



BLANCHE BLAIR

THAT Tanlac is a wonderful medicine for delicate children is conclusively proven by the remarkable results accomplished in the cases of the three children shown in this picture.

Little Blanche Blair, of Providence, R. I., age 13, gained 10 pounds; Regina McCabe, at right, age 9, of Scranton, Pa., gained 15 pounds; little Richard Leary, Jr., of Philadelphia, who was very delicate, is now in fine, robust health. The statements made by their parents are as follows:

Mr. A. M. Blair, residing at 20 Atwood street, Providence, R. I., said: "We are just so happy over the change Tanlac has made in our little girl that we can't do or say enough to show our appreciation. She had lost nearly 20 pounds in weight and looked so frail and weak that her mother and I were both almost worried sick over her condition. Since taking Tanlac, she has already gained 10 pounds, her color is better than it ever has been and she looks and acts like a different girl."

Mrs. Catherine McCabe, 414 Dickens Ave., Scranton, Pa., said: "The 'flu' left my little Regina in such a bad condition that I have no idea she would be with me now if it hadn't been for Tanlac. It is a mystery to me how she lived on the little she was eating and was so lifeless she never even cared to play with the dolls and toys she got at Christmas. Since taking Tanlac she is as hardy and well as any child could be and has gained 15 pounds in weight. I will always praise Tanlac for restoring our little girl's health."

Richard Leary, 2342 Palethorpe St., Philadelphia, said: "There is no doubt in my mind but that Tanlac saved my little boy's life. For two years I wouldn't have been a bit surprised to have seen him drop off at any time. He had stomach trouble and many a time the gas pressed up into his chest until his heart palpi-



REGINA McCABE and RICHARD LEARY Jr.

tated so I thought sure he couldn't breathe but a few more gasps. But Tanlac gave him back to us strong and well and we will praise it to our dying day."

The effect of Tanlac on the delicate stomachs of the young is one of the strongest evidences of its wholesomeness as well as its unusual merit. Although a powerful reconstructive, Tanlac contains no harmful ingredients, minerals or opiates which are so often found in other medicines. Being composed of the most beneficial roots and herbs known to science it is purely vegetable and can be taken by the most delicate children, and does not upset or injure the weakest or most delicate stomach.

There is a Tanlac agent in every town.—Advertisement.

MAKE MONEY IN PRODUCING BEEF

Herd of Good Cows and Purebred Sire of Prime Importance in Making Start.

SELECT BEST HEIFER CALVES

No Method Adapted to All Farms and Conditions as Much Depends on Pasture Available and Nearness of Market.

(Prepared by the United States Department of Agriculture.) We are a nation of meat eaters. The average American eats more than 140 pounds of this concentrated food each year. The importance of meat, particularly beef, is nowhere more emphatically brought out than at the great central stockyards, some of which cover nearly a square mile of ground. To keep the supply of animals moving through these yards, necessary to feed the millions of people, requires the raising of cattle, hogs, and sheep on hundreds of thousands of farms and ranches. Improve Each Generation. In profitable beef production a herd of good cows and a good purebred bull are of great importance. Each



A High-Class Beef Breeding Herd.

generation of cattle raised should be better than the preceding one. This can be accomplished by selecting the best heifer calves each year to take the place of barren, shy-breeding, and old cows, and buying a better bull each two or three years. All other calves produced may be sold either as weanlings at six or eight months old, as stockers or feeders at one or two years, finished as baby beef at sixteen to twenty months, or as fat steers at an older age. The system employed depends largely upon the pasture and feed available, transportation costs, and the market price of milk and cattle.

The systems of handling beef-breeding herds which are most extensively practiced are "beef," "baby beef," and "dual-purpose." In the first two systems calves run with their dams until weaned, the cows not being milked. They differ in that cows intended for producing calves for baby beef generally receive better care because their calves are to be fattened shortly after weaning, which makes it necessary to give them a good start on milk.

The straight beef system is primarily adapted to the range country of the West and South, which is too rough, dry, or sandy for cultivation. Where the climate permits, pasture is depended on the year round. Some cottonseed cake may be used during unusually bad weather or periods of feed shortage. Where snow covers the range a part of the year, hay is put up for winter feeding. Little grain is fed, except where grain sorghums can be grown. From southern ranges the cattle are usually sold as stockers at every age from weaning time to maturity. Recently many fat calves have been going to the slaughterhouses. From the North and West a large part of the cattle go to market grass-fat as three-year-olds.

Baby-beef production is a highly specialized business and is adapted to regions where there is a plentiful supply of fattening feeds together with good pasture for the summer maintenance of the breeding herd and nursing calves. The corn belt is the best place for this system, but it is practiced to some extent in other places.

When to Finish Baby Beef. If spring calves are to be finished as baby beef, they should be taught to eat grain before they are weaned. They should go into the dry lot at the end of the pasture season and be ready for market by June or July. If possible, they should have good pasture for a couple of weeks after weaning. Fall-born calves should be kept on grain when they are turned on pasture in the spring. The quantity of grain should be gradually increased throughout the summer and fall so that they will be finished for market in December or January. When the pasture fails, hay and silage should be supplied.

Stocker calves require some meal or grain during their first winter to keep them thrifty and growing. They can utilize to advantage much more roughage, such as stalk fields, meadows, silage, and straw than baby beefs. As yearlings and two-year-olds they may be wintered on roughage alone, some clover or alfalfa hay being given if available.

OVERFEEDING CAUSES SHRINKAGE OF STOCK

Weakness in System of Co-operative Shipping.

Partly Due to Disposition of Some Shippers to Overfill Animals Before Loading—Best Plan is to Always Play Fair.

(Prepared by the United States Department of Agriculture.) Reports to the effect that excessive shrinkage on live stock at central markets is frequently experienced are sometimes received from members and managers of co-operative live-stock shipping associations by the United States Department of Agriculture. In some cases these reports take the form of complaints, and at times the shrinkage feature is pointed to as a weakness in the whole system of co-operative shipping.

While many things can, and frequently do, result in excessive shrinkage in live stock, investigations have shown that at times it is at least partly due to a disposition on the part of some shippers to overfill their stock before loading. This custom seems to be a relic from the days before co-operative shipping came into vogue and when most small producers sold their stock to country buyers. Under the system of marketing wherein live stock was usually sold on the basis of home weights, or at most, shipping point weights, it was usually to the producer's advantage to obtain a generous "fill" on his stock before turning it over to the country drover.

The co-operative system of shipping live stock, however, practically eliminates the incentive to excessive home or shipping point fills. Stock that is fed heavily just before loading is not only quite likely to sicken and sometimes die while in transit, but seldom takes a good fill when it arrives at market. Furthermore, where co-operative shipments are graded at the shipping point the man whose stock has been given a heavy fill receives more than his just proportion of the net returns. Home grading of co-operative shipments is, in most instances, highly desirable, but it can be successful only where the individual members "play fair" with each other or, in other words, where they really co-operate.

KEEPING CHICKENS IN YARD

Two-Foot Slats Nailed to Posts Will Prove Effective—Fowls Are Thrown Back.

Chickens can be kept in their pen by nailing two-foot slats at an angle to the posts and strating a number of strands of thin wire through them as shown in the drawing. The chickens do not see these wires and when



Wires Stretched as Shown Here Will Effectively Prevent Chickens From Wandering Into the Neighbors' Yard.

they attempt to fly over the fence, they strike the wires and fall back into their yard. After a number of futile attempts, they will not try to fly over again.—E. Bode, in Popular Science Monthly.

GRAINS RELISHED BY FOWLS

Seed of Kafir and Rolled Oats Found to Be Efficacious in Recent Experiments.

The seed of kafir, one of the grain sorghums, has been used as a substitute for corn in the scratch mixture used by the poultry husbandry division of the United States Department of Agriculture with good results, which indicate about similar feeding value for these two products. Rolled oats were found preferable to ground oats for use in a poultry mash, and resulted in sufficiently greater egg production to justify the additional expense associated with using this costlier feed. The hens ate the mash more freely and, although they consumed more feed, their egg yield was enough larger to produce greater profit.

SPROUTED OATS FAVOR EGGS

Without Succulent Sprouts All Other Aids in Increasing Winter Production Would Fail.

Probably the greatest single discovery for the production of eggs during the winter months was that introduced to the industry by the sprouting of grain, particularly oats, and feeding the tender and succulent sprouts to the hens. Without sprouted oats, practically all of our other aids in increasing winter egg production would fall by the wayside; at least, the results they would obtain would be considerably less than is possible where sprouted oats are used in the ration.

The Post's Business. The duty of the post is like unto that of the naturalist; it is to pursue and capture those rare specimens of thought that have hitherto escaped the hunter's net; in case in crystal-clear diction these captive beauties of nature; and offer them, "mid the wildflowers of their native haunts, for the admiration, reverence and love of all mankind.

NAME "BAYER" IS ON GENUINE ASPIRIN

Take Tablets Without Fear, if You See the Safety "Bayer Cross."

If you want the true, world-famous Aspirin, as prescribed by physicians for over twenty-one years, you must ask for "Bayer Tablets of Aspirin." The "Bayer Cross" is stamped on each tablet and appears on each package for your protection against imitations.—Advertisement.

Honest Paris.

A black satchel containing \$55,000 in cash was found on the seat of a Paris omnibus one morning recently, writes a correspondent. It had been forgotten by a bank messenger, who was greatly relieved to find that the conductor of the omnibus had duly delivered it to the lost property office, where it lay among umbrellas and odd gloves awaiting reclamation.

Important to Mothers

Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it bears the Signature of Charles H. Fletcher.

In Use for Over 30 Years. Children Cry for Fletcher's Castoria

Easy to see through—the people who make spectacles of themselves.

Cuticura Comforts Baby's Skin

When red, rough and itching, by hot baths of Cuticura Soap and touches of Cuticura Ointment. Also make use now and then of that exquisitely scented dusting powder, Cuticura Talcum, one of the indispensable Cuticura Toilet Trio.—Advertisement.

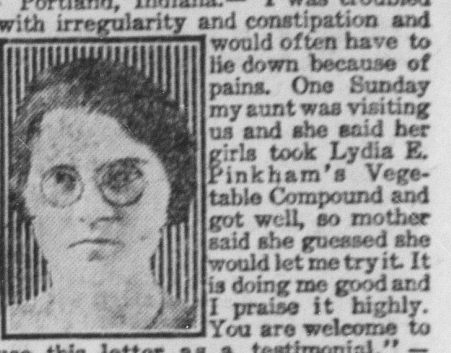
It's queer how anxious people are to lend you money when you don't need it.

Those who know a great deal can be depended on to be amiable enough to tell it.

Now is the time to do things; by and by is the time to do nothing.

GIRL HAD PAINFUL TIMES

Mothers—Read This Letter and Statement Which Follows



Portland, Indiana.—"I was troubled with irregularity and constipation and would often have to lie down because of pains. On Sunday my aunt was visiting us and she said her girls took Lydia E. Pinkham's Vegetable Compound and got well, so mother said she guessed she would let me try it. It is doing me good and I am so happy and I am welcome to use this letter as a testimonial." —STELLA NEWTON, R. E. 8, Portland, Indiana.

Mothers—You should carefully guard your daughter's health. Advise her of the danger which comes from standing around with cold or wet feet, frothing heavy articles, or overworking. Do not let her overstudy. If she complains of headache, pains in back or lower limbs, or if you notice a slowness of thought, nervousness or irritability on the part of your daughter, give her careful attention. Lydia E. Pinkham's Vegetable Compound is an excellent medicine for your daughter to take, as it is especially adapted to relieve just such symptoms. Remember it contains nothing that can injure and can be taken in safety.

Complex advertisement for Cures Colds - La Grippe and A Full Year's Wear in Every Pair of No-Nay's EXCELLO SUSPENDERS. Includes images of the products and promotional text.

Cities as Thunderstorm Spots.

The conclusion has been reached by a well-known engineer who has given the subject considerable attention that certain cities, if not indeed most inland cities of say 100,000 population or more, appear to be "thunderstorm spots." The observation has been made by E. R. Horton, of Voorheesville, N. Y., who also points out that "a shallow lake with sandy margins located in a forest may serve as a thunderstorm breeder," and cites as proof observations made by him over Oneida lake, New York.

Old Court Has Much Power.

In Liverpool (Eng.) there still exists one of the very few remaining medieval borough courts of record. At one time there were 215 in various parts of the kingdom. The Liverpool court of passage, as it is called, has practically unlimited jurisdiction in causes of action arising within the city, and has more power than has the City of London court which has jurisdiction only when the defendant is employed in the city itself.

Misery loves company, but the company isn't apt to make a second call.

Nature's Supreme Wisdom.

If it were not for the check that winter interposes, vegetation would climb skyward until we had tropical jungles and flowers high in the branches of the forest, instead of violets and daisies and lady's-slipper orchids. As it is, the year's tender growths decay in the wet and cold of winter, furnish shelter to the seeds of grasses and small woodland plants, and so foster a new growth for the coming of spring. Even in decay there is a purpose; in nature always there is a new beginning.—Youth's Companion.

Jewish Physicians to Popes.

Many examples might be enumerated of popes who patronized Jewish physicians. An exception was Paul IV, who introduced the Ghetto into Rome, but at least a score of popes seem to have gone out of their way in extending friendly recognition to the medical members of this race.

The Alibi.

The Secretary—This speech may get you into trouble.

The Honorable—Then you had better prepare a statement saying that I was misquoted by the newspaper.—Life.

Advertisement for Grape-Nuts cereal. Text: "A 'balanced diet' may sound confusing to many people. The facts, as explained here, are simple. The secret of a 'balanced diet' is to have food containing all the elements needed for proper nutrition. These elements are protein, to nourish the tissues; starch and sugar to furnish energy; fat to supply heat; and mineral salts to provide the material necessary for building nerves, brain, and tooth and bone structure. Grape-Nuts, the nourishing cereal made of whole wheat flour and malted barley, served with cream or milk, is a complete food for young and old alike. Go to your grocer today and get a package of Grape-Nuts. Eat it with milk or cream for breakfast; or with stewed fruit, jelly or jam, as a delicious dessert for lunch or dinner. Every member of the family will relish this palatable and nourishing food— Grape-Nuts—the Body Builder 'There's a Reason' Made by Postum Cereal Co., Inc., Battle Creek, Mich."

Advertisement for Mastin's Vitamin Tablets. Text: "Take Yeast Vitamin Tablets To Clear The Skin. Build Firm 'Stay-There' Flesh—Increase Energy. If you want to quickly clean your skin and complexion, put some firm healthy flesh on your bones, increase your nerve force and power and look and feel 100 per cent. better, simply try taking two of Mastin's tiny yeast VITAMON Tablets with each meal and watch the result. Mastin's VITAMON Tablets contain highly concentrated yeast-vitamins as well as the two other still more important vitamins (Fat soluble A and Water soluble C) and are now being used by thousands. They positively will not upset the stomach or cause gas, but on the contrary, are a great aid to digestion, to overcome constipation and as a general conditioner of the whole system. Pimples, boils and skin eruptions seem to vanish like magic, the complexion becomes fresh and clear, the cheeks glow with rosy health, the flesh becomes firm, the eyes bright. Mastin's VITAMON Tablets are positively guaranteed to give you new health, energy and ambition and improve your appearance. Do not accept imitations or substitutes. You can get Mastin's VITAMON Tablets from any good druggist." Includes image of a man's face and a bottle of the product.

Advertisement for Vaseline Petroleum Jelly. Text: "VICTIMS RESCUED. Kidney, liver, bladder and uric acid troubles are most dangerous because of their insidious attacks. Heed the first warning they give that they need attention by taking Vaseline." Includes image of a Vaseline jar.

Advertisement for Murine eye drops. Text: "MURINE Night and Morning. Have Strong, Healthy Eyes. If they Tired, Itch, Smart or Burn, if Sore, Irritated, Inflamed or Granulated, use Murine often. Soothes, Refreshes. Safe for Infant or Adult. At all Druggists. Write for Free Eye Book. Nettes Eye Remedy Co., Chicago." Includes image of a Murine bottle.