

Whole System Is Benefited by Tanlac

Thousands of frail, nervous people and convalescents everywhere have testified to the remarkable power of Tanlac in bringing back their health, strength and working efficiency. It seems to quickly invigorate the constitution, and is a powerful foe of weakness. Mrs. George G. Owen, of Salem, Oregon, says:

"My nerves were upset and the little I ate wasn't enough to keep up my strength, so I lost weight and became so weak it seemed I had no energy at all. Tanlac restored my health completely, and I gained twelve pounds in weight."

There is not a single portion of the body that is not benefited by the helpful action of Tanlac. It enables the stomach to turn food into healthy blood, bone and muscle, purifies the system and helps you back to normal weight. Get a bottle today at any good druggist.—Advertisement

At the Brink.

"Can I ford this stream?"
"You kin on a horse. Kin your car swim?"

CRAMPS, PAINS AND BACKACHE

St. Louis Woman Relieved by Lydia E. Pinkham's Vegetable Compound

St. Louis, Mo.—"I was bothered with cramps and pains every month and had backache and they had to go to bed as I could not work. My mother and my whole family always took Lydia E. Pinkham's Vegetable Compound for such troubles and they induced me to try it and it has helped me very much. I don't have cramps any more, and I can do my housework all through the month. I recommend your Vegetable Compound to my friends for female troubles."

Mrs. DELLA SCHOLZ, 1412 Salisbury Street, St. Louis, Mo.

Just think for a moment. Lydia E. Pinkham's Vegetable Compound has been in use for nearly fifty years. It is prepared from medicinal plants, by the utmost pharmaceutical skill, and superior methods. The ingredients thus combined in the Compound correct the conditions which cause such annoying symptoms as had been troubling Mrs. Scholz. The Vegetable Compound exercises a restorative influence of the most desirable character, correcting the trouble in a gentle but efficient manner. This is noted, by the disappearance, one after another, of the disagreeable symptoms.

Continued Performance.

Apsley—"That American girl plays the harp like an angel." Ripp—"Yes; she even talks with a twang."

Sure Relief FOR INDIGESTION



6 BELL'S Hot water Sure Relief BELL-ANS 25¢ and 75¢ Packages, Everywhere

SQUEEZED TO DEATH

When the body begins to stiffen and movement becomes painful it is usually an indication that the kidneys are out of order. Keep these organs healthy by taking

GOLD MEDAL BARKLEY OIL CAPSULES

The world's standard remedy for kidney, liver, bladder and uric acid troubles. Famous since 1896. Take regularly and keep in good health. In three sizes, all druggists. Guaranteed as represented. Look for the name Gold Medal on every box and accept no imitation.

Ladies Let Cuticura Keep Your Skin Fresh and Young

Soap 25c, Ointment 25 and 50c, Talcum 25c.

These Days Are All Alike. On the Pacific Island of Nauru the sun rises at 6 and sets at 6 the year around; there is no daylight-saving there. The only change of seasons is when the "westerlies" come in the rainy season. These tropical rains descend with great violence. In the year following the three years' drought, there was a rainfall of 150 inches, 10 inches falling in one night.

MURINE Night and Morning. Have Strong, Healthy Eyes. If they Tingle, Itch, Smart or Burn, if Sore, Irritated, Inflamed or Granulated, use Murine often. Soothes, Refreshes. Safe for Infant or Adult. At all Druggists. Write for Free Eye Book. Murine Eye Remedy Co., Chicago

"REB" RUSSELL MAKING GOOD AS SLUGGER WITH PITTSBURGH TEAM



PHOTO BY F. FOURNIER

Purchase of Elwell A. ("Reb") Russell by the Pittsburgh National league club from Minneapolis American association team recalls the interesting baseball career of the slugging Miller outfielder, who in ten years rose to a major league star as a pitcher, pitched a world's series, then after a reversal of form, became one of the hardest-hitting players in the American association.

His major league days date from 1912 until 1919, when he was with the Chicago Americans, and for a time the White Sox' leading pitcher. The heights of his career came in 1917 when he pitched in the world's series between the White Sox and the New York Giants.

The story of his rise to fame dates back ten years to 1912. His ball playing began at Benham in northern Texas in that year. He finished a sensational year with the Fort Worth club and was purchased by Charles Comiskey, owner of the Chicago team. The erstwhile southpaw pitching luminary was twenty-three years old then. He continued with the White Sox until 1919, when he was released because of his ineffectiveness.

Early this year Barney Dreyfuss saw the immediate need of a consistent stickler in the Pirate lineup, and so Reb—considered a castoff—re-entered the big show—and what a vindication! In a recent game against the Phillies he smashed out eight hits in nine trips to the pan. Which clearly shows you never can tell the eventual fate of a southpaw heaver.

HOTTEST GAME OF YEAR

The "hottest" baseball game in the United States this year is believed to be that played at Death Valley Junction, Cal., on July 4, when the thermometer stood at 121 degrees while teams from the nearby borax mines and from the mining camp of Shoshone contested for the championship of that part of the Mojave desert. Two hundred spectators displayed much enthusiasm, despite the fact they did not have any protection from the sun.

MANAGER GOOD IS VETERAN

Leader of Kansas City Blues Has Played Ball With Several Major League Teams.

Manager Wilbur Good of the Kansas City Blues is a veteran in baseball, having started in the game in 1904 when he was both a pitcher and outfielder. During his career he played with the New York Americans,



Manager Wilbur Good.

Cleveland, Philadelphia Athletics, Boston Nationals and the Chicago Cubs. At one time he was with Baltimore in the International. He was playing with the Cubs when sold to the Kansas City club.

Sox Buy Catcher.

Jim R. Long, catcher for the Oklahoma City Western league club, has been sold to the Chicago Americans for fall delivery.

Diamond Squibs

Bloomington released the veteran Frank Romine and Danville took him on.

Ball players of the big leagues are said to be planning the organization of another brotherhood.

The last will be first, but it may take years if it is the Red Sox you happen to be thinking about.

So hit that when you become thirty-seven years old like Ty Cobb, you will have the title of "grand old man."

With Manager Joe Berger again able to return to the game the Wichita club has released infielder Carl Manda.

Is the old-time medical theory of like curing like exploded by the fact that an umpire became ill from eating

They pay money for a ball player named Nick Dumovich, which shows that scouts don't pick them for their names.

Instead of New Orleans sending Pitcher John Miljus to Beaumont of the Texas league, he was released to Nashville.

The major leagues have a rule that a player drafted cannot be sold or traded to a nondraft league for a year after he is drafted.

Second Baseman Gorman of Des Moines is out of the game as a result of being hit in the eye with a foul tip during batting practice.

Golf fascinates, that's why so many ball players are taking to it, but taking to it as recreation. Baseball, for the professional, becomes work.

If the Pirates keep up their wild work, some one will discover that "Bill McKechnie is a manager—that he has the divine touch of the baseball leader.

Chamber of commerce officials at Lakeland, Fla., have announced that the Cleveland American league baseball club will train there next spring.

A deal is on, it is stated, for a group of Newark citizens, headed by several city officials and politicians, to purchase the Newark International league franchise.

One learns to swim by watching the big stars about as much as one learns to play golf by observing golf-don'ts cracks.

Chick Galloway's transformation into a good batter is one of the season's baseball sensations. In a recent series at Cleveland he made ten hits out of twenty times at bat.

LEE KING'S NEW BAT

When Lee King was serving his first enlistment as a Giant, he and Art Nehf used the same model bat. Returning to the Giants the other day, King greeted Nehf: "Well, old boy, I got a bat now that you and I sure can plaster the apple with."

"Yeh?" queried Art.

"Yeh," was the answer. "It's a special model. I went to the factory and told 'em how to make it and saw 'em do it."

"What's it like?" Nehf wanted to know.

"Well," said King, "the hitting end of it is a Lee King model; the handle is a Babe Ruth, and it's got a George Sisler knob on the end of it."

QUICK STROKE WINS FAME FOR W. HOOVER

Duluth Sculling Marvel Is Attracting Much Attention.

Experts Are Agreed That Marvellous Speed Displayed by New Champion Is Due to His Peculiar Stroke—Style Original.

Walter Hoover, the Duluth sculling marvel, whose phenomenal rise to the pinnacle of boatmanship has attracted international attention, achieved his coveted position by virtue of a particular style of rowing which aspirants to his title may have considerable difficulty in mastering.

Boating experts are agreed that the marvelous speed of the new world's champion as displayed in the English Henley regatta is due to his peculiar stroke, a short, swift movement which,



Walter Hoover, Duluth Sculling Marvel.

In actual test during the Thames competition, produced as high as 58 complete strokes a minute. Nothing in the annals of aquatic sports reveals that any other follower of the sculls was capable of such execution, and, admittedly, there were none at the English water sweepstakes who were even closely matched with the Duluth lad in point of technique.

Hoover's mastery style is self-originated, according to those who have watched him through his long and arduous training since he left his employment as an engineer in the old home town to seek the sculling championship of the world, and even the title holder himself is not wholly able to define or explain the creation of his stroke.

During his first six years' connection with the Duluth Boat Club Hoover was uncertain as to his particular ability with the oars and he was doubtful in what division his efforts would eventually place him, but during that time he followed closely his own set rules for physical training.

Hoover did his first rowing in 1913, and in the nine years' interim before he won the world's title he guarded his physical self religiously. During this time he was a woodsman, factory worker, soldier on the Mexican border, student and engineer. When he finally decided upon a sculling career in 1921 he had every physical advantage, and this, according to experts, enabled him to develop his style to perfection and triumph over the best scullers in the world.

INTERESTING SPORT NOTES

Japanese girls have taken up athletics, 200 competing in a Tokio meet.

The California vs. Stanford football game will be played at Palo Alto November 25.

The greatest match player in America, says George Duncan, who should know something about it, is Walter Hagen.

One learns to swim by watching the big stars about as much as one learns to play golf by observing golf-don'ts cracks.

Georges Michel, French long distance swimmer, who set out for Boulogne in an attempt to swim the English channel was forced to give up the attempt.

WRIGLEYS



I'm telling you "Chew it after every meal"

The Perfect Gum

Made of purest materials—
In modern, sanitary, sun-lit factories—
No expense spared to make it wholesome and full of flavor—
Wax-wrapped and sealed to keep it good:
WRIGLEY'S is bound to be the best that can be made!

It's good—and good for you

aiding digestion
whitening teeth
clearing breath

Soothing to over-wrought nerves and a general pick-me-up.



The Drive.
"He's an excellent driver."
"Auto, golf or charity fund?"—Detroit Free Press.

The Cuticura Toilet Trio.
Having cleared your skin keep it clear by making Cuticura your every-day toilet preparations. The Soap to cleanse and purify, the Ointment to soothe and heal, the Talcum to powder and perfume. No toilet table is complete without them.—Advertisement.

Point of Resemblance.
"That new man I hired reminds me of a steam engine." "Good worker, eh?" "No; good whistler."

"Dead Shot." Dr. Peery's Vermifuge, is not a "loosener" or a "cathartic" but a real old-fashioned dose of medicine, which cleans out Worms or Tapeworm with a single dose. Money back if not satisfied.—Advertisement.

No Doubt.
Wife—John, I wish you would stop saying "Gad!" I don't like it.
Hub—I'll make a bargain with you, my dear; I'll stop my Gadding if you'll stop yours.—Boston Transcript.

ASTHMA

DR. J. D. KELLOGG'S ASTHMA REMEDY

For the prompt relief of Asthma for Hay Fever. Ask your druggist for it. 25 cents and one dollar. Write for FREE SAMPLE. Northrop & Lyman Co., Inc., Buffalo, N.Y.

Might Have Been Accidental.
"You speak of my poem as an 'effusion.'"
"Why not?" snarled the editor.
"I wrote it laboriously. It was not dashed off."
"I'm willing to admit that it shows some evidence of thought and application on your part. In twelve stanzas of four lines each you made twenty-four attempts to rhyme. In two instances you succeeded."—Birmingham Age-Herald.



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Just mix Alabastine with water cold or hot and apply to any interior surface. The sure result is beautifully tinted walls in exactly the color you wish.

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