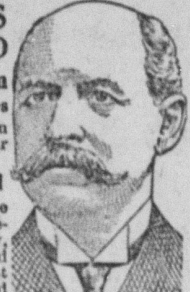


One Good Merchant in Every Town

can establish a profitable and permanent shoe business on limited capital through the W. L. DOUGLAS NEW SALES METHOD



W. L. DOUGLAS SHOES ARE THE WORLD'S BEST-KNOWN TRADE-MARKED SHOES

REMEMBER advertising W. L. DOUGLAS SHOES. No other shoes can equal W. L. DOUGLAS in quick sales

W. L. DOUGLAS SHOE CO., 10 Spak Street, Brockton, Mass.

INDICATIONS OF CORRECT DRIVER

Something More Needed Than Being Able to Stop, Start and Guide Car Along Road.

SOME UGLY DRIVING TRICKS

Among Most Common Practices That Result in Accidents Are Starting Ahead in Second Speed and Relaxing Vigilance.

The test of a good driver is not whether he is able to stop, start and guide the car along the road, but whether he is invariably considerate of the mechanism of his own vehicle

There are some bad driving tricks which are encountered every time you go out—ignoring the right-of-way rule, cutting corners, swinging around a corner without first going close to the curb

The careless, unmannerly driver is a poor driver, even though he may be expert in car control.

The simple mechanics of driving—the steering, the manipulation of gear shift lever, pedals and so on—are easily mastered.

Among the most common practices that result in needless accidents may be mentioned the following examples:

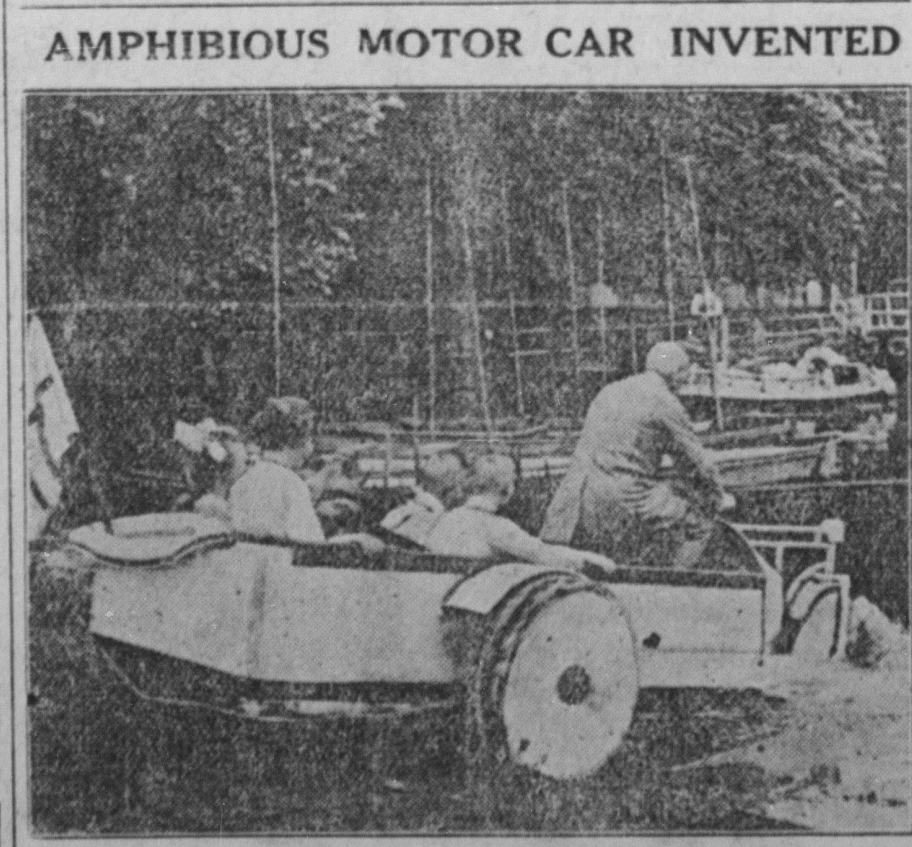
The first driver, Mr. A., was very proud of the car's acceleration equipment. After being held up by congested traffic he always started in second and was going twenty miles an hour before slower cars had got into motion.

One day he relaxed his customary vigilance and piled head-on into the rear of another car. First result: Two bent fenders and no headlights on his own car, plus two sheered spring clips on the car ahead, totaling a repair cost of \$125.00.

Next in line comes Mr. B. He was such a good driver that he could afford to be careless. He prided himself on knowing the bumps and other peculiarities of all roads in his neighborhood.

Here we find Mr. D. E. Eff, to whom driving had become like second nature. He could divide his brain into two parts, reserving the one for guiding the car around corners, speeding it up and down hills, avoiding bad spots in the road, and so on; and utilizing the other for entertaining his guests.

AMPHIBIOUS MOTOR CAR INVENTED



An amphibious automobile has been invented by Herr Karamol of Berlin, and the machine was recently given a successful test.

You Auto Know

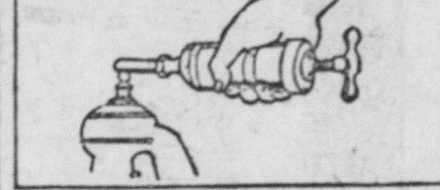
That if engine trouble develops which is not easily diagnosed, the chances are that the piston rings are at fault and it is therefore always well to examine these before delving further into the more delicate parts of the mechanism.

This may be done in a manner sufficiently accurate for all practical purposes by cranking the engine up to high pressure and then allowing it to stand for a minute or two before opening the pet or priming-cock to see if there is any compression left.

HIGH PRESSURE GREASE GUN

Implement Makes It Possible to Reach Almost Inaccessible Places on Automobile.

Almost inaccessible places can be reached by this grease gun which builds up a 500-pound pressure by one turn of the handle and ejects its contents into the grease cup by the



High Pressure Gun.

opening of a check valve at the nozzle. A small pin in the grease cup opens the valve. The handle of the gun need not be turned when the grease is ejected.

AUTOMOBILE NEWS

Test the valve springs for strength.

Keep spark well advanced and save gas.

Wash the car with a light stream and a sponge.

Soft water or clear rain water is best to use in the cooling system of the engine.

The varnish of a new car is benefited and hardened by washing with clear, cold water.

An excellent lubricant for small and exposed parts is a mixture of half and half engine oil and kerosene.

When grinding valves, be careful not to let particles of emery get into the cylinders.

An overloaded or an underinflated tire heats more rapidly than a properly loaded or properly inflated tire.

When a car has been standing idle for some time drain the float chamber of the carburetor. This will get rid of any sediment or water.

It is customary to overhaul a motor at least once a year. The valves are ground, carbon removed, bearings refitted and worn parts rebushed or replaced.

COOK GOOD MEAL WITH SLOW FIRE

Fireless Cooker Eliminates Necessity of Hot Stove.

ADAPTABLE TO TOUGH MEATS

Principle of Device is Retention of Heat Long Enough to Complete Cooking of Food—Plan of Construction Outlined.

Now that summer is at hand the housewife turns her thought to meals which require as little heat as possible to prepare, or to those devices by which a good meal can be cooked without staying constantly in a hot kitchen while doing it.

The principle of home-made and commercial fireless cookers is the retention of the heat in the food long



Wooden Pail Good for Fireless Cooker.

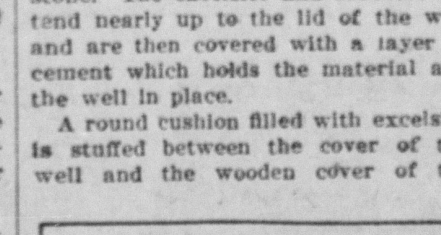
enough for it to be sufficiently cooked. This is accomplished by first heating the food thoroughly over the stove in the cooking utensil and then placing the latter in a fireless cooker which is so insulated that the heat will be retained for sufficient time to complete the cooking.

A home-made fireless cooker may be made out of a wooden box or pail of sufficient size. A wooden candy pail 16 inches in diameter, standing 15 inches high, has been made into a fireless cooker by the United States Department of Agriculture.

The outside of the pail is enameled white, as this gives it a finished appearance, makes it smooth to handle, and easy to clean. The inside of the pail is lined with six thicknesses of heavy brown paper and then with several inches of excelsior. A tin can, with a well-fitting lid, such as can be purchased to keep sugar or flour in, forms the center well. This must be large enough to hold a cooking utensil of practical size.

Asbestos is Essential. Directly around and under the center well, and between it and the excelsior is placed asbestos sheeting at least 3/4 inch thick.

A round cushion filled with excelsior is stuffed between the cover of the well and the wooden cover of the



Cross Section of Home-Made Fireless Cooker.

cooker, and then it is ready for use. Soapstones of various sizes may be purchased at hardware stores. Flat stones, such as are picked up in some sections of the country, may be used.

Farmers' Bulletin 771, "Home-made Fireless Cookers and Their Use," may be had without cost upon application to the Department of Agriculture, Washington, D. C.

Inexpensive Variety of Foods. It is worth remembering, the United States Department of Agriculture reminds the housekeeper, that bread and milk, rusks and milk, and crackers and milk all have much the same food value as breakfast foods and milk, and often furnish a convenient and inexpensive variety.

MISTAKES TO AVOID WITH POTATO SALAD

Overcooking or Too Much Stirring Is Harmful.

Evenly Cut Small Dice Are More Attractive Than Large Chunks—Introduce Onion Flavor by Squeezing Juice Out.

In making potato salad it is well to avoid overcooking the potatoes, also to avoid too much stirring, or the salad will be mushy and unappetizing.

A well-flavored potato salad may be made by cooking a tablespoonful of finely chopped onion in bacon fat until tender, then adding a tablespoonful of chopped celery and two cupfuls of sliced raw potatoes.

Butter and Cream Are Most Important in Diet of Growing Children—Nuts Are Good.

Fats and fat foods, such as butter, lard, suet, tallow and cooking fats, oil, bacon, salt pork, pork sausages, chocolate, cream, and all nuts, except the chestnut, have a higher fuel value as a class than any other group of foods.

Fats add flavor and richness to the diet, but since they are such concentrated fuel foods, are often used in excess of the amount needed.

Roast Pork With Pudding. A dish corresponding to the Yorkshire pudding, which is frequently served with roast beef, can be made out of corn meal to serve with roast pork, says the United States Department of Agriculture.

Place the milk, corn meal and salt in the top of a double boiler and cook them about ten minutes, or until the meal has expanded to form a thorough mixture. After the mixture has cooled, add the eggs well beaten.

Start the hot-weather season with a good garbage can.

The ends of worn tablecloths make very nice tray cloths.

Dull files are sharpened when laid in dilute sulphuric acid.

Use a small painter's brush to remove dust from rattan chairs.

A meringue baked slowly in a warm oven with the door open will not fall.

Beat cocoa with an egg beater just before serving and scum will not form on the cups.

Just before serving an omelet pour over it pimentos or canned peas in a cream sauce.

Arrange sausage around mound of mashed potatoes and garnish with brussels sprouts.

Persons who have difficulty in getting to sleep say that a glass of buttermilk at night helps.

Instead of frying salmon croquettes, bake in custard cups, turn out and serve with spiced tomato sauce.

In sewing lace to the top of a corset cover do not allow any fullness, but rather hold the lace a little snug.

Ribbon flowers are quite the rage of the hour. They appear on hats, as a bodice ornament and on lingerie.

When making apple sauce and you find that the apples are tasteless add a small amount of chopped mint.



Dr. Kellogg's Asthma Remedy for the prompt relief of Asthma and Hay Fever. Ask your druggist for it. 25 cents and one dollar. Write for FREE SAMPLE.



It's toasted. This one extra process gives a delightful quality that can not be duplicated.

They'll Leave Together. Jud Tunkins says lending a friend an umbrella is a sign you don't care much if you lose both.

FREEDOM FROM LAXATIVES

Discovery by Scientists Has Replaced Them.

Pills and salts give temporary relief from constipation only at the expense of permanent injury, says an eminent medical authority.

Science has found a newer, better way—a means as simple as Nature itself.

In perfect health a natural lubricant keeps the food waste soft and moving. But when constipation exists this natural lubricant is not sufficient.

Close Quarters. "I suppose you take the Sunday papers?" "No; they crowd our flat too much."

WOMEN NEED SWAMP-ROOT

Thousands of women have kidney and bladder trouble and never suspect it. Women's complaints often prove to be nothing else but kidney trouble, or the result of kidney or bladder disease.

Pain in the back, headache, loss of ambition, nervousness, are often times symptoms of kidney trouble.

Don't delay starting treatment. Dr. Kilmer's Swamp-Root, a physician's prescription, obtained at any drug store, may be just the remedy needed to overcome such conditions.

Well Stuffed. "Take a book along," an ad advises vacationists. They'd better—a pocket-book.—Boston Transcript.

SHE DYED A SWEATER, SKIRT AND CHILD'S COAT WITH "DIAMOND DYES"

Each package of "Diamond Dyes" contains directions so simple any woman can dye or tint her worn, shabby dresses, skirts, waists, coats, stockings, sweaters, coverings, draperies, hangings, everything, even if she has never dyed before.

Incurable. "Doctor, can you help me? My name is Boggs." "Sorry, my dear sir. I can't do anything for that."—Boston Transcript.

MURINE Night Morning Keep Your Eyes

Clear, Clean and Healthy. Write for Free Eye Book Murine Co., Chicago, Ill.

You Need HANCOCK SULPHUR COMPOUND

Physicians agree that sulphur is one of the most effective blood purifiers known. For pimples, black-heads, freckles, blotches, and tan, as well as for more serious face, scalp and body eruptions, hives, eczema, etc., use this scientific compound of sulphur.

PARKER'S HAIR BALSAM. Restores Color and Beauty to Gray and Faded Hair.

HINDER CORNS. Removes Corns, Old Sores, etc., cures all the causes of the feet, makes walking easy.

Ladies Wanted. Earn \$20 Weekly at Home. Share Time, Addressing and Mailing Our Music Circulars—No experience necessary.

MAN WANTED. Man of good reputation, clean habits, and strictly honest, to represent a wonderful line of fine-fitting, made-to-order men's suits.

Cuticura Soap. IS IDEAL For the Hands. Soap 25c, Ointment 25 and 50c, Talcum 25c.

Women Lawmakers Assisted. The parliament building in Stockholm is equipped with a special suite of rooms for the convenience of the women members of the Swedish national lawmaking body.

A man who probably knows says there never was a meal so expensive as the free lunch.

No-Way Stretch SUSPENDERS. A full year's wear or more guaranteed (fit and size). Men's Garters (50c) and Hosiery Supporters (all sizes, 25c).

WHITE STAINLESS ALBASAN PILE SALVE. Cleans White Ointment—Will Not Stain Clothing. If you suffer from Piles or Hemorrhoids of any kind send for a jar of ALBASAN and get quick relief.

WATSON'S PILLS. SPEEDY RELIEF FOR CONSTIPATION.