insignificant in comparison with the rate per thousand in 1898.

The bat thought a moment. "Why, it's the wind that makes the pine tree sigh. Good night, Little Brown Bear."

"Oh, wait a minute," said Little Brown Bear. "I want to ask you more questions. Why does the wind make the pine tree sigh?"

"Oh, because it does," snapped the bat, getting cross, for he wanted to be off on his nightly travel.

"Yes, but why does it?" still questioned Little Brown Bear, not at all satisfied with the answers.

"Well, I guess it is because it hasn't any fur coat or comfortable cave to sleep in. If you hadn't any, maybe you would sigh, too," said the bat, and off he flew.

Little Brown Bear was all alone. The wind had blown the clouds until the stars were hidden. The pine tree sighed louder and louder, and then the other trees began to sigh, too.

Little Brown Bear thought of his cave and his mother and off he shuffled for home and snuggled down in his bed of leaves close to his mother.

"I guess Mr. Bat is right," he said sleepily. "If I didn't have a nice fur coat and a nice cave to sleep in, I guess I would sigh like the pine tree."

"What are you talking about?" asked his mother, but Little Brown Bear was fast asleep.

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The Right Thing at the Right Time

By MARY MARSHALL DUFFEE

Drinking health to bride and groom, we wish them store of happy days.—Tennyson.

AT YOUR WEDDING

OFTEN it really seems as if the least important personage connected with the preparation for a large and festive wedding is the bridegroom. For one thing, strict social usage says that a bridegroom should not see his bride on the day of the wedding until the ceremony or immediately before it, so usually he remains at his own home, or a guest at the home of a friend or relative of the bride if he is marrying a young woman in another town, until all preparations for the wedding have been made. If any last-minute arrangements have to be made, they are attended to by his best man, who is a veritable go-between for the bridegroom and the bride's family on the day of the wedding.

Before the day of the wedding the bridegroom-to-be should make inquiries of his bride concerning her bouquet and that of her attendants, for it is the privilege of the bridegroom to order these. He should never do it, however, without first consulting the bride, as the choice would naturally depend somewhat on the style of her wedding dress and the bridegroom's flowers would decidedly depend entirely on the color of their frocks. The bride's bouquet and the bouquets of all her attendants had best be delivered at the home of the bride the morning of the wedding, but the bridegroom should see that each bouquet bears one of his personal cards.

Unless the bridegroom is married in the suit in which he wishes to travel later, he remembers to send to the home of the bride a suitcase containing his traveling suit and various dressing accessories. The bridegroom, as well as the bride, makes a special point to dress for the departure in an inconspicuous manner and would therefore lay aside the dress clothes, light gloves, etc., for a get-up more suitable for traveling.

Before the wedding the bridegroom

Walter Long



It was not until after long stage experience that Walter Long, character actor, entered the motion picture field. He is recognized as one of the "movie" stars. He was born in 1884 at Milford, N. H. He is five feet eleven inches tall and weighs 175 pounds. His hair is brown and his eyes are gray.

The Right Thing at the Right Time

By MARY MARSHALL DUFFEE

should put the fee for the clergyman in a small white envelope and give it to his best man, who gives it back to the bridegroom after the ceremony, when he gives it to the clergyman—of course in an inconspicuous manner.

Here is something that the bridegroom doesn't always remember to do, but it is something that is quite necessary, and that is to bid the mother and father of the bride good-by and to compliment the mother for the wedding entertainment, for he must remember that she is his hostess and that he is the most honored of her guests.

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"What's in a Name?"

By MILDRED MARSHALL

Facts about your name; its history; meaning; whence it was derived; significance; your lucky day, lucky jewel

BEULAH

BEULAH is one of the oldest and most sacred of the religious names. It means "married" and is the contracted form of the title "Land of Beulah." As an allegorical name, it was prophetically applied to Israel in Isaiah: "Thou shalt no more be termed Forsaken; neither shall thy land any more be termed Desolate; but thou shalt be called Hephzibah and thy land Beulah; for the Lord delighteth in thee and thy land shall be married."

When the vogue for religious names passed at the outset of the Twentieth century, Beulah suffered a temporary loss of popularity. But of recent years it was thought sufficiently quaint and old-fashioned to undergo revival. Among the deeply religious, of course, it has flourished unintercepted, being handed down from generation to generation to insure the perpetuation of its heritage. It is regarded as an especially lucky name and one which promises material, as well as spiritual riches.

Coral is Beulah's talismanic stone. It will bring her bodily health and give her great wisdom, according to an ancient legend. But it must never be chipped or broken if it is desired to exercise its magic powers. Friday is Beulah's lucky day and 2 her lucky number.

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No Old Bookshops in Norway

Norway, like China, has no old bookshops. Christiania, of course was only a provincial town in Scandinavia when, a few years ago, the partition occurred, and even now, as the Norse capital, it is a good deal less metropolitan in atmosphere and trading amenities than Portsmouth or Bournemouth or Cardiff. After assiduous inquiries I managed to reach a rather forlorn bookshop down near the docks and was offered, as a genuine antiquity, a detestable treatise dated 1843: The old Scandinavian books are to be found in the half-dozen "Antikvariat" of Stockholm. They are fascinating old bookshops, dusty and cob-webbed—four of them with numbers of tones dating back into the sixteen hundreds, and some even a century before. In one of them I found three years ago a lot of Nibelungs at very low prices. In another a couple of very ancient Bibles bound in worm-eaten wooden boards, with a yard of iron chain attached.—Innesett Daily, in Manchester Guardian.

HE KNEW.

She: I wish you would be nice to George, you know I'm going to marry him soon.

Bobby: I bin nice to about a dozen fellows already but you was geit'ed' me marry.

Daddy's Evening Fairy Tale

BY MARY GRAHAM BONNER

MOOSWA THE GREAT

"Greatest of all the members of the deer family," said Daddy, "is the moose. He is the most splendid of all the deer in the great wide world and he is splendid in looks and in strength and in brains.

"The moose is called Mooswa in Indian talk, which means wood eater. For the moose love strange things to eat, you see.

"Sometimes the timber wolves fight this mighty monarch, but oh, the moose is brave and few can win a victory over him.

"As you know, he loves the great northern parts of the country and he loves the woods and the quiet streams away from people.

"If he has been taught from a baby moose to be with people he is not afraid.

"But he is not anxious to take any chances if he has not been used to people. For to him people are creatures with guns and guns cannot be fought against.

"The moose is very tall when he is full grown. He is brownish gray in color and he runs very quickly. The baby moose is only seventy-five pounds in weight when born, which isn't much considering that later on a moose becomes so enormous.

"A mother moose keeps her little calf with her for some time, and he follows her about, walking everywhere after her, though once in a while she leaves him covered up in the thick woods while she goes off marketing by herself.

"If the baby moose is a boy she is very careful that his father shall not see him, for a father moose is very



"The Baby Moose."

jealous of a little boy in the family, fearing the boy may become a greater moose than he is.

"It is when the boy is but a baby too that the father is so jealous, and so the mother keeps them separated so that her darling baby moose will not be killed by his father.

"But the moose I am going to tell you about was named Mooswa the Great.

"He had lived and roamed the woods where it was cold and wild, but still where people came, more and more every year, with great guns to hunt the moose family.

"Many members of his family had been moving farther and farther north. They were brave, but they did not want to take any chances and they did not consider guns fair enemies somehow.

"So they had left and Mooswa the Great had few companions or even few relatives in his neighborhood.

"Mooswa lived in a low-swamp near a wooded river and there the willow twigs, which Mooswa loved so dearly, were delicious. These were fine in the winter time and in the autumn, too.

"In the summer the water feeds in these parts were especially good.

"But it was autumn now and Mooswa was thinking of many things. Mostly, though, he was thinking of one thing, and that one thing was love.

"Into the heart of the great king of animals had come love, and he wondered if the beautiful Miss Moose, whom he had seen and admired would become his mate.

"He was modest for all his greatness and splendor and majesty—perhaps it was his modesty that helped to make him so great, for he never went backwards by being conceited.

"So he went, his great heart beating foolishly, to see Miss Moose and he told her of his love.

"I so wish you would do me the great honor to become my mate," he said.

"It would make me so happy to wander with you through this wister which is now approaching. We could travel so far, we could see so much. Perhaps we could go farther north, where the guns are fewer and yet where still there are willow swamps.

"We could see so much of the great forest world and of the deep underbrush lands.

"Miss Moose had for some time admired Mooswa the Great. She had admired every bit of his splendid twelve hundred pounds of moose strength and beauty and when she heard his splendid voice making love to her it was all she could do to keep from crying—so happy was she.

"So off went Mooswa the Great with his bride. He slid his shovel-like antlers in the early winter and began growing new ones, but all the time they wandered through the snow, farther north where guns would not put an end to their happiness."

Take It at Night Makes Day's Work Light

St. Joseph's LIVER REGULATOR
for BLOOD-LIVER-KIDNEYS
The BIG 25¢ CAN

CORNS

Stop their pain in one minute!

For quick lasting relief from corns, Dr. Scholl's Zino-pads stop the pain in one minute by removing the cause—friction and pressure.

Zino-pads are thin, safe, antiseptic, healing, waterproof and cannot produce infection or any bad after-effects. Three sizes—for corns, callouses and bunions. Cost but a trifle. Get a box today at your druggist's or shoe dealer's.

Dr. Scholl's Zino-pads
Put one on—the pain is gone

Portugal's National Epic.
The national epic of Portugal is the "Lusiad," written by Luis Vaz de Camoens (1524-1580) and published in 1572, says the Detroit News. The great poem which has been translated into many languages, was begun by Camoens while he was in exile in India and was completed shortly after he was allowed to return to Portugal. Before 1700, 38 editions of the "Lusiad" were printed in Lisbon. Although the "Lusiad" was, as a piece of literature, a tremendous success, it netted its author little financial gain, for, as his epitaph, destroyed in 1775, read, "He lived poor and neglected and so died."

WOMEN! DYE FADED THINGS NEW AGAIN

Dye or Tint Any Worn, Shabby Garment or Drapery.

Diamond Dyes

Each 15-cent package of "Diamond Dyes" contains directions so simple that any woman can dye or tint any old, worn, faded thing new, even if she has never dyed before. Choose any color at drug store.—Advertisement.

Local Pride.
"Do you get your gowns from Paris?"
"Not any more," answered Miss Cayenne. "We've gotten so we can make 'em look just as queer and cost just as much right in our own home town."

Back Given Out?

It's hard to do one's work when every day brings morning lameness, throbbing backache, and a dull, tired feeling. If you suffer thus, why not find out the cause? Likely it's your kidneys. Headaches, dizziness and bladder irregularities may give further proof that your kidneys need help. Don't risk neglect! Use Doan's Kidney Pills. Thousands have been helped by Doan's. They should help you. Ask your neighbor!

A Maryland Case

J. F. Blunt, Commerce St., Centerville, Md., says: "My back ached considerably and the muscles of my back were sore and it made it difficult for me to stoop. My kidneys acted irregularly, also. I used Doan's Kidney Pills and they soon had me free from the backache and my kidneys were in good order."

Get Doan's Kidney Pills, 60c a Box
DOAN'S KIDNEY PILLS
FOSTER-MILBURN CO., BUFFALO, N. Y.

SPOHN'S DISTEMPER COMPOUND

Will relieve Coughs and Colds among horses and mules with most satisfactory results. For thirty years "Spohn's" has been the standard remedy for Distemper, Influenza, Pink Eye, Catarrhal Fever, Heaves and Worms among dogs. Sold in two sizes at all drug stores.

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