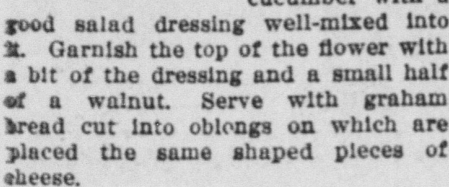


The KITCHEN CABINET

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You may grow for your neighbor grapes or grape shot, he also will grow grapes or grape shot for you and you will each reap what you have sown.—Ruskin.



SEASONABLE DISHES

Take a small-sized ripe red tomato, sound in shape and peel, leaving some of the peeling at the base. Now cut with four slashes way to the base, leaving a tulip shaped tomato. Fill with chopped celery, nuts or cucumber with a good salad dressing well-mixed into it. Garnish the top of the flower with a bit of the dressing and a small half of a walnut. Serve with graham bread cut into oblongs on which are placed the same shaped pieces of cheese.

Cinnamon Toast.—This is very popular as a tea accompaniment and may be prepared on the electric toaster at the tea table. Spread thin slices of the toast with butter and cover with a mixture of cinnamon and powdered sugar. Allow the toast to stand until it becomes saturated with the melting cheese.

The most delicious iced tea is prepared from freshly-brewed hot tea. Pour the tea over a large piece of ice and serve poured over cracked ice in tall glasses. Serve with preserved pineapple, sliced lemon or clear with sugar.

The tea wagon is a valuable piece of furniture for the porch tea or meal. For the housekeeper without a maid it is a great step saver as well as, when nicely laid, an ornament to the occasion. The design with folding leaves will carry the entire service. The lower shelf can be used for plates, glasses and extra dishes.

Best Lima Beans.—Take two cupsful of fresh lima beans, add one medium-sized green pepper, onion and carrot, chopped. Cook in boiling water until tender, then salt, reserving when draining one-half cupful of the liquor. Melt two tablespoonfuls of butter, add two tablespoonfuls of flour, pepper and salt to taste, then add one-half cupful of the liquor and the same amount of milk; cook until smooth, pour over the vegetables and serve hot. Any liquor not used may be reserved for soup for another meal.

Long Island Succotash.—Take two cupsful of corn cut from the cob, also one and two-thirds cupsful of lima beans and three cupsful of water and cook the beans for half an hour, stirring now and then. Pour off the water from the beans; add the corn, two cupsful of milk, a two inch square of salt pork, two teaspoonfuls of salt, two tablespoonfuls of butter, one tablespoonful of flour mixed with one tablespoonful of water; simmer for an hour until the beans and corn are tender. Add pepper and serve piping hot.

When you become so absorbed in the world of things, and in the accumulation of things that you forget to be considerate, courteous and kind, you are not worth a cent to anybody.

THINGS WORTH REMEMBERING

Use a pint or more of bread crumbs with a cupful of corn meal to make steamed brown bread; the shortening, sugar, egg and salt may be added with a few raisins to suit the taste. Steam or cook in a fire less cooker for several hours.

A little grated fresh potato added to the chocolate cake batter will make a cake that will keep moist and still not alter the flavor or texture.

This is the time of the year when a few things started for the Christmas boxes may be done while sitting on the porch; having more than one article going relieves the monotony, and before one knows it several gifts are all ready to pack.

Shine can be easily removed from garments by rubbing lightly with a piece of emery cloth or paper.

Slip a thumb over the end of the small curtain rods when running them through the curtain hems. This will save many a tear in the material of the curtain.

A handful of salt added to vegetable skins that are burned in the furnace will destroy all odor.

Salt sprinkled into the oven when fruit or custard pies boil over will destroy the unpleasant odor of burned milk.

An occasional rubbing of strong salt water or moist salt into the scalp is good to prevent falling hair.

A pinch of salt added to the pot of coffee brings out the flavor of the coffee.

Salt added to the water in a vase of flowers will keep them fresh much longer than fresh water.

When making fruit cake, it is much more delicate of flavor and keeps moist longer if steamed an hour or two and baked a short time.

Bottles that have become discolored may be cleaned by adding a tablespoonful of vinegar and a few tacks or shot, to shake and remove all deposit. Then wash with hot soap suds and the bottles will be bright and clear.

Nellie Maxwell

Something to Think About

By F. A. WALKER

THE COUNTEenance

SOME countenances are like sealed packages. Impenetrable to the sharpest eye; others resemble an open volume whose every line can be read in a passing glance, provided, of course, that the reader has intuition and can glimpse the soul on the threshold and interpret its signals.

A blush often speaks more eloquently than carefully chosen words; a tear tells the tale of sorrow that tongue fails utterly to name; a pallor communicates in a language of its own, fully read and comprehended at a glance.

Each one of these changes in the countenance speaks directly from the heart, voices the heart's emotions, its faith or doubt, its gladness or grief, its hope or despair.

Look on the sunny countenance of the child and see beaming there the joy it brought only a year or so ago from the heavens; gaze upon the face of the old man, seamed with the passage of years, and behold the far-away look in his eyes trying to ken the unfathomably mystery of the future hidden off there in the dark which he cannot penetrate.

One is bubbling with joyous anticipation, the other is dreading, he knows not what.

The child laughs, dances and sings; the man sighs and groans, eager to leave his tenement of clay, yet afraid to go. Life in one is just beginning;

MEN YOU MAY MARRY

By E. R. PEYSER

Has any one like this proposed to you? Symptoms: The sweetest little mustache you ever saw. Seems to be the most obvious thing about his little figure (except maybe his condensed trousers turned up a little above two feet). Every one wonders, who has any imagination at all, how he can twirl the wee, downy thing, until you look at his super-sensitive hands, lovely hands—wasted on a mere Man (?). He adores golf, knows all the polo players—by name. Would love to join the cavalry troop, but, really, dancing and his job take all his time. Go to war? "You bet—if the United States goes to war again; you bet he'd kill a man in a minute without moving an eyelash!"

IN FACT

He is Most Killing. Prescription to future bride: 100 cents' worth of sense of humor daily. Absorb This: MUSTACHES DO NOT PROCLAIM THE MAN. (© by McClure Newspaper Syndicate.)

Uncommon Sense . . .

By JOHN BLAKE

TELLING YOUR BOSS

THE man who hires you thinks he knows how to run his business. He may be wrong, but that is what he thinks.

Also he believes he knows what he wants you to do. Again he may be in error, but such, notwithstanding, is his belief.

It may be easy for you to tell the boss where he is mistaken in many things, but don't do it.

It may hurt his feelings in the first place, and it may hurt his opinion of you in the second place.

For most men who have risen to a position which enables them to hire other men have a very strong belief in themselves. And they naturally will think more of men who agree with them than of men who differ.

We sometimes hear young men in fits of anger "telling the boss where he gets off," although not as often as we hear them say that this is what they do.

But we never saw one who gained any advantage by it.

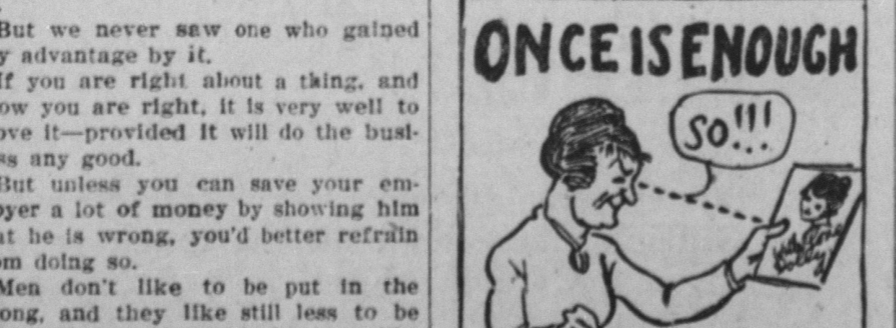
If you are right about a thing, and know you are right, it is very well to prove it—provided it will do the business any good.

But unless you can save your employer a lot of money by showing him that he is wrong, you'd better refrain from doing so.

Men don't like to be put in the wrong, and they like still less to be proved in the wrong. And bosses, like the rest of us, are only men, after all, with men's weaknesses and failings.

If you're hired as a consultant, you are selling your opinion, and can give it with impunity. But if you are hired as an assistant, charged with carrying out orders, it will do you no harm to carry out orders exactly as given—no harm at all.

Carry them out as well as you can, asking only such questions as are necessary, and believing that to carry



ONCE IS ENOUGH

SO!!!

Nellie Maxwell

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Broken Dreams

By GRACE E. HALL

THERE'S a little trunk in the attic. And its key is red with rust. There are cobwebs all around it. And the top is gray with dust; The spiders weave o'er the handles, And swing from the strap of brown, And no one's there who seems to care When the lid was fastened down.

But, oh, there was ne'er a treasure More precious than that inside; A wardrobe of tiny measure For the little boy who died; The dreams of a life are folded In the raiment he did not use, And the mother's tears flow through the years For the baby she had to lose.

She fashioned each dainty garment With love that was strong and deep; In the gown she had sensed the rupture Of seeing her darling sleep; Had glimpsed him in every wee thing, And held him against her breast, The soft pink form so sweet and warm, That lovingly she caressed,

But he was a fragile blossom That needed the higher air, One almost fancied a halo Lay soft on his silky hair; He could not wait for the dresses—God called, and he had to heed, And the trunk shall hold, like bits of gold, The garments he did not need. (© by Dodd, Mead & Company.)

SCHOOL DAYS



Mother's Cook Book

A vigorous temper is not altogether an evil; men who are as easy as an old shoe are generally of as little worth.—Spurgeon.

FOOD WE LIKE

WHERE fresh clams in the shell are in the market, remove the clams without breaking the shells apart. Wash the shells and clams. Make a dressing of soaked bread crumbs, two eggs, a half teaspoonful of salt, butter to season and a little sage or poultry dressing if liked. Pack the clams in the dressing and push back into the shells, press them together and bake in a hot oven.

Horseradish Sauce.

This is very good served with fish. Mix four tablespoonfuls of fresh grated horseradish, two tablespoonfuls of vinegar, one teaspoonful of salt, and a few grains of cayenne. Chill. Just before serving fold in one cupful of whipped cream; less cream will be satisfactory.

Sweet Potato Biscuit.

Take two cupsful of sifted flour, one teaspoonful of salt, three teaspoonfuls of baking powder, one cupful of mashed sweet potatoes, three tablespoonfuls of shortening, and milk to mix. Add the shortening to the flour in the usual way for pastry or biscuit, then add the mashed potato in the same way. Add milk to make of the consistency to roll, roll one-third inch thick, and cut into rounds. Bake fifteen minutes in a hot oven.

Sweet Potato Custard.

Beat three eggs, separating the yolks and whites, grate three cupfuls of sweet potato uncooked, measure one cupful of sugar, two tablespoonfuls of butter, one pint of milk, one-half teaspoonful of salt. Cream the butter and sugar. Add the egg yolk, potatoes, milk, spices, salt and vanilla. Put into a buttered baking dish, dot with bits of butter and bake covered for the first of the baking. Serve from the dish. This will be good served with boiled ham.

Community Building

CITY PLANNING NOT COSTLY

Mistaken Idea That Leads Many Communities to Forego Undoubted Advantages It Conveys.

We may as well face facts like these: The American city is a destroyer of human beings. It is wasteful. Its ugliness is unspeakable. It is dirty and noisy. Its death rate is higher than that of the country districts.

Twenty years ago a writer of such words might have been reviled for lack of patriotism, for treachery to his home and. writes Harold Cary in Collier's Weekly. But not today—too many Americans know the truth. City governments know it. Forty out of forty-three American cities of more than 150,000 population are now actively engaged in planning fundamental improvements. There is a real revolt in progress against the characteristics of modern cities.

Most people have an idea that city planning is a way of making a town over so as to spend a great deal of the taxpayers' money to produce what some people like—the "city beautiful." If is nothing of the kind. City planning is concerned at bottom with the reduction of the traffic problem; lowering the cost of doing business; making parks, playgrounds, theaters, auditoriums and public buildings easy to use; utilizing water fronts, bridges and transportation facilities to the best advantage. If the town is beautified during the process, why, fine! Of course it follows to a great extent that a new beauty will arise when order is made out of chaos.

TAKING CARE OF TOMORROW

Error Too Often Made Is That Consideration Is Accorded Only for Today's Needs.

The cause of much of the confusion and trouble in this world is the proneness of folks to consider only the needs of the present. Today looms up so much larger than tomorrow that men will only take care of that which is immediately demanded.

The individual who best serves his community and society in general is not he who waits until a real problem is at hand, then tackles it without gloves. It is the one who has foresight and diplomacy enough to prevent the coming of a problem. One of the most grievous wastes of society is allowing an unnecessary evil to creep in. It is needless waste because it takes man-power and time and work to remove that evil.

Well enough, if one goes at the thing with vim and determination. But a much less severe drain upon society would ensue if the problem, the evil, the nuisance did not exist, because each one carries its kind with it and makes other grave eruptions in society.

Social economy is to be striven for. Saving of man-power, mental power, soul-power, and all other possible resources is highly imperative. These are the forces that should be used on the necessary things of life. They are dissipation, extravagance, waste if utilized on society's unnecessary burdens. Vigilance is needed to prevent such waste.—Grit.

John Ruskin.

"I would have our ordinary dwelling houses built to last, and built to be lovely; as rich and full of pleasantness as may be, within and without, with such difference as might do to express each man's character and occupation—and partly his history. When we build, let us think that we build forever. Let it not be for the present life nor for present use alone—let us think, as we lay stone upon stone, that a time is to come when these will be held sacred because our hands have touched them, and men will say as they look upon the labor and substance of them: "See! This our Fathers did for us."

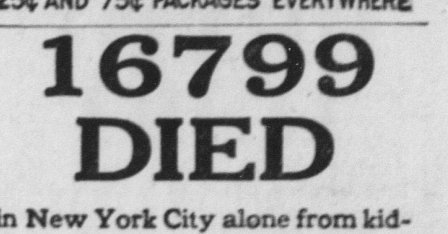
Shows Character of Owners.

On an extended drive through the country it is possible to form an estimate of many property owners by observing their attitude toward shade trees. A man who permits a row of magnificent maples to shade the road on one side and his fertile farming on the other may be safely set down as possessing considerable esthetic sensibility. It may also be surmised that he is regardful of the comfort of others. When we find a row of pitiful stumps where last year we admired the graceful curves and welcomed the gracious umbrage of ancient elms, we may with assurance assume that the axman was one whose interest in life is confined to its practical aspects.—Exchange.

Home and Country inseparable.

"I know of no matter so intimately connected with the life of our people to which we can give greater devotion and service for fundamental improvement than the upbuilding not only of individual home ownership but in the actual improvement of our homes. Not only is there the primary consideration of advanced material comfort, but the soundness of our social system and stability of our country are greatly enhanced by the development of love for a home and the creation of a home that can be loved.—President Harding.

Sure Relief FOR INDIGESTION



16799 DIED

In New York City alone from kidney trouble last year. Don't allow yourself to become a victim by neglecting pains and aches. Guard against trouble by taking

LATHROP'S GOLD MEDAL HAARLEM OIL CAPSULES

The world's standard remedy for kidney, liver, bladder and uric acid troubles. Holland's national remedy since 1696. All druggists, three sizes. Guaranteed. Look for the name Gold Medal on every box and accept no imitation.

Question of Environment.

Some years ago while building a new edifice in our little city church service was held in the "opera house." One Sunday evening a visiting woman sang a beautiful solo. Forgetting that I was in church, and remembering only that I was in the opera house, I applauded vigorously. Of course I was the only one who showed such appreciation, and I have not yet forgotten how embarrassed I was.—Exchange.

Cuticura Comforts Baby's Skin

When red, rough and itching, by hot baths of Cuticura Soap and touches of Cuticura Ointment. Also make use now and then of that exquisitely scented dusting powder, Cuticura Talcum, one of the indispensable Cuticura Toilet Trio.—Advertisement.

Game Preserve for British Columbia.

Plans to establish a new game preserve in British Columbia, to be known as the Bowron game refuge, have been approved by the game conservation board of the Dominion government. The preserve will form a refuge and breeding place for a greater variety of wild game than any in either Canada or the United States, according to the announcement.

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FRECKLES

Don't Hide Them With a Veil; Remove Them With Othine—Double Strength

This preparation for the treatment of freckles is usually so successful in removing freckles and giving a clear, beautiful complexion that it is sold under guarantee or refund the money if it fails.

Don't hide your freckles under a veil; get an ounce of Othine and remove them. Even the first few applications should show a wonderful improvement, some of the lighter freckles vanishing entirely.

Be sure to ask the druggist for the double-strength Othine; it is this that is sold on the money-back guarantee.

50c Up Weekly Commission Selling Fruit, shrubbery, roses, etc.; replace free; prices low; experience unnecessary; yearly position. Keystone State Nurseries, Box 339, Pittsburg, Pa.