

## DON'T LET YOUR HUSBAND BECOME WEAK OR SICKLY

If He Catches Cold Easy, Sleeps Poorly, Has a Cough— Watch Out

### A STITCH IN TIME SAVES SICK BILLS

Men hate medicine. They won't admit they feel weak or sickly until down in bed—then they are worse than a child. The women must safeguard the men's health and insist, if necessary, on common sense precautions. Read what this Baltimore lady, Mrs. Katherine Glaeser, says:

"My husband became so run down and weak he would catch a cold every time he exposed himself the least bit. I knew that was a sign he wasn't well. He had an annoying cough, too, and he complained now and then of feeling bad. He began to stay away from work now and then and was in favor of giving up his work, so I decided something must be done. I went down to the drug store and bought the best tonic they had. It was Earle's Hypo-Cod that I gave him and he took it to taste it and he was surprised to see it tasted good. From then on it was easy. That tonic helped him so much he soon was like a changed man. There wasn't anything wrong with him—he was just weak and run down, and soon as the tonic began building him up he took new interest in his work and was working every day. Today he is as strong as the average man and looks fine." declared Mrs. Glaeser, 49 S. Bouldin St., Baltimore, Md.

Thousands recommend Hypo-Cod. All druggists have it.—Advertisement.

#### Has Double Viewpoint.

True repentance has a double aspect; it looks upon things past with a weeping eye, and upon the future with a watchful eye.—South.



**Stearns' Electric Paste**  
is recognized as the guaranteed exterminator for Rats, Mice, Ants, Cockroaches and Waterbugs.  
Don't waste time trying to kill these pests with powders, liquids or any experimental preparations.  
Ready for Use—Better than Traps  
2-oz. box, 35c 15-oz. box, \$1.50  
**SOLD EVERYWHERE**

**Grippe**  
Physicians advise keeping the bowels open as a safeguard against Grippe or Influenza.  
When you are constipated, not enough of Nature's lubricating liquid is produced in the bowel to keep the food waste soft and moving. Doctors prescribe Nujol because it acts like this natural lubricant and thus secures regular bowel movements by Nature's own method—lubrication.  
Nujol is a lubricant—not a medicine or laxative—so cannot gripe. Try it today.

**Nujol**  
A LUBRICANT—NOT A LAXATIVE

**ASTHMA**  
DR. J. D. KELLOGG'S ASTHMA REMEDY  
for the prompt relief of Asthma and Hay Fever. Ask your druggist for it, 25 cents and one dollar. Write for FREE SAMPLE. Dr. J. D. Kellogg, Northrop & Lyman Co., Inc., Buffalo, N. Y.

**Dr. J. D. KELLOGG'S ASTHMA REMEDY**

**Tutt's Pills**  
SPEEDY RELIEF FOR CONSTIPATION

**CURES COLDS IN 24 HOURS**  
WORLD'S FINEST STANDARD  
AT ALL DRUG STORES FOR TWO CENTS  
**CURES LA GRIPPE IN 3 DAYS**  
DETROIT, WAM-HILL CO., MICHIGAN

**His Occupation.**  
"Howdy, Gap!" saluted an acquaintance "Been to town lately?"  
"Well—p'tu—no; not to say right lately," replied Gap Johnson of Rumpus Ridge. "I was there about a week ago, sorter stomping holes in the sidewalk."—Kansas City Star.

A hot spring—jumping from the frying pan into the fire.  
Young man, beware of sweethearts with sour dispositions.

**MURINE**  
Night and Morning. Have Strong, Healthy Eyes. If they are Itchy, Smart or Burn, If Sore, Irritated, Inflamed or Granulated, use Murine often. Soothes, Refreshes. Safe for Infant or Adult. At All Druggists. Write for Free Eye Book. Murine Eye Remedy Co., Chicago

## PENNSYLVANIA STATE ITEMS

**Bloomsburg.**—Women of St. Matthew's Lutheran church have just completed packing and wrapping 5,000,000 Easter egg dyes for a local concern after more than five months of work. The dyes are being shipped to all parts of the civilized world for the Easter trade, and the money the women receive will be devoted to their fund for a new church building, on which work will be started within a month or two. Last year the women packed about 2,000,000 dyes. Parties are held at the homes of various women of the church, with husbands and friends helping in the work of packing or wrapping the dyes. During the season when the dyes are being packed these "dye parties" are almost nightly occurrences.

**Pittsburgh.**—Ray L. Sparks, of Republic; Harry Norris and William Phelin, of Uniontown, were each sentenced to serve one year in the Fayette county jail by Judge R. M. Gibson in United States district court on pleading guilty to a charge of conspiracy to rob the warehouse of the Vandergrift Distillery company, at Fredericktown, in December, 1919. It was claimed that more than \$1000 was turned over to the government warehouse guard as a bribe and that a number of shots were exchanged between the thieves and officers.

**Butler.**—John Maharg, of the Chincora schools, ten miles north of here, is recovering from severe burns received when a solution of phosphorus and other acids he was carrying in a glass retort exploded. A panic among the 300 children was averted by the coolness of Professor Maharg and six teachers, the building being threatened by fire.

**Uniontown.**—Twin brothers holding the office of county commissioner in two different counties is the record of the Hibbs family, of which E. L. Hibbs, of Monessen, and George W. Hibbs, of Uniontown, are members. The former has been appointed commissioner of Westmoreland, while his twin brother is president of the Fayette county board.

**Pittsburgh.**—Throwing his overcoat over a policeman's head as he was being taken to a cell in a police station, Thomas Smith, a federal prisoner, gave it a twist or two and dashed for the street. He disappeared among the crowds of persons on their way to work, but later was found crawling under a wagon momentarily held up by the heavy traffic. He was turned to the police station, where Magistrate Sullivan held him in \$10,000 bail for alleged violation of the federal narcotic act.

**Lancaster.**—A need for more men teachers in the public schools, a plea for a better attendance record, and a suggestion that business men be informed of school needs to guarantee sufficient revenue or taxation, were the main points of an address by State Superintendent of Public Instruction Finegan at the last session of the year of city teachers' institute, held in the boys' high school auditorium.

**West Hazleton.**—Borough council has raised the tax rate for 1923 from 11 to 12 1/2 mills.

**Freeland.**—Union carpenters here have decided to ask for \$1 an hour, starting April 1.

**Pittsburgh.**—District Attorney Samuel R. Gardner, put in effect a new system for speeding the disposition of criminal cases, with almost 3000 untried indictments in his office and the grand jury adding fifty daily. An assistant district attorney is assigned to each of the five courts to each of which a judge will be assigned by the presiding judge, so the same judge and the same assistant district attorney will remain on duty throughout. Uncalled for postponements of trials and tardy witnesses are to be eliminated, the district attorney says by the new system.

**Pittsburgh.**—A bronze tablet to commemorate the first broadcasting of a sermon is to be placed in Cavalry Episcopal church by the scores of persons who every Sunday night "listen in" when Rev. Dr. Edward J. Van Ethen preaches. The tablet is to be a map of the United States and Canada with Pittsburgh marked by a miniature of Cavalry church. Hundreds of contributions of ten cents each already have reached Dr. Van Ethen's office from many sections of the United States and Canada to help pay for the tablet. The first "radio sermon" was preached January 2, 1921, and the practice has been continued at the church ever since.

**Altoona.**—A heavy truck loaded with coal became unmanageable on East Twelfth street and plunged through the display windows and into the Shaffer grocery store. Several customers narrowly escaped being struck. Wheels of the truck broke through the floor, but the joists kept it from going into the cellar.

**Marietta.**—John Peck has been appointed to a place on the school board made vacant by the resignation of John A. Shilow.

**Altoona.**—When a waterhack exploded in their home here, Harry Morgan, and his wife were seriously injured.

**Allentown.**—Alexander Burke, aged 72, for many years an engineer on the Central Railroad of New Jersey, was found dead in bed here.

**Hazleton.**—The new City Bank and Trust company has elected Michael Drosdick president; J. H. Zahm, vice president, and Zolton J. Drosdick, secretary.

**Hazleton.**—The Markle Hotel company awarded the contract for the erection of a ten-story hotel here, to cost \$700,000 to the Wark company, of Philadelphia.

**Uniontown.**—How four armed men held up a big poker game in Mason town and robbed the players and the pot of more than \$2000 was brought to light when Rody Miskovich and Dusen Luckash were arrested in McKeesport and lodged in the Fayette county jail. Two other men who are said to have assisted in the robbery have been traced as far as Johnstown. When the door of the room was thrown open and the players lined up against a wall and searched, one player had a roll of \$1000 secreted in a coat sleeve. He has searched time and again, but each time the robbers missed twenty \$50 bills.

**Harrisburg.**—More than 2000,000 persons visited the state forests in 1922, according to estimates of the forestry department, which also announced that it had received \$6765.50 from lessees of permanent camp sites.

**Williamsport.**—Mayor Hoagland authorized the establishment of a three-platoon system for the police department. This arrangement will enable traffic forces to be on duty from 4 A. M. to 10 A. M., and also will provide protection for every hour of the day or night.

**Pittsburgh.**—A. L. Melahan, division chief in charge of prohibition enforcement, died in a hospital here after an operation for acute appendicitis. He came here several months ago from Toledo, where he was engaged in similar work. His home was in Chicago.

**Pittsburgh.**—Governmental policies over a long period of years have encouraged agriculture and other industries, but have "starved" the railroads. George D. Ogden, traffic manager of the central region of the Pennsylvania railroad, told the convention of the Retail Lumber Dealers' Association of Pennsylvania here. He declared that in 104 investments in railroads represented 13 per cent of the total national wealth, but that the present figure was 6.6 per cent, due to legislation, he declared, that had made investment in railroad securities unattractive.

**Harrisburg.**—The following appointments have been announced by the state department of health: Dr. Joseph Scatena, registrar for West Chester and Westtown, Thornby, West Goshen, East Goshen, Willistown, Birmingham, East Bradford and West Whitland townships, Chester county; Miss Annie Minks, registrar for South Brownsville, Fayette county; Mrs. Leah S. Keene, health officer for Salem, Perry, Deer Creek and Sandy Creek townships, Mercer county.

**Shenandoah.**—John Mennick, 28 years old, recently married, was probably fatally injured when he slipped and fell into a scraper line at the Thomas colliery. His right arm was pulled from his body, his skull fractured and his body terribly bruised.

**Eric.**—Three persons were injured in fires here. Mr. and Mrs. John Marshall were badly burned when gas exploded in their homes. A jet is believed to have gone out because of low pressure and the gas filled the house. They had just detected the fumes when the blast occurred, badly wrecking the house. Captain Adolph Gundolph, a fireman, was caught between ladders in a blaze at the Perry Iron Works.

**Lancaster.**—School authorities have closed thirty-seven school rooms, owing to a spread of measles.

**Easton.**—It was announced that former State Senator W. Clayton Hackett will present to the city about thirty acres of land as an addition to Hackett Park, making his total gift to the city for park purposes about eighty-eight acres. The city will provide a suitable entrance to the park at an approximate cost of \$9000.

**York.**—Receiving two comic valentines, on which were inscribed such endearing terms as "Old Hex," Miss Minnie Weaver caused the arrest of Mamie Seathier, living nearby, on a charge of criminal libel.

**Harrisburg.**—Dates for the national guard camps next summer were fixed by Adjutant General Beary. The Mount Gretna camp will be held from July 7 to August 4, and the Tobyhanna camp, for artillery, from July 28 to August 25. In addition there will be encampments at Fort Monroe, Va., July 14 to 28, for the 213th artillery, and at Camp Meade, Md., from July 28 to August 11, for the twenty-eighth tank company. The Fort Monroe camp will be the first under full equipment for the men of the anti-aircraft regiment.

**New Castle.**—All applications for licenses to sell beverages containing not more than one-half of one per cent alcohol were refused by Judge Emery at license court.

**Milton.**—George W. Correy, nearly twenty years treasurer of Milton, resigned because of his appointment as postmaster.

**Jeanesville.**—The Lehigh Valley Coal company has agreed to furnish a building for the Jeanesville Athletic Club.

**Clinton.**—Another gas well has been brought in by the Clifton Natural Gas and Oil company, on their holdings at Leidy.

**York.**—One hundred and ten silk weavers who went on strike at the D. G. Dery silk mill here returned, an adjustment of the wage dispute having been reached.

**Hughesville.**—The Shindell Silk corporation announced plans for doubling the capacity of the plant.

**Berwick.**—Mrs. Caroline Walton, aged 86, a lifelong resident, died from the effects of a fall several months ago.

**Lewistown.**—Edward Mays died at the Lewistown Hospital from injuries sustained when run down by a freight train at Granville.

## DRIVING CAR ON SLIPPERY ROADS

Main Cause of Skidding Is Due to Action of Brakes Operating on Rear Wheels.

### PLAN TO PREVENT MOVEMENT

Rough Tread Tires and Chains Are Designed to Avoid Slips and Are Generally Considered Absolutely Essential.

Why an automobile skids is of interest to the motorist, but what to do to prevent skidding and what to do when the car is skidding are equally important topics.

The main cause of skidding of rear wheels of motorcars is due to the action of the brakes operating through the rear wheels. Skidding, of course, normally occurs only when the roads are slippery.

An automobile wheel rotates and progresses over the highway in but one direction or plane. This direction for the rear wheels is determined by the front wheels under control of the driver.

**Rear Wheels Control Direction.**  
While the rear wheels grip the ground and rotate they control the direction of the car. However, as soon as the rear wheels are locked by the brakes they begin to slide, and as they slide sideways practically as easily as forward, they lose the power to direct the car.

It takes comparatively little brake friction to lock and slide rear wheels on slippery roads, because there is little friction between the tires and the road surface. When once the driving wheels begin to slip the car is kept in motion by the force of inertia acting at the car's center of gravity or mass. This forward motion is opposed by the resistance of all four wheels on the ground, a resistance that is greater in the rotating front wheels than in the sliding rear wheels. Unless the combined ground resistance of all the wheels tending to stop the car, acts on the same point as the force of inertia tending to carry the car forward, there results what is called a "force couple" which causes the car to skid or spin around.

After the wheels once start to slip a very small "force couple" will produce skidding, and the skid distance is dependent upon the magnitude of the "force couple," which, in turn, depends on car speed and weight. Turning the front wheels in the direction of the rear wheel skid helps to reduce skidding, because it reduces the magnitude of the "force couple." Also periodically releasing and reapplying the brake so the rear wheels can get a grip offsets forward slip and consequently side skid.

**Means to Prevent Skidding.**  
Two means are employed to prevent skidding in motor vehicles. The use of non-skid or rough tread tires and of anti-skid chains. Non-skid tires are designed to give forward traction and to prevent side slip. As long as there is traction the rear wheels will turn, and as long as the rear wheels turn there will be no serious side slip, unless the front wheels are blocked.

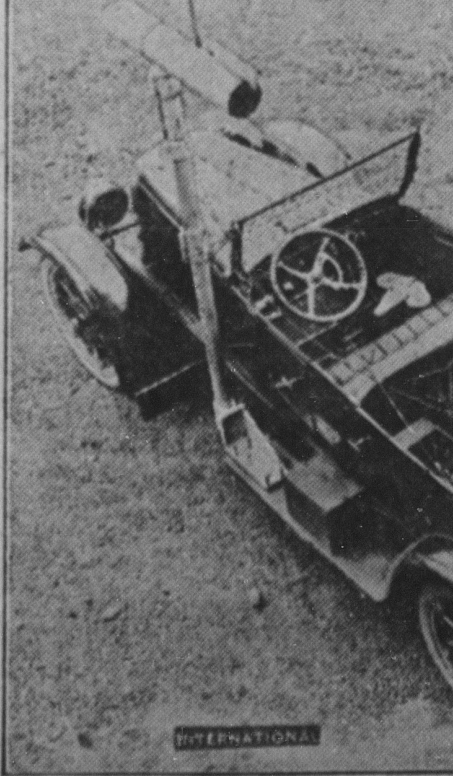
Non-skid tires furnish reliability and safety in driving—reliability, in permitting the vehicle to operate successfully over almost any kind of road and during all seasons of the year, and safety by permitting the vehicle to hold the road at all speeds and allowing the brakes to be most effective.

Non-skid trends on tires were first used on rear wheels and are now considered absolutely essential for such uses. Later non-skid tires were placed on front wheels because the trends prevented front wheel skidding, as well as permitted the rotation or exchange of the front and rear tires.

Non-skid chains accomplish the same purpose as the non-skid tire tread, that is, give additional traction and reduce side slip. Non-skid chains should supplement non-skid tires only when road conditions absolutely require them.

Because they make available in road friction the total weight of the car instead of only half the car weight, four-wheel brakes are coming into use, especially in continental Europe. Not only can cars be stopped more quickly, but they can be driven safely on wet days and in ice and snow without chains. In stopping a car equipped with four-wheel brakes, all four wheels may slide and the car as a whole slip forward. However, there appears to be little or no side skidding. This is especially true if the brakes are connected diagonally in pairs, that is, left front wheel and right hand rear wheel. With this arrangement opposite wheels are able to roll freely retaining their directing qualities.

### NO SHORT WEIGHTS OR MEASURES



The bureau of standards, known as the hermit of public institutions, saves the nation many millions of dollars annually, by virtue of its efforts to assure everyone of full weight and measure. Gasoline and automobile tires are the main problem of the bureau at the present time, and this photograph shows some of the instruments used by the bureau to test the quality of cars. The car is equipped with recording apparatus for registering various temperatures, pressures, wind speed and direction. An automatic recording device measures all conditions that influence the power output of the car.

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## NEGLECTED SPRINGS CAUSE HARD RIDING

They Are Intended to Soften and Scatter Road Shocks.

Breakage Is Caused by Loose Axle Clips, Incorrect Heat Treatment and Fatigue of Metal—Rust Doesn't Cause Break.

Many complaints about the average car can be traced to the neglect of the springs. Hard riding, squeaks and rattles, excessive side-way, occasional spring breakage, hard steering and locked brakes come of this neglect.

Springs perform very definite functions. They soften and scatter road shocks and hold the axles in alignment on the steering, wheel alignment, tire wear, and to a degree, side-way. In certain cars the driving effort and the breaking reaction are transmitted to the frame through the springs.

Lack of lubrication may make the springs too stiff, and cause hard riding. Comparatively little oiling is needed to offset rust, due to entrance of water, and to keep the springs flexible. However, excessive lubrication may reduce the friction to the extent that the springs may become too lively.

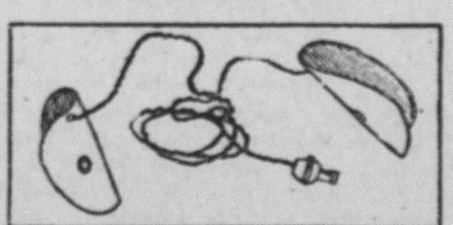
Spring breakage is caused mainly by loose axle clips, incorrect heat treatment, fatigue of metal, tight shackles bolts and incorrect design, and not by rust, as many suppose. In fact, rust seldom causes a spring to break, for a rusty spring acts as a solid mass, and when it cannot deflect, it is not likely to break, unless possibly under a very severe shock, when it may snap off at the outer end of the main leaf or plate.

As to broken leaves, if the spring is comparatively new, it will pay only to replace the one or two broken leaves, that is provided that you are able to obtain them. Ofttimes it is rather hard to secure duplicate leaves, and if the owner needs his car badly, it is better to buy a new spring rather than wait.

However, if the spring is an old one, or has settled more than about an inch, it is more advisable to get a new spring rather than only the broken leaves.

A periodical spring inspection followed by regular adjustment will assure easy riding.

### Electric Hand Heater.



The driver's hands may be kept warm with these leather-covered heaters attached to each side of the steering wheel and the line connected with the battery.

After Every Meal

## WRIGLEY'S

In work or play, it gives the poise and steadiness that mean success. It helps digestion, allays thirst, keeping the mouth cool and moist, the throat muscles relaxed and pliant and the nerves at ease.

FOR A BETTER SCORE

Send for free 1923 catalog of vigorous, true to name fruit trees, evergreens, grape vines, berry plants and extra fine roses, all grown on fertile soil.

**W. T. HOOD & CO.**  
Established 1866  
8025 Chamberlayne Ave. Dept. A. Richmond, Va.

"DON'T SAY" A gold mine of information for one dollar to those seeking to improve their English. Myrover Bureau, Box 15, Fayetteville, N. C.

**Movies That Are Really Safe.**  
A movie picture show in the home, by the aid of a machine which has no more to do with lights or inflammable things than a typewriter or a sewing machine, is an accomplished fact.

The moviescope, the invention of an Englishman, throws pictures on to its marvelous mirror simply by means of ordinary daylight or the artificial light used to illuminate the room.

The pictures are seen with extraordinary clearness. It depends on the viewer—who is also the operator—whether the picture is a slow-motion affair or one of normal movement.

## SHE DYED A SWEATER, SKIRT AND CHILD'S COAT WITH "DIAMOND DYES"

Each package of "Diamond Dyes" contains directions so simple any woman can dye or tint her worn, shabby dresses, skirts, waists, coats, stockings, sweaters, coverings, draperies, hangings, everything, even if she has never dyed before. Buy "Diamond Dyes"—no other kind—then perfect home dyeing is sure because Diamond Dyes are guaranteed not to spot, fade, streak, or run. Tell your druggist whether the material you wish to dye is wool or silk, or whether it is linen, cotton or mixed goods.—Advertisement.

**Duty of Friends.**  
Friends are as companions on a journey, who ought to aid each other to persevere in the road to a happier life.—Pythagoras.

**Cuticura Soap for the Complexion.**  
Nothing better than Cuticura Soap daily and Ointment now and then as needed to make the complexion clear, scalp clean and hands soft and white. Add to this the fascinating, fragrant Cuticura Talcum, and you have the Cuticura Toilet Trio.—Advertisement.

There is more resentment in being fooled by a good-hearted man than by a "slick" one.

Low spirits are often an excuse for indulging in highballs.

## Sure Relief FOR INDIGESTION

**BELLANS**  
FOR INDIGESTION  
25 CENTS  
6 BELLANS  
Hot Water  
Sure Relief

## VICTIMS RESCUED

Kidney, liver, bladder and uric acid troubles are most dangerous because of their insidious attacks. Heed the first warning they give that they need attention by taking

## LATHROP'S GOLD MEDAL HAARLEM OIL CAPSULES

The world's standard remedy for these disorders, will often ward off these diseases and strengthen the body against further attacks. Thereseas, sildruggists. Look for the name Gold Medal on every box and accept no imitation.

## EVANS' Pastilles RESTORE THE VOICE

For Colds, Coughs, Hoarseness, Bronchitis, Throat Irritation. Makes Breathing Easy.

All Druggists—40 cents

**EYES SORE? Dr. Isaac Thompson's EYEWATER**  
A reliable and speedy remedy since 1796. Try at River Street, Troy, N. Y. BUCKLEY FARM