

## SPENT HALF HER TIME IN BED

**Farmer's Wife Tells How Lydia E. Pinkham's Vegetable Compound Made Her a Well Woman**

Carter's Creek, Tenn.—"Three years ago I was almost an invalid. I spent half of my time in bed, being afflicted with a trouble which women of a certain age are apt to have. I took Lydia E. Pinkham's Vegetable Compound Tablets and used Lydia E. Pinkham's Sanative Wash. I am a well woman now and have been for two years. I can work as well as any one who is younger and as I am a farmer's wife I have plenty to do for I cultivate my own garden, raise many chickens and do my own housework. You may publish this letter as I am ready to do anything to help other women as I have been so well and happy since my troubles are past."—Mrs. E. T. GALLOWAY, Carter's Creek, Tenn.

Most women find plenty to do. If they are upset with some female ailment and troubled with such symptoms as Mrs. Galloway had, the smallest duty seems a mountain.

If you find it hard to keep up, if you are nervous and irritable, without ambition and out of sorts generally, give the Vegetable Compound a fair trial. We believe it will help you greatly, for it has helped others.

## A TRUE RAT STORY



Auburntown, Tenn. 6-22-22.

Dear Sirs: Mr. Robert T. Donnell of Auburntown, Tenn., came in our store the other day and wanted something to kill rats, so I sold him a box Stearns' Rat Paste. And he put some paste on six biscuits that night and the next morning he found fifty-four big rats. And the second night he put out four more biscuits with paste on them, and the second morning he found seventeen more rats, making a total of seventy-one rats in two nights, and there were lots more that he did not find.

This is some big rat tale, but nevertheless, it is so. Just thought would write to let you know that your rat paste is good.

Respectfully, KENNEDY BROTHERS.

**Buy a 35c Box Today**

Enough to Kill 50 to 100 Rats or Mice

Don't waste time trying to kill these pests with powders, liquids and other experimental preparations. Ready for Use—Better Than Traps. Drug and General Stores sell

**STEARNS' ELECTRIC PASTE**

**DON'T DESPAIR**

If you are troubled with pains or

aches; feel tired; have headache, indigestion, insomnia; painful passage of urine, you will find relief by regularly taking

**LATHROP'S GOLD MEDAL HAARLEM OIL CAPSULES**

The world's standard remedy for kidney, liver, bladder and uric acid troubles and National Remedy of Holland since 1896. Three sizes, all druggists. Guaranteed.

Look for the name Gold Medal on every box and accept no imitation

**EVANS' Pastilles**

RESTORE THE VOICE

For Colds, Coughs, Hoarseness. Moistens the Dry, Tired Throat. Used by Public Speakers.

All Druggists—40cents

**Cuticura Soap**

The Healthy Shaving Soap

Cuticura Soap shaves without tang. Everywhere.

**CURES COLDS — LA GRIFFE**

in 24 Hours — 3 Days

**CASCARA QUININE**

Standard cold remedy world over. Demand box bearing Mr. Hill's portrait and signature.

At All Druggists—30 Cents

**Free to All Sufferers Box of Dr. Nardine's Specific**

The Nation's greatest remedy for Catarrh, Asthma, Bronchitis, Lung Trouble, Croup, Sore Throat, Piles, Old Sores, Boils, Blackheads, Pimples, Rheumatic Pains, Stiff Joints, Neuritis, Headaches, Eruptions of Skin eruptions. Send for it to cover cost of wrapping postage. Nardine Medical Co. Inc., Johnson City, N. Y. Mention your ailments. Agents wanted.

Even the fellow who was born with a silver spoon in his mouth may declare war to the knife.

Knocking one's town is resented; and knocking the well-known human race is perilous.

When you kick, be sure of your foot first.

A conservative is one who has his.

**Look to Your Eyes**

Beautiful Eyes, like fine teeth, are the result of Constant Care. The daily use of Murine makes Eyes Clear and Radiant. Enjoy Life. Harmless. Sold and Recommended by All Druggists.

**MURINE FOR YOUR EYES**

## Something to Think About

By F. A. WALKER

### MANAGING MEMORY

IT IS observed that the educated have, as a rule, a better memory than the uneducated. The reason for this is obvious.

The one class exercises its capacity for carrying things in its mind and thus gives memory strength, endurance and ability to recall events, names or dates at a moment's notice, while the other class permits memory to become flabby and undependable.

Each individual has within his or her brain a certain amount of retentive power, beyond which he or she cannot go without unusual effort. And if the effort is not put forth regularly, with persistent determination to improve, memory will not of itself make notable progress.

There are, it is true, native differences of retentive power.

One child is from the first capable of retaining impressions of all kinds more easily than others. A child with a good natural ear for musical sounds will be likely to retain sounds and their successions better than another child deficient in this sense-endowment, and so it goes through childhood to old age, with memory playing fast or loose as it has been taught.

Faulty memory, if you go deeply into its cause, you will find very frequently is the result of inattention, especially in adults who have become absorbed in the problems of life to the exclusion of everything else.

### PICTURES

By WILL M. MAUPIN

JACK FROST can paint rare pictures

On the window over night,

Tracing myriad forms gymnastic

With his pencil cold and white.

But the rarest, fairest picture

That high art can ever attain

Is my baby's smiling features.

Framed within the windowpane.

When the fiery artist limns his

Pictures in the glowing coals

He can touch the finest feelings

Of the most artistic souls.

But the sweetest, neatest picture

Ever shown to mortal sight

Is my baby's smiling features

In the evening lamp alight.

When the sun god lays his colors

On the canvas of the world,

You may think earth's richest treasure

To your gaze has been unfurled.

But the rarest, fairest picture

I can ever hope to know

Is my baby's smiling features

With the light of love aglow.

(Copyright by Will M. Maupin.)

## Uncommon Sense . . .

By JOHN BLAKE

### LET'S NOT DESPAIR

TAKEN generally this world is about what may be expected of it, considering the sort of people who are in it.

Mourning for the dead, dead days of long ago has a sentimental value, but otherwise is pretty useless.

Man was not born to become perfect in a hurry. He isn't perfect now, even after some millions of years of opportunity for development.

But he is more nearly perfect than he was two thousand years ago, or for that matter, a hundred years ago. In other words, he's progressing.

He isn't war-proof yet. He hasn't found any means of settling his biggest quarrels except by taking up arms.

But he doesn't burn witches any longer, and he accords his fellows more right to their opinions than he used to.

Incidentally his morals are better than they were in the time of Rome, and he has done considerable to add

to his comforts and to his education.

We have better means of understanding each other than we used to. We know what is going on in Sydney and Nome and Tokyo, and can go to the movies and see pictures of elephants a pill' teak in India. All this makes for education, and as H. G. Wells tells us, education eventually means perfect civilization.

It may not be the best of all possible worlds, but it is the best world that people now living have experienced. And we think it is getting better.

Anyway, just because women wear short skirts, and crowds go to prize fights, let's not despair. We're improving, slowly but surely, and by and by we can work out our own salvation. And a time like this, when there is more going on than there ever has been before, is surely a good time in which to be living.

(Copyright by John Blake.)

## ONCE IS ENOUGH



### SEASONABLE GOOD THINGS

A NICE oyster dish a little out of the ordinary and one which may be used for luncheon or Sunday night supper is

Escalloped Oysters and Celery. Mix two dozen oysters to serve four or five persons, one cupful of diced celery parboiled for fifteen minutes in a very little water and the water used with the oyster liquor in the escalloped dish. Drain the oysters and place a layer in a buttered baking dish, cover with celery, a few crushed cracker crumbs and pepper and salt to taste, dotting each layer with bits of butter. Repeat, using but two layers of oysters, finish with cel-

ery, crumbs and the oyster and celery liquor, mixed with one-quarter of a cupful of cream. Finish with buttered crumbs and bake long enough to brown the crumbs. More than two layers of oysters in a baking dish is not advisable as the top and bottom layers will be overcooked before the inner layer is cooked.

Quick Squash Biscuits. Mix and sift two cupfuls of flour with one teaspoonful of salt and three teaspoonfuls of baking powder. Rub in two tablespoonfuls of shortening and the yolk of an egg, one-half cupful of cooked rice squash and cold milk to make a mixture to roll. Cut and bake as the ordinary biscuits. Delicious with butter and honey.

## Has Anyone Laughed At You Because —

By ETHEL R. PEYSER

You Give Too Much of Your Time to Others? How often have people said to you: "You use up so much perfectly good strength doing for others? Why do you? They don't appreciate it!" It may be true that you do.

It may be true that some few people do not appreciate what you do, but some do. Anyhow, you have a good habit. None is better than the giving habit.

The Good Book says: "Cast thy bread upon the waters, for thou shalt find it. Give a portion to seven, yea, even to eight." And that's only another way of saying if you give a lot you'll get a lot, maybe not in money and things, but in real happiness and satisfaction. Think what sacrifices the Quakers and the people of the various commissions are making in foreign and uncomfortable countries to help the starving!

SO  
Your Get-away here is:  
Nothing pays like giving. So you can feel sorry for the chap that laughed at you; he hasn't begun yet to be happy.

(Copyright by McClure Newspaper Syndicate.)

## SCHOOL DAYS



HOW TO MAKE A WILD WOMAN. (Copyright by John Blake.)

### MEN YOU MAY MARRY

By E. R. PEYSER.  
Has a Man Like This Proposed to You?

Symptoms: Long of limb, dark-light hair, that glints in the sun, beaming white teeth; you see them glitter before you see him; wears soft clothes! Get it? Soft everything. Looks soft, yet athletic; wears slouch hats, slouch suits, (Norfolk and Knickerbockers), slouch shoes, never gloves. He likes you because you don't mind going to a fancy show with him in slouch clothes or going into a big restaurant to dine with him in slouch attire.

IN FACT

All his slouch is in his clothes and you know it.

He is really quite smart!

Prescription to His Bride:

Teach your mother that he is all right and then all will be well and your life will be happy.

Absorb This:

Know Where to Slouch! There All the Smartness Lies!

(Copyright by McClure Newspaper Syndicate.)

## Mother's Cook Book

The true end of American education is the knowledge and practice of democracy, what ever other personal ends an education may serve.—Dallas Lore Sharp.

### SEASONABLE GOOD THINGS

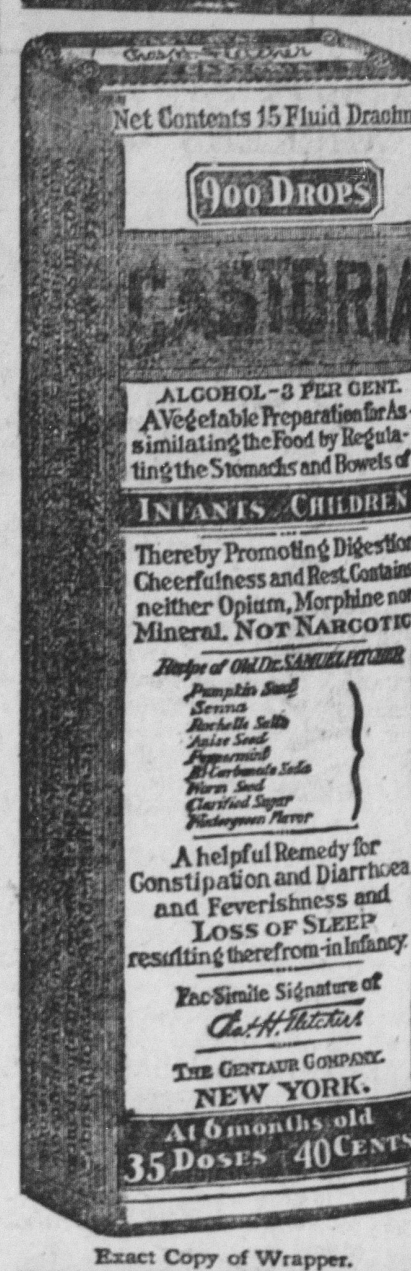
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Nellie Maxwell  
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## CASTORIA

For Infants and Children.

**Mothers Know That Genuine Castoria**

Always Bears the Signature of

of

In Use For Over

Thirty Years

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At 6 months old 35 Doses 40 CENTS

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### SPOHN'S DISTEMPER COMPOUND

is indispensable in treating

**Influenza, Distemper, Coughs and Colds**

so prevalent among horses and foals at this season of the year. For nearly thirty years "SPOHN'S" has been given to prevent these diseases, as well as to relieve and cure them. An occasional dose "conditions" your horse and keeps disease away. As a remedy for cases actually suffering, "SPOHN'S" is quick and certain. Sold in two sizes at all drug stores.

SPOHN MEDICAL COMPANY GOSHEN, INDIANA

Sweet Tattoo!

"What's all the excitement in the freak show?" "Someone told Tattooed Bill he was a marked man."—Life.

Confidential.

Advices to lovers of advanced season corn-on-cob: The first hundred ears are the hardest.—Life.

What Minute of the Day?

Wife—"I'll be ready in a minute, dear." Hubbie—"Would you mind saying what minute of the day it'll be?"

Loyal.

She—So you kissed that painted creature. He—Yes. I saluted the colors.



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Unless you see the "Bayer Cross" on tablets, you are not getting the genuine Bayer product prescribed by physicians over 23 years and proved safe by millions for

Colds Headache

Toothache Rheumatism

Neuritis Lumbago

Neuralgia Pain, Pain

Accept only "Bayer" package which contains proper directions.

Handy "Bayer" boxes of 12 tablets—Also bottles of 24 and 100—Druggists.

Aspirin is the trade mark of Bayer Manufacture of Monocetateester of Salicylicacid.

## WESTERN CANADA Big Wheat Crops

Canada is the world's greatest producer of wheat—second only to the United States—yet only about 12% of the tillable area has been worked. Yields of 40 bushels of wheat per acre are not uncommon. Oats have given as high as 100 bushels per acre, while 40 to 50 bushels per acre are ordinary yields. Barley and rye in like proportion. Cattle and horses thrive on the native grasses which grow abundantly and corn and sunflower culture are highly successful.

### Stock Raising, Dairying and Mixed Farming

secure for the industrious settler ample returns for his energy. Clearing the cost of one's farm with a single year's crop has an appeal, and has been done by hundreds of Western Canada farmers. Taxes only upon land (not on improvements). Perfect climate, attractive social conditions, good neighbors, churches, schools, telephones, excellent markets and shipping facilities make life happy as well as prosperous.

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