SO WEAK SO NERVOUS

How Miserable This Woman Was Until She Took Lydia E. Pinkham's Vegetable Compound

Toomsboro, Ga.—"I suffered terribly with backache and headache all the time, was so weak and nervous I didn't know what to do, and could not do my work. My trouble was deficient and irregular peri-ods. I read in the papers what Lydia E. Pinkham's Vege-table Compound had done for others and

trial. I got good results from its use so that I am now able to do my work. I recommend your Vegetable Compound to my friends who have troubles similar to mine and you may use these facts as a testimonial."-Mrs. C.F. PHILLIPS, Toomsboro, Ga.

decided to give it a

Weak, nervous women make unhappy homes, their condition irritates both husband and children. It has been said that nine-tenths of the nervous prostration, nervous despondency, "the blues," irritability and backache arise from some displacement or derangement of a woman's system. Mrs. Phillips' letter clearly shows that no other remedy is so successful in overcoming this condition as Lydia E. Pinkham's Vegetable Compound.

MAN'S BEST AGE

A man is as old as his organs; he can be as vigorous and healthy at 70 as at 35 if he aids his organs in performing their functions. Keep your vital organs healthy with



The world's standard remedy for kidney, liver, bladder and uric acid troubles since 1696; corrects disorders; stimulates vital organs. All druggists, three sizes. Look for the name Gold Medal on every box and accept no imitation



HALE'S HONEY

Nothing better than this safe, dependable home remedy for healing and soothing throat troubles and clearing up colds. 30c at all druggists

BALTIMORE TO

JACKSONVILLE

Pier 3-Pratt St.

War tax 8% additional Meals and Stateroom Accommodations on Steamer included. Extra charges for Steamer included. Ex promenade deck rooms. Steamer Every Tuesday and Friday.

Make Reservations Early. Merchants & Miners Trans. Co.

Tel. St. Paul-4200

BALL MACHINE Operators or Sales-MO-JO-MIB Vending Gum, an individual piece that will vend in any ball machine and increase sales 100%. A letter stating the number of machines operated or sold will bring a sample and quotation.

CHICLE PRODUCTS COMPANY Mount Pleasant Ave. NEWARK, N. J.

DOV TREATED ONE WEEK FREE Short breathing re-lieved in a few hours;

swelling reduced in a swelling reduced in a

COLLUM DROPSY REMEDY CO., Dept. B. O., ATLANTA, GA. Went a Little Farther.

Eight-year-old Jack was invited to a party but his ten-year-old brother Joe was not. Yet Joe desired some of the refreshments, so he gave Jack some orders about procuring some. "If they have good cakes or anything you can carry, take some every time they offer you any and what you can't eat bring home to me."

And when Jack came home he was well laden with cakes. The bosom of his blouse fairly bulged with them. "Oh, you did take some every time they offered you any," said Joe.

"Yes." admitted Jack, "and some when they didn't offer me any either."

Tea Grown in Pennsylvania. It is not generally known that Pennsylvania has a tea crop indigenous to the Blue mountain region, and which largely surplants the use of the Oriental tea in several counties of that section. The crop is now being gathered and tons of the tea are being picked and dried for winter use.

Don't strain the eye seeking fault.



ever driven.

CAR PILOTS NOW HAVE SORE FEET

Physicians Are Treating Victims Who "Step on Gas" Too Long Without Rest.

CLAIM EFFECTS NOT SERIOUS

Disease Usually Follows Long Trip Through Which Driver Has Remained Continually at Wheel. -Origin Easily Traced.

It is not all smooth sailing for the many motorists are returning from don't be alarmed; it is not at all seri- | seat.

sal bones, declare physicians who have are not serious. Rest is the only cure. One Day Turns Trick.

More than one motorist returns home limping in one day, doctors aver. Long trips cause strains on the car and the driver. The strain on the accelerator foot sets up a nervous irritation that results in pain, and as result the driver abandons his car method is far more reliable than primwith a limp every time he walks. The disease is commonly known as the 'motor foot," but is technically called the "metatarsal displacement."

The limp usually develops in the right foot, for few drivers are "leftfooted." The disease usually follows a long overland trip, through which the driver has remained steadily at his post, and never has thought to give the pedal extremity a rest.

Swell Doctors' Coffers.

The coffers of the chiropodists and orthopedic surgeons have taken on a new hoof affliction. Many motor vacationists return to receive treatments. Massages and rest are said to cure the pains as rapidly as other treat-

Motorists accustomed to long drives scoff at the idea of the disease. If the piston-rings into the crankcase and there is any such allment, they declare, mixes with the oil.-R. L. Prindle, in it easily can be thwarted by shifting | Popular Science Monthly.

Some doctors call the ailment "acute foot strain." The origin of the disease is easily accounted for, they say. Respring, followed by more moderate driving, will diminish the prevalency of the ailment, physicians say.

WATER IN COOLING SYSTEM

Important That It Be Changed Every Week or Two to Prevent Rust Accumulation,

Few drivers realize how important it is to change the water in the cooling blow loosening the cap. system every week or two. The rust accumulates and should be drawn off while it is in a finely divided form. If it is allowed to accumulate too long it collects in masses and gradually fills up the water jackets. In time the cooling water cannot reach the bottoms of the jackets and the engine overheats very readily.

AVOID TROUBLE IN STEERING

Knuckle Pivot Pins Should Be Greased at All Times to Prevent Becoming Rusty.

Lack of lubrication is the chief cause of hard steering. The steering 000 marks. knuckle pivot pins should be greased at all times. They have large surfaces, which cause a heavy draft, if dry and

SURE-ACTING PRIMER **SAVES AUTO BATTERY**

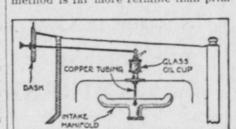
Device Causes Engine to Start Firing at Once.

Means Found for Injecting Into Cylinders Sufficient Amount of Gasoline to Vaporize and Mix With Air.

Many automobiles require a sureacting priming device to cause the engine to start firing at once, instead of compelling the starting motor to whir for long periods, which puts a heavy drain on the storage battery. Therefore, some means must be found of injecting into the cylinders a sufficient driver of a "gasoline wagon," accord- amount of gasoline so that enough will ing to physicians, who report that vaporize and mix with the air in the combustion chamber to form an ignitalong trips with a decidedly noticeable | ble mixture. The best of these is one limp. It is the new foot disease. But that can be operated from the driver's

Obtain an ordinary sight-feed oil The disease is always acquired in cup, as shown in the illustration. Atthe accelerator foot, the appendage tach it to a suitable part of the car, that shoves the car over the road at such as the dash, or mount it on the a fast clip. Continued pressure of engine block, above the carburetor. By the foot on the accelerator button the use of one-eighth-inch copper pipe, causes a displacement of the metatar- like that for the gasoline line, the cup should be connected with the indiagnosed cases that have been take manifold directly above the verbrought to their attention. Its effects tical tube to the carburetor. Then, by the adjustment of the feed-valve on the cup, the correct amount of gasoline is admitted to the manifold in the right place. In this way all cylinders will receive the same mixture, and of course will develop maximum power.

After the engine has started well, the feed-valve cup can be closed. This



Save your storage battery by equipping your car with this simple sureacting primer.

silver lining since the arrival of the ing-cups on cylinders, for, when the engine is primed through them, a greater quantity is injected than is needed for one explosion, and for this reason there is a certain amount of vapor formed, regardless of low temperature, which then finds its way past

TRICK YOU MAY NOT KNOW

leasing the tension of the accelerator | Simple Little Trick to Make the Hub Cap Do Its Own Loosening When It Sticks.

> In case the ordinary method of placing a wrench on a sticking hub cap and then tapping the wrench with a hammer, fails, try this: Place a small box or horse of very nearly the height of the hub from the floor, alongside the wheel, so that when the latter is turned the end of the wrench will strike the box, the force of the

The automobile show era is 22 years old. ,

Canada has 42 automobile accessory manufacturing plants.

London has 2,000 motor sightseeing busses and 5,000 passenger busses.

. . . A 120-horsepower passenger automobile, made in Germany, costs 380,-

In Detroit, Mich., there are seven

different plants manufacturing engines for motor vehicles.

KING TAKES CHANCE IN FLIVVER

The photograph shows King George, then the prince of Wales, taking a

chance in a flivver driven by Hon. O. S. Rolls (at wheel). In the rear seat are

Costly Building: Are Not Required and Only Add Expense to Maintenance Costs.

SIMPLE METHODS

WITH HEN FLOCK

BANK BALANCE IS IMPORTANT

Advisable to Secure Purebred Stock of Good Quality for Foundation -Not Good Business to Purchase Fancy Birds.

(Prepared by the United States Department of Agriculture.) Simple methods and simplicity in ouildings, equipment, and rations have nuch to do with the success of poultrymen, according to observations and experiments made by the United States Department of Agriculture. There is a mistaken idea among many inexperienced poultry raisers that the more elaborate the preparations made for conducting a plant or for caring

for a small flock the better the chance

of success. The safer way is to keep

down expenses as much as possible

without interfering with the health, comfort, and nourishment of the birds. It is natural to take pride in a fineooking building provided with all the refinements that have been designed to save labor and stimulate egg production, but the bank balance is of more importance to the average person than such satisfaction. In building a poultry house superfluous precautions against the weather are frequently taken. Warmth is sought at greatly increased overhead expense by putting in double walls, double floors, Interlaid paper, ceilings, etc., when single thicknesses well laid to pre-

localities where the winters are extremely severe. No Need for Ventilating Systems. Complicated and costly ventilating systems are sometimes used when just as good results would be obtained in the production of eggs by using windows and open fronts, closed when necessary by glass and cloth. Wood has been found the best material for house construction in most cases, although satisfactory buildings of other

materials are in use. Concrete makes

vent drafts are sufficient except in



A House Built of Single Thickness of Boards, With Ventilation Provided Through Doors and Windows, Is All That is Required.

a good floor if built over a well-drained foundation, but if the poultry house is built entirely of this material it is liable to be too damp.

Tonics and various concetions add to the expense of maintaining many flocks when they might very well be eliminated. Plenty of feed of the right kind, exercise, and comfortable quarters make the best health regulators and are unequaled as stimulants of egg production. It has been the experience of poultry raisers that a sick hen is best treated by an applica-

tion of the hatchet. Strange to say, the inexperienced person who is tempted to spend money for unnecessary construction in the house and superfluous equipment is often inclined to be niggardly when it comes to paying out money for the ing crops from destruction." foundation of his flock, prices for market poultry serving as his guide as to what is the proper price to pay. It is not good business to pay fancy prices to obtain birds of the highest excellence for it takes an experienced poultryman to realize on their possibilities.

If the location of a poultry business is a matter of choice, there are a number of things to be considered. Often the proximity of a good or special market for eggs and chickens will determine the selection.

Rule for Figuring Expenses.

It is sometimes rather troublesome for the owner of a poultry flock to determine with much accuracy just what it costs him to maintain a flock of laying hens. Experience derived from the egg-laying contests conducted by the Farm bureau at Santa Cruz, has resulted in the formulation of a rule that should be useful in arriving at the approximate cost. This rule may be expressed as follows: All of the expense for maintaining a flock of laying hens, apart from the cost of grain and mash but including miscellaneous supplies, interest on investment, depreciation, all labor but that of the owner, etc., amounts to approximately two-thirds of the cost of the grain and mash. In other words, the cost of the grain and mash is 60 per cent and all other expenses 40 Charles Gust and Lord Langattock. The automobile is the first of its kind per cent of the total.

BIRDS EFFECTIVE IN DESTROYING INSECTS

English Sparrows Devour Alfalfa Weevil in Utah.

Greatest Feathered Enemy of Cotton-Boll Weevil Is Orchard Oriole-Green Bugs Killed in North Carolina Fields.

(Prepared by the United States Department of Agriculture.) Mobilization of the wild birds, an army of the air that allies itself with man to fight crop pests, nearly always follows the presence of large numbers of insects that prey upon growing plants. Their ald in stamping out the menace is almost incalculable, says the biological survey, United States Department of Agriculture, in Yearbook Separate, "Farm Help From the



English Sparrow.

Some illustrations of what the birds have done are cited by the department, as follows:

On one Utah farm infested by the alfalfa weevil, English sparrows alone in one season fed to their young, it is estimated, 500,000,000 of the pests, making them about one-third of the diet of the growing birds. Sixty-six kinds of birds feed on the cotton-ball weevil, the greatest feathered enemy of this pest being the orchard orlole. A single stomach of this kind of bird contained, upon examination, 41 boll weevils. The green bug or wheat aphis also-but let the department tell the

"On a 200-acre farm in North Carolina, where wheat, rye and oats were severely attacked by green bugs, it was found that the birds were very effective in destroying the pests. The outbreak was at its height during the migration season of such birds as the goldfinch and the vesper and chipping sparrows, which, with other species on the farm, numbered more than 3,000 individuals. It was found that these birds were destroying green bugs at imitation fig syrup.-Advertisement. the rate of nearly 1,000,000 a day, and on days when additional flocks of mi grants were present this destruction was doubled. During the season such numbers of birds flocked to the grain reduced by an incalculable number."

Hardly an agricultural pest exists. the department states, but has numerous effective bird enemies. For instance, 25 kinds of birds are known to feed upon the clover weevil and a like number on the potato beetle, 36 on the codling moth, 43 on the gypsy moth, 49 on horseflies, 67 on billbugs, 85 on clover-root borers, 98 on cutworms, 120 on leaf hoppers, and 168 on wireworms.

"A classic instance of the concentration of bird attack upon an army of insect invaders," the department says, "occurred during the severe outbreaks of the Rocky mountain locusts between 1865 and 1877. So numerous were these voracious pests that many places visited by them were denuded of every green thing. A thorough investigation was made of the relation of birds to the outbreak, and it was found that practically every species, from the largest birds of prey to the tiniest humming birds, from ducks and other aquatic fowl to typical bird denizens of the dry plains, turned to feeding upon locusts. In fact, most birds gorged themselves with this abundant supply of food, and in doing so were the means, in numerous cases, of sav-

IMPORTANCE OF VENTILATION

Uncomfortable Housing Is Given as Cause of Freezing of Combs and Scarcity of Eggs.

It is not so much the cold as the humidity that causes the freezing of chickens' combs and the winter laying strike that results from uncomfortable housing. Proper ventilation is given as the most important consideration in housing poultry for the winter.

Occessorssessessessessessessessesses "Powerizing" the Farm

Greater production, the more astute application of good business methods, the stabilization of agricultural economics, will put farming-America's basic industry-on a sound and substantial foundation; if-as the closest students believe-improved machinery and refined sources of power will increase production, lower costs, and cut some of the peaks and valleys out of the farmers' profitgraph, then the steady "powerization" of the American farm is inevitable.-Secretary Wallace.

DESPAIR LURKS IN WEAK BLOOD

Gude's Pepto-Mangan, the Blood-Builder, Arouses Dull Faculties.

Many a man and many a woman feels all out of sorts from thin, weakened blood. The least little thing gone wrong throws them into a wild form of despondency. Instead of bracing up and meeting ordinary difficulties, they are downed. Nerves are on edge. Appetite lags. Sleep is restless. They are weak and tired and dull. Poor blood works its havor till the will loses its power. Few people who fall into habits of worry and despondency realize that most of their troubles are due to lack of endurance-to blood that has become weakened by overwork or

Healthy men and women with rich, red blood see things brightly. They tackle life with zest and go along smilingly, full of eagerness and endurance. Gude's Pepto-Mangan taken steadfly restores the blood to its natural richness. It actually makes red corpuscles, the tiny particles in blood which make it red. Druggists have Gude's Pepto-Mangan in liquid and tablet form. Advertisement,

Important Omission. "Your collection doesn't seem complete," said the visitor to the natural

history rooms. "What do you mean, sir?" "I don't see here that most baleful of all insects, the one that brings disappointment, spoils pleasure, causes divorce, deceives the credulous, frustrates hope and leaves the fondest expectations unfulfilled-I refer to the fly in the ointment."

MOTHER! MOVE CHILD'S BOWELS WITH CALIFORNIA FIG SYRUP

Hurry, mother! Even a sick child loves the 'fruity" taste of "California Fig Syrup" and it never fails to open the bowels. A teaspoonful today may prevent a sick child tomorrow. If constipated, bilious, feverish, fretful, has cold, colic, or if stomach is sour, tongue coated, breath bad, remember a good cleansing of the little bowels is often all that is necessary.

Ask your druggist for genuine "California Fig Syrup" which has directions for babies and children of all ages printed on bottle. Mother! You must say "California" or you may get an

A Regular Fan.

Hewitt-He is crazy about baseball. Jewett-Yes; if he were to die and were to meet St. Peter at the gate, he fields that the aphis infestation was | would inquire what linning was being played and what the score was .- New York Sun.

Don't believe the man who vows he likes you, or the girl who says she

Weak or Nervous? After the Flu, this Woman Tells Her Experience

Montrose, W. Va .- "After having the flu I was very weak and nervous. I got one bottle of Dr. Pierce's Golden Medical Discovery and two bottles of Favorite Prescription and they helped me so much. I am 67 years old and did lots of work last summer and am doing my housework and washing for four in family."-Mrs. L. R. Wilmoth, R. F. D. 2.

Health is your most valuable asset. It does not pay to neglect it. Go at once to your neighborhood drug store and get Dr. Pierce's Family Remedies in tablets or liquid. Write Dr. Pierce's Invalids' Hotel in Buffalo, N. Y., for free medical advice.









