the centre reporter, oentre hall. pa.



| A Few |
| :---: |
| Little |
| Smiles |
| Q min |$|$



## 4FTEM MEVERY MEAL

 WRIGLEYS

Exigencies of Art.
"The arena is reayd," sand the morle
director. "Step in and we'll turn loose



 In the Spirit of the Times.
Eva - Why 1 , thouzht thes wer



 "I teel that way every time
my marrige certifcate."

## 

 ${ }^{\text {clan }}$. ${ }^{\text {cou must see the vet," the physl- }}$ "oh, docer." was the answer. "Ihave no no
thin himeenid." *Why aill $\begin{gathered}\text { Wirtaly Caution. } \\ \text { that storming }\end{gathered}$




SKINNER SKINNED HIM "When you traded cars with skinner, did you get anything to boot ${ }^{7 \prime}$
"Yese, I've kicked myself ever
ince." since."

##  <br> 

The Ladyike Habit "My whe sadike habit
I donit quit smoke she. will lenve me if
sild
Mr. Meekk "Solng home to her mother"
"No. her mother stmokes morn than
do.
Privilege of the Downtrodten.
-Are son
An
 spenk see.'."
 are ewe come. out or
thanks me tor the rent."

Car Breaks Down. "Is village?"
"No. sit. Best I can
to call a horse doctor"

## Here's Good Advice: Relieve Your Fatigue With Sleep: Avoid Stimulants

THERE is nothing in the world - so reconstructive as sound, refreshing sleep. During sleep the system rids itself of the fatigue poisons that have accumulated
during the day. The food elements are taken up by the various tissues that require rebuilding nutriment.
It is important that you get plenty of health-bringing sleep. Anything that interferes with your sleep hally and physically. mentally and physically
A common cause of physical weakness and mental depression is the reaction following over-stimulation by the drug, caffeine, and
other elements found in both coffe and tea.
If you have an idea that coffee or tea drinking may be injurious to your health, why not stop it for a fragrant Postum instead.
Postum is a rich, golden-brown, pure cereal beverage. It contains no harmful elements of any kind. You can drink Postum as many umes a day as you or the ching beverage.
Your grocor solle both forms of portum:
Instant postum (in tins) mede instanty in the cep by the edaditin of billing water Pootumi
cereal (in packeges of larger bulk, for thone who
 Co., Inc., Battle Creek, Mich.

## Postum for Health There's a Reason

