

# THOUGHT BACK WOULD BREAK

Nothing Helped until She Began Taking Lydia E. Pinkham's Vegetable Compound

"When my baby was born," says Mrs. Postulsky, 106 High Street, Bay City, Michigan, "I got up so soon, it made me so sick that I was tired of living and the weakness run me down something awful. I could not get up out of bed mornings on account of my back; I thought it would break in two, and if I started to do any work I would have to lie down. I do not believe that any woman ever suffered worse than I did. I spent lots of money, but nothing helped me until I began to take Lydia E. Pinkham's Vegetable Compound. I felt a whole lot better after the first bottle, and I am still taking it for I am sure it is what has put me on my feet."

If you are suffering from a displacement, irregularities, backache, nervousness, headache or any other form of female weakness you should write to the Lydia E. Pinkham Medicine Co., Lynn, Massachusetts, for Lydia E. Pinkham's Private Text-Book upon "Ailments Peculiar to Women." It will be sent you free upon request. This book contains valuable information.

## After Ten Years.

For twenty years two business men in Vienna met every day at the Schnitzelplatz cafe for luncheon, and after the dishes were cleared away, they would indulge in a game of chess. And every day for ten years a young man, a stranger to both the players, would draw up a chair and watch them in silence.

Finally one day one of the old gentlemen failed to make an appearance, and, after waiting a decent length of time, the other turned to the young man who sat waiting for the game to begin, speaking to him for the first time since he had been spectator. "My partner may not appear today. Would you care to play a game with me?" "Sorry," the young man replied, "but I don't know the game."—Metropolitan.

**Cuticura Soothes Baby Rashes**  
That itch and burn, by hot baths of Cuticura Soap followed by gentle anointments of Cuticura Ointment. Nothing better, purer, sweeter, especially if a little of the fragrant Cuticura Talcum is dusted on at the finish. 25c each.—Advertisement.

## Forest Problems Acute.

Every year makes the forest problem of the United States more clear, says Col. William B. Greeley, chief of the forest service, United States Department of Agriculture. The problem has two main features. The first feature is the rising cost of timber products, which is due primarily to heavier transportation charges from more and more distant sources of supply. The second feature is the unproductive condition of immense areas of land which are not adapted to agriculture.

## Misplaced Confidence.

Miserly—Well, Thomas, you have cleaned up the place in great shape. What shall I pay you?  
Hired Man—What's agreeable to you is agreeable to me, sir.  
Miserly (handing him a quarter)—It seems to me you work awfully cheap, Thomas, but of course that's none of my business.—Boston Transcript.

## Breach of Etiquette.

"So there was a gap in the conversation?"  
"Yes, we were all yawning."

## Pesky Bed-Bugs P. D. Q.

Try just once P. D. Q.—Pesky Devil's Quietus—as a preventive or to rid Bed Bugs, Roaches, Fleas and Ants. Every family should use P. D. Q. house cleaning time to guard against the Pesky Devil and to prevent moths. P. D. Q. is not an insect powder, but is a new chemical that kills insects and their eggs. Each package contains free a patent spout, to enable you to get to the hard-to-get-at places and saves the juice.  
A 3-cent package makes one quart, enough to kill a million insects and their eggs. Your druggist has it or can get it for you. Mailed prepaid upon receipt of price by the Owl Chemical Works, Terre Haute, Ind.

## Drive Malaria Out of the System

**BABEK** for CHILLS & FEVER  
A GOOD TONIC AND APPETIZER CONTAINS NO QUININE

Special Offer: Mail this advertisement with 50 cts. for a full size bottle of the Babek Company, Washington, D. C. "Money back if not satisfied."

## FRECKLES!

POSITIVELY REMOVED  
For over forty years beautiful women have been keeping their skin soft, clear and free from freckles with Dr. C. H. BERRY'S FRECKLE REMOVER. Fully guaranteed. Booklet free. Two sizes, \$1.25 or \$2.00. At druggists or postpaid.  
DR. C. H. BERRY CO., 2914 So. Broadway Ave., CHICAGO

8% Interest—\$15,000 Methodist church build, 1st bond. Denominations of \$50, \$100, \$500. Security: Church, parsonage, grounds, worth \$75,000. In thriving Oklahoma county, best Order bonds and full description from H. E. Evans, 1214 Colored Bldg., Okla. City, Okla.

# Community Building

## LONGER LIFE IN VILLAGES

Tranquility and Comfort of the Smaller Places Are Conducive to Longevity.

A small Missouri town of little more than 200 people numbers 80 who are four-score years old, while another of 300 or 400 has 120 octogenarians. This, then, is the secret of longevity: Life in the village. The fountain of youth appears to be very close to the town pump.

Far from the madding crowd's ignominious strife, with nothing exciting to interest or perturb, man or woman may live and live as tranquilly from season to season as the trees and other objects of nature.

Diet, too, must count. Cold storage never blights with its frigid fingers the food that the ancient villager finds upon his table, even the butter being preserved from dissolving into an oleaginous paste by being kept in the little tin bucket, the rusty-bound bucket, the frost-covered bucket that hangs in the well—if ice is hard to get.

It is, then, the city that kills? Is that where the figures are added to the death rate? Although each city is proud to boast that it is lowering them. The village keeps few tables of statistics and has no carefully chosen regimen, but the people go on and on into the twilight of old age without the slightest concern for vitamins and calories; and very little, indeed, for germs, microbes, bacilli and bacteria. That world of infinitesima is unknown to them.—F. H. Collier in the St. Louis Globe-Democrat.

## NUT TREES OF GREAT VALUE

Not Only For Their Product, but for Their Timber, They Are Highly Desirable.

The American Tree association, an organization devoted to the encouragement of arboriculture, asks why nut trees should not be planted along the waysides of this country, both for use and beauty. The obvious answer is that they should. It happens that the nut trees of this country are almost without exception desirable, not only for their nuts, but for every reason that makes tree-planting worth while. They are mostly trees of large size; they are beautiful; and when they are cut the timber which they supply is of high quality.

In his recent work on "Trees as Good Citizens," Charles Lathrop Pack mentions an instance where a black walnut grew from the seed in Pennsylvania and bore seven nuts in its fourth year. That, of course, was an extraordinarily precocious walnut, but the tree in ordinary cases grows rapidly enough to satisfy any reasonable man, and, unlike the growth of poplars and soft maples, it lives to a great old age.—Detroit Free Press.

## More Community Houses.

The community house idea is one which is gaining in popularity in many towns. Petersburg, N. H., has a fine modern building for the purpose which was designed in the Georgian style. There is a hall with a seating capacity of 200 to 300, which is used for various social meetings; three rooms, which are occupied by the Historical society's collection, as well as one wing which is used for the rooms of the men's club, and another for the women's. The building was the gift to the town of former Gov. Robert Bass and his mother.

Hamilton, Mass., too, can boast a community house, also in Georgian style. It was given as a war memorial by a prominent citizen. These are only a few of the towns which in one form or another are thus showing their realization of the value of co-operation and community spirit.

## Paint Good Investment.

Paint will do wonders for a home. It brings a refreshing appearance, gives a pleasing touch and always in satisfaction to the owner. Probably you have noticed when one home owner paints his dwelling that the paint-germ soon inoculates all the other home owners near that property. It is an infection that works for better homes. A few dollars for paint is always a good investment.

## Home Really an Investment.

Your home should be looked upon as an investment—not as a speculation. The return which a home would pay you and your family is not to be measured alone by the money and rent saved. From a dozen different angles it will prove to be the best investment of your life.—Charles G. Edwards, president of Real Estate Board of New York.

## Club for Boys Has Paid.

Yakima, Wash., reports a decrease of 50 per cent in juvenile delinquency since the Yakima community service organized a club for boys which has an athletic, civic and educational program.

## Imperative Things.

What is needed is the realization that order and cleanliness, care and appreciation are absolutely essential to the city beautiful, whether it exists in fact or is still the dream of zealous citizens.

## Garlic Cause of Big Wheat Loss

Makers of Flour Discriminate Against Product Containing It.

(Prepared by the United States Department of Agriculture.)

Wheat containing the bulblets of garlic or wild onion is discriminated against by millers and often is sold at a price ranging from 20 to 50 per cent lower than No. 2 Soft Red Winter, according to the United States Department of Agriculture. The farmer in the Atlantic coast region from Massachusetts to Georgia and as far inland as Missouri, where garlic is prevalent, harvests the garlic bulblets with his wheat. These are about the size and shape of wheat grains, and the two are difficult to separate, so that wheat containing them can be sold only at a discount. Bread made from garlicky flour, especially if eaten warm, has a pronounced odor and garlicky flavor. The money loss from garlic runs into millions of dollars annually.

## Damage and Loss.

A survey made by the department of the damage and loss resulting from this weed in the state of Maryland and part of Pennsylvania where it is particularly bad, shows that practically all wheat produced in Maryland is infested with garlic. Garlicky wheat has a decidedly lower milling value than wheat free from garlic, due to the greater risk from spoilage, to extra cleaning or preparation required for milling, to the lower flour yields obtained, to the greater cost of manufacture, and to the lower market value of the flour product. Discounts for flour made from garlicky wheat vary from 25 cents to \$1 a barrel.

## Bulblets Sown Each Year.

Methods of eradication through readily applicable cultural practices suggested by the department have proved to be successful wherever employed, yet the survey shows that large quantities of the bulblets are being sown each year, through failure to get clean seed or through a failure to realize the extent of infestation in the seed being sown. Estimates made from samples taken from grain drills in the Maryland fields in the fall of 1921, show that as high as 200,000 bulblets to the acre were sown with the wheat in one case, the minimum being around 3,000 per acre. Nearly every farmer interviewed admitted that there was a small amount of garlic in his wheat, but frequently this small amount upon analysis proved to be 50 or more bulblets for each pound of wheat.

## Killing Potato Bugs by Using Arsenate of Lead

Arsenate of lead is one of the best poisons to use, and for a liquid spray should be mixed at the rate of 1.5 pounds of powdered arsenate of lead to 50 gallons of water. In small amounts one-half ounce or one heaping tablespoonful to a gallon of water gives the same strength. A little water should first be added to the powder and stirred until it makes a thin smooth paste. This paste can then be stirred into the required amount of water and the solution is ready for use.

With a good duster or dust gun a mixture of one part powdered arsenate of lead and fifteen parts of air-slaked or hydrated lime will be quite effective in killing the beetles.

A mixture of one part of paris green to twenty parts of lime is also effective. If no duster is available the mixture can be applied by shaking it on the plants through a cheese-cloth bag. The dust sticks to the plants better if applied when the dew is on.—E. M. Page, Missouri Experiment Station.

## Pasturing Sweet Clover to Prevent Woodiness

Sweet clover has been condemned by many because it grows too rank and becomes so woody that stock will not eat it. This is true if it is not pastured heavily enough to keep it down. But if enough animals are kept on it so that it does not get more than nine or ten inches high, new shoots will be produced continuously which will be tender and palatable. If enough stock is not available to keep the sweet clover at the proper height, part of it should be mowed for hay, say the agronomists of the Nebraska Agricultural college. It should be mowed high enough (leave stubble at least eight inches tall) so that plenty of live buds are left on the side of the stems to produce a new crop. Unlike alfalfa, it does not send up new shoots from the crown after it has attained considerable growth the second year.

## Refilling Small Silos

When Somewhat Empty  
Farmers with small silos, who cannot store enough silage to run them all winter, can make their supply last longer if they will cut their corn, shock it, and when the silo becomes somewhat empty refill with the shocked corn.

This kind of silage is better feed than the shocked corn direct from the field although it is not as good as the silage that was put into the silo when the corn was at the right age.

It has been found that placing new silage on the old will not hurt either, provided there is no moldy silage on the surface of the old silage.

## Anti-Barberry Plans Have Been Enlarged

Department of Agriculture Adds 300 Field Men.

(Prepared by the United States Department of Agriculture.)

Over 300 field men were added on July 2 to the force conducting the original farm-to-farm survey for common barberry bushes under the direction of the United States Department of Agriculture. It is planned to complete the survey of all territory in the eight states west of the Mississippi river which are in the barberry-eradication area by the end of the year. Field work has been going forward since May, attention being given mainly to resurvey work and the treating of sprouting and escaped bushes with chemicals. The use of common salt or crushed rock salt applied to the crown of the bushes is finding favor among farmers because of its efficiency in killing the plants and its ease of application. A recent report to the department stated that out of 600 bushes treated with salt in a single area, but two were found on the resurvey that were not completely killed.

Surveys will also be conducted in five states east of the Mississippi river, but present indications are that it will not be possible to complete the original farm-to-farm survey in this section in less than two years. A number of resurveys will be made to eradicate many of the escaped bushes, sprouts and seedlings which may have appeared in the area in which the original survey has been completed in the sections already surveyed.

## Keep Seed Grain Pure; Rogue Foreign Plants

As you travel along the country roads, how many grain fields do you see which have not a liberal sprinkling of other kinds of grain in them? In the winter wheat you will usually see some heads of rye sunning themselves five or six inches above the level of the field, and in the oats occasional bunches of silvery whiskers give away the hiding place of stray barley plants, declares E. B. Holden of the agronomy department of the Wisconsin College of Agriculture.

"While it is difficult to keep the grain absolutely pure, the mixture can be kept reasonably clean by going through a portion of the field, after the grain is headed out, and pulling the foreign plants. A large enough patch should be rogued to provide seed for next year's acreage. By following this method each second or third year the grain can be kept nearly pure," he declares.

## Rosen Rye Superior as Fall Pasture for Hogs

Rosen rye is coming to be recognized as one of the best late fall crops for swine, say the farm crop specialists at Iowa State college. The crop is especially adapted to poor and under-cultivated soil. Rosen rye, which was developed at the Michigan experiment station, has been found superior to other varieties at the Iowa station.

Rye finds one of its best uses as fall pasture for swine. For this purpose it should be seeded during the latter part of August or in the month of September. A seeding of from two and a half to three bushels per acre is recommended. Rye winters very well and can be used again in the spring as a pasture or harvested for grain. Rye may also be ground and used in a slop as a hog feed.

## Spray Will Keep Flies Away From Dairy Cows

One cent per head per day, invested in spray, will keep the flies away. Temper can be saved and the milk supply increased by using the following home made fly repellent while milking: 4½ qts. coal tar dip, 4½ qts. fish oil, 3 qts. whale oil, 1½ qts. oil of tar and 3 pounds laundry soap. Bring the whole up to 30 gallons by adding lukewarm soft water. This amount will spray ten cows, twice daily for forty days.

## Cockerels and Pullets Need Separate Runways

If possible, cockerels and pullets should be separated as soon as sex can be determined for obviously the former being stronger, will get more than their share of feed. As they develop the better birds can be selected for egg production and mating purposes. In selecting young birds, constitutional vigor is of paramount importance.

## Sandy Clay Loams Best for Growing Raspberry

The red and purple raspberry varieties, such as the Cuthbert and Louden, seem to grow best on sandy clay loams, while the black caps, of which the Gregg is perhaps the leading variety, are planted by experienced growers on rich clay loams, but neither the red nor the black are over particular and will do well on any well drained fertile loams.

## Water Supply Essential for Pigs During Summer

Watch the pigs' water supply. You can help him help you make a profit this summer by giving him a chance to make the best possible use of feed. It is absolutely essential for the pig to have plenty of clean water at all times during the summer months.

# Motor to Church in Comfort

The Chevrolet 5-Passenger Sedan is most popular for family use, because it affords comfort, weather protection and the home atmosphere all the year 'round for five people—yet may be economically operated with only one or two passengers. Its power, reliability and low upkeep appeal to men. Women like its handsome lines, fine upholstery, plate glass windows with Ternerstedt regulators, and fine finish. Everybody appreciates its great value at \$860, f. o. b. Flint, Mich.



**Chevrolet Motor Company**  
Division of General Motors Corporation  
Detroit, Michigan

**Grave for Dead Letters.**  
The dead letter office is in Washington, D. C., and branches are maintained at New York, Chicago and San Francisco, where first-class undelivered matter, not returnable to sender, is forwarded. Parcel post and valuable third-class matter which cannot be delivered or returned to sender are forwarded to the headquarters of the railway mail service division in which the office of address is located. There are fifteen of these divisions, with headquarters at the following points: Boston, New York, Washington, Atlanta, Cincinnati, Chicago, St. Louis, San Francisco, Cleveland, St. Paul, Fort Worth, New Orleans, Seattle, Omaha and Pittsburgh.—Indianapolis News.

**Can't Blame Him.**  
She—Why does he wear a long beard when all the other men wear clean-shaven faces?  
He—His wife insists upon buying his neckties.—Cincinnati Enquirer.

**Natural Enough.**  
"Did you," said the clever young man, "note that bit of news in the paper about an Albert Ross having a baby born with claws instead of toes?"  
"No," replied his audience; "how remarkable!"  
"Hardly remarkable," said the clever young man, making ready for a hasty retreat. "It might be called remarkable had the baby albatross had toes instead of claws."

The laughter and tears of a woman are equally deceptive.

**Opportunity Calls from CANADA**  
Visit Canada this summer—see for yourself the opportunities which Canada offers to both labor and capital—rich, fertile, virgin prairie land, near railroads and towns, at \$15 to \$20 an acre—long terms if desired. Wheat crops last year the biggest in history; dairying and hogs pay well; mixed farming rapidly increasing.

**Home-seekers' Rates on Canadian Railroads**  
If you wish to look over the country with a view to taking up land get an order from the nearest Canadian Government Agent for special rates on Canadian railroads. Make this your summer outing—Canada welcomes tourists—no passports required—have a great trip and see with your own eyes the opportunities that await you.

For full information, with free booklets and maps, write  
F. A. HARRISON  
Desk W  
308 N. Second Street  
Harrisburg, Pa.  
Authorized Canada Gov't Agt.

**FES-O THE GREATEST THING ON EARTH, WORTH ITS WEIGHT IN GOLD.**  
It cleanses, purifies and disinfects. No germs or disease possible if Fes-O is used. Invaluable for closets, stables, sinks, commodes, drains, etc. Best thing in the world for the sick room. Drives away mosquitoes, bad odors and all other vermin. Accept no substitute. Price 25 cents, prepaid. Agents everywhere, or mailed by the manufacturer.  
WM. H. WINSLOW CO.  
1926 N. 20th St. Philadelphia, Pa.

**DOG BOOK FREE**  
22 page book—how to keep your dog well—how to care for him when sick. Result of 25 years' experience with every known breed. Mailed FREE. Write today. Dept. 10.  
H. C. GLOVER, V. S. N. Y.  
100 West 11th St.

**MAXWELL HOUSE COFFEE**  
The uniformity of Maxwell House is due to the methods of cleaning, roasting and packing, embodying fifty years experience in blending a coffee unvarying in quality and cleanliness.

**TYPEWRITERS**  
Remingtons, L. C. Smiths, Oliviers, Royals, Underwoods, etc. Used and REBUILT MACHINES

**IF YOU KNIT**  
Postal brings 300 free samples direct from mill, 14c an ounce  
**Old Colony Mills**  
Manayunk, Phila.

**KEEP EYES WELL!**  
Dr. Thompson's Eye Water will strengthen them. At druggists or Dr. Thompson's Eye Water, N. Y. Booklet.