

DOCTOR ORDERED WOMAN OBEYED

Took Lydia E. Pinkham's Vegetable Compound and is Now Well

Chicago, Illinois.—"You surely gave women one good medicine when you put Lydia E. Pinkham's Vegetable Compound on the market. After I had my baby I was all run down and so nervous it kept me from gaining. My doctor did everything he could to build me up, then he ordered me to take Lydia E. Pinkham's Vegetable Compound with his medicine and I am now a new woman. I have had three children and they are all Lydia E. Pinkham babies. I have recommended your medicine to several friends and they speak highly of it. You are certainly doing good work in this world."—Mrs. ADRIAN TOMSHECK, 10557 Wabash Ave., Chicago, Illinois.

There is nothing very strange about the doctor directing Mrs. Tomsheck to take Lydia E. Pinkham's Vegetable Compound. There are many physicians who do recommend it and highly appreciate its value.

Women who are nervous, run down, and suffering from women's ailments should give this well-known root and herb medicine a trial. Mrs. Tomsheck's experience should guide you towards health.

Recommended

"Vaseline" Petroleum Jelly benefits all bumps, sores, bruises, sunburn, blisters, cuts and chafed skin. Never be without a bottle of it in the house. It's safe, always effective and costs but a trifle.

CHESEBROUGH MANUFACTURING CO. State Street (Consolidated) New York



Vaseline
Reg. U.S. Pat. Off.
Petroleum Jelly

IF YOU GET YOUR FEET WET



HALE'S HONEY

Of Morebound and Tar Nothing better than this safe, dependable home remedy for healing and soothing throat troubles and clearing up colds.

30c at all drug stores
Use Hale's Throat Drops

EVANS' Pastilles

RESTORE THE VOICE

For Colds, Coughs, Hoarseness. Moistens the Dry, Tired Throat. Used by Professional Singers.

All Druggists — 40cents

PAKKE'S HAIR BALM

Restores Color and Beauty to Gray and Faded Hair. Cleanses, Softens, and Refreshes. Makes the Hair Grow.

HINDERCORNS

Removes Corns, Calluses, etc. Stops all pain, restores comfort to feet. Makes walking easy. 25c. By mail or at Druggists. Hiram's Chemical Works, Paducah, Ky.

Tuff's Pills

SPEEDY RELIEF FOR CONSTIPATION

In Nose-pain Gulch. "Now don't get skinned if a man reaches for his hip pocket. He may be gonna offer you his bottle." "I'd rather face a shot from the gun."

Freshen a Heavy Skin With the antiseptic, fascinating Cuticura Talcum Powder, an exquisitely scented, economical face, skin, baby and dusting powder and perfume. Renders other perfumes superfluous. One of the Cuticura Toilet Trio (Soap, Ointment, Talcum).—Advertisement.

These Days. "Don't you like Jennie's complexion?" "I don't know, really; I've never used any of hers."

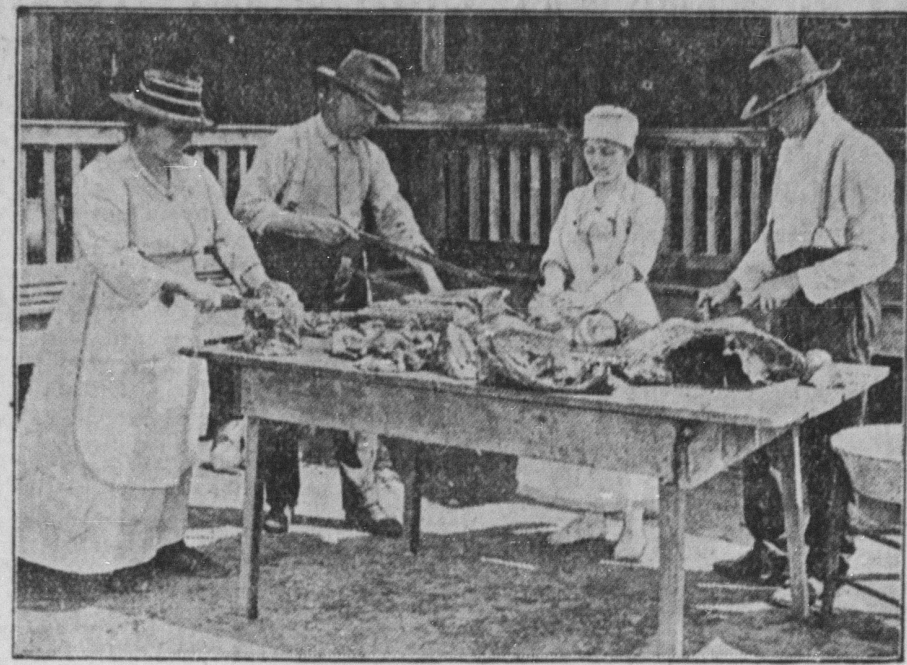
For speedy and effective action Dr. Peery's "Head Shot" has no equal. One dose only will clean out Worms or Tapeworm. Adv.

Time isn't always money to the man who does a credit business.

MURINE

Night and Morning. Have Strong, Healthy Eyes. If they Tingle, Itch, Smart or Burn, if Sore, Irritated, Inflamed or often. Soothe, Refresh. Safe for Infant or Adult. At all Druggists. Write for Free Eye Book. Murine Eye Remedy Co., Chicago

CARING FOR MEAT AT KILLING TIME



Cutting and Preparing Meat at Killing Time.

(Prepared by the United States Department of Agriculture.)

Taking care of the meat on the farm at killing time is one of the odd jobs a farmer's wife has to get in somehow among the ordinary tasks of the day. The following letter received by the United States Department of Agriculture from the "wife of a dirt farmer," as she calls herself, gives some idea of what this work involves. This woman lives on a Kansas ranch of 7,000 acres, many miles from a railroad, but her home is as modern in every respect and more convenient than many homes which are only a few feet from a railroad. This home was built for a particular family and the plan fits the life of the family. The routine of housekeeping is as simple as it could be on a big ranch, and the furnishings are simple but most effective. The wife is actively interested in farm bureau and especially in the home activities.

"Have finished my meat canning. I corned 51 pounds and canned 75 quarts of meat and stock. We like the meat better when it is browned well in the oven before canning. After it is

browned, I slice it and pack into jars, adding salt and stock as usual and process. When I have sliced off all the pieces that cut to advantage, I cut the rest off and put it through the food chopper and season it, pack into jars with some stock and process. It is very good that way and for a change I add pork, onions, etc., and make a meat loaf when I open the chopped meat.

"After all the meat is used, I wash out the pressure canner, put the bones and about three gallons of water in, fasten and process at 15 pounds for about 40 minutes, take the bones which are almost blanched out, and can the stock for soup. It is very rich and goes a long way in making soup.

"I can headcheese, sausage, liver sausage, etc., in the canner and it is such a relief not to have so much fresh meat that must be used up quickly.

"I had about 30 pounds of soap made from tallow, uncooked process, and while it is a little hard, it makes a splendid suds and cleans well and has no scent."

DIFFERENT USES FOR JELLY IN HOUSEHOLD

Sandwiches Are Popular for the Children's Lunches.

No Remembrance Is More Universally Appreciated Than Glass of Pure Homemade Sweetmeat Perfect in Texture.

(Prepared by the United States Department of Agriculture.) There are innumerable uses for jelly in every household, points out the United States Department of Agriculture. Not only when the jelly is firm and successful, but even when it has not "jelled" properly, may be utilized economically.

Bread and jelly or jelly sandwiches will of course be popular for children's lunches throughout the school year. Possibly this is the first thought in the mother's mind as she gradually fills her preserve shelves during the season. Her next thought will undoubtedly turn to jellies which accompany meat—the firm, transparent ones that dress up a meal so easily when guests come. Probably every housekeeper intends a certain proportion of her supply of tart dinner jellies to be used as holiday gifts for her friends, for no remembrance is more universally accepted than a glass of pure homemade jelly, perfect in texture and attractively packed.

A basket of six jellies, possibly made from different fruits, makes an ideal Christmas or anniversary present. Individual size jars or glasses are best when making a gift of jelly to a person who lives alone, who would enjoy a bit of jelly occasionally at a meal, but would have trouble using up a larger glass.

Firm tart jelly can be used in making jelly omelet, jelly muffins, jelly doughnuts, jelly tarts, or pastry squares covered with jelly. In making jelly muffins, part of the batter is dropped in the tin, a cube of jelly is put in the middle, and the rest of the batter is put on top.

Delicious confections can be made of cubes of over-stiff jelly. By using toothpicks to handle them they can be dipped into sweet chocolate melted over hot water and set on paraffin paper to harden. Special chocolate for candy-coating may be purchased in most grocery stores. Bright-colored firm jelly may be used as a garnish for cold meats or desserts, if cut in fancy shapes, and has the advantage of being not only decorative, but palatable. A bit of jelly on the top of each portion of "floating island" or other custard dessert adds to its attractiveness and food value.

Batter cakes of tender texture, light and thin, are excellent when spread with good jelly, rolled up and covered with powdered sugar. The cakes should be about the size of an ordinary saucer. A very delicious dessert in which jelly appears is made by paring and coring apples of some variety that will hold their shape well, and cooking them in a sugar syrup till tender. The syrup is made in the proportion of one cupful of sugar to two cupfuls of water, and is boiled a few minutes before the apples are put in. There should be enough syrup to cover the apples and the pan should be covered during cooking. When they are

done they should be taken out and drained, and the core cavity is filled with jelly. The apples are served with "hard" sauce made of butter and sugar.

When a batch of jelly has for some reason failed to set as firmly as one would like, there are still many uses for it. A glassful of soft fruit jelly in a punch supplies both sweetening and fruit flavor. A few spoonfuls of soft tart jelly beaten into whipped cream gives a delicious flavor. Tarts filled with the jelly and baked are good for dessert. The jelly can be used as a sauce for blanc-mange, hot cakes or ice cream. It may be served with cream cheese or cottage cheese for lunch. With hot bread or in sandwiches the jelly is as useful as if it were firm, and for jelly roll or layer cake it is easier to spread than a stiff jelly. Mixed with coconut the jelly may be used to line a dessert mold, adding both to the flavor and appearance of the dish. The ingenious cook will think of many other ways of using her jellies to introduce variety into the menu.

POTATO SOUP QUICKLY MADE

Recipe Given for Dish That Is Easily Concocted and Served Hot at School for Lunch.

A good soup that can be quickly made and served hot at school for lunch is recommended by the United States Department of Agriculture and made as follows:

1 quart milk 2 teaspoonfuls butter or other fat
1 cupful grated potato A few drops of salt
1½ teaspoonfuls of onion juice

Add the potatoes to the milk. Bring to the boiling point, then add the fat, salt and onion juice. Serve with or without straining. This serves about six children with medium-sized portions, about a cupful each. Allow one and one-half cupfuls for large portions.

All Around the House

Save four bags to put white clothes away in for the winter.

To make good tea never use water that has boiled a long time.

Spirits of nitre applied to a fever blister will check its development.

To remove chocolate or cocoa stains wash the part affected in cold water, then pour boiling water over.

Save the water potatoes, rice or macaroni has been cooked in. It is as good as milk for making gravy.

Allow 15 minutes for the roasting of each pound of beef if liked rare or 20 minutes for a well-cooked roast.

A man's striped silk shirt worn out just below the collar band and just above the cuffs, can be cut into an attractive blouse.

Plant the lemon seeds in a flower pot. They will grow quickly, and while this forms a pleasing decoration for the kitchen window the leaves will be found useful for flavoring sauces, etc.

MILK-MARKETING PLANT PROBLEMS

Bulletin Recently Issued by Department of Agriculture Outlines All Details.

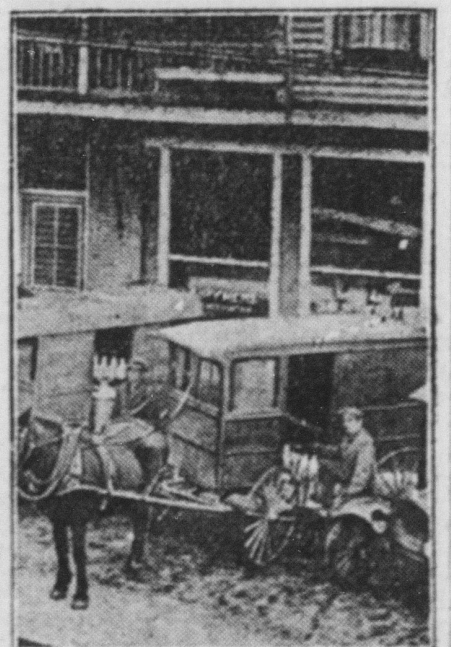
LIST OF EQUIPMENT NEEDED

Manager Must Secure Adequate and Proper Milk Supply, Efficient and Economical Operation and Sales Methods.

(Prepared by the United States Department of Agriculture.)

Persons who are interested in the establishment of co-operative milk-marketing plants as well as those already engaged in marketing milk co-operatively will find many of their problems handled exhaustively in Department Bulletin 1095, Producers' Co-operative Milk-Distributing Plants, Just published by the United States Department of Agriculture. The bulletin, consisting of more than 40 pages, is based upon studies of the experience of a large number of plants of this type in various parts of the country, mostly in small cities where a satisfactory system of distribution was not previously developed. Details are given on contracts, financing, organization, by-laws, location and equipment of plants, investment, management, sales methods, distribution costs, and accounting systems.

Equipment Needed. Lists are given of equipment needed for small plants with less than 250 gallons capacity, for plants to handle from 250 to 1,000 gallons, and for large plants handling more than 1,000 gallons a day. Figures obtained from



A Milk Distributing Plant.

27 co-operative plants show that the average investment in the plant itself per gallon capacity is \$25.97 when the capacity is 500 gallons or less; \$22.77 when the capacity is from 500 to 1,000 gallons; \$11.09 when the capacity is 1,000 to 2,000 gallons; and \$19.14 when the capacity is from 2,000 to 8,000 gallons. In the same order, the investments per gallon capacity in equipment were \$28.73, \$31.79, \$11.89, and \$12.34. Estimates are given of the total amounts of money needed to establish and operate plants of these various capacities.

The three principal problems that confront the milk plant manager are, according to the bulletin, the securing of an adequate and proper milk supply, efficient and economical plant operation, and sales policies and methods of market distribution.

Copies of the bulletin may be obtained by addressing the Department of Agriculture, Washington, D. C.

KEEP PUMPKINS ALL WINTER

Only Well-Ripened Specimens With Thick Rinds Should Be Stored—Keep Them Dry.

It isn't so very difficult to keep pumpkins, squash, etc., all winter if they are stored properly. Of course, only well-ripened pumpkins or squash, with thick rinds, and which are well colored, should be stored. They should be gathered carefully before hard frost. Any that are injured in gathering or otherwise should be discarded, and only the perfect specimens retained. Be sure to leave the stems on all the pumpkins. The ideal storage place is a dry room or dry basement where the temperature will average around 65 degrees or above. Place the pumpkins or squash on shelves, or at least keep them off of concrete floors or other places where there may be too much moisture. Do not pile them up, but keep the individual pumpkins separated from each other. With such care either pumpkins or squash should keep several months.

TIMES TO STUDY GARDENING

Fall and Winter Suggested as Good for Reading Up on Advanced Methods for Crops.

Fall and winter are good times to read and study advanced methods in gardening and growing truck crops for the market. Many new bulletins treating all of the various subjects on gardening have been published recently by state agricultural colleges and departments of agriculture. The bulletins will be sent free.

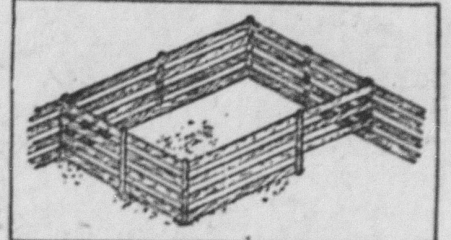
TEACH LITTLE PIGS TO EAT WHEN YOUNG

Customary to Wean Porkers When Six Weeks Old.

Small Pen Affords Opportunity to Feed Them Apple Parings, Sprouted Grains, Alfalfa Meal and Separator Milk.

The owner makes more profit when his pigs learn to eat at an early age. It is customary to wean pigs when they are about six weeks old, as that is about as long a time as the sow can afford to suckle them. If the young pigs learn to eat before weaning, they do not suffer a setback at the loss of the mother's milk.

There is no better way to teach young pigs to eat than to give them



A Useful Pig Creep.

the run of a small pen where they can find appetizers such as apple parings, sprouted grains, alfalfa meal and warm separator milk in a small, clean trough.

The drawing shows such a pen in the corner of the barnyard or hogyard. The bottom board of the fence is removed, which leaves an opening large enough for a six-week-old pig, but not large enough to permit the entrance of the sow or other large hogs.

VALUE OF MANURE REDUCED

Pronounced Detrimental Effect Noted at Geneva Station by Adding Wheat Straw.

Surprising results have been obtained by soil and crop experts at Geneva, New York, in a series of tests recently completed, from the use of wheat straw with horse manure. When fresh straw was added to manure and applied to growing crops, a pronounced detrimental effect was noted as compared with crops where fresh manure was used alone. It was further observed that when straw was added to the manure, together with some preservative, a marked loss of the organic matter of the manure resulted. The loss of organic matter amounted to 53 per cent during an interval of four months where peat was added to manure-straw mixture and only 32 per cent where the peat was added to manure alone.

The best results appear to follow the use of acid phosphate with manure in the stables. A couple of handfuls of the acid phosphate is scattered in each stall each day and the animals are allowed to trample it into the manure. The manure can then be stored in a covered shed, or pit, until it can be spread in the field.

HOGGING DOWN SMALL GRAIN

Three Years' Test at Ohio Shows Practice With Rye Is Unprofitable With Hogs.

Whether or not it will pay to hog down small grains will depend upon circumstances, but probably it will not. Hogging down rye was found to be an unprofitable practice in pork production in a three years' test at the Ohio experiment station. The average daily gain of the hogs on rye was less than one-half of a pound, whereas when corn and tankage formed the concentrates and clover was used for pasture gains of more than one pound a day were secured. In addition, it required 4½ pounds of rye to produce 100 pounds of pork. The rye would have returned a greater profit if it had been sold as a cash crop. Even when the hogs were allowed about one-fourth of a pound of tankage daily in addition to the rye, they consumed 634 pounds of rye as compared with 220 pounds of corn for 100 pounds of pork produced.

EXTENSION WORKER IS HELP

Found Most Successful in Conducting Demonstrations of Farm and Home Practices.

Over 2,100 of the 2,850 agricultural counties in the United States employ at least one agricultural extension worker, who acts as a joint representative of the United States Department of Agriculture and the State Agricultural college in conducting demonstrations of farm and home practices found most successful by experiments of these institutions. They also give advice and assistance in farming matters by personal visits, correspondence, telephone messages, community meetings and articles in the local press.

ALFALFA IS PREFERRED CROP

Heavier Yield of Hay Produced on Fertile, Well-Drained Soils Than of Sweet Clover.

Sweet clover is not recommended in preference to alfalfa for heavy, fertile, well-drained soils that are well supplied with lime, and free from quack grass, or June grass, unless the cost of seeding must be considered. It will grow to perfection on such soils, but alfalfa usually produces heavier crops of hay per acre.

Aspirin

Say "Bayer" and Insist!



Unless you see the name "Bayer" on package or on tablets you are not getting the genuine Bayer product prescribed by physicians over twenty-two years and proved safe by millions for

Colds Headache
Toothache Lumbago
Earache Rheumatism
Neuralgia Pain, Pain

Accept "Bayer Tablets of Aspirin" only. Each unbroken package contains proper directions. Handy boxes of twelve tablets cost few cents. Druggists also sell bottles of 24 and 100. Aspirin is the trade mark of Bayer Manufacture of Monocetateacidester of Salicylicacid.—Advertisement.

Subsidy for the Country Doctor.

The suggestion has been made that the government should subsidize the country doctor and furthermore that the government should see that every community should have its doctor, who should be also provided with a home and a hospital. The rewards of the country doctor are not great and his work is hard and the result is that wherever they find it possible they drift to the cities.—Exchange.

DYED HER SKIRT, DRESS, SWEATER AND DRAPERIES WITH "DIAMOND DYES"

Each package of "Diamond Dyes" contains directions so simple any woman can dye or tint her worn, shabby dresses, skirts, waists, coats, stockings, sweaters, coverings, draperies, hangings, everything even if she has never dyed before. Buy "Diamond Dyes"—no other kind—these perfect home dyeing is sure because Diamond Dyes are guaranteed not to spot, fade, streak, or run. Tell your druggist whether the material you wish to dye is wool or silk, or whether it is linen, cotton or mixed goods.—Advertisement.

Those Were the Days.

"Do you believe in love at first sight?" "I used to before the girls began to lengthen their skirts."

One man seeks justice, while another man flees from it.

WATCH THE BIG 4

Stomach-Kidneys-Heart-Liver Keep the vital organs healthy by regularly taking the world's standard remedy for kidney, liver, bladder and uric acid troubles—

LATHROP'S GOLD MEDAL KAPPALE OIL CAPSULES

The National Remedy of Holland for centuries. At all druggists in three sizes. Guaranteed as represented. Look for the name Gold Medal on every box and accept no imitation.

Facial Blemishes

Sallow, muddy, roughened or blotched complexions are usually due to constipation.

When you are constipated, not enough of Nature's lubricating liquid is produced in the bowel to keep the food waste soft and moving. Doctors prescribe Nujol because it acts like this natural lubricant and thus relieves it.

Nujol is a lubricant—not a medicine or cathartic—so it cannot grip. Try it today.

Nujol

ASTHMA

DR. J. D. KELLOGG'S ASTHMA REMEDY for the prompt relief of Asthma and Hay Fever. Ask your druggist for it. 25 cents and one dollar. Write for FREE SAMPLE form. Northrop & Lyman Co., Inc., Buffalo, N.Y.

Dr. J. D. Kellogg's Asthma Remedy

Your Hair need not be thin or streaked with gray—Q-B-A-N restores hair color. RESTORES WHOLELY REVEALS IT and brings back all its original color and luxuriance. At all good druggists, 50c. or direct from HENCO-E-113, Omaha, NEBRASKA, IOWA.