

Thousands Have Kidney Trouble and Never Suspect It

Applicants for Insurance Often Rejected.

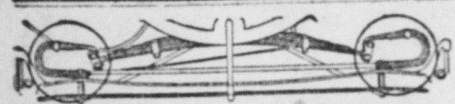
Judging from reports from druggists who are constantly in direct touch with the public, there is one preparation that has been very successful in overcoming these conditions. The mild and healing influence of Dr. Kilmer's Swamp-Root is soon realized. It stands the highest for its remarkable record of success.

An examining physician for one of the prominent Life Insurance Companies, in an interview on the subject, made the astonishing statement that one reason why so many applicants for insurance are rejected is because kidney trouble is so common to the American people, and the large majority of those whose applications are declined do not even suspect that they have the disease.

Dr. Kilmer's Swamp-Root is on sale at all drug stores in bottles of two sizes, medium and large. However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper advertisement.

As much of heaven is visible as we have eyes to see.

Coupons are the real outlets of the golden calf.



GREY GOOSE Shock Absorbers

Simple and marvelously efficient. Reduces car spring breakage. Easily and quickly attached.

Performance guaranteed. Money back if not satisfied. Order at once through your garage or dealer, or direct from us. Attractive proposition for dealers and special agents. Write at once.

F. C. MANNING CO.
Wholesale Distributors for Mid-Atlantic States.
57 Spring St. Newark, N. J.



FORD CARS
\$1000
Four



Use 100% Pure Varnish and note how much better it wears, how long the brilliant lustre lasts, and how beautifully it brings out the grain of the wood. Varnishes sold with resin, or benzine, or containing coloring matter, will not give the same results.

MARTIN'S 100% PURE VARNISH
contains nothing but pure gums, oils and turpentine. Superior to all in appearance and durability for floors and interior woodwork, including tables, chairs and other furniture. A leading dealer in most communities can supply you. Write for name of dealer near you.

MARTIN VARNISH CO., Chicago, Ill.
Makers of 100% Pure Varnishes

Army Fiber Supply Chest Reclaimed



These chests are made of the best fiber and were used by the Government. They cannot be bought under \$25 when new. Made like steamer trunks, good for automobile travel, theatrical purposes, also can be used by contractors as tool chests. Size is 40 in. long, 21 in. wide and 14 in. deep. Prepaid orders promptly filled. Price \$5.50 each or 2 for \$10.00.

S. Meltzer, Army and Navy Store
513 Walnut St., Harrisburg, Pa.

Leggett & Myers
KING PIN PLUG TOBACCO
Known as "that good kind"
Try it—and you will know why

VACATION TRIPS

One Way	By Sea	Round Trip
\$20.40	BOSTON	\$40.80
18.90	PROVIDENCE	37.80
24.78	SAVANNAH	39.65
30.96	JACKSONVILLE	49.54

Meals and stateroom accommodations on steamer included. Extra charges for preferred space.
Through tickets to principal points. Full information on request.

MERCHANTS & MINERS TRANSPORTATION CO.

513 Pratt St. BALTIMORE, Md. Tel. Plaza 4200

Salesmen, Distributors, Agents Wanted

to sell True Fruit soft drink flavors. All trades handle. Mighty good summer proposition. Selling to homes, salary or commission.

Haag & Haag, Inc., Rochester, N. Y.

MEN OVER 18; COMMON EDUCATION. \$15-\$190 monthly. Railway mail and other government positions. List free. George Stewart, 1-11 Columbus Circle, New York.

Stop Your Ailments, gain weight, strength, "Muscle Control," \$1 postpaid. Natural health builder. Results guaranteed. Health Protection Society, A-522 N. Charles, Baltimore, Md.

W. N. U., BALTIMORE, NO. 25-1922.

CUT ALFALFA AT CORRECT PERIOD

Best Plan to Delay Harvesting Until the Plants Are Nearly in Full Bloom.

LIFE OF STAND LENGTHENED

Recommended That Crop Be Given Time to Reach Height of 6 to 8 Inches Before Cold Weather Shuts Off the Sap Flow.

(Prepared by the United States Department of Agriculture.)

Delaying the cutting of alfalfa until it is nearly in full bloom has been found a better practice than mowing it soon after blooming starts. Trials made by the United States Department of Agriculture and state experiment stations indicate that the yields are larger over a period of years, and that the life of the stand is prolonged by delaying harvesting until the plants are nearly in full bloom.

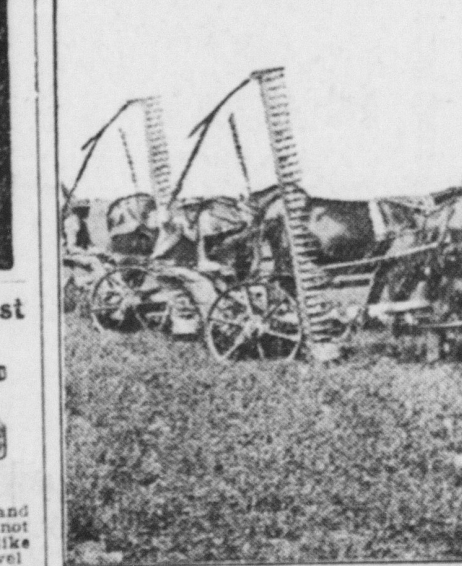
Hay made when the plants are nearly in full bloom possibly is not quite so palatable, but this is offset by the gain in quantity of hay. The fields that were cut prior to or at the beginning of blooming showed a tendency to die out sooner. Cutting a crop late in the fall so that not enough growth was left for protection in the winter also had much to do with thinning stands. The department recommends that alfalfa be given time to reach a height of six to eight inches before cold weather shuts off the sap flow.

Broadcasting Best Plan.

In the past the growing of alfalfa in rows in dry regions has been recommended, by experimental evidence gathered by the department in the last few years shows that, with the exception of a few rare varieties the seed of which sells for a high price, this method is seldom practical. Where the rainfall is not sufficient to grow alfalfa in broadcast stands it cannot usually be grown profitably in rows. A slightly larger yield may be produced, but not enough to pay for the added expense. Also, the hay harvested on this cultivated ground is apt to be dirty and it is hard to cut and load.

Value of Cultivation.

Accumulating experience also has exploded some old notions about the value of cultivation of broadcast stands. It has been found that harrowing a field of alfalfa ordinarily does not increase the yield; neither does it prolong the life of the stand to any noticeable extent. The modified



Cutting Alfalfa.

spring-tooth harrow does not injure the plants, but the disk often kills many and reduces the stand. Some sort of cultivation appears advisable in irrigated regions where the water carries a great deal of silt or where the soil has been compacted by the tramping of cattle pastured on the alfalfa. The department believes there is usually little to be gained by cultivating broadcast fields when the stand is good. If weeds and grass work in and reduce the stand it is better to plow up the field and put in another crop for a year or two. It is hard to thicken a thin stand by cultivating it and sowing more seed; in fact, it is a waste of time, the department believes.

LIME INFLUENCE IS LASTING

Where Applied in Liberal Quantities Soil Shows Beneficial Effects for Years.

It has been observed that where lime has been applied in fairly liberal quantities to soil, the soil shows the beneficial effects for a number of years afterward. In long-time tests made by the Ohio experiment station the crop yields during the last six years of a 13-year period were much larger than during the first seven years.

PROVIDE RIGHT VENTILATION

Leave Opening on South Side of House to Equal One-Tenth of Total Floor Space.

In providing ventilation, enough space should be left open in the south side of poultry houses so that the open front will equal one-tenth of the total floor space. This open screen ought to be near the bottom of the south side rather than at the top, so that the warm air from the roosts will not flow up and out of the open space.

SLASH PINE YIELDS CASH WHILE GROWING

Profit of 6 to 12 Per Cent Interest Has Been Made.

Trees Grow Rapidly and Lumber Market Is Fast Taking Material of Smaller Size and Poorer Grades—Bulletin Free.

(Prepared by the United States Department of Agriculture.)

Slash pine grows rapidly and yields revenue in turpentine gum at an early age while it is growing into timber, says the United States Department of Agriculture in Farmers' Bulletin 1256, Slash Pine, prepared by Wilbur R. Mattoon, forest examiner, and now ready for distribution. Well-stocked stands of young growth, after making liberal deductions for the cost of taxes and fire-protection during the period of growth, show profits of 6 to 12 per cent compound interest on an investment of \$5 an acre.

A large number of owners in the South are deriving good profits from low-priced lands by using them for the production of timber and grazing



Turpentine Operations in a Thirteen-Year-Old Stand of Slash Pine.

of stock. If fire is excluded, the range yields more of the tender annual grasses and legumes which are more nutritious than the hardy perennials like wire and broom-sedge grasses, and the influence of the protective soil cover stimulates tree growth to a marked degree.

If the timber in the forest pasture becomes too dense, the owner has an easy remedy by first working the larger trees for turpentine and then cutting them for lumber, ties, posts, turpentine, or firewood. Open stands of slash pine, with 75 to 150 trees an acre measuring up to ten inches on the stump, induce a rapid growth of the individual tree and admit a good growth of grass. In such stands more turpentine to the tree is secured than in overworked ones, and the grazing of live stock can be carried on successfully.

Second-growth slash pine stands, twenty to forty years old, frequently contain from 80 to 100 trees to the acre. At 20 cents a cup, less than the price received in 1919 for turpentine rights on the Florida national forest, such stands would be worth for turpentine \$20 to \$25, and with pine stumpage at \$5 a thousand the timber would be worth \$25 to \$30, or an average money return of from \$1.50 to \$2 an acre yearly. Observations and experience in such other sections of the country as New England indicate that good financial returns may be derived in relatively short periods from second-growth forests if handled under a proper system of protection, turpentine, and cutting, the bulletin points out.

Because slash pine grows rapidly and the lumber market is fast taking material of smaller size and poorer grades, the day is approaching when good stumpage prices can be obtained for young and second-growth timber. Copies of the bulletin may be had free upon application to the United States Department of Agriculture, Washington, D. C.

GETTING STAND OF ALFALFA

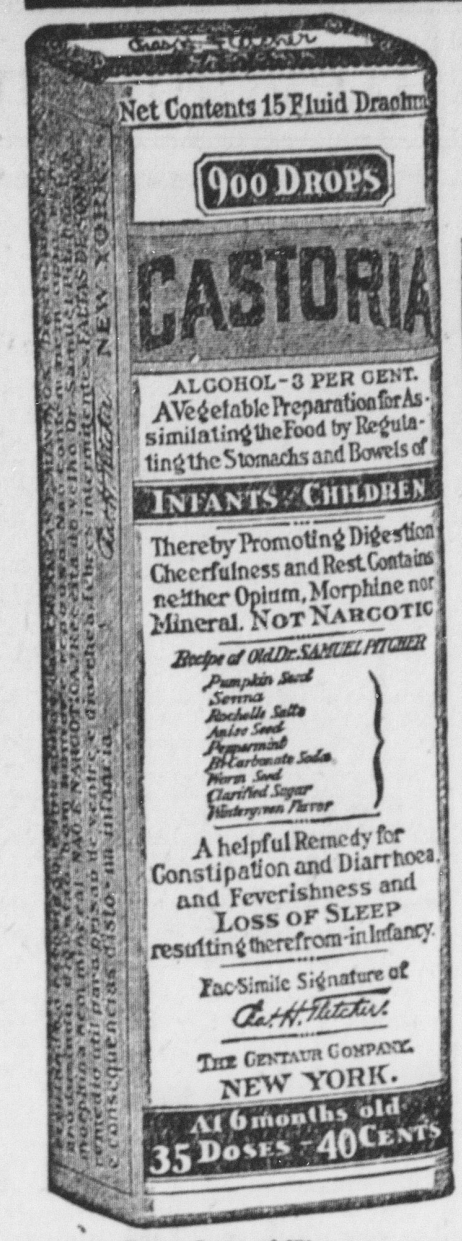
Iowa Farmers Secure Best Fields by Seeding During August and Without Nurse Crop.

Experience of many Iowa farmers and of the Iowa agricultural experiment station is that the surest method of getting a stand of alfalfa is to seed during August without a nurse crop on land which has been plowed in early summer and cultivated at ten-day intervals to kill weeds and conserve moisture. Objections to this method are that the land does not yield returns during the season preceding seeding, that it requires additional labor, and that grasshoppers frequently damage the alfalfa considerably on small acreages. However, general experience in Iowa justifies the method above suggested as it produces the best fields of alfalfa.

ADVANTAGES OF CULTIVATION

It Helps to Keep Weeds Down and Conserves Moisture Necessary for Vegetables.

Keep the hand cultivator going to preserve a dust mulch and to kill weeds. Either pull or hoe the weeds out of the vegetable rows. The best time to kill weeds is when they have just pushed through the top of the ground. Frequent shallow cultivation will do this as well as conserve moisture.



Exact Copy of Wrapper.

Children Cry For Fletcher's CASTORIA

Special Care of Baby.

That Baby should have a bed of its own all are agreed. Yet it is more reasonable for an infant to sleep with grown-ups than to use a man's medicine in an attempt to regulate the delicate organism of that same infant. Either practice is to be shunned. Neither would be tolerated by specialists in children's diseases.

Your Physician will tell you that Baby's medicine must be prepared with even greater care than Baby's food.

A Baby's stomach when in good health is too often disarranged by improper food. Could you for a moment, then, think of giving to your ailing child anything but a medicine especially prepared for Infants and Children? Don't be deceived.

Make a mental note of this:—It is important, Mothers, that you should remember that to function well, the digestive organs of your Baby must receive special care. No Baby is so abnormal that the desired results may be had from the use of medicines primarily prepared for grown-ups.

MOTHERS SHOULD READ THE BOOKLET THAT IS AROUND EVERY BOTTLE OF FLETCHER'S CASTORIA

GENUINE CASTORIA ALWAYS Bears the Signature of

Chas. H. Fletcher

THE CENTAUR COMPANY, NEW YORK CITY.

10 Cents Gives Charming New Shade to Old Lingerie

VERY CLOSE TO THE TRUTH

Porter Had Fairly Reasoned as to Why the Boots Were Placed Outside the Door.

I had been tramping through the Virginia mud all day, and stopped at the little inn. I was tired and immediately went to my room, a small one with a large bed occupying most of the space. As usual, I placed my shoes outside to be cleaned. Next morning they were, as muddy as the night before, and being number twelve, they carried considerable soil. I went down to the lobby, and in order to teach the porter a much-needed lesson, I called him up before the onlookers who were sitting in the office.

"Why didn't you clean my shoes, boy?" I asked gruffly.

"I didn't know you wanted 'em cleaned, sah," was the reply.

"Why in thunder do you reckon I put 'em outside the door?"

"Well, sah, I allowed there wasn't room inside for 'em, sah," was the answer.—Exchange.

So Fused He Named Wrong Verse.

The minister was putting on a brand new collar and was having the usual trouble with it. "Bless the collar," he ejaculated as he tugged and tugged. "Bless the blessed collar!"

"My dear," said his wife, "what is your text for this morning's sermon?"

"F-fourteenth verse f-fifty-fifth Psalm," he replied in short gasps.

"The w-words of his mouth were (tug) s-smoother than butter, but there was (tug) w-war in his heart."—Boston Transcript.

Far Worse.

There is witchery in moonlight." "And even more diabolical influences in moonshine."

Cuticura for Pimply Faces.

To remove pimples and blackheads smear them with Cuticura Ointment. Wash off in five minutes with Cuticura Soap and hot water. Once clear keep your skin clear by using them for daily toilet purposes. Don't fail to include Cuticura Talcum. Advertisement.

Something to Look At.

"Anything to see in this town?" inquired a recently arrived guest.

"Well," replied the landlord of the tavern at Orlong Center, "a lady barber has just opened up a shop in the next block. You might kinda ramble around and—"

"I have seen lady barbers before."

"I suppose so. But prob'ly you never saw how the male population of a village act when they see a lady barber."—Kansas City Star.

Documents Ironed Out.

Out in Phoenix, Ariz., where they have flood rains at times, a violent storm caused water to enter the basement of the state capitol and soak all the valuable records stored there. An electrical salesman's inspiration enabled the state to dry out the papers with virtually no loss. An electric ironing machine was called into play and did the trick satisfactorily, although it took several weeks to restore the great mass of water-damaged documents.—Detroit Free Press.

Majority rules, but in most cases an extremely small minority rules the majority.

The sun can be seen by nothing but its own light.

Hatred is a hard burden for him who carries it.

SORRY SHE DIDN'T LIKE IT

But Anyway, That Particular Hat Wasn't for Sale, and It Made Little Difference.

In and out of department stores and millinery shops went the Woman and her friend, trying on hats trimmed with ribbon, hats smothered in feathers and hats where bloomed flowers that never were on sea or land. The Woman's friend was as hard to suit as the little girl in the "Three Bears." They were all "too" something. The Woman was growing weary, and spying an attractive black hat with some spidery white feathers in a heap before another fussy shopper, she pointed it out to her friend.

"Try to get a chance at that unusual hat. It has a great deal of distinction," she whispered.

The friend sidled up to the showcase, and when the fussy shopper was trying on a yellow-flowered creation, she seized the hat and viewed the effect in the glass, exclaiming: "Ugh! I don't like this one a little bit."

"Excuse me, madam," icily said the fussy shopper, "that is my own hat I bought in Kenosha. Sorry you don't admire it."—Chicago Journal.

Electricity to Force Plants.

Large electric lamps, 1,000-watt capacity, are being used in an intensive study of the rate of respiration and the process of photosynthesis in plants at the University of Wisconsin. The plants are allowed to grow under these powerful lamps in a room cooled to about 65 degrees Fahrenheit.

An occasional look at your boy's room may explain why he is on the street so much.

The morning hour hath gold in its mouth.



"Watch me," said the strong swimmer, "I'm not afraid"

So he matched his strength against the swirl of the rapids, and laughed at the danger, and kept repeating the stunt, until—

It was the day the life-savers had been waiting for—that day the call for help came.

It's an easy matter to smile at coffee warnings when you're going strong.

But a good many strong swimmers won't risk the rapids, and a good many coffee drinkers are beginning to think of the caffeine in coffee.

Coffee can disturb nerves and digestion, and often it does.

There's a safe and satisfying course for everybody in the selection of a table drink.

Postum has charm without harm. It's the safe drink for all, and probably, therefore, it's the better drink for you. Thousands have found it better, and fully satisfying, for them.

Your grocer has both forms of Postum: Instant Postum (in tins) made instantly in the cup by the addition of boiling water. Postum Cereal (in packages of larger bulk, for those who prefer to make the drink while the meal is being prepared) made by boiling for fully 20 minutes.

"There's a Reason" for Postum

Made by Postum Cereal Company, Inc., Battle Creek, Michigan