

Is Backache Crippling You?

Is that dull, nagging backache making it hard for you to get around? Are you lame, sore and tortured with sharp, rheumatic pains? It's time, then, you give some attention to your kidneys! A persistent backache is often Nature's first signal of kidney weakness. You may have headaches, dizziness and annoying bladder irregularities, too. Kidney troubles, treated early, are usually easily corrected. Begin now with Doan's Kidney Pills. Doan's have helped thousands and should help you. Ask your neighbor!

A Maryland Case

Wm. H. Ward, stationery fireman, 12 Madison St., Annapolis, Md., says: "My back ached and pained so it was all I could do to stoop. Mornings I felt lame and stiff. My kidneys acted too freely at times and I knew they were the cause of my trouble. I used Doan's Kidney Pills and soon my back was well and strong, my kidneys were in good order and I felt fine."

Get Doan's at Any Store, 60c a Box. DOAN'S KIDNEY PILLS. FOSTER-MILBURN CO., BUFFALO, N. Y.

Cuticura Soap

The Safety Razor Shaving Soap. Cuticura Soap shaves without nigg. Everywhere 25c.

Tuff's Pills

SPEDDY RELIEF FOR CONSTIPATION. You need Q-Ban Hair Tonic to strengthen it and to grow new hair. It restores vitality to the roots and stops hair falling out. It cures itching scalp rapidly. Try it! At all good druggists. 75c. or direct from HESSIG-ELLS, Chemist, Monaca, Tex.

Birds of the Sea. Gannets are strictly oceanic birds, and are only found inland when they have been driven by storms, or for some reason or other missed their accustomed migratory routes, says the American Forestry Magazine. It is a big bird, as big as a goose. They are wonderful on the wing, flying with great rapidity, and plunge in a most extraordinary manner to seize the fish.

Important to Mothers. Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it bears the Signature of J. C. FLETCHER. In Use for Over 30 Years. Children Cry for Fletcher's Castoria.

There are frequent toll gates on the way to success, and you cannot get through without paying.



FIFTY YEARS AGO. A young man who practiced medicine in Pennsylvania became famous and was called in consultation in many towns and cities because of his success in the treatment of disease. This was Dr. Pierce, who finally made up his mind to place some of his medicines before the public, and moving to Buffalo, N. Y., put up what he called his "Favorite Prescription," and placed it with the druggists in every state. Dr. Pierce's Favorite Prescription has long been recognized as a tonic for diseases peculiar to womankind. After suffering pain, feeling nervous, dizzy, weak and dragged down by weaknesses of her sex—a woman is quickly restored to health by its use. Thousands of women testify that Dr. Pierce's Favorite Prescription has entirely eradicated their distressing ailments. More recently that wonderful discovery of Dr. Pierce's, called An-uric (for kidneys and backache), has been successfully used by many thousands who write Dr. Pierce of the benefits received—that their backache, rheumatism, and other symptoms of uric acid deposits in joints or muscles have been completely conquered by its use. Send 10c to Dr. Pierce, Buffalo, N. Y., for trial pkg. of any of his remedies, or write for free medical advice.

A TRUE RAT STORY



Asburton, Tenn., 6-22-22. Dear Sirs: Mr. Robert T. Donnell of Asburton, Tenn., came in our store the other day and wanted something to kill rats, so I sold him a box Stearns Rat Paste. He put some paste on six biscuits that night and the next morning he found fifty-four big rats. And the second night he put out four more biscuits with paste on them, and the second morning he found seventeen more rats, making a total of seventy-one rats in two nights, and there were lots more that he did not find. This is some big rat taste, but nevertheless, it is so. Just thought would write to let you know that your rat paste is good. Respectfully, KENNEDY BROTHERS. Buy a 35c Box Today. Enough to Kill 50 to 100 Rats or Mice. Don't waste time trying to kill these pests with powders, liquids or other expensive preparations. Ready for Use—Better Than Traps. Drug and General Stores sell STEARNS' ELECTRIC PASTE.

"What's in a Name?"

Dr. MILDRED MARSHALL. FACTS about your name; its history; meaning; whence it was derived; significance; your lucky day and lucky jewel.

CORNELIA

FORTUNATE is she who bears the name of Cornelia, which through the centuries has been symbolic of all that is beautiful and reverent in motherhood. Not only has Cornelia a heritage worthy of an empress, coming as she does from the distinguished old Roman gens of Cornelius, but her memory is immortalized by Latin legend, which makes her the mother of the Gracchi and the heroine of one of the most beautiful tributes to motherhood.

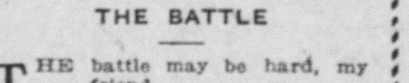
Some etymologists endeavor to trace Cornelia back to the two words cornu bell, meaning "a war horn," but the consensus of opinion is that she had no existence previous to the first woman so called, who was the daughter of Publius Cornelius Scipio Africanus I, and the mother of the Gracchi. She seems to have inherited from her gallant warrior father a spirit of pure, lofty dignity which made her the highest type of Roman motherhood.

When, according to the legend, the matrons of the most fashionable circle of Roman society were gossiping over the ancient Roman equivalent for tea and exhibiting their gem collections for the edification and envy of each other, Cornelia alone had no glittering display. But, summoning a slave, she had her 12 beautiful children brought to her, and, laying her hands on the shoulders of the Gracchi, proudly said: "These are my jewels."

The great historians of ancient Rome have carefully recorded the incident making Cornelia superior to all the noble Roman ladies of her time.

THE ORDINARY ANTIQUE.

Did you bring home any antiques from abroad? One—an aristocratic husband.



A LINE O' CHEER. By John Kendrick Bangs. THE BATTLE. THE battle may be hard, my friend, With complications without and But there's no joy in victories Won from a field of pillowed ease, And all the mellowness of life Hath come from overcoming strife, And hewing to the line until We've wrestled peace from pressing ill. (© by McClure Newspaper Syndicate.)

The SANDMAN STORY

HOW 'POSSUM ESCAPED

MR. FOX was running home one night, or rather early one morning before it was light, when he stumbled over Mr. Possum. He dropped his basket and ran, for he did not dare stop to see what had tripped him. "Oh, it is you!" called Mr. Possum. "Come back, Mr. Fox, and get your basket. I can tell you I have no appetite for food this morning." "Why didn't you speak when you saw me coming instead of lying about like a dead possum and scaring a fellow out of his wits?" asked Mr. Fox. "Mr. Fox, you all don't even know the meaning of that word scare," said Mr. Possum, picking himself up and walking alongside Mr. Fox. "Tonight has been the most carefulest night

MR. FOX RAN HOME EARLY ONE MORNING—



I ever knew, and if you would like to learn about it, listen," he continued. "What does the word 'carefulest' mean?" Inquired Mr. Fox. "It means when you are scared so you think you are dead that is carefulest," replied Mr. Possum. "I was going about not far from a field of sweet potatoes when I heard a noise and out from everywhere I looked came dogs and of course I knew there were men behind them. "I scooted under a rail fence and made for a tree and up I went and would you believe it, Mr. Fox, those

Cornelia's popularity as a feminine name throughout Europe is due to the martyred Pope Cornelius whose relics were brought to Compeigne by Charles the Bald. In the Low Countries, Cornelia became Keetje or sometimes Kee. Neilson is a Dutch rendition of Cornelius. But though Cornelia's jewels may have been her children, she had a talismanic stone, the turquoise. It is said to protect its wearer from the danger attendant upon travelers and to bring them good fortune when they see the new moon reflected on its surface. Saturday is her lucky day and one her lucky number. Holly, signifying foresight, is her flower. (Copyright by the Wheeler Syndicate, Inc.)

The Right Thing at the Right Time

By MARY MARSHALL DUFFEE

A MAN'S NAME

A BUSINESS man said the other day that it was a serious error for a would-be business man, especially a salesman, to forget the name of the unimportant little Mr. Nobody-in-Particular from Not-Much-of-Any-where with whom he was trying to do business. No man likes to have you forget his name. If the man is important and is used to receiving attentions then he doesn't notice your oversight so much, but the small man who gets little notice in the world feels especially sensitive about it and is especially gratified when you go out of your way to remember him.

Often, however, when you are introduced to strangers it is physically impossible to get their names. This is partly due to the fact that we Americans are prone to speak indistinctly. Now the best thing to do when you have not heard a man's name distinctly is to make amends for this failure within a short time. Ask some one who knows the man what his name is. Better still go to the man in question and say: "I didn't quite understand your name. Will you set me right?" It is better to do this than to wait until you have to introduce the stranger to some newcomers and then to have to pause in making your introductions to ask the newcomer what his name is anyway.

A salesman who remembers customers' names is always an asset. And don't believe there is any special knack about it. It simply requires a little attention. Just think about the name the first time you hear it. Think about the name in association with some certain feature of the one



Good Way of Looking at It. If the weather doesn't happen to be good for my work today, it's good for some other man's, and will come round to me tomorrow.—Dickens. (Copyright by the Wheeler Syndicate, Inc.)

Glass Once Was Costly.

For many centuries glassmaking was a fine art known only to few. When the Book of Job was written glass was worth its weight in gold, and the Phoenicians seem to have traded glass beads as jewels among the savages of northern Europe, according to the Detroit News. It used to be thought that the ancient Egyptians at an early epoch anticipated the discovery made by the merchants of Sidon, for a drawing of two workmen apparently engaged in glassmaking had been discovered in a tomb of the eleventh dynasty. But the best authorities now agree that the drawing represents some other process of manufacture. The Sidonians certainly held for a long time the monopoly in glassmaking, and they spread the use of the new material throughout the Mediterranean. Later the Romans became admirable artists in glass.

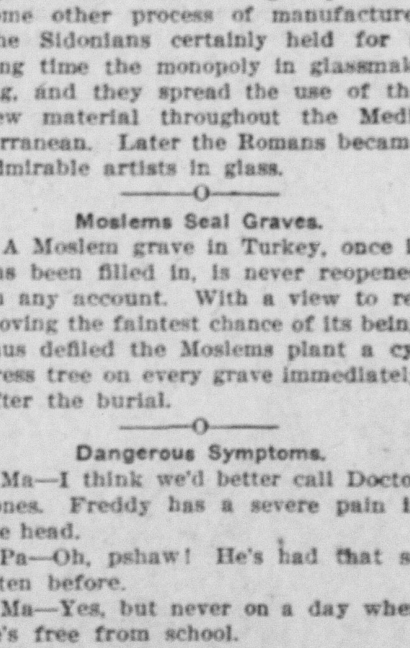
Moslems Seal Graves.

A Moslem grave in Turkey, once it has been filled in, is never reopened on any account. With a view to removing the faintest chance of its being thus defiled the Moslems plant a cypress tree on every grave immediately after the burial.

Dangerous Symptoms.

Ma—I think we'd better call Doctor Jones. Freddy has a severe pain in the head. Pa—Oh, pahaw! He's had that so often before. Ma—Yes, but never on a day when he's free from school.

Patsy Ruth Miller



As a rule it takes long hard work to get to the top in pictures. But it was easy for Patsy Ruth Miller, a beautiful seventeen-year-old "movie" star, who recently won a contract. She was visiting her parents in California when a director saw her at the beach and told her he wanted her in a photoplay. She worked in that picture, then went to another studio, handed in her photograph and promptly got another engagement. She was born in St. Louis, has dark brown hair, brown eyes and is 5 feet 2 1/2 inches tall. She has a vivacious manner and keen mind that give her decided personality.

Aspirin

Say "Bayer" and Insist!



Genuine

Unless you see the name "Bayer" on package or on tablets you are not getting the genuine Bayer product prescribed by physicians over twenty-two years and proved safe by millions for Colds, Headache, Toothache, Lumbago, Earache, Rheumatism, Neuralgia, Pain, Pain. Accept "Bayer Tablets of Aspirin" only. Each unbroken package contains proper directions. Handy boxes of twelve tablets cost few cents. Druggists also sell bottles of 24 and 100. Aspirin is the trade mark of Bayer Manufacture of Monocetatechloride of Salicylicacid.—Advertisement.

Overdoing the Optimism. "It is our duty to be cheerful under all circumstances." "I don't think so," replied Cactus Joe. "A man who can grin when he has had a full hand beaten is a mere hypocrite."

Don't Forget Cuticura Talcum

When adding to your toilet requisites. An exquisite face, skin, baby and dusting powder and perfume, rendering other perfumes superfluous. You may rely on it because one of the Cuticura Trio (Soap, Ointment and Talcum). 25c each everywhere.—Advertisement.

We should complain less of, and respect more, our daily task, since it is our greatest schoolmaster.

Dr. Peery's "Dead Shot" not only expels Worms and Tapeworms, but cleans out the mucus in which they breed and tones up the digestion. One Dose sufficient. If it fails, we will refund your money. 217 Pearl St., New York City.—Advertisement.

The recipe for perpetual ignorance is to be satisfied with your opinions and content with your knowledge.

Sure Relief FOR INDIGESTION



6 BELL-ANS Hot water Sure Relief. 25c and 75c Packages, Everywhere.

Skin Eruptions Are Usually Due to Constipation

When you are constipated, not enough of Nature's lubricating liquid is produced in the bowel to keep the food waste soft and moving. Doctors prescribe Nujol because it acts like this natural lubricant and thus replaces it. Nujol is a lubricant—not a medicine or laxative—so cannot gripe. Try it today.



WATCH THE BIG 4

Stomach-Kidneys-Heart-Liver. Keep the vital organs healthy by regularly taking the world's standard remedy for kidney, liver, bladder and uric acid troubles—



The National Remedy of Holland for centuries and endorsed by Queen Wilhelmina. At all druggists, three sizes. Look for the name Gold Medal on every box and accept no imitation. W. N. U., BALTIMORE, NO. 40-1922

A UNION OF INTEREST TO WOMEN

Healthy Housewife---Happy Home

Lydia E. Pinkham's Vegetable Compound Has Helped Form Many

For the ailing, half-sick housewife such a union is impossible. Often times even the slightest form of housework cannot be accomplished. Yet the work must be done. Many women struggle along for years suffering from some form of female trouble that make their lives miserable and their homes far from happy.

Lydia E. Pinkham's Vegetable Compound has helped thousands of just such women regain their health and strength. Just give your thought to the following letters and remember that the women who wrote these letters knew how they felt before taking the Vegetable Compound and again afterwards. It helped them—let it help you.

Had Nervous Spells

Horatio, Ark.—"I had nervous spells and awful bad feelings. My right side and my back hurt me all the time and I had been going down in health for six or seven years. For three years I had not been able to do my work without help. I weighed only 96 pounds when my husband's mother persuaded me to take Lydia E. Pinkham's Vegetable Compound. Now I heartily recommend it to all suffering women, as I have gained weight and health. I can do all my work, anything I want to do."—Mrs. JIM REARICK, Horatio, Arkansas.

Reading, Pa.—"I was a nervous wreck and could hardly do my housework. I always had to have help or I would never have got it done. Through the advice of friends I have been taking Lydia E. Pinkham's Vegetable Compound for my nerves and Lydia E. Pinkham's Blood Medicine for my blood and I am feeling fine and doing my work all alone. I can recommend these medicines to any one, for they certainly helped me. I suffered for five years and Lydia E. Pinkham's medicines pulled me through."—Mrs. WALTER U. STOVER, 1218 Mulberry St., Reading, Pa.

Recommends the Vegetable Compound

New Orleans, La.—"I have found relief from my troubles by taking Lydia E. Pinkham's Vegetable Compound and I praise it wherever I go. I could not do my work as it should be done for I would sometimes have to lie down because of the pains I had. A friend induced me to take your Vegetable Compound and I have got great results from it. I keep house and am able to do all my own work. I recommend your Vegetable Compound to my friends who have troubles similar to mine."—Mrs. T. FOECKLER, 1915 N. Derbigny St., New Orleans, La.

WESTERN CANADA

Wheat Growing, Cattle Raising and a Happy Home of Your Own

Prosperous Farms and Happy Homes await those who are desirous of enlarging their present resources and securing for themselves homes in a country that, while yet in its infancy, has made itself famous by the quality of the grain it produces and by the excellence of its live stock.

There are Millions of Acres

of the highest class of soil available for the man whose object in life is to become his own landlord, and who wishes to share in the opportunity which has given wealth to the thousands of Americans who, having started on Western Canada farms with but small means, are now writing home to their friends, telling of what they have done. Lands are cheap and homesteads farther from lines of railway are free to settlers. Upon these lands can be grown the best of wheat, oats, barley, flax, grass, hay, fodder, corn and sunflowers.

Cattle winter in most places without shelter; dairying is highly successful. Taxes only upon land (not on improvements). Perfect climate, attractive social conditions, good neighbors, churches, schools, telephones, excellent markets and shipping facilities.

For illustrated literature, maps, description of farm opportunities in Manitoba, Saskatchewan, Alberta and British Columbia, reduced railway rates, etc., write to

F. A. HARRISON, 308 B. Second St., Harrisburg, Pa. Authorized Agent, Dept. of Immigration and Colonization, Dominion of Canada.

10c Gives New Life to Old Stockings

Putnam Fadeless Dyes—dyes or tints as you wish