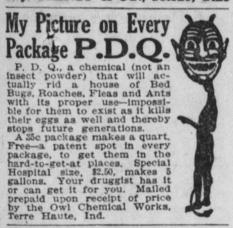
#### Hail's Catarrh Medicine will do what we claim for itrid your system of Catarrh or Deafness caused by Catarth.

Sold by druggists for over 40 years F. J. CHENEY & CO., Toledo, Ohio





There is no sufficient recompense for an unjust slander.

Cuticura Soap for the Complexion. Nothing better than Cuticura Soap daily and Ointment now and then as needed to make the complexion clear, scalp clean and hands soft and white. Add to this the fascinating, fragrant Cuticura Talcum, and you have the Cuticura Toilet Trio.-Advertisement.

Open for Two Hundred Years. Westminster hospital, which originated from an infirmary "for reliev-

ing the sick and needy," is the oldest subscription hospital in London, and will shortly close its doors for the first time in 200 years for six months' needful repairs.

It was first established in Petty France, next in Chapel street, and afterwards in James street. About 1830 the Inwoods, the architects of St. Panbuilding, in sham Tudor, and it sits ill enough on the site of Westminster market, where once stood the ancient cruciform Sanctuary church.

One Worse.

Poor old Henry Peck had been hit by a motorcar and though he was about frightened out of his wits he was not injured.

"Well, Henry," said a friend who had rushed to his aid, "I guess you never in your life were more scared,

"Oh, yes I was." murmured Henry. "When was that?" asked his friend. "The day I married Henrietta," he sighed .- Cincinnati Enquirer.

There is no pain so great that time will not soften it.

Made only of wheat and barley scientifically baked 20 hours ~ Supplies Vitamin-B and mineral elements. How can Grape:Nuts be other than a wonderfully appetizing, healthful

food?

"There's a Reason"

# Uncommon Sense ...

JOHN BLAKE

ONE of the best-known of modern poets, ill and destitute after a life- own. time of toil, announces cheerfully that | It is his absence of bitterness that he is emphatically not a neglected

NEGLECTED GENIUS

True, he has no money, but it was talent merited, but he did not work for fame. He worked for the joy of working, and that was enough.

He looks back upon life feeling that it brought him all that he could ask. Genius is not neglected any more than diamonds are neglected, and for the same reason. This man, had he chosen, could now be comfortably supplied with money.

We believe that he should have been. Every man owes it to himself to gain independence, and money means independence. Our poet's celebrity could have been coined into

Something to

Think About

By F. A. WALKER

WITH FLYING COLORS

tination of more than ordinary importance, press untiringly forward in all

kinds of weather.

lutely ahead.

your neighbor.

blemished within.

fortunate than yourself.

F YOU wish in your particular

sphere of endeavor to reach a des-

Let neither heat nor cold deter or

swerve you from your purpose when

once you have decided your course.

Pay no attention to the sneers of the

frivolous. Keep your mind firmly fixed on your resolve and march reso-

There will be times when you will

be exhausted, footsore and discour-

aged; when opposing winds beat furi-

ously and you seem to lack sufficient

strength to make another step for-

ward. When these depressing periods

overtake you, sit down and rest

It is necessary to give the best. Do

not offend those beneath you with

gruff words. Be uniformly courteous.

Break no promise. Withhold judg-

ment. Be fair in business and keep

off the velvety grass-grown plot of

The perplexities that vex your spirit ;

are familiar to all humanity in all

walks of life. No one by any manner

of means can escape them, but it is

possible for anyone to overcome them.

ing. By patience, well-doing and

faith, turn your threatened defeat

into victory. Thousands of noble men

and women who have passed this way

before you, thus obtained mastery

over themselves, scarred outwardly with the wounds of battle, but un-

Use your hands in righteous work:

arch overhead; your ears to hear

if the children were no more? We would dread the desert behind us

DISHES FOR THE CHILDREN

THE food that is good for us is not

following will be found acceptable to

Luncheon Bread.

Mix two cupfuls of cooked, warm

wheat cereal with a teaspoonful of

salt, one-fourth of a cupful of brown

sugar, one tablespoonful of shortening,

one-half of a yeast cake, wixed with

one-half cupful of milk scalded and

cooled to lukewarm; mix with the

cereal, add three cupfuls of whole

wheat flour and put another on the

molding board. Knead until smooth.

Put into a greased bowl and set to

rise. When double its bulk cut down

and let rise again. Then cut down

and add one cupful each of raisins,

dates and nuts broken into bits. Shape in loaves, put into two bread pans and

let stand until light, Bake 45 minutes. Let stand for 24 hours before cutting.

Rice Pudding.

Take a cupful of cold boiled rice,

two tablespoonfuls each of honey and shortening, one egg yolk and four tablespoonfuls of cold water. Mix

well, then add one cupful of pastry

flour, two teaspoonfuls of baking

powder, a little salt, one-half teaspoon-

ful of almond extract and one-fourth

most of the youngsters:

always the kind we like; but the

worse than the dark before.

Use your mind. Be a rational be-

Ever remember that to get the best

enough cash to ease his old age, but if he preferred to neglect his opportunities it is nobody's business but his

is worth heeding. He has discovered, what every other man should discover. that no earnest effort is wasted. He not money that he worked for. His has learned that people are only too fame is perhaps not as great as his ready to recognize genius when they find it, and to reward it when they The recognize it.

Indeed, so keen is the hunt for genius that hundreds of near-geniuses grow prosperous in America as soon If all as they betray the least sign of talent. Publishers and producers hunt for men who can write. Great corporations send out scouts for men with For the eyes must belold and the soul executive or engineering ability that is beyond the common order.

No musician who is really gifted ever falls of an audience. And even industrious mediocrity will sometimes be mistaken for genius and have riches thrust upon it.

Cast the fear that you may be a neglected genius from among your will find it out, and you will have to hire an office boy to keep people from invading your privacy.

Even if you are not a genius you are likely to be mistaken for one. But that will not harm you unless you make the mistake yourself. Be careful not to do that, for it will be fatal,

### PERFECT DAYS **ALWAYS**

By GRACE E. HALL

THERE isn't a day in the whole round year That isn't a perrect day; Measured and trued and painted with

It glides on its destined way; It is one of the gems that is dven

A pearl in life's necklace rare, And it hasn't a scar and it hasn't a

Unless you have made it there.

sun cannot shine every day of

your life, But the soft clouds have their place:

of the hours were a glitter and shine, You would weary in each day's

must feel

The peace of these quiet grays, That soften the light and refresh our After the burning rays.

There is beauty abundant for every

In every day of the year; worries. If you are a genius somebody If you cannot see it, you're blind in-

> For beauty is ever near; Whatever your lot, you may freely

> In the paintings of earth and sky; They are wondrous in worth and there's never a dearth

Of charm-for the seeing eye. ( by Dodd, Mead & Company.)

# SCHOOL DAYS



misery. The combined envy of the whole world cannot remove a grain of your eyes to look up to the beautiful sand or grow a blade of gress. Be charitable, kindly and indusgood; your tongue to praise God and trious in whatever field you may be

to cheer and encourage others less sowing or reaping. Nothing is impossible to the man or woman who elects to do these things; and he and she will eventually surmount every obstacle and march triumphantly with flying colors to the

rants with a little flour. Beat well

and bake in greased muffin pans for

Necie Maxwell

25 minutes. Serve hot with honey,

LOTS OF FOLKS GET THE

REPITATION FER BEING

DOGGONE LAZY T'BE ANY-

AWFUL PATIENT, WHEN

THEY'RE JUST TOO

THING ELSE!

Rather than condemn, hold your Purge your heart of covetousness Envy is a useless waste of energy long-sought destination. which produces only mischief and | (@, 1921, by McClure Newspaper Syndicate.)

Mother's Cook Book

Ah! what would the world be to us. | of a cupful of currants. Dust the cur-

#### THE ROMANCE OF WORDS

congressional discussion upon some measure which entalls the expenditure of large sums of money in different parts of the country-for example, the rivers and harbors bill-one member will denounce the bill as a "poorly disguised pork-barrel", the meaning is at once apparent to anyone familiar with American, parliamentary slang, for it has come to be the accepted equivalent of an attempt to secure public money for private or semi-private purposes. A "pork-barrel" measure, therefore, is one which would enrich certain districts at the expense of the public treasury, either by providing for costly improvements or by spending money un-

necessarily. To find the genesis of the phrase we have to go back to the earlier days of the republic. when the majority of the citizens were farmers who, during the winter, were forced to live on salt pork. If their supply was adequate and their barrels well filled, they said they had no need to worry about a long. hard winter-the pork-barrel would take care of them. In a similar, but more metaphoricai sense, they now look to their congressmen to take care of them by securing at least a partion of the "pork-barrel" legis lation, which will lead to profits on labor, land and supplies.
(© by Wheeler Syndicate, Inc.)

Struggled Hard for Life.

"PORK-BARREL" WHEN, in the midst of a

Strange evidence was given by the house surgeon at a Barrow (Eng.) hospital at the inquest of an eight-yearold boy. The boy died from lockjaw caused by falling and cutting his wrist on a tin. The surgeon said he died three times. He stopped breathing twice and animation was restored twice. The third time he stopped breathing it was fing!

## Why He Called It "Portland" Cement

In 1824, an English mason wanted to produce a better cement than any then in use. To do this he burned finely ground clay and limestone together at a high heat. The hard balls [called clinker] that resulted were ground to a fine powder. When a mixture of this dull gray powder with water had hardened, it was the color of a popular building stone quarried on the Isle of Portland off the coast of England. So this mason, Joseph Aspdin, called his discovery "portland" cement.

That was less than one hundred years

Portland cement was not made in the United States until fifty years ago. The average annual production for the ten years following was only 36,000 sacks. Last year the country used over 470,000,-000 sacks of portland cement. Capacity to manufacture was nearly 600,000,000 sacks.

Cement cannot be made everywhere because raw materials of the necessary chemical composition are not found in sufficient quantities in every part of the country. But it is now manufactured in 27 states by 120 plants. There is at least one of these plants within shipping distance of any community in this country.

To provide a cement supply that would always be ample to meet demand has meant a good deal in costly experience to those who have invested in the cement industry. There have been large capital investments with low returns.

In the last twenty-five years, 328 cement plants have been built or have gone through some stage of construction or financing. 162 were completed and placed in operation.

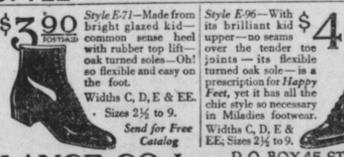
Only 120 of these plants have survived the financial, operating and marketing risks of that period. Their capacity is nearly 30 per cent greater than the record year's demand.

These are a few important facts about an industry that is still young. Advertisements to follow will give you more of these facts, and will tell something of the important place cement occupies in the welfare of every individual.

#### PORTLAND CEMENT ASSOCIATION 111 West Washington Street CHICAGO

'A National Organization to Improve and Extend the Uses of Concrete

## STYLE~SHOES FOR MILADY-COMFORT



so flexible and easy on turned oak sole - is a prescription for Happy Feet, yet it has all the

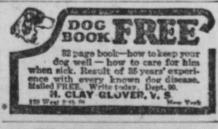
chic style so necessary in Miladies footwear. Send for Free Widths C, D, E & Catalog | EE; Sizes 21/2 to 9. LANCE CO. INC. P.O. BOX 45 STATIONV. DEPT. 10 N.Y. CITY.

Boy, the Anatomical Chart. Divorce report-"Mrs. Snyder told the court that her husband hit her in the bakery and broke her gas range." -Poston Transcript.

Admitting a mistake enables others to see it more plainly.



Northrop & Lyman Co., Inc., Buffalo, N.Y. W. N. U., BALTIMORE, NO. 35-1923.



IF YOU KNIT Postal brings 300 free samples direct from mill, 14c an ounce.

Old Colony Mills Manayunk, Phila.

