

COULD HARDLY DO ANY WORK

Since Taking Lydia E. Pinkham's Vegetable Compound This Woman Feels So Well

Keeseville, N. Y.—"I cannot praise Lydia E. Pinkham's Vegetable Compound too highly for the good it has done me. I was so much troubled with female weakness I could hardly do any work. I saw your advertisement in the paper, and read it to my husband. He said, 'You had better try Lydia E. Pinkham's Vegetable Compound,' so I bought six bottles, and by taking it I am not troubled as I was. I am gaining strength and getting fleshy. My female troubles have vanished and I have never felt so well. The Liver Pills are the best I ever took. If you think my letter will encourage other sufferers you have my permission to use it as an advertisement."—Mrs. SARAH BLAISE, Box 177, Keeseville, N. Y.

Doing the housework for the average American family is some task, and many women lose their health in so doing. If you, as a housewife, are troubled with backache, irregularities, are easily tired out and irritable, or have other disagreeable ailments caused by some weakness, give Lydia E. Pinkham's Vegetable Compound a trial. Let it help you.

AND THE RAIN WENT ITS WAY

But Young Woman's Precious "Protector" Was Safely Shielded From the Perilous Damp.

The old rhyme, "Mother, may I go out to swim?" took a new turn one day last week in a big government department.

In the familiar quatrains the mother tells daughter to hang her clothes on a hickory limb, but not to go near the water.

The lady in the new case, however, had no intention of going in swimming, exactly, nor did her clothes figure in the event.

It was her brand-new \$5 umbrella she was worried about.

The rain was coming down in torrents late that afternoon.

She looked at her umbrella, then at the rain, took another glance at her silk protector, then a second at the downpour. The umbrella won.

She turned to a messenger. "Will you please keep this umbrella for me until tomorrow?" she said.

Then, bareheaded, she plunged down the steps and out into the pouring rain.—Washington Star.

Matrimonial bonds are not negotiable.

Paint pays!

Weak and Miserable?

Is a lame, aching back keeping you miserable? Are you tormented with sharp, stabbing pains? Feel weak, tired—"all-played-out"? Then look to your kidneys, for these are common signs of kidney weakness. There may be headaches and irregularities, too, with annoying bladder irregularities. Don't risk serious kidney sickness. Help your weakened kidneys with Doan's Kidney Pills. Doan's have helped thousands and should help you. Ask your neighbor!

A Maryland Case

Mrs. Annie Porter, Pawellton Ave., Berlin, Md., says: "I had backaches all the time. My kidneys acted too freely and I knew they caused all the trouble. I used Doan's Kidney Pills and they helped me from the first. Three boxes rid me of the aches and pains and I felt like a different person. My kidneys didn't trouble me after using Doan's."

Get Doan's at Any Store, 60c a Box
DOAN'S KIDNEY PILLS
FOSTER-MILBURN CO., BUFFALO, N. Y.



You Need HANCOCK SULPHUR COMPOUND

Physicians agree that sulphur is one of the most effective blood purifiers known. For pimples, black-heads, freckles, blotches, and tan, as well as for more serious face, scalp and body eruptions, hives, eczema, etc., use this scientific compound of sulphur. As a lotion, it soothes and heals; taken internally it gets at the root of the trouble. For over 25 years Hancock Sulphur Compound has given satisfaction.

60c and \$1.20 the bottle. At your druggist's. If he can't supply you send his name and the price in stamps and we will send you a bottle direct.
HANCOCK LIQUID SULPHUR COMPOUND
Baltimore, Md.
Hancock Sulphur Compound Co., 100-102 and 104-106 W. 10th St., Baltimore, Md.

Cuticura Soap
Is Ideal for
The Complexion
Soap 25c, Ointment 25 and 50c, Tablets 25c.

Community Building

SELECTING SITE FOR HOME

Practically Impossible to Give Too Much Thought to Matter of Such High Importance.

Before you build it is necessary to have a parcel of ground. Too much care cannot be taken in the selection of a site. Remember, it is the spot on which you and your family will spend many years, at least that is the general supposition, for the building of a home is usually one of the highly important happenings of one's life.

Location determines the character of house and it has much to do with the family's happiness and health. If the person contemplating building a home will observe the following suggestions when buying or selecting a site he will save himself a lot of future trouble and at the same time make an investment that will increase rather than decrease in value. Here are the suggestions:

Locate in a neighborhood that is likely to increase in value and always be desirable for homes.

Ask about the water supply; where the water comes from, if the local system is modern and whether the supply is plentiful.

Churches, schools and stores should be convenient.

Find out if the section has all modern subsurface improvements, sewers, for instance.

What is the tax levy? Compare it with previous rates for years.

Why the increase or decrease if any?

Are gas and electricity easily obtainable?

Does the site need much grading, seeding or planting?

What are the transit or transportation facilities?

What is the traveling time to place of business?

What is the expense?

If the property meets these conditions satisfactorily, then you may be sure of your selection.

GUILTY OF BOORISH CONDUCT

City Newspaper Condemns Visitors to Rural Districts Who Leave Trash and Litter Behind.

Wayfarers are constantly violating the hospitality of those who afford them pleasant spots for spreading their basket lunches and eating them beneath the welcome shade of spreading trees. It is bad enough to be obliged to endure such uncivilized practice in the city; it is worse when inflicted on rural districts less able to defend themselves against ill-mannered intruders.

Motorists who leave smeared scraps of paper, greasy boxes and scraps of picnic miscellany behind them after finishing their lunch are not only indulging in boorish indifference to the rights of others but are helping to destroy their welcome asid. Owners of rural homesteads have a perfectly proper resentment against tourists who camp on or near their premises and, departing, leave such offensive evidence of their slovenly habits. Such conduct is utterly inexcusable.

Only the minority of autoists, of course, are guilty of such practices. But the offensive minority are likely to prejudice country dwellers against the whole increasing tribe of tourists. Against this minority the majority should set itself firmly, determined to eradicate an evil that threatens all alike.—Cleveland Plain Dealer.

Organization Necessary.

In the beginning was organization, and organization was man's, and through organization man worked his tortuous way from savagery to civilization. Latterly, we have discovered anew this ancient highway of life. We have become intensely conscious of organization. And so it has come about that whenever anyone suggests a task to be done, someone arises to remark: "Let us organize." We have labeled our generation, "an age of organization," and have laid our hands upon the most solid truth we know—that men make progress and gain more abundant life by working together and not alone.—Exchange.

Suggestion From Buenos Ayres.

In Buenos Ayres, one of the most beautiful and fastest growing cities of the world, the owner of a lot is given a reasonable length of time to decide how he will improve it. Then he must either build or make a garden.

There might be a suggestion here for Los Angeles. It would tend to remove some of the unpleasant evidences of our "growing pains."—Los Angeles Times.

Vines Everywhere Appropriate.

Daddy's Evening Fairy Tale

BY MARY GRAHAM BONNER

THE HAY RIDE

"I have a plan," said Bennie Brownie, "and it is a wonderful plan."

"What is it?" asked the other Brownies.

"Let us go for a hay ride," said Bennie.

"Oh, that would be such fun," the others said.

"When will we go?"

"Well," said Bennie, "I see that the farmer is planning to bring the hay from yonder field to the loft in the barn beyond."

"Perhaps if we have a ride now. It is some little distance but we can get there if we hurry."

So the Brownies all hurried along and just before they reached the hay wagon Bennie Brownie emptied a great enormous suitcase which he had and handed every little Brownie a hay coat.

Now the hay coats were just the color of the hay and the Brownies put them on and pulled the hoods, which were attached to the coats, over their heads.

In this way they could not be seen. If any one came near them they put their arms up over their faces and their arms were covered, of course, by the special suits.

Well they did have such a jolly ride and when it was all over Bennie Brownie said: "Let's have a hay party tonight in the loft."

And the other Brownies thought it would be a splendid idea. For they had enjoyed their ride so much that they did want to jump up and down in the hay and play in it and throw it at each other and have some wonderful games.

"Let's invite the others to come," said Bennie Brownie.

"Oh yes," the other Brownies shouted.

So Bennie Brownie and the other Brownies went around and asked the Fairy Queen and Princess Fairy Joy and Princess Fairy Twilight-Bell and Fairy Ybab and all of the other Fairies to come to the hay party.

Every one of the Fairies accepted. Then the Brownies asked Peter Gnome and all of the other Gnomes and every Gnome accepted.

Next the Brownies invited the members of the Oaf family and they all accepted.

THE KITCHEN CABINET

(© 1923, Western Newspaper Union.)

The woman whose life is intelligently ordered is always preparing herself for the higher demands of her work. She is not only doing that work with adequate skill from day to day, but she is always fitting herself in advance for more exacting and difficult tasks.—Hamilton W. Mabie.

SUMMER PIES

Is there ever any pie quite so delicious as a well-made cherry pie? "Maybe there is, but I doubt it."

Line a pie plate with rich crust, and add pitted cherries, sweetened to taste, to fill it. Sprinkle with a little flour, add a bit of butter and cover with the top crust. Bind the edge of the pie with a piece of muslin two inches wide, which has been wrung out in cold water. This keeps in the juices, and the result is a pie that is hard to equal. A paper funnel placed in the center of the pie is often as good to keep the juices in, if the edges have been well-lapped and pressed down. The juices will boil up in the funnel and go back again into the pie.

Strawberry Pie.—Into a deep under-crust, which has been baked, heap fresh sugared berries, cover with spoonfuls of stiffly-beaten cream that has been sweetened and flavored with a bit of almond. Serve very cold.

Blueberry Pie.—Take one quart of blueberries, four tablespoonfuls of sugar, two tablespoonfuls of lemon juice or a handful of green grapes, seeded, the yolk of an egg, three tablespoonfuls of cream and a pinch of cinnamon. Line the pie plate with the crust, mix the berries with the other ingredients and pour into the crust. Cover with a top crust and bake until the bottom is well browned.

Pineapple Pie.—Bake a crust for an open pie. Grate one pineapple; add one and one-half cupfuls of sugar, two tablespoonfuls of cornstarch, mixed with a little cold water, the yolks of four eggs, well beaten; add the above ingredients to two cupfuls of boiling water in a double boiler; let come to a boil, then pour into the crust. Cover with a meringue, using two of the whites and four tablespoonfuls of sugar. Brown in a moderate oven.

A thing of beauty is a joy forever. Its loveliness increases, it will never Pass into nothingness, but still will keep A bower quiet for us to sleep Full of sweet dreams and health and quiet breathing; Thus on each morrow we are wreathing A flowery band to bind us to the earth.—Keats.

COUNSEL FOR THE COOK

As 80 per cent of the cooks of this country are wives, mothers, housekeepers, seamstresses, general managers and voters, just about anything of interest to the average woman will be fitting for the cook.

For hot weather hints, the first thing to engage the mind is starting the day right. It may take 15 minutes from the morning nap, but a good shower and rub, or a cold sponge bath will put almost any fairly healthy body in tune for a mid-summer day.

The next important item is proper dressing. Although knit underwear is so reasonable in price and easy to launder (points worthy of consideration) in the hottest weather a thin dimit, crepe or nainsook teddy or union suit will be found much more comfortable, cooler, and does not cling to the body like the knit-wear. In a loose, comfortable, thin corset with a slip which answers for both corset cover and skirt, then a slipover dress of cool, easy-to-wash material, with properly shod feet—shoes with substantial heels—one will be able to meet the day with every advantage of proper bodily care.

Potato salad is a favorite. It should be remembered that cold potato takes some time to become seasoned, so it should be prepared long enough ahead to let the salad dressing and other seasonings thoroughly penetrate that vegetable.

The meals for hot weather should be prepared with the idea of not overtaxing the stomach during the warm days. If possible have the heavy meal at night, when the workers of the family may rest in the cool of the day. Cooling vegetables, cucumbers, tomatoes, juicy fruits, custards, junkets, frozen dishes will be found to be most favored.

Fresh fish is easy of digestion and makes a good main dish, with a cucumber or tomato salad. With lemon sherbet for dessert, and some small cakes or cookies, one may feel that the family has been properly fed. Whole wheat bread, graham, rye or wheat bread may be served as one wishes.

Salads of vegetables may take the place of a main dish; with bread and butter and a light dessert, the meal will be sufficiently satisfying.

Nellie Maxwell

Aspirin

Say "Bayer" and Insist!



Unless you see the name "Bayer" on package or on tablets you are not getting the genuine Bayer product prescribed by physicians over twenty-two years and proved safe by millions for

Colds Headache
Toothache Lumbago
Earache Rheumatism
Neuralgia Pain, Pain

Accept "Bayer Tablets of Aspirin" only. Each unbroken package contains proper directions. Handy boxes of twelve tablets cost few cents. Druggists also sell bottles of 24 and 100. Aspirin is the trade mark of Bayer Manufacture of Monoaceticacidester of Salicylicacid.—Advertisement.

Double Entry.

I was entering a large bank building through the revolving doors one evening just as a great crowd of employees was passing out. One, a large woman, seemed to hurry. I was just about to step out of the door when this woman stepped into my compartment and gave the door a vigorous shove. She had evidently not seen me at all, as I am of slight build and the lights were dim. The door started to whirl rapidly around and there was nothing for it but to trot back around as fast as I could, which I did, to the accompaniment of profuse apologies from my companion and much applause from the spectators.—Chicago Tribune.

WHY TAKE LAXATIVES?

Discovery by Science Has Replaced Them.

Pills and salts give temporary relief from constipation only at the expense of permanent injury, says an eminent medical authority.

Science has found a newer, better way—a means as simple as Nature itself.

In perfect health a natural lubricant keeps the food waste soft and moving. But when constipation exists this natural lubricant is not sufficient. Doctors prescribe Nujol because it acts like this natural lubricant and thus secures regular bowel movements by Nature's own method—lubrication.

As Nujol is not a medicine or laxative, it cannot gripe and, like pure water, it is harmless and pleasant. Nujol is used in leading hospitals. Get a bottle from your druggist today.—Advertisement.

Father's Limited Knowledge.

The minister's little boy was having trouble with his go-cart and a neighbor who came along stopped and said to him:

"Why don't you take it to your father? He'll know what's the matter."

"Oh, daddy won't know," responded the little fellow in disgust. "Daddy don't know anything 'cept about God."—Boston Evening Transcript.

A Lady of Distinction

Is recognized by the delicate, fascinating influence of the perfume she uses. A bath with Cuticura Soap and hot water to thoroughly cleanse the pores followed by a dusting with Cuticura Talcum powder usually means a clear, sweet, healthy skin.—Advertisement.

Sure Relief FOR INDIGESTION

BELLANS INDIGESTION 25 CENTS
6 BELLANS Hot water Sure Relief
25¢ AND 75¢ PACKAGES EVERYWHERE

ASTHMA

DR. J. D. KELLOGG'S ASTHMA REMEDY for the prompt relief of Asthma and Hay Fever. Ask your druggist for it. 25 cents and one dollar. Write for FREE SAMPLE.



Stearns' Electric Paste
is recognized as the guaranteed exterminator for Fleas, Lice, Ants, Cockroaches and Waterbugs.
Don't waste time trying to kill these pests with powders, liquids or any experimental preparations.
Ready for Use—Better than Traps
2-oz. box, 35c 15-oz. box, \$1.50
SOLD EVERYWHERE

DOG BOOK FREE
32 page book—how to keep your dog well—how to care for him when sick. Results of 25 years' experience with every known dog disease. Mailed FREE. Write today. Dept. 36 H. CLAY GLOVER, V. S., 120 West 10th St., New York.

"B-STINGS"
A preparation of formic acid (procured from the sting of the bee) and sugar of milk. Absolutely not injurious to heart or system. Strongly endorsed as a remedy and relief for rheumatism, neuritis, any kidney infection, backache, sciatica and rheumatic fever. In tablet form—every 2 hours. 250 tablets for \$1.00; 500 for \$1.75; 1,000 for \$3.00. Write us for information.
Hahn & Hahn, 214 W. Saratoga St., Baltimore, Md.

PARKER'S HAIR BALMS
Restores Color and Beauty to Gray and Faded Hair
HINDERCORNS
Removes Corns, Calluses, etc., stops all pain, ensures comfort to the feet, makes walking easy. Best for use at Druggists. Hissoc Chemical Works, Paterson, N. J.

\$1.00, \$1.50 and \$2.00 Per Night
MERCHANTS HOTELS and LUNCHROOM
230 Light St.—10 and 12 N. Liberty St.
STEVENS BROS.
Baltimore, Maryland

ALFALFO
A combined alfalfa tonic made primarily from the alfalfa plant. Combined with the alfalfa is Hydrata, well known for its stimulant action on the mucous membrane and Cincobon, famous for its general tonic properties. Acts primarily on the nerve centers, increases the appetite and aids in building the body tissues. One tablet to adults, one teaspoonful to children, before meals and at bedtime. Write us for particulars.
Hahn & Hahn, 214 W. Saratoga St., Baltimore, Md.

FES-O
THE GREATEST THING ON EARTH
It cleanses, purifies and disinfects. No germ or disease possible if Fes-o is used. Invaluable for closets, sinks, cesspools, drains, etc. Best thing in the world for the sick room. Drives away cockroaches, bedbugs and all other vermin. Accept no substitute. Price 25c. Wholesale Agents everywhere, or mailed by the manufacturer, WM. H. WINSLOW CO., 1936 N. 20th St., Philadelphia, Pa.

WANTED—SALESMAN
to sell the newest tool set, 4 in the case wrench, leather punch, screw driver and knife blade stag handle. Retail at \$1.50. Big profits for you. Write at once for wholesale prices. Every car owner needs this tool. BOX 152, CONNEAUT LAKE, PA.

FOR SALE—NEW McCLELLAN ARMY SADDLES—\$3.95. Used army saddles. Excellent condition—\$4.95 (allow inspection). C. O. D., parcel post or express. FARMLEY M. COHEN, Underhillville, Tenn., Quilman, Va.

MAKE \$25.00 EXTRA WEEKLY
I teach you. Particulars for stamp. Address C. O. DUNN, Box 212, DUBLIN, IRELAND.

W. N. U., BALTIMORE, NO. 31-1923.

BUILDING—do you buy permanence?

IT COSTS but little more at the start than temporary construction. Over a period of years it means dollars in your pocket—for the upkeep on temporary building costs more than the building itself in the end.

Your building material dealer has seen the growth of permanent building—has done much himself to help it. You can save money by following his advice as to methods of construction and brands of material.

ATLAS PORTLAND CEMENT

"The Standard by which all other makes are measured"