

HER AILMENTS ALL-GONE NOW

Mrs. Sherman Helped by Lydia E. Pinkham's Vegetable Compound

Lake, Michigan.—"About one year ago I suffered with irregularities and a weakness and at times was obliged to stay off my feet. I doctored with our family physician and he finally said he could not understand my case, so I decided to try Lydia E. Pinkham's Vegetable Compound. After I had taken the first bottle I could see that I was getting better. I took several bottles of the Vegetable Compound and used Lydia E. Pinkham's Sanative Wash and I am entirely cured of my ailments. You may publish this letter if you wish."—Mrs. MARY SHERMAN, Route 2, Lake, Mich.

There is one fact women should consider and that is this. Women suffer from irregularities and various forms of weakness. They try this and that doctor, as well as different medicines. Finally they take Lydia E. Pinkham's Compound, and Mrs. Sherman's experience is simply another case showing the merit of this well-known medicine.

If your family physician fails to help you and the same old troubles persist, why isn't it reasonable to try Lydia E. Pinkham's Vegetable Compound?

Some Lawyers Do. "You didn't take that divorce case?" "No. When I asked my fair visitor what grounds she had for seeking a divorce from her husband she said she'd met another man who was a 'perfect dear.'" "Umph!" "I flatter myself that I'm a pretty fair lawyer, but I didn't see how I could go into court and argue a case like that!"

Makes Hard Work Harder

A bad back makes a day's work twice as hard. Backache usually comes from weak kidneys, and if headaches, dizziness or urinary disorders are added, don't wait—get help before the kidney disease takes a grip—before dropsy, gravel or Bright's disease sets in. Doan's Kidney Pills have brought new life and new strength to thousands of working men and women. Used and recommended the world over. Ask your neighbor!

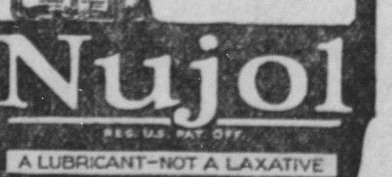
A Virginia Case

A. J. McCullough, carpenter, River St., Appaia, Va., says: "I caught a severe cold and it settled on my kidneys and back. I suffered with pains in my back and it was difficult for me to get around. The kidney secretions were too frequent in passage and painful. Doan's Kidney Pills cured me of that attack and since then I have taken Doan's occasionally as a preventive."

Get Doan's at Any Store, 60c a Box
DOAN'S KIDNEY PILLS
FOSTER-MILBURN CO., BUFFALO, N. Y.

Piles

are usually due to straining when constipated. Nujol being a lubricant keeps the food waste soft and therefore prevents straining. Doctors prescribe Nujol because it not only soothes the suffering of piles but relieves the irritation, brings comfort and helps to remove them. Nujol is a lubricant—not a medicine or laxative—so cannot gripe. Try it today.



VICTIMS RESCUED

Kidney, liver, bladder and uric acid troubles are most dangerous because of their insidious attacks. Heed the first warning they give that they need attention by taking

GOLD MEDAL HARLEM OIL CAPSULES

The world's standard remedy for these disorders will often ward off these diseases and strengthen the body against further attacks. Three sizes, all druggists. Look for the name Gold Medal on every box and accept no imitation.

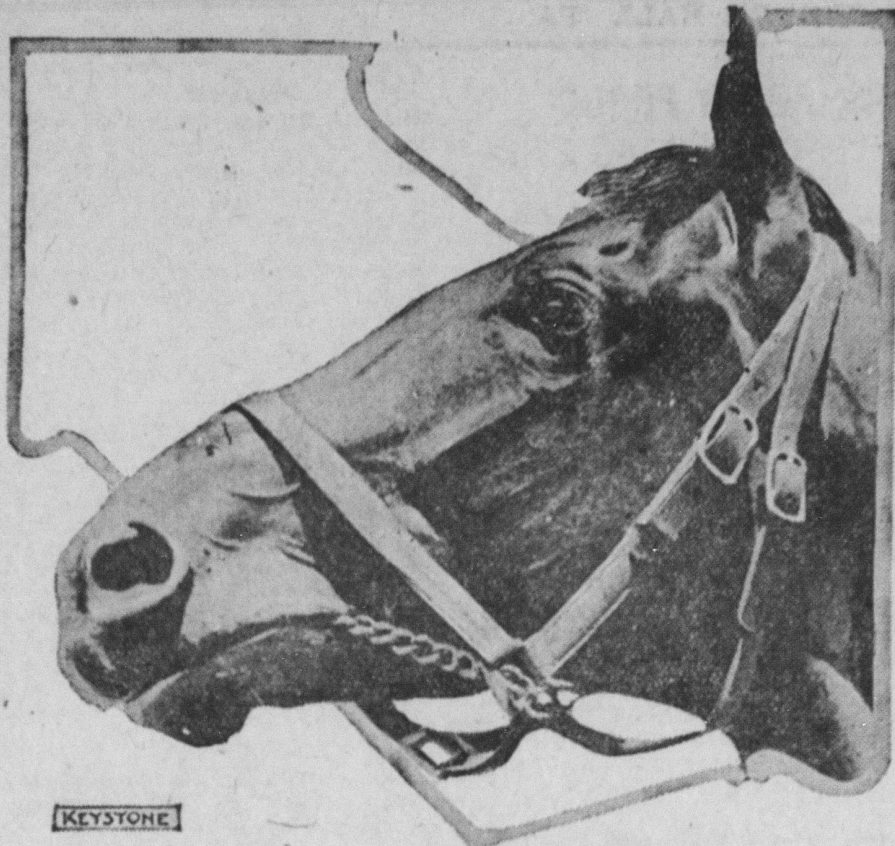
New Hair

to replace old, should be growing all the time. It will if you use Q-Ban Hair Tonic—Don't get bald, get Q-Ban today—It's much more pleasant. At all good drug stores, or direct from HESSIG, ELIAS, Chemist, Newark, N. J.

Cuticura Soap AND OINTMENT Clear the Skin

Soap 25c, Ointment 25 and 50c, Talcum 25c.

HORSES OF TODAY INFERIOR TO THOSE OF PAST, SAYS TRAINER



KEYSTONE

Whiskaway, the Conqueror of the Great Morvich.

"Whiskaway beat Morvich easily, but I believe that his stablemate, Olympus, can beat either of them, and that coming races will demonstrate the fact."

That is the opinion of James Rowe, Jr., who with his father, James Rowe, has charge of the stable of H. P. Whitney, from which came the runner that defeated the hitherto unbeaten Morvich.

Average Lot of Horses.

Rowe does not entertain a high opinion of the crop of three-year-olds now racing. He says:

"The three-year-olds running today are just an average lot.

"There is none of them that can be compared to Collin, Sysonby or Man o' War."

"True, some of them stand out from the rest, but not like the wonder horses of the past did.

"Morvich won the derby, but there was no class to the field he beat.

"Whiskaway won over Morvich, but

there was nothing remarkable in the performance.

Tracks Are Improved.

"The public in enthusing over the present day horses forgets or does not know what a great improvement has been made in the race tracks.

"Why, the old tracks were like plowed fields in comparison with those of today.

"Contending against such conditions, the wonder horses of the past displayed phenomenal stamina and speed.

"At Saratoga, Collin, after going a mile, went the next quarter in 23 seconds, when pressed.

"Yet today, if a sprint horse does six furlongs in 1:10, he is considered to be an exceptionally fast horse.

"And I remember when a piece of paper blew across the track in front of Sysonby after he had gone 1 1/2 miles. He turned in the next furlong in 11 1/5 seconds."

SILENCE APPRECIATED

Newcomers to the game of golf should be informed that it isn't advisable to make audible remarks about players. When you see a player miss the ball or drive it into the woods, of course there are numerous funny remarks which may be made about the proceeding, but it is not always a display of wisdom to do it. Once upon a time, when a player missed the ball on the tee a spectator called attention to the fact. After the spectator got out of the hospital he spent most of his time advising against the practice, until now it has gone out of fashion.

ALEXANDER OF CUBS RETAINS EFFICIENCY

Pitcher Is One of Real Veterans of National League.

Age Is Not Interfering in Any Way With His Being One of Stars of Game—Gave His Arm Needed Rest Last Winter.

Grover Alexander of the Cubs is one of the real veterans of the National league. He is nearing his goal as a pitcher, but that is not interfering in any way with his being one of the stars of the game today despite the fact that it is considered harder to pitch consistently than it was years ago. There are two reasons for this:



Grover Cleveland Alexander.

The ball is believed to be much livelier and the batters are not as conservative in their hitting, taking a cut at the ball at any old time.

Alexander believes it is more of a puzzle to pitch at present than in other years because the hurler never knows when the man at the plate will hit. In the old days if the count were two and nothing or three and nothing the twirler could lay the ball over the plate without fear of having it driven over some fence, but he cannot do that in these days. He has to bear down at all times.

Yet with this change in the system of playing ball Alexander continues to shine and thus far is the most consistent winner on the Cub team. He is far from being through.

Alexander attributes his success to the rest he gave his arm in the winter at Catalina island. He went there on the advice of the club's doctor, who examined and treated his wage arm before the season closed. Doctor Pitts found a ligament out of place and slightly stretched back of the elbow, and told the big twirler the only thing that would help him was a thorough vacation. Alexander took it and said he has not had a bit of trouble with it this season. The only stiffness he has felt has been in the shoulder, and he says that comes after every game and works out the next day.

INTERESTING SPORT NOTES

Harry A. Bolles, of the State of Washington, will lead the Naval Academy crew next season.

Golf not only improves your health, but enables you to understand the jokes in the comic weeklies.

College training is an aid to a baseball player. It enables him to write his own stuff for the newspapers.

There's a lot of people who still sneer at tennis, who wouldn't be able to last long in tennis competition.

Building a ball club is a costly experiment, particularly in these days when building material is \$100,000 per head.

A. G. Hill, the champion miler of England, has retired. Hill won the 800 and 1,500 meter races in the Antwerp Olympics.

There are a great many reasons why champion boxers do not box more. One is their managers—the others do not count.

Diamond Squibs

Little Fonseca of the Reds is playing a whale of a game.

All pitchers look pretty much alike to the great Hornsby.

Frankie Frisch is playing sensational ball for the Giants around the far corner.

The Kansas City club had no trouble of ridding itself of Jose Acosta by peddling him to Mobile.

One of the best infielding prospects in the Kitty league appears to be Ed Taylor, third basing for Cairo.

Joe Boley, Baltimore's crack shortstop, was the first international league player to collect a hundred safe hits.

One of these days the management of the Yanks will take out \$100,000 insurance on Babe Ruth's temperament.

Manager Connie Mack, of the Philadelphia Americans, suspended Pitcher Roy Moore for indifferent playing.

Opinion is that the owners of the St. Louis Cardinals now control the Syracuse club of the International league.

Bill Lamar, the Rockville, Md., lad, is slugging the ball for Toledo in the American association to the tune of .371.

Art Wilson, former National league catcher, now managing Hopkinsville, has his club going at a fast gait of late.

The best compliment in all history to ball players is that of Clark Griffith, who says they are 98 per cent. right.

Babe Ruth says they are knocking him, but he should bear in mind that he has been doing considerable of that himself.

Ollie Pickering, veteran of the majors of twenty years ago, was released as manager of Paducah because he couldn't play regularly.

"Red" McColl, pitcher with the St. Joseph club of the Western league, and formerly with Toledo, has joined the Minneapolis American Association club.

The home runs of Williams, Ruth and Hornsby won't at all make the oldtimers forget the slugging feats of Delehanty, Keeler, Brouters, Burkett and their kind.

Yean Gregg, veteran southpaw, is still able to win ball games. He is with Seattle in the Coast league, and has defeated Portland four times already this season.

Billy Back, left-handed pitcher, with Worcester last season, is back in the Eastern league, the Waterbury club having purchased his release from Rochester of the International.

TRIED MIXING 'EM UP

Ivy Wingo, catcher of the Cincinnati Reds, and one of the best story tellers in the league, sprung this one recently:

Hub Purdue was pitching for the Braves and struck out the first time up while batting right-handed. On his next trip he tried it left-handed, and whiffed again.

"Try mixing them up," said Manager Stallings. "Maybe you'll do better."

Up went Hub for the third trial. Hitting right-handed, he swung madly and missed two balls. Then he switched to the other side of the plate. He hit at the third strike and was out.

Walking back to the bench, he looked at Stallings and yelled: "Guess that's mixing 'em up, eh, Boss?"

JOE BECKER AGAIN UMPIRE



Joe Becker, for several years an umpire in the Western league, but who gave up the indicator to become business manager of the Joplin club of the Western association, can't keep out of the turmoil. He has resigned the Joplin position to become an umpire in the Three-I league.

GAME MUCH LESS SCIENTIFIC

Baseball Consists Largely of Batter Socking the Too Sensitive Ball to All Parts.

Is the world advancing? Baseball isn't. The game is more popular than ten years ago, but not as scientific. It is as scientific tactically, but not in a mechanical way. It consists largely of the batter socking the too sensitive ball and of vicissitudes for the fielders in trying to stop it.