

Piles

are usually due to strain-

ing when constipated.

world were their own With sun, moon and stars at disposal.

drys and accumulates, try using the

Nujol being a lubricant keeps the food waste soft and therefore prevents straining. Doctors prescribe Nujol because it not only soothes the suffering of piles but relieves the irritation, brings comfort and helps to remove them.

Nujol is a lubricant-not a medicine or laxative - so cannot gripe. Try it today.



Now Is the Time to Get Rid of These

Ugly Spots

There's no longer the slightest need of feeling ashamed of your freckles, as Othine -double strength-is guaranteed to remove these homely spots.

these homely spots. Simply get an ounce of Othine from any druggist and apply a little of it night and morning and you should soon see that even the worst freckles have begun to disappear, while the lighter ones have vanished en-tirely. It is seldom that more than an ounce is needed to completely clear the skin and gain a beautiful, clear complexion. Be sure to ask for the double strength

Be sure to ask for the double-strength Othine, as this is sold under guarantee of money back if it fails to remove freckles. Othine.

VISIBLE BOOKKEEPING USE BOOKKEEPING CHART

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Foreman-Yes, I'll give ye a job sweepin' an' keepin' the place clean. "But I'm a college graduate."

"Well, then. maybe ye better start

on somethin' simpler."-From Life.

Vaseline

Pure and healing a grateful aid on countless occasions

CHESEBROUGH MANUFACTURING CO.

laseline

Yellow or White

PETROLEUM JELLY

Good to the last drop

a should say it is !

I could tell a cup

of Maxwell House

blindfolded. What

else could have such

atoma, such flavor,

MAXWELL

HOUSE

such uniformity!

X

State Street

Never a night without a morn.



is all bright, Just as we choose to make it; Our burden is heavy, our burden is light,

Just as we happen to take it; And people who grumble and people who groan At the world and at every pro-

posal Would grumble and groan if the

-Harriet Swift.

WHAT TO EAT

During the summer, when bread

fresher slices for French toast. Beat an egg, add onehalf cupful of milk and dip the bread, covering both sides. Fry in

until brown on Serve with or without maboth sides. ple sirup.

Crumb Muffins .- Take one cupful of fine bread crumbs, one-half cupful of flour, one egg, one cupful of milk, three teaspoonfuls of baking powder, one tablespoonful of sugar and two tablespoonfuls of melted lard. Mix well and pour into heated muffin pans and bake about twenty minutes.

four slices of bread, or its equivalent, cover with sour milk and let stand over night. If very dry, dip in cold water before adding to the milk. In the morning add egg and soda and a little flour; beat well and cook as usual on a hot griddle.

Bake in a moderate oven until firm.

Cracker Crumb Cake .-- Take one and

Potato Varieties Premium Money Used

THE CENTRE REPORTER, CENTRE HALL, PA.

to Purchase New Seed Free From Wart Number of Desirable Crops Introduced in Nebraska.

(Prepared by the United States Department of Agriculture.)

By utilizing \$46 of the premiums won by the previous year's agricultural exhibit at the state fair to purchase seeds of crops, vegetables, and melons on the premium list of the fair which were not grown in the county, Keith county, Neb., last year introduced a number of desirable crops into its farming system, according to a report to the United States Department of Agriculture.

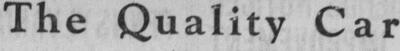
have shown that there are a number The seed for each variety, including of American varieties of potatoes many kinds of corn, wheat, oats, barwhich are immune from the disease ley, rye, and other grain, seed, and forand may safely be planted in infested age crops, tame and native grasses, areas. The results of these tests, covpotatoes, onions, tomatoes, cabbage, ering a period of from one to four squashes, pumpking, melons, root crops, and miscellaneous field and garden crops, was divided into four parts and one part given free to a volunteer grower in each of four different sections of the county under condition that the seed be planted on good soil, well cultivated, and two samples of

> the best of each product furnished for exhibition at the state fair. The plantings were carefully watched and cultivated under the supervision of the county agricultural extension agent. When the specimens were collected in the fall, over 450 exhibits representing more than twenty crops were sent by the county to the state fair and later were shown in the county fair. That farming in the county need not be confined to one crop was demonstrated by the excellent quality of the products exhibited which won in individual awards at the state fair over 100 first premiums, almost as many seconds, thirds, and fourths combined, and also by the fact that of the 450 exhibits of products, 387 were classed by the judges as good, 69 as medium, and none as poor.

A number of new crops, such as milo, feterita, orange cane, broom corn, Iowa onts, and Japanese millet, seem par ticularly well adapted to the local conditions and are being grown again this year, according to reports to the Department of Agriculture.

Easily Digested Feeds

Are Suitable for Ducks To be suitable for ducks, food must be soft and easily digestible, such as meals, grasses, vegetables, and small scraps of meat, because ducks do not have crops like fowis, and the food passes directly from the mouth through the gullet into the gizzard. If ducks are compelled to eat many whole grains or hard foods of any kind they will not be able to get the nourishment they require for rapid growth. Young Stock Before Marketing ducklings especially must have soft and easily digested food, as they grow





SUPERIOR 5-Pass. Sedan \$860 f. o. b. Flint. Mich.



Not alone for every-day utility does Chevrolet represent the world's lowest-priced quality car. It also meets the requirements of particular people for those social and sport occasions when artistic proportion, highgrade coach work, and handsome finish are in harmony with the time and place.

You can be proud of your Chevrolet, combining, as it does, a high degree of engineering efficiency with modern quality features that appeal to the experienced and the discrim-

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\$510

SUPERIOR Roadster SUPERIOR Touring SUPERIOR Touring SUPERIOR Utility Course SUPERIOR Sedanette SUPERIOR Sedan SUPERIOR Commercial Chassis SUPERIOR Commercial Chassis SUPERIOR Light Delivery Utility Express Truck Chassis 525 680 859 860 425 510 575 Chevrolet First CHEVROLET MOTOR CO. Division General Motors Corporation Detroit, Michigan

FOUR O'CLOCK IS TEA HOUR

See

Almost Sacred Institution in Buenos Aires, and Practically Observed by All Classes.

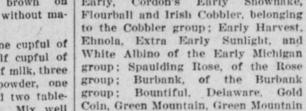
Tea is an institution in Buenos Aires. All offices sweer off work temporarily at 4 o'clock each afternoon. while white-ccated porters bring steaming cups around to the employees, and employers gather up canes and derby hats and saunter forth for the nearest ten salon. Because of the size of this fashionable promenade, Calle Florida, the Fifth avenue of Buenos Aires, is closed to vehicle traffic from 4:30 to 7:30, says the World Traveler magazine. The city imbibes its coffee and tea

publicly. In the mornings the streets boy to answer. are congested with waiters from almost three times as fast as chicks, bars carrying nickel pots of Brazil-

A Discoverer Discovered. W. Hussey of Martinsville teaches

a class of shout thirty-five early teen age boys in the Presbyterian Sunday school. Because of certain propensities, more or less common to boys of that age, the class is known as "The Bronco Class." During the lesson period opportunity is given for free discussion, and there is never any certainty as to just what sort of a remark or answer will turn up. A few Sundays ago the teacher had occasion to refer to Peary, the explorer, by way of illustration. To get the attention of the class centered on the point he was illustrating he asked the class whether any of them knew who Peary was, There was some waving of hands, and Mr. Hussey picked out .

"You may tell us who Peary was." "Peary was the guy that discovered lan coffee to tardy office clerks. The paregoric," answered the young Bronco.---Indianapolis News.

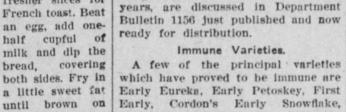


Bread Griddle Cakes .- Take three or of others.

Bread Pudding .- Take two cupfuls of stale bread, moisten with a little milk, add three eggs and beat well Into the bread crumbs, adding gradually one cupful of sugar and a quart of milk. Flavor with spices or extract, adding raisins or grated peel, if liked.

Currant Pies .- Take two cupfuls of ripe currants; crush and add one cupful of sugar, the yolks of two eggs. slightly beaten, and a tablespoonful of flour mixed with four tablespoonfuls of water. Bake the shell and fill with the above mixture, which has been cooked for five minutes-until well scalded through. Cover with a meringue, using the stiffly-beaten whites of the eggs and four tablespoonfuls of sugar.

Brown slightly in a moderate oven. one-half cupfuls of graham cracker crumbs; add one-half cupful of flour. two teaspoonfuls of baking powder. one-half teaspoonful of salt and one cupful of sugar. To one-quarter of a cupful of softened butter add two beaten eggs, one and one-half cupfuls can be handled more conveniently on and if they fail to get the proper nour-



to the Cobbler group; Early Harvest, Ehnola, Extra Early Sunlight, and White Albino of the Early Michigan group; Spaulding Rose, of the Rose group; Burbank, of the Burbank Bountiful, Delaware, Gold Coin, Green Mountain, Green Mountain Junior, Idaho Rural, McGregor, Mc-Kinley, and Norcross of the Green

in Infested Areas.

(Prepared by the United States Department of Agriculture.)

It is now well established that po-

tato culture need nowhere be aban-

doned on account of the prevalence of

potato-wart disease, so long as suit-

able immune varieties are available,

according to the United States Depart-

ment of Agriculture. Co-operative

tests conducted by the department

policy in 1920, the disease first having made its appearance in this country in 1918. As a preliminary step in this direction all owners of gardens and fields actually infested with potatowart were permitted to grow only wart-immune varieties. The particular

variety selected for this purpose was Spaulding Rose, which is a potato of good commercial quality and in addition possesses such outstanding varietal characteristics that the detection of mixtures is comparatively easy during the whole season of summer in-

spection. A survey to determine the geographical location and extent of the disease was completed in September, 1922, and shows infestation in Pennsylvania, West Virginia, and Maryland.

Those interested in the bulletin may secure a copy free of charge from the United States Department of Agriculture, Washington, D. C.

It Pays to Dehorn All

Dehorned steers or heifers not only

Mountain group, as well as a number Quarantine Policy. The use of wart-immune varieties of potatoes was adopted as a quarantine

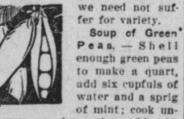
one teaspoonful of al beat until well mixed. Bake in a sheet or in layers.

> Be like the bird that, halting in its flight Awhile on bought too slight. Fecls them give way beneath her.

> and yet she sings Knowing that she hath wings. --Victor Hugo.

SUMMER LUXURIES

At this season there is such a wealth of good things to choose that

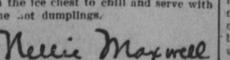


til the peas are done, then add salt. Press through a colander, add two tablespoonfuls of sugar, one tablespoonful of arrowroot and a little white pepper. Add to the liquor in which the peas were boiled, stir and cook until well cooked. Have ready a teaspoonful of meat extract dissolved in a little water and stir this into the soup when serving. Chicken or yeal stock may be used instead of clear water to cook the peas, making a

much more delicate soup. French Turnips .- Pare, cut into dice and cook until tender one pint of small white turnips. Have ready the following sauce: to four tablespoonfuls of flour, one teaspoonful of salt, one-half teaspoonful of pepper and four tablespoonfuls of butter, add one pint of milk and stir the whole until It boils. Remove from the fire and add two well-beaten eggs, stir for a moment until the eggs are set, add onefourth of a cupful of scraped onion, then reheat. Remove from the heat and add the juice of a large lemon. Stir rapidly and pour over the turnips in a hot vegetable dish. Sprinkle with

a tablespoonful of finely-minced parsley and serve. Strawberry Venus.-Make a rich biscuit dough, using two cupfuls, of flour, four teaspoonfuls of baking powder, two tablespoonfuls of shortening, one-half teaspoonful of sait and milk to make a mixture to roll. Roll out and cut into good-sized biscuits and place on a plate, set into the steamer and steam for half an hour. Serve with a sauce prepared by mixing two cupfuls of powdered sugar with three-fourths of a cupful

of butter and when well-blended add a quart of crushed strawberries. Set in the ice chest to chill and serve with the not dumplings.



who says further:

after calves are a month old it may be necessary to make two or even three applications. Yearling cattle can generally be dehorned with safety at this time of year. A dehorning clipper can be used."

Mr. Peters warns that purebred cattle should not be dehorned. The shape, size, quality, and position of the horns are characteristic of certain breeds and naturally have a bearing on the selling value. On that account, says Mr. Peters, breeders discriminate severely believed by entomologists of the Unitagainst purebred cattle when they have been dehorned.

Stomach Worm Loss in

Sheep Is Preventable Animal husbandry division men at University farm say that sheep owners of the state have suffered great losses among their flocks by reason of the stomach worm. The lambs suffer the most. These losses can be reduced by treatment that is inexpensive and easily administered.

"The best preventive and the one most easily given," says Philip A. Anderson of the division, "is copper sulphate or blue stone, as it is often known. Make a 1 per cent solution by dissolving one-quarter of a pound of the blue stone in a pint of boiling water, adding cold water to make three gallons, being sure that a clear solution is obtained and always using an earthenware or a wooden receptacle. The dose for lambs, according to size, is three-quarters of an ounce

to one and one-half ounces; for older sheep, two and one-half ounces to three ounces. An ordinary tablespoon holds one-half ounce. "A veterinarian's syringe can be

used, but care must be exercised in not pushing the plunger of the syringe too rapidly, as the solution may enter the lungs and give trouble. This treatment should be repeated in ten days. or two weeks, or, if the flock is hadly infested, two or three times during versons at intervals of 30 days."

the farm than cattle with horns, but if ishment they will not grow as they mond extract. Combine mixtures and put on the market either as stock should. If the fields over which they calves, feeders, or finished fat cattle, are allowed to wander have streams will sell for an average of one-half cent intersecting them, they will probably a pound more. This statement is get enough green food on the range made by W. H. Peters of the animal to satisfy their wants. Where the husbandry division at University farm, range is deficient in green food or where they cannot be allowed a great "The best time to dehorn is when deal of freedom, ducks should be fed the calf is from ten days to one month ample quantities of clover, alfalfa, old. The horns can then be easily fresh gross, and similar foods. These

killed, and with very little conven- foods should always be run through a ience to the calf, by rubbing them with feed cutter and cut into very small a stick of caustic potash until they pieces before being fed to the birds. show a red surface. The caustic stick In addition to this green food breedshould be dampened on the end when ing ducks should be fed twice a day rubbing the horn and should be held as much as they will eat of a mash with a cloth about it or with an old consisting, by measure, of a mixture glove on the hand. One application of 12 parts wheat bran, 4 parts of will suffice on the younger calves, but corn meal, 1 part of low grade wheat flour, and ¼ part of fine grit, and 11/2 parts of meat scrap.

> Handling of Parasites of European Corn Borer

More than 1:000,000 individuals of an important parasite of the European corn borer, Habrobracop brevicornis Wesmael, have been successfully reared and liberated in the densely infested area in New England. It was ed States Department of Agriculture that it might be worth while to attempt to introduce it into the badly infested areas of southern Ontario. Following a suggestion to this effect made to the Dominion entomologist. Arthur Gibson, authorization was recently given by the Canadian government for an assistant for this purpose. This entomologist recently visited the laboratory at Arlington, Mass., to receive instruction in the technique necessary for handling the parasite, which will shortly be reared and introduced into Canada,

Several other promising parasites of the corn borer have been received from France and are being reared at the Arlington laboratory. At least one additional species will soon be ready for liberation.

Panels in Mixed Car of

Hogs Will Prevent Loss Rather heavy losses are sometimes reported from the mixing of different lots of hogs in a car sent by local shipping associations. Strange hogs put together are very likely to fight and do/much damage.

It pays, according to DeKalb County Adviser Tom Roberts, to put panels across the car to separate the different lots, says the Prairie Farmer. A few planks of rough, inexpensive lumber will serve the purpose. It taket only a few minutes' time to fix them, and if only one beg is saved it will more than pay the cost.

Avenida is swamped with other nonalcoholic drinkers who, by paying for a 10-cent cup of coffee at a sidewalk table, get a post of vantage for the purpose of ogling pretty women out on shopping expeditions.

A Deceiver.

"How intellectual that gentleman looks!" "Doesn't he? But he isn'the writes poetry."

Discouragement to Joy Riding. Gasoline sells at \$1,20 a gallon in Nairobi and is even more expensive In the large regions of Konga and Tanganyika and throughout Uganda .- Department of Commerce Report.

One way to make an army fly is to break its wings.



STARCH is the "meat" of the wheat berry. It is the great energy-producing element of the grain. But, in order to do you any good, it must be thoroughly digested, and it is right here that such a food as Grape-Nuts renders special service.

Grape-Nuts, made from wheat and malted barley, supplies the meat of the wheat in most digestible form.

That is because in the making of Grape-Nuts a large proportion of the starch is converted into dextrins and maltose-forms into which all starch elements must be changed before they can be assimilated by the system.

Grape-Nuts not only digests easily, but also aids in the digestion of other foods.

Crisp, delicious Grape-Nuts with milk or cream is a complete food. It supplies the life-essential vitamin-B; also iron, phosphorus and other im-portant mineral elements for nerve, tooth, bone and other body structure.

The daily use of Grape-Nuts is a form of health insurance which has demonstrated its value for more than 25 years.

Jhere's a Reason"

Your grocer has interesting details of our offer of over \$7500.00 for Grape-Nuts Recipes. Ask him shout it; or write to Recipe Dept., Postum Cereal Co., Inc., Battle Creek, Mich.