

GREEN'S AUGUST FLOWER

The Remedy With a Record of Fifty-Five Years of Surpassing Excellence.

All who suffer with nervous dyspepsia, sour stomach, constipation, indigestion, torpid liver, dizziness, headaches, coming up of food, wind on stomach, palpitation and other indications of digestive disorder, will find Green's August Flower an effective and most efficient remedy. For fifty-five years this medicine has been successfully used in millions of households all over the civilized world. Because of its remarkable merit and widespread popularity Green's August Flower can be found today wherever medicines are sold.—Advertisement.

Good-Bye Five Bucks.

Jones—I just lent that buddie of yours \$5. Do you think he's straight?
Jones—Straight! Say, if that bird swallowed a ten-penny nail he'd cough up a corkscrew.

If one is incompetent, can he learn competency?

Cuticura Soothes Baby Rashes
That itch and burn with hot baths of Cuticura Soap followed by gentle anointings of Cuticura Ointment. Nothing better, purer, sweeter, especially if a little of the fragrant Cuticura Talcum is dusted on at the finish. 25c each everywhere.—Advertisement.

Speaking His Mind.

"Is it true that America is the land of opportunity?"
"There is no doubt of it," replied the disgruntled citizen. "I don't know of another country on the face of the earth where a man has greater opportunity to make a fool of himself in politics."—Birmingham Age-Herald.

Of No Use to Him.

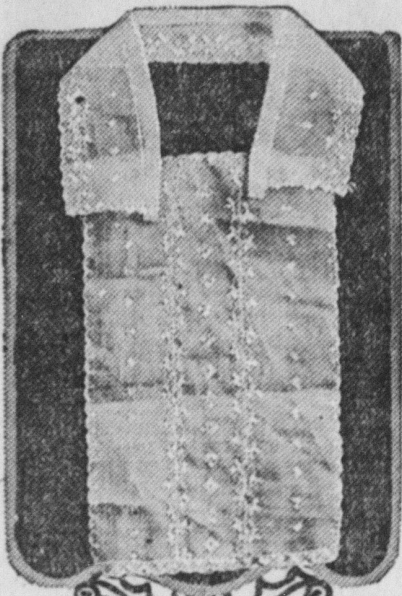
Hewitt—"Why don't you get his goat?" Jewett—"What for? I am a vegetarian."

But why is a man supposed to saw wood when he says nothing?

Avoid extremes—a man can go crazy even on religion.

Winsome Holiday Gifts

Dainty Accessories



Innumerable pretty things in dress accessories and house furnishings are presented in the shops at Christmas time for women. The only difficulty is to make the right choice among them. Whoever determines to settle upon neckwear cannot go wrong; for no woman ever cries "hold, enough!" In this matter of dainty accessories, a vestee and collar of embroidered swiss, as pictured here, is a thing of sheer beauty that is sure to please.

Suited to Everyone



Here is a gift bag that may be depended on to please anyone who is fortunate enough to receive it and is suited to either men or women. It will answer many purposes and requires only a basket, a length of silk for the top, silk cord for hangers and small silk roses for trimming, to make it. In larger sizes it makes an attractive laundry bag.

Gift Ribbons



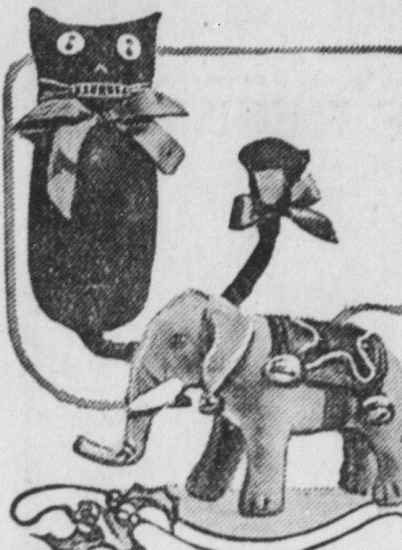
Each year brings in new sashes, girdles, hair-bows and a long list of other belongings to replace those that have had their bright day and passed with the year. Two ribbon girdles, as pictured here, make charming gifts. One of them is made of narrow satin ribbon bordered with a tinsel ribbon and decorated with ribbon flowers. The other is a wide sash of two-toned satin ribbon with loops at each side and a knot at the back.

A Merry Clown Doll



This merry gentleman is one of many dolls that may be made of discarded ribbed underwear or stockings. His head is made of a piece of white or pink ribbed stocking and his face painted with black and red paint. For the rest of him two colors are used and he is stuffed with cotton and has a white ruffe about his neck.

Hand-Made Toys



Here are two of many mammals that are due to arrive on Christmas morning. A black kitty that will stand any amount of hard usage is very easy to make, requiring only a pair of silk stocking tops that have survived the worn-out feet. Cut off the worn feet and trim out the ankles in a curved line to form the ears. Sew a seam along this line, turn right side out and stuff with cotton to form the body. Wind the remainder of the tops with small cord to form the tail and tie a gay bow of ribbon at the end. Two white bone buttons make the eyes and heavy silk floss the mouth and whiskers and Miss Kitty is dressed up with a bow at the neck. The elephant is made of gray duvety, plush or canton flannel and cut by a paper pattern. His eyes are shoe buttons, his tusks white cloth.

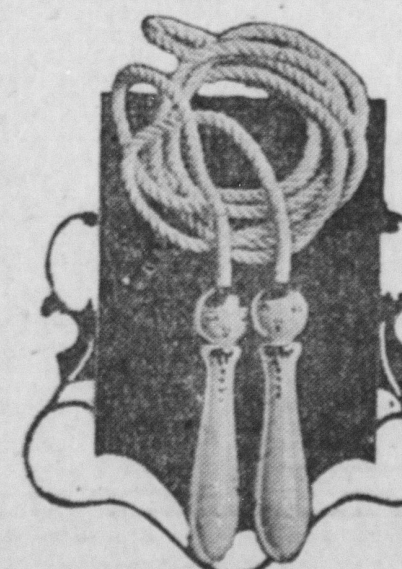
Pretty Home Gifts



Anyone who knows how to handle a paint brush and oil colors or understands the new art of painting with colored sealing wax can make the book for telephone numbers pictured here. It is merely a piece of white oilcloth folded over leaves of white paper. Small holes punched through at each end allow a black silk cord to bind the book and provide for hanging it up at the same time.

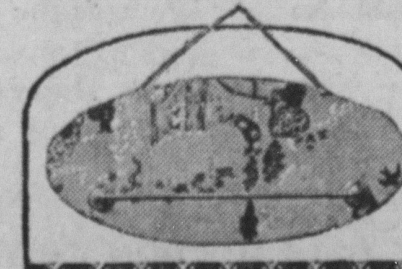
A powder box and a rouge box shown below it are covered with black lacquer and decorated with colored sealing wax that simulates ribbon and flowers.

Gay Skipping Ropes



A skipping rope is a joy to the sturdy little out-door girl, especially when it has Nannette and Rintintin for handles. They are painted a deep pink with faces, hair, neckties and buttons of black paint. By substituting clothespins for these handles and tacking the rope to them it is easy to make this treasure of childhood at home.

Handy Gifts for Men



Every man, young or old, will appreciate a good-looking rack to place within easy reach of his dressing case. The rack requires an oblong or oval board, smoothly covered with cretonne and a small nickel towel rack, which is screwed to the front of it. It is suspended by a silk cord fastened at the back with screw eyes.

SWAMP-ROOT FOR KIDNEY AILMENTS

There is only one medicine that really stands out pre-eminent as a medicine for curable ailments of the kidneys, liver and bladder.

Dr. Kilmer's Swamp-Root stands the highest for the reason that it has proven to be just the remedy needed in thousands upon thousands of distressing cases. Swamp-Root makes friends quickly because its mild and immediate effect is soon realized in most cases. It is a gentle, healing vegetable compound.

Start treatment at once. Sold at all drug stores in bottles of two sizes, medium and large.

However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Advertisement.

Like Cure Like.

Ted—What did you do to cheer him up when he told you his troubles?
Ned—I told him mine.

Some people talk best when they are going through the motions of reading a newspaper.

CURES COLDS IN 24 HOURS
WORLD'S STANDARD
AT ALL DRUG STORES FOR TWO CENTS
CASCARA QUININE
CURES LA GRIFFE IN 3 DAYS
DETROIT, W. H. HILL CO. MICHIGAN

Leggett & Myers
KING PIN PLUG TOBACCO
Known as "that good kind"
Try it—and you will know why

Yarn, 4 Fold Wool and Worsted, 27c Hank.
1 hanks \$1.95. Silky Wool 25c hank; 1 hanks \$2.95. ALL COLORS. Send for Free Samples. Mail Orders sent prepaid. Ideal Yarn, 130 North 12th St., Philadelphia, Pa.
W. N. U., BALTIMORE, NO. 48-1921.

Use SAPOLIO
For Every Room in the House
In the kitchen SAPOLIO cleans pots, pans, oilcloth and cutlery; in the bathroom SAPOLIO cleans porcelain, marble, tiling—the wash basin and bathtub; in the hallway SAPOLIO cleans painted woodwork, doors, sills and concrete or stone floors. See that the name SAPOLIO is on every package.
ENOCH MORGAN'S SONS CO.
Sole Manufacturers
New York U. S. A.

SMITHERS AND THE LIVERS

Synonymous Symposium That Resulted in a Change in the Custom of Many Years.

Smithers sat slyly slipping silvers of liver into his mouth. Smithers always has livers for dinner. And he demands his livers in small silvers. Suddenly a frown came over his face. "Garcon!" he demanded. Smithers was proud of his French accent.

The waiter slipped softly to his side. "These livers are not cut into small enough silvers."

The waiter became confused. He was all apologies; in fact, he was one large apology.

"Monsieur Smithers wants his livers in smaller livers."

"No! No! I want my livers in smaller smithers."

"You mean your slippers in silvered livers?"

"No! Smithers livered in silvered slippers."

"Oh! Silvers of slippers smithered in silvered livers?"

"No! I say, silvered slippers in smaller smithers."

"Oh, yes, smithered slippers of silvered silvered livers."

"Smithers changed a custom of years. 'Bring me a kidney,' he croaked—Harvard Lampoon.

No Need of Reason.

Jack—Papa, what is reason?
Fond Parent—Reason, my boy, is that which enables a man to determine what is right.

Jack—And what is instinct?
Fond Parent—Instinct is that which tells a woman she is right whether she is or not.—Stray Stories.

The greatest tattle tale in the world is a woman's age when it once begins to tell on her.

DEADLY WEAPON OF SAVAGES

African Tribes Use Poisoned Arrows Which Inflict Death That is Instantaneous.

The most effective weapon of the Masai and Andorobo is the arrow which they poison with the Accanthera schimperii, a small tree, according to a National Geographic society bulletin. They holl the leaves and branches until the mixture becomes thick and pitch-like in appearance, and place it on sheets of bark which they hide high on the branches of trees away from children, until it is needed. When an animal is shot with an arrow dipped in the poison, it dies almost immediately. The natives cut out the flesh around the wound as soon as possible and throw it away. The remainder is eaten and the blood is drunk. This love of blood as an article of food is common among many African tribes, several of them going so far as to bleed their cattle and drink the blood hot or mix it with their porridge.

Spoiled the Scenery.

A certain clergyman is a great believer in the widening influence of travel. When he and his wife set off last month for a holiday in Switzerland they took their maid with them.

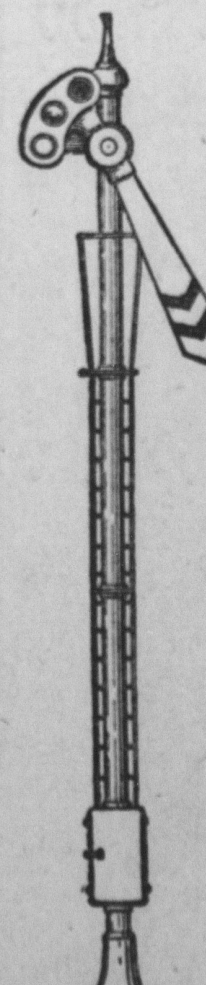
She was much envied by the other girls of the village, and when she got back one of her friends asked: "Well, Gladys, what did you think of Switzerland?"

"Not much," was the answer. "I couldn't really see what the country was like. The mountains got in the way."

It is fate that makes a heavy-weight champion of one man, a punching bag of another.

By taking pains, one can begin being old at 50.

The Block Signals Are Working—



In some respects, human experience is like railroading.

Every moment of the business and social day the block signals are giving right of way to keeness and alertness—while the slow and the heavy must wait on the sidetrack for their chance to move forward.

The ability to "go through" and to "get there" depends much on the poise of body, brain and nerves that comes with correct diet and proper nourishment.

That's why so many choose Grape-Nuts for breakfast and lunch. Served with cream or milk it is completely nourishing, partly pre-digested, and it supplies the vital mineral salts so necessary to full nutrition.

Grape-Nuts has a rich, delightful flavor, is ready to serve on the instant—and is distinctly the food for mental and physical alertness and speed. At all grocers.

"There's a Reason" for Grape-Nuts

The Key to Success Is Work— There Is no Substitute for It!

In order to do your best work, you must be healthy. You must sleep soundly at night, your nerves must be strong, steady and under perfect control.

If you are accustomed to drinking tea or coffee with your meals or between meals, you may be loading yourself with a very great handicap. Your nervous system may be stimulated beyond what is natural for you.

For tea and coffee contain their caffeine. These are drugs as any doctor can tell you. They are known to irritate the nervous system by their action and to cause restlessness and insomnia, which prevent the proper recuperation of the vital forces.

If you want to be at your best, capable of doing the very best work that lies in you, why not stop drinking tea and coffee? Drink Postum, the rich, satisfying beverage made from scientifically roasted cereals.

Postum contains absolutely no drugs of any kind, but in flavor tastes much like rich coffee. It helps nerve and brain structure by letting you get sound restful sleep.

Postum comes in two forms: Instant Postum (in tins) made instantly in the cup by the addition of boiling water. Postum Cereal (in packages) of larger bulk, for those who prefer to make the drink while the meal is being prepared) made by boiling for 20 minutes.

Ask your grocer for Postum. Sold everywhere.

Postum for Health
"There's a Reason"