A SWEET LITTLE BABY BOY

Makes a Bright Spot in Every Home. A Comfort in Years to Come

Park Rapids, Minnesota.—"I have taken your medicine — Lydia E. Pinkham's Vegetable Compound — when I was a girl for pains and before and after my marriage. I now have a sweet little baby boy and will send you his picture if you wish to publish it. My sisters also take your medicine and find it a great help, and I recommend it to those who suffer before their babies are born." — Mrs. Wm. Johnson, Box 155, Park Rapids, Minn.

To marry and arrive at middle age without children is a great disappointment to many women. Think of the joy and comfort other women have in their children as they grow older.

Lydia E. Pinkham's Vegetable Compound has helped to bring great happiness to many families by restoring women to health. Often the childless home is due to a run down condition of the wife, which may be helped by Lydia E. Pinkham's Vegetable Compound. It brought health and happiness into the home of Mrs. Johnson. Why not to yours?

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When the body begins to stiffen and movement becomes painful it is usually an indication that the kidneys are out of order. Keep these organs healthy by taking

GOLD MEDAL HAARLEM OIL CAPSULES

The world's standard remedy for kidney, liver, bladder and uric acid troubles. Famous since 1696. Take regularly and keep in good health. In three sizes, all druggists. Guaranteed as represented. Look for the name Gold Medal on every box and accept no imitation

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Tuck—About four bucks.

Most men who threaten to bring a lawsuit know all the time that they won't.

Trouble sometimes visits a man who isn't looking for it.

Sure Relief FOR INDIGESTION

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HINDERCORNS Removes Corns, Callouses, etc., stops all pain, ensures comfort to the feet, makes walking easy. 15c. by mail or at Druggists. Hiscox Chemical Works, Patchogue, N. Y.

ROOT CROPS ARE MOST IMPORTANT

Beets and Carrots Stand at Head of List From Standpoint of Food Value.

RADISHES NEED SMALL SPACE

Rich, Well-Prepared Soil Is Essential and Good Seed Should Be Used—Parsnips and Salsify Deserve Attention.

(Prepared by the United States Department of Agriculture.)

Root crops most commonly grown in home gardens are radishes, beets, carrots, parsnips, salsify, and turnips. Of these beets and carrots stand at the head of the list from the standpoint of food value from a given area of land, but it would be difficult to state which of the root crops really is the most important, say garden specialists of the United States Department of Agriculture.

Radishes are among the first garden crops to be planted in spring, and a very small space is required to produce all that is needed by the average family. The soil should be loose, mellow, and very rich, so the radishes will grow quickly and be crisp and tender. Radish seeds should be planted in a shallow furrow and covered about one-half inch deep. Two or three varieties should be planted in order to have a continuous supply. French Breakfast and Scarlet Globe Turnip are among those which mature in the shortest period, while Long Scarlet Short-Top and Long White Vienna or Lady Finger are good to follow the extra early varieties.

Plant Beets Early.

Garden beets can be planted almost as soon as the soil can be worked in the spring. Rich soil that is well prepared is essential. Commercial fertilizers and well-rotted manures are best to supply plant food, but should be very thoroughly mixed with the soil. Egyptian and Detroit Dark Red are among the leading varieties. Sow the seed in a shallow drill, 1 ounce of seed to 50 feet of drill, and cover about 1 inch deep. When the plants have become well established thin so they do not crowd. A little later thin a second time, leaving the plants standing 4 to 5 inches apart in the row. Use the thinnings as greens. The round or turnip type of beets mature in 60 to 70 days, while the longer ones require 100 to 120 days to complete their growth.

It is an old saying, "Carrots for beauty and beets for strength," and while this can not be taken literally it has a great amount of truth in it. From the standpoint of health, carrots are very important in the diet, and their culture is so simple that any gardener can grow them. Rich, well-

Radishes Are Among the First Garden Crops to Be Planted.

prepared soil is the first essential. Good seed is important, and the seed should always be that which was saved the previous year. Oxheart and Chantenay are the varieties most commonly planted. Space the rows 15 to 18 inches apart. One ounce of the seed is sufficient for 100 feet of row. Cover the seeds one-half inch deep and keep the crust slightly broken over the seeds until they come up. Thin twice, finally leaving the plants three to five inches apart in the row, those pulled during the second thinning being used as "baby" carrots on the table.

Parsnips and Salsify.

Throughout the northern sections parsnips and salsify are important as root crops for the garden. Their culture is very much the same, and they require a deep, rich soil, so the long roots will have a chance to develop. Plant the seed early, so the plants will get well started before the heat of summer comes, and keep them growing the entire season. The rows should be 15 to 18 inches apart and the plants thinned to stand four inches apart in the row. Parsnips and salsify may remain in the ground all winter until wanted for use. Hollow Crown is the leading variety of parsnip, while Mammoth Sandwich Island is the best known variety of salsify.

TO PRODUCE QUALITY FRUIT

Soil Must Have Most Careful Attention Where Trees Are Planted Close Together.

Close planted trees are going to need every favor possible in the way the soil is handled in order to continue to produce quality fruit. This means, for the most part, that intercropping is to be discouraged unless the soil is unusually rich or constant application of the proper fertilizers is made.

MANY WAYS IN WHICH PEANUTS ARE USEFUL

During Cold Weather Goobers Are Drug on Market.

Increased Consumption and Higher Prices Looked for With Coming of Spring—Fed to Hogs in Southern States.

(Prepared by the United States Department of Agriculture.)

Peanuts are a drug on the market just now. That's because they are not eaten largely in cold weather, but with the coming of the robin, which is a harbinger of spring, circuses and the opening of summer resorts, peanut shippers look for increased consumption, which may mean higher prices. In round figures, 900,000,000 pounds of peanuts are grown in the United States every year and 100,000,000 pounds were imported from Asia last year. About 5,000,000 pounds of roasted peanuts are consumed annually, say

A Good Peanut Plant.

marketing experts of the bureau of markets, United States Department of Agriculture.

Few of the fond papas and mammas who buy Johnnie or Mary a bag of peanuts at the circus know that more than 100 different methods of utilizing peanuts, including the making of fancy dyes and wood stains, peanut milk, coffee, and ice cream have been devised, although few of these products are sold commercially. But peanut oil, peanut candy, peanut butter, salted peanuts, peanut cookies, roasted peanuts, and peanuts in a number of other forms run up the annual American per capita consumption to three and one-half pounds. Every time certain soaps are used the consumer is partaking of his three and one-half pounds.

Fully half of the peanuts grown in the Southern states are fed to hogs. Large quantities of peanuts are exported also, 1,074,007 pounds having gone out of the country during the month of January alone. Of this quantity, 78 per cent went to Canada, where the peanut enjoys copopularity with the clove. Cuba took 14 per cent, Jamaica 2 per cent, and Bermuda 1 per cent.

FEEDING VALUE OF GARBAGE

Affords Hogs Well-Balanced Ration and Supplementary Feeds Are Not Necessary.

Most garbage is of such variety that it enables a hog to balance its ration so that supplementary feeds are not required. In some cases, however, the animals are finished off on corn, barley, wheat middlings, and similar feed just before they are marketed. The feeding value of garbage, however, especially carefully selected garbage, is such that it is seldom economical to use any additional grain supplement. However, when grain is low in price, good results might be obtained by feeding garbage alone during the summer months, when ordinarily there is a large production, and finishing the hogs on grain. Greater gains per day can be made with a grain supplement, but at greater cost than when garbage is fed alone.

CAUSE OF SORE SHOULDERS

Sweat and Dirt Chafing Skin, Making It Tender, Is Reason—Trouble Is Preventable.

During the first spring work many horses suffer from sore shoulders Great care should be taken that these do not get a start.

Good collars and good care of them are essential. See that the collars are thoroughly scraped, and then rubbed clean and dusted with talcum powder or powdered borax. Rub the horses' shoulders with the hands, and, for the first few days of heavy work, bathe them each evening with cold salt water. Afterwards, bathe once or twice a week. Sore shoulders are first caused by sweat and dirt chafing the skin and making it tender.

This is an instance where an ounce of prevention is worth several pounds of cure.

BEST ORCHARD CULTIVATION

If Intercropping Is Practiced It Is Better to Grow Some Crop Like Strawberries.

The orchard should be kept clean. The best practice is to cultivate, not deep but shallow, in order not to disturb the roots, and not too close to the trees, for the same reason. If intercropping is to be practiced it is far better to grow some crop like strawberries between the trees, or small bush fruits, and keep the remainder of the ground cultivated, than to permit grass sod or weeds to get a start.

Hair, Face Frame

Coiffure Easily Makes or Mars Milady's Features.

Adopt Ideal Mode and Stick to It Always, Is the Advice of a Fashion Authority.

Some women really don't seem to realize the great importance of the coiffure, yet one cannot attach too much importance to a becoming way of "doing the hair," asserts a leading fashion authority. The hair is nature's own pretty frame for the face and, of course, can easily make or mar any one's features and change, for better or for worse, the entire expression of the face.

That is why I am always surprised, sometimes shocked, to see women's tendency to imitate and readily adopt any new style launched by a theatrical beauty or a society belle.

Worn by the very young girl with the small, round head, the saucy nose and perky chin, the bobbed hair is simply exquisite. But alas! when her fat, double-chinned sister tries to emulate her I call the result a positive disaster.

If your head is rather large in proportion to your body, why should you make it even larger by adopting a "new wrinkle" in hair dressing? I may be called old-fashioned, but bear in mind, bobbed hair should be severely taboo to the married woman, even should she be in the early twenties. A real-for-true man doesn't like to introduce as his wife a little, fluffy, silly girl, with hair cut so as to give her an air of irresponsibility.

If you have a round face, wear your hair quite smooth on the sides and pile it 'way up on top of your head. This is sure to give you height. The madonna with soulful eyes should exaggerate her lovely type by adopting the straight, simple parting in the middle, "bandeau." If you possess a pretty forehead, show it; if your nose happens to be a little too long, try to puff your hair at the back. I know you will be pleased at the result.

Dress your hair as neatly, as carefully as possible, but—and this is another pitfall to be avoided—don't look as though you had just stepped out from the hairdresser's establishment.

In Paris there is a new style in hairdressing which I think is excellently suited to the present fashion in dress, with the distended hip line and other reminders of bygone days. The hair is parted either at the middle or the side, waved lightly back and then caught high at the top of the head, then falls in charming curls to the nape of the neck.

The short girl with the too full neck would be wise indeed to adopt this style. It is, as a rule, a very becoming fashion and most feminine.

I think it is a great, even a grave, mistake to try to dress the hair differently for evening wear. Adopt what you decide is the ideal coiffure for your type and then stick to it always. Of course, for box parties, balls and the like a hair trimming of some kind may be added with successful result.

Spanish-looking huge combs are the vogue, and I must say that they prove generally becoming. Young girls have always liked to wear flowers in their hair and they must be pleased, for just now this garniture is considered quite the thing. Gold leaves and grapes bandeau form a pretty and festive headdress. Of course, you should remember that the bandeau is the most trying hair ornament in the world, for it straps the forehead flat and naturally enlarges the nose.

HEAVY BLACK CANTON CREPE

The woman who strives for the individual touch would experience intense satisfaction in the possession of this gown of heavy black canton crepe, confined at the waistline by a most unusual belt of dull black leather, studded with steel nail heads. Fur finishes the lower edge of the coat-like back.

SCARF MODEL SWEATER

This is an unusually attractive scarf model of sport sweater. It is of tan wool with cross-bar stitching of silk in orange and black.

Knitted Garments.

The correct washing of knitted garments is important. Naturally they must not be washed in hot water nor in cold, but in water that is just a little more than lukewarm. Avoid rubbing soap on the garments. Make suds first. Such garments must not be hung out to dry, but placed in a little hammock made of a good-sized towel or piece of cloth, and tossed about until no suspicion of moisture remains.

New Sweater.

A brushed wool sweater has a wide, turnback collar of the tuxedo sort, made of heavy silk tricot. The sweater is in beige and the collar is in a lighter shade of the same color. It looks lighter, at all events, though it may be simply the difference of texture of the two materials that accounts for this appearance.

HIGH CROWN HATS, PARIS FASHION

Narrow-Brimmed Millinery Well to Fore—New Models in Roll and Straight Brims.

The spring millinery season in Paris opens with the high-crowned, narrow-brimmed shape well to the fore. In many of the shapes the brim is slightly wider at the back than at the front. Not infrequently, in fact, models are entirely brimless, or have the merest suggestion of a narrow visor at the front with a wide, straight brim of graduated width across the sides and the back.

Generally speaking, this season medium-sized hats with brims take precedence over turbans or toques, says Dry Goods Economist. This follows the usual rule for spring hats, in which, with the first rays of sunshine, a brim of some sort is supposed to be required. Especially is the brim hat the herald of spring in France, for the first models are created for wear on the Riviera where the merciless, even blinding sun makes a brim of some importance a first necessity for all styles of hats.

With regard to styles, thus far all shapes are in the running, and new models are shown in roll-brim, straight-brim and cloche styles.

A marked tendency toward very thick brim treatments is noted, rolls of velvet or of straw frequently appearing as finish to medium-sized roll-brim sailors. The heavy pencil-edge brim is again making its appearance.

Straws are both shiny and dull, fabrics also, and the two are extensively used in combination—or, as the French say, in opposition—a dull-finished crepe, for instance, being made up with a coarse, brilliant straw, while a brilliant finished cire or vegetable satin will be used in conjunction with a fine, dull picot straw.

Printed Leather for Collars.

Neckwear is capable of doing unusual things, too. Leather sets in all colors, most of them plain, some with metal eyelets, are being featured. Paisley prints on Florentine silk are used for allover sets, and for vestees with matching cuffs. Ginghams in small checks appear in the regulation colors. All heavy materials, including pique, ratine and linens, will be much used. Linens are finished with filet lace edge, and a new treatment which is particularly good, is the use of brilliantly colored wool embroidery

Dainty "Flower Pockets."

Appliqued flowers are used as pockets on sheer blouses and dresses. These tiny pockets, in which mademoiselle carries her pocket handkerchief, open at one side of the applique flower, the loose edge being finished with buttonhole stitching. The tiny handkerchief has a hemstitched border in the dominant color of the garment.

Girdles of Metal.

Metal girdles are not only shown with light crepe dresses for Palm Beach wear, but are being worn extensively on frocks and coats.

Back Bad Since the Grip?

Has a cold or grip sapped your strength? Do you suffer constant backache, feel nervous and depressed? Then look to your kidneys! Many cases of kidney trouble are the result of infectious disease. The kidneys have broken down under the strain of filtering disease-created poisons from the blood. That's why a cold or grip often leaves backache, headaches, dizzy spells and irregular kidney action. Help your weakened kidneys with *Doan's Kidney Pills. Doan's* have helped thousands and should help you. *Ask your neighbor!*

A Virginia Case

T. R. McCracken, sta. engineer, Abingdon, Va., says: "I was troubled with heavy dragging pains through my back and hips. The kidney secretions were so frequent in passage that I could hardly rest comfortably at night. I heard Doan's Kidney Pills were good and one box cured me in a short time. I have had no return of my former trouble."

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It Is a Powerful Tonic and Appetizer Will cure that tired feeling, pains in back, limbs and head. Contains no quinine, arsenic or habit-forming ingredient.

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"Dear," said Mrs. Newlwed, "I needed a new hat, so I just wrote a check for $50 on the First National to save you expense."

"Great gosh!" gasped her husband, "I haven't a nickel in that bank."

"I know it, dear, but that will be all right. They won't mind. Their advertisement says: 'Our Resources Are One Million Dollars.'"

MOTHER! MOVE CHILD'S BOWELS WITH CALIFORNIA FIG SYRUP

Hurry, mother! Even a sick child loves the "fruity" taste of "California Fig Syrup" and it never fails to open the bowels. A teaspoonful today may prevent a sick child tomorrow. If constipated, bilious, feverish, fretful, has cold, colic, or if stomach is sour, tongue coated, breath bad, remember a good cleansing of the little bowels is often all that is necessary.

Ask your druggist for genuine "California Fig Syrup" which has directions for babies and children of all ages printed on bottle. Mother! You must say "California" or you may get an imitation fig syrup.—Advertisement.

Missouri's Bee Business.

Missouri is the center of the bee and honey industry of this country. Approximately $3,000,000 worth of honey is marketed by the beekeepers of that state annually.

Advertising will do anything. It once sold a second hand church steeple.

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Your Health is of Vital Importance. Here is Some Good Advice.

Arcola, Va.—"For a number of years Dr. Pierce's remedies have saved me many a doctor bill and kept me in health and strength. I am the mother of ten children and Dr. Pierce's Favorite Prescription, Golden Medical Discovery and Pleasant Pellets have been a greater comfort to me than I can express. The 'Favorite Prescription' is an absolutely perfect tonic for the expectant mother to take and I also found it most beneficial as a tonic afterward. Dr. Pierce's are reliable remedies that it is a pleasure to recommend."—Mrs. M. D. Phillips.

Your neighborhood druggist can supply you with all Dr. Pierce's family medicines, tablets or liquid. Write Dr. Pierce, Pres. Invalids' Hotel, Buffalo, N. Y., for free medical advice.

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