HELP FOR GIRLS

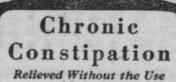
Mrs. Lodic Tells How Lydia E. Pinkham's Vegetable Compound Helped Her



me a bottle because I was so run-down, had a nervous weakess, no strength in my body and pains in my left side so bad that I could hardly do my work.
Before I was married I used to work in the factory, and I had pains just the same then as I have

had since I have done my housework. I would not be without a bottle in the house now. It has stopped the pains all right and I have found out that it is a wonderful body builder, as it has made me well and streng. It is going to be the 'old reliable' with me hereafter, and I am always willing to tell other women how it has helped me. You can use this letter as you wish as I can honestly say that my words are true."-Mrs. M. Lodic, R.F.D. No. 4, Box 40, Tyrone, Pa.

Letters like this bring out the merit of Lydia E. Pinkham's Vegetable Compound. They tell of the relief from such pains and ailments after taking Lydia E. Pinkham's Vegetable Compound



Relieved Without the Use of Laxatives

Nujol is a lubricant—not a medicine or laxative—so cannot gripe.

When you are constipated, not enough of Nature's lubricating liquid is produced in the bowel to keep the food waste zoft and moving.

Doctors prescribe Nujol because it acts like this natulike this natu-ral lub ricant and thus re-places it. Try

A LUBRICANT-NOT A LAXATIVE



There are scores of reasons why

"Vaseline" Petroleum Jelly should be counted a household mainstay. A few of them are burns, sores, blisters, cuts. It comes in bottles-at all druggists and general stores. CHESEBROUGH MANUFACTURING CO.

aseline

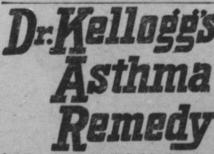
PETROLEUM JELLY

SLOW DEATH

Aches, pains, nervousness, difficulty in urinating, often mean serious disorders. The world's standard remedy for kidney, liver, bladder and uric acid troubles-

LATHROP'S GOLD MEDAL HAARLEM OIL CAPSULES

bring quick relief and often ward off deadly diseases. Known as the national remedy of Holland for more than 200 years. All druggists, in three sizes. Look for the name Gold Medal on every box and accept no imitation



for the prompt relief of Asthma and Hay Fever. Ask your druggist for it. 25 cents and one dollar. Write for FREE SAMPLE. Northrop & Lyman Co., Inc., Buffalo, N.Y.

Cuticura Soap -Is Ideal for -The Complexion pap 25c, Ointment 25 and 50c, Talcum 25c.

THE playroom toys could hardly to wear such thick clothes as you have wait for the magic hour to strike, on."

agreed that it might be a relative of mention bear meat. his, as the stranger doll wore a fur Bear's coat.

Teddy did not know quite how to mistress call you by name," said Ted- swering their questions. dy Bear, "but we all welcome you to our playroom."

Eskimo gives to his children."



The Toys Could Hardly Wait,

around and exclaimed: "Eskinse! Are you an Eskimo doll?"

"Yes," replied the stranger, "and I'd much rather be called North Wind or Polar Bear than Charles."

"Charles was the name of the nice sailor-boy doll," said Teddy Benr quickly, for he was afraid Eskimo doi? might choose Polar Bear for his name and so become a rival.

"Poor Sailor Charles fell out of the window and broke his head and wemiss him very much. Charles is a nice name and I am sure you will like it."

"If I have to take his name I amglad I have on a thick fur hood," said Eskimo doll. "When I fall out of the window it may save my head."

"Oh, you may not fall," explained Teddy Bear. "Our little mistress takes pretty good care of us. Some one poor Charles sitting behind the curtain, so he tumbled out and spoiled his

Lisette, the French doll, interrupted

A LINE O' CHEER

By JOHN KINDRICK BANGS

A RESOLVE

THAT day will I be old When unto Youth I'm cold. And skies in sunlight clear My spirit fail to cheer. When there shall come a morn When in the day reborn I truly fail to see The joys it holds for me, Then will I turn the page That ushers me to Age, Admitting the sad truth That gone indeed is Youth— But until then will I (by McClure Newspaper Syndicate.)

HOW LONG TO STAY

ert Spencer.

THE DOLL'S PLAYROOM | him to ask, "I should like to know what you eat in a land where you have

or a strange-looking doll had come to Eskimo doll looked at Teddy Bear. the playroom and none of them could but he decided that, while Teddy's and out the name of the newcomer. family did not get as far north as Teddy Bear spoke first, for the boys where he came from, he would not

"We live mostly on seal meat," said costume which looked a lot like Teddy Eskimo doll, "and the blubber is the nicest thing you ever tasted."

"Better than candy?" asked Lisette. address the stranger, for he was not But Eskimo doll did not know, so he at all sure whether it was a boy or told them how they caught the seal, girl doll. "We did not hear our little thinking that would be better than an-

"When we go seal hunting," he said, "we look for bubbles under the ice, "I heard her say she thought she which show us that a seal has come would name me Charles," replied the up to breathe. Then a hole is made in stranger, "but I should not like that the ice, and when the seal comes along for it is not at all like the name the we spear it. On the end of the spear is a rope, and with this we pull the seal The dolls and toys all gathered out of the water. We cut the skin into strips for reins, and it is also used for making out clothes; but everybody in the hunting party gets a piece of the blubber, which he likes very much."

"I reckon it won't be very hard to cook for you, honey," said Dinah doll. hurrying back to her kitchen.

"Your story was very interesting." said Lisette. "I hope you will tell us more about your country some other night."

Teddy Bear, however, was more interested in his name than in his story. "I think Charles Eskimo is the best name for you in this part of the cousttry," he said.

"I do not mind if I do not have to tumble out of the window," replied

Niti Naldi



Nita Naldi, who has won fame with her Italian beauty in numerous prominent pictures, was born in Florence, Italy, and was educated in England. She came to America shortly before this country went into the war. She promises to continue prominent among the "movie" stars of this country.

Eskimo doll, "although Polar Bear sounds bigger and" -

Teddy Bear rather impolitely broke In right then by introducing him to the dolls and toys as "Charles Eskimo," and though he is very happy in his new home, Eskimo doll afways he remembers the fate of Sailor Boy

Charles, whose name he bears. (by McClure Newspaper Syndicate.)

Whats in a Name?"

BY MALDRED MARSHALL FACTS about your name; it's history; meaning; where it was derived; significance; your lucky day and lucky jewel

CYNTHIA

Cynthia, most charming of femopened the window and did not notice title given to Astemis, or Diana, the beautiful youth, beloved by Apollo, fabled to have been born upon Mount Cynthus in Delos.

Milton employs the term frequently:

Gently o'er the azeustomed oak. Since Diana or Cynthia was the virgin goddess of Greek mythology, England's virgin queen, Elizabeth, was often alluded to as Cyathia in the literature of her time. The name was therefore very popular in Great Britain, but its real vogue is in Amer-

ica, where it has had prominence, The musical quality of the name, combined with its poetle erigin, has always made it popular among the arts. One of the lovellest pictures of the art world is called "Cynthia" and is full. Sunday is her lucky day and personifies the goddess of the night 3 her talismunic number. as a strikingly beautiful woman veiled in mysterious shadowy draperies.

The hyacinth, which breathes forth its greatest fragrance at night, is Cynthia's flower. But the relation-

BY MARY

(@. 1922, by McClure Newspaper Syndicate.)

MARSHALL

DUFFEE

Right Time

luncheon is not an invitation to spend abrupt in leaving the dinner party.

society nowadays, it is not considered called fashionable society a lot de-

necessary to remain more than a quar- pends on the habits and mode of liv-

concluded, nor is it courteous to re- persons who entertain. In certain

luncheon because, since they must take ought to be especially careful to leave

time to lunch anyway, they lose no in good time.

time that way. So usually, unless the

hostess expects you to leave shortly

after luncheon, she indicates this in

her invitation. If she is giving a for-

mal luncheon she indicates that there

will be music or cards or something of

that sort after luncheon. Otherwise it

is best to linger not over three-quarters

But except among persons with very

crowded engagement books a dinner

invitation means the entire evening.

That is, in fashionable society dinner

guests usually remain until nearly

eleven o'clock or later. It certainly

is not very flattering to any one to

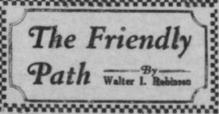
of an hour.

he Right Thing

ship of the flower and the name is even more closely and romantically OF GREEK mythological origin is expressed in the legend of the hyacinth's origin; the flower sprang inine names. Originally it was the from the blood of Hyacinthus, a moon goddess, since she and her and killed by the latter through an brother Apollo, the sun god, are unlucky throw of the discus; it bears upon each petal the letters "Ai," the Greek exclamation of grief. Emerson speaks of

The hyacinthine boy, for whom

(@ by the Wheeler Syndicate, Inc.)



IF THERE were more love in the world there would be less danger of war of every kind.

International difficulties could be Too late 1 stayed-forgive the crime! hurry away from a dinner engagement Unheeded flew the hours.—William Rob- to the theater or a dance when the meal has just been concluded. If a also would answer its death knell if dance occurs the same evening it is every employer and employee followed possible to "drop in" following the the golden rule,

the entire afternoon. At least, in smart | Now, for folks who are not in soence over national boundaries. ferences between peoples." ter of an hour after the meal has been ing of the persons entertained and the

If one believes these assertions-as we hope every the will-is he not main more than three-quarters of an suburban sections where it is taken bound to admit that the churches are hour unless the hostess has especially for granted that most of the men have devoting too much time to current requested her guests to do so. It may to catch early trains in the morning worldly problems and too little to be that the hostess has some other so. it is customary and in good form to teaching men to love.

cial engagement for the afternoon. She leave after a dinner party fairly early. Let all 'who love God and His may have calls to make or a ten to at. Ten o'clock is late enough, One tend. If she is a busy woman, with should always try to learn the cust he minister is to declare the gospel professional or household duties to at- tom in this matter as it is extremely tend to, she certainly will not want inconsiderate to remain after the usual saved and built up in holy characyou to linger. In fact, sometimes busy bedtime of the persons who are enterfolk invite their acquaintances to taining you. Casual evening callers

"What's in a name?" did millions a favor because he taught that it's not who a man is, but what he does which counts.

0

The caterpillar of a sphinx moth-a slow, fat, green worm-crawls slug? gishly about the bushes in plain view of every insect-eater. It has no armor, or spines, or poison, or ability to de-

More well might break and April bloom It is fitting therefore that Cynthia

should have the hyacinth, of jacinth for her talismanic jewek. But the mail who bears the name is more than ordinarily fortunate, for she has another lucky gem, the moonstone. The deep blue hyacinth protects her from danger of accident or disease. while the moonstone with its milky spalescence promises her true love and the power to read the future in relation to love, if she places the stone in her mouth when the moon

NEED MORE LOVE

avoided if all men loved God and followed His teaching. Industrial strife

AN INVITATION to have luncheon dinner but it would be far better to be late to the dance than to be too The principal of the school, Peter Mannicke, declares: "Love of neighbor spreads its influ

"Love of God towers above all dif-

churches, remember that "the work of of the Grace of God, that men may be Shakespeare, in asking the question,

(by the Wheeler Syndicate, Inc.)

Big Bluff by a Worm. fend itself whatever, but the instant anything approaches it, it rears up and wags its horned head and looks so formidable that nothing has the nerve to



BEAVER AND PORCUPINE

"Well," said Billie Brownie, as he eft Brownieland, "I have two calls to make today. One is to be on Mr. American Beaver and the other is to be on Mr. Porcupine. First I am to ee Mr. American Beaver." So Billie Brownie hurried along un-

11 he met Mr. American Beaver. "You promised to tell me your story oday, didn't you?' asked Billie Brownie. "So I did," said Mr. American

"Well, I will tell you my Seaver. "As you know, I am an American Beaver. I think I have had quite an

nteresting life. I consider I have, out I do not know whether you will agree with me or not. "In fact, I consider my life to have been most interesting, but I do not

want to appear conceited, so I say to you that it has been 'quite interesting." "I am sure it has been interesting,"

said Billie Brownie. "Do tell it to me."

"At once," said the American Reaver.

"I was born twelve years ago. My eyes were open when I was born, too, and I looked out upon my nest at the great world about me and decided I was glad I had come into the world. "When I was two weeks old I went

swimming in the river with my mothkeeps away from an open window, for er and, my two brothers and little sis-

"After my third birthday I met my dear little mate and we set up housekeeping. "She is the dearest little mate and

we have a fine time together. "In the summer we go wandering about, visiting other Beaver colonies and having a fine rest and vacation. We believe in summer vacations.

"In the early fall we prepare our food and nests and homess for the winter.

"We're hard workers, but here's a Httle secret!

"The Beaver is noted for Being industrious, but the Beaver knows how to rest and take a holiday, too That's the truth."

"Good for you," said Billie Brownie, "I strongly approve of your story and I think you've had a most interesting life working and playing, visiting and emjoying your home, too.

"And I'm most grateful to you for telling it to me," Billie Brownie add-



"You Promised to Tell Me"

ed, as he said good-by to the Amer-Ican Beaver. Billie Brownie huzried to see the

Poreupine. "In the very first place of all," said Mr. Porcupine to Billie Brownie, "] must tell you that the gossip you have heard about me is not true. I do not throw my quills.

"Mainly, it is untrue because I cannot. The reason people ever got such an idea is because my quills can come out with great ease and if any animal comes so near me that I can touch them the quills come out and stick into my enemy, ha, ha!

"It is sometimes true that creatures can get the better of us, but we can do very well for ourselves because of these sharp, dangerous quills.

"But please tell every one you know that we do not throw them but that we raise our backs when frightened and the quills stick up and animals coming near us who touch the quills are then pretty sure of getting the

quills into them, which is correct. "We like the forest homes best. We like the nighttime better than the daytime. My home is a fine rocky home which is like a cave. I do not care for company.

"I do not care for porcupine friends, but I do like salt! "Salt is, somehow, more tasty than

relatives!" "Well," laughed Billie Brownie, "at any rate I'm very glad to have heard your quite original ways and

thoughts." And Billie Brownie went back home after a very interesting trip.

Didn't Put 'Em There. Little Francis, age six, had brought home from school his first report card. He had two C's and his father asked him why they had not been A's instead, and Francis promptly replied: "I don't know, daddy, I didn't put 'em

Taken at His Word. Can you fight?"

"Come ov. then, you scoundrel !"

BUILDS YOU UP QUICK AFTER A LONG SICKNESS

Back on Your Feet Sooner-Tastes Better-Works Much Faster, Joo

DON'T WASTE TIME WITH **OLD-FASHIONED REMEDIES**

Complications are dangerous. Tims is precious. It is irksome to drag around for weeks and months after an operation or illness. How quickly a person may be revived, toned up and back on her feet in robust health is told by another lady, Mrs. Mabel Tomlin, who had a slege of it in the hospital. Perhaps, you can profit in time and money from her experience.

"I was a nervous, delicate wreck upon my return from the hospital. Was easily excited. Would frequently drop a tray full of dishes on the way from kitchen to dining room. The doctor didn't seem to appreciate how, desperately in need of strength I was. I was fearfully nervous, so after dragging around that way just a wreck of my former self, I bought some Hypo-Cod at Read's Drug Store and took it. Thanks to this wonderful medicine, my neves are steady as a stone wall, and my husband says my nerves are steadier than this. Hypo-Cod increased my weight. I was thim as a rail when I started and now I weigh 175 pounds. Without Hypo-Cod I would be a nervous wreck today. It is the foundation of my present rebust, good health. It works quickly and like a charm," declared Mrs. Mabel Tomiin, 1807 Henneman Ave., Baltimore, Md.

Hundreds of people are taken to the bospitals in Baltimore. Hundreds grow impatient at the methodical, slow recovery. Hundreds take Hypo-Cod along with their other medicine, and other hundreds take Hypo-Cod only, and it works equally well in both cases. It is a more modern, more powerful, nice tasting up-to-date who keep right up to the minute asser, that Hypo-Cod is by far the most powerful, effective econstructive tonic made. It does the work so much quicker than the nasty tasting, weaker, odd-fashioned preparations. Your druggist has Hypo-Cod.—Advertisement.

The fault is to cleave to a fault.—

The fault is to cleave to a fault .-Confuctass.

Good health depends upon good digestion, Safeguard your digestion with Wright's In-dian Vegestable Pills and you safeguard your livelith. A medicine as well as a purgative. Advertiscement.

In the real drama of life the leading ladies are cooks.

Howard Clarke



Have You Pains? This Advice is For You if Suf-

fexing From Rheumatism. Chestertown, Md .- "I suffered four ouths with a severe case of arthritis. The doctors continued to do me no good. My knee and left foot were swollen twice their natural size and pained me very severely. I was unable to walk, and was compelled to use cratches after lying in bed three weeks. Acting upon my mether's advice, I tried Dr. Pierce's Anuric Tablets. From the first dose or so I started

improving and am now able to work as before."—Howard Clarke. Step into any drug store and sex for a package of Americ, which a many times more potent than lithia. A short trial will convince you. Send 10 cents to Dr. Pierce's Invalids' ffotel in Buffalo, N. Y., for trial pastage, or write for free medical advice. This wonderful discovery of foctor Pierce's, called An-uric, has been suc-cessfully used by many themsands who write Dr. Pierce of the benefits received.



YOU never heard a doctor say, "He is all run down, but his blood is pure and rich."

The best thing—the biggest thing—that Gude's Pepto-Mangan does is to purify and enrich your blood. Then those weary, run down, dragged out feelings will disappear, and the oldtime vim and "pep" come back again. Get Gude's Pepto-Mangan today.

At your druggists-liquid or tablets.

Gude's Pepto-Mangan Tonic and Blood Enricher

