

SUFFERED SEVEN LONG YEARS

Finally Relieved by taking Lydia E. Pinkham's Vegetable Compound

Ravenswood, W. Va.—"For seven long years I suffered from a female trouble and inflammation so that I was not able to do my own housework. I consulted several doctors but none seemed to give me relief. I read in a paper about Lydia E. Pinkham's Vegetable Compound so I decided to try it, and before the first bottle was gone I found great relief so I continued using it until I had taken eight bottles. Now I am very well and can do my own housework. I can gladly recommend Lydia E. Pinkham's Vegetable Compound to suffering women."—Mrs. BERTHA LIERING, R. F. D., Ravenswood, W. Va.

The ordinary day of most housewives is a ceaseless treadmill of washing, cooking, cleaning, mending, sweeping, dusting and caring for little ones. How much harder the tasks when some derangement of the system causes headaches, backaches, bearing-down pains and nervousness. Every such woman should profit by Mrs. Liering's experience. Remember this, for over forty years Lydia E. Pinkham's Vegetable Compound has been restoring health.

BETTER DEAD

Life is a burden when the body is racked with pain. Everything worries and the victim becomes despondent and downhearted. To bring back the sunshine take

GOLD MEDAL MARMALIN OIL CAPSULES

The National Remedy of Holland for over 200 years; it is an enemy of all pains resulting from kidney, liver and uric acid troubles. All druggists, three sizes. Look for the name Gold Medal on every box and receipt no imitation.



AT THE FIRST SIGN OF A COLD—USE CASARA QUININE

There Was No Reply. Robert Perry, age six, is the son of Paul Perry, of Greensburg. Like all boys of school age, he is of an acquisitive turn of mind, and frequently asks questions of his father which bring only a grunt in reply.

At dinner the other evening Robert was eating steak. "Papa, what is steak? Where does it come from?"

That was an easy one for papa, and he promptly responded: "From cows, son."

But he was not prepared for the next one: "From our two cows, papa?"—Indianapolis News.

Make Your Own Opportunities. When you feel the fancied greater opportunities of other fields tugging at your sleeve just hold a short communion with yourself and remember that it's the man and not the line which achieves success. You will then decide that there is nothing better than the work you are doing and that you make your own opportunities by the spirit you put into your task every day of the year.—Selected.

Cynical
The principal trouble with matrimony is that you can't marry a girl and still want to sit alone with her in the dark.

DON'T FEAR ASPIRIN IF IT IS GENUINE

Look for Name "Bayer" on Tablets, Then You Need Never Worry.

To get genuine "Bayer Tablets of Aspirin" you must look for the safety "Bayer Cross" on each package and on each tablet.

The "Bayer Cross" means true, world-famous Aspirin, prescribed by physicians for over twenty-one years, and proved safe by millions for Colds, Headache, Earache, Toothache, Neuralgia, Lumbago, Neuritis, and for Pain in general. Proper and safe directions are in each unbroken "Bayer" package.—Advertisement.

BOSCHEE'S SYRUP

Alleviates Irritation, Soothes and Heals Throat and Lung Inflammation.

The almost constant irritation of a cough keeps the delicate mucous membrane of the throat and lungs in a congested condition, which Boschee's Syrup gently and quickly soothes and heals. For this reason it has been a favorite household remedy for colds, coughs, bronchitis and especially for lung troubles in millions of homes all over the world for the last fifty-five years, enabling the patient to obtain a good night's rest, free from coughing, with easy expectoration in the morning. You can buy Boschee's Syrup wherever medicines are sold.—Advertisement.

Time Kept by Standard Clocks. The time of the whole of the United States east of the Rockies is regulated by three standard clocks kept in an underground vault at the naval observatory in Washington. These clocks are wound by electricity, and their beats are transmitted electrically throughout the observatory; the vault is never entered except in cases of emergency.

Cuticura for Sore Hands. Soak hands on retiring in the hot suds of Cuticura Soap, dry and rub in Cuticura Ointment. Remove surplus Ointment with tissue paper. This is only one of the things Cuticura will do if Soap, Ointment and Talcum are used for all toilet purposes. Advertisement.

Daily Short Story. Potiphar Wampoodle had words with his wife at breakfast about the way the eggs were cooked.

"I'm tired of this sort of thing," he declared. "From here I go to the river."

So he did. He loafed around the river front, kidded the boatmen, and even accepted a little guaranteed hootch.

It was very late when he wended his way homeward.

Then he had words with his wife about some alleged pork chops he found on the supper table.—Louisville Courier-Journal.

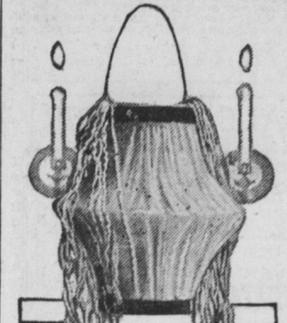
First "Weather Man." An Englishman, Francis Galton, was the first real weather man. Galton was a cousin of Charles Darwin. He was born in England in 1824. Whether he was really able to forecast rain and sunshine with more accuracy than his successors is an open question; but it is certain that he was the first to attempt the charting, on a large scale, of the progress of the elements of weather. The methods devised by him, in modified form, are used to this day.

Suitable For Presents

Ever Welcome Gifts Christmas Decorations



If a Christmas were to come and go without leaving with us pincushions, pin-holders, garters and other pretty furbelows made of ribbon, it would be remembered with something of disappointment. A heart-shaped pincushion, a small bag for holding pins and a pair of ribbon-covered garters represent a few of many ribbon novelties for the holidays.



One of the easiest ways for dressing up the house at holiday time is to make lamp, candle and electric light shades or lanterns of crepe or tissue paper and tinsel. To make the small lantern pictured two rings of cardboard are covered with plain black or gold paper pasted over them. A length of light green tissue paper is folded along the center, slashed into narrow strips and pasted inside the rings. Under this a length of rose-colored crepe paper narrower than the green is pasted; this causes the strips of green paper to spread and stand out. Silver tinsel hangs from the wire handle at each side.

For the Hostess



Gifts that every woman who entertains will delight in are pictured here and they will be all the more appreciated because they are made by their donor. A set of numbers for card tables is attractive and easy to make. They are cut from white cardboard and have gilded figures in black placed on one side. On this black and white background graceful sprays of gay flowers are painted and the cards are supported by small wire holders.

Bits of Splendor



Plain wide satin ribbon and narrow fancy ribbons, with handsome metallic mounts, are used to make these elegant shopping bags. Ribbons in the richest qualities and most brilliant patterns are chosen for them and they are lined with gay and equally good silks. Besides being bits of the splendor dear to women these bags have the additional value that belongs to a gift made by its donor.

Gay Bungalow Caps



Here is something new in breakfast caps. It is made of gay cretonne and is buttoned up the back so that it may be easily washed and ironed. It is bound with a plain color in chambray and has a narrow band of this material about it. The brim portion may be turned up or down and is shown here turned up at one side and down on the other.

Gifts for Gay Hours



Christmas never brought lovelier remembrances to fair women than the picturesque hair ornaments for the gayer hours which this season presents. There are many of them made of ribbon, beads, flowers or mock jewels in headbands, and finished with a feather or blossom or other ornament. The sparkling piece pictured is merely a flet of rhinestones that encircles the head and supports a small polyanthus flower at the left with a few sparkling rhinestones scattered on its leaves.

Bib and Tray Cloth



Balloons, in bright colors, and an angular elephant decorate the ample bib and tray cloth to match, made of oilcloth, as pictured above. They will afford the youngest member of the family much joy and his mother much peace of mind at the dinner table. Therefore the donor of this gift will be twice blessed and long remembered. The mottled oilcloth is cream colored and the bib is bound at the neck with white tape which is extended into ties.

Fairy Powder Puff



Little celluloid kowpies which may be bought everywhere have been used in many ingenious ways for Christmas gifts. Here is one dressed up like a fairy bride with ruffles of chiffon bound with narrow satin ribbon for a skirt and her head adorned with a braid wreath and veil. She stands in a small bag stuffed with cotton and gathered about her feet and it has a cloth powder puff sewed to it that rests in a glass bowl.

PEPTO-MANGAN KEEPS BLOOD PURE

Growing Children Need Plenty of Red Cells in Blood.

When the young body is growing, children frequently experience weakness. Girls and boys sometimes play too hard and overtax their systems. They become pale, weak, and sickly. They lose their appetites, become languid, and are not able to make progress in school work. "Growing too fast" is often true. It is most important to keep the blood of growing girls and boys in a healthy state. Pepto-Mangan keeps the blood pure. The red cells in the blood are increased. They carry life-giving oxygen to all parts of the body, and wholesome youthfulness blooms again in clear complexions, bright eyes and buoyant spirits. Sold both in liquid and tablet form by druggists everywhere. The name "Gude's Pepto-Mangan" is on the package. Advertisement.

AND THE SENATOR SUBSIDED

Edison's Rejoinder to Statesman Who Had Corrected His Pronunciation Was Crushing.

Thomas A. Edison, whose questionnaire to college graduates excited a good deal of wrath in college circles, can hold his own with anybody.

Once at a dinner in New York a learned senator from Harvard took Mr. Edison to task for pronouncing the word "curator" in the Scottish way—the inventor is of Scottish Presbyterian descent—with the accent on the first syllable.

"Mr. Edison," the senator said, "it is the usual custom to pronounce this word cur-A-tor, following the analogy of the Latin, in which tongue, as you're doubtless aware, the penultimate syllable is long."

"Thank you," said the great inventor. "I suppose you know, however, that it is the Scottish custom to follow the analogy of the English, and to accent the word on its first rather than its second syllable; but of course I bow to the authority of so learned a senator and so eloquent an orator as yourself."

Biggest Boy in the World.

"Gosh-a-mighty, but that guy's long for this world!" said a startled negro porter the other morning in Chicago, as Jan Van Albert doffed up like a jack-knife, squeezed through the door of a Pullman car, straightened up to his full height of 9 feet 5 inches, gave the roof of the car an affectionate pat and then hustled to a telephone to order his breakfast—a meal that would stagger five ordinary men.

The "biggest boy in the world" is Albert, who is only nineteen. By way of diversion, he can walk about the streets and look in the second story windows.

The Sounding Soup.

The late George Loane Tucker, the movie pioneer, was noted in Los Angeles for his fastidious tastes. Mr. Tucker was lunching one day in a Los Angeles restaurant, and at a near-by table sat a movie king whose table manners left much to be desired. The man ate his soup in a specially noisy manner.

Eating away, he leaned towards Mr. Tucker and said: "This is darn good soup, George."

"It sounds good," Mr. Tucker replied.

Strict Commercialism.

"You moved your audience to tears," said the admiring friend. "Yes," replied Mr. Stormington Barnes. "We're going to make some money out of this play."

"Your art is being compensated at last." "Yes. And besides that we're going to carry a side line of pocket handkerchiefs to be sold to our weeping auditors."

Stake Holder.

"Those two girls bet a kiss about something." "What's it to you?" "I'm holding the stakes."—Life.

Man and strange umbrellas often go without saying.

Weak and Worn?

Has summer left you dull, tired; all worn out? Do you have constant backache, with headaches, dizzy spells, sharp, shooting pains, or annoying kidney irregularities? Influenza and grip epidemics have left thousands with weak kidneys and failing strength. Don't wait until serious kidney trouble develops. Help the weakened kidneys with Doan's Kidney Pills. Doan's have helped thousands and should help you. Ask your neighbor!

A Virginia Case

Mrs. Ben Ball, 17 Pecan St., Abingdon, Va., says: "When I tried to get out of bed, I would become dizzy. I had terrible headaches. My back was weak and lame and I could not get to school. My kidneys didn't act right. Different medicines did me no good and it wasn't until I used Doan's Kidney Pills that I was helped. Several boxes of Doan's cured me."

Get Doan's at Any Store, 60c a Box DOAN'S KIDNEY PILLS FOSTER-MILBURN CO., BUFFALO, N. Y.

CREDIT TO ITS BUILDERS

Frame Meeting House in Maryland, With Authentic Record From 1683, Is Still Standing.

The old Quaker meeting house at Easton, Md., is probably the oldest frame building standing in the United States—just where it was built and as it was built, without any change, additions or subtractions and with an authentic record since 1683. An occasional replacing of the shingles on the roof and of the weather boarding are all the repairs it has had. Its frame, inside and woodwork, and some of the weather-boarding are the same as when built about the same time that William Penn, who visited the building, was trading with the Indians and laying out Philadelphia.

The only preservative used on the wood has been old-fashioned white-wash on the outside. Seven of the original plank seats and the wood-work inside have had no paint whatever. White oak, white pine cypress and southern pine from the Maryland forests were the woods used.

Got 'Em Guessing.

Miss Alice Robertson, the only woman member of congress as the records put it, was in conversation with a group of male members including Representative Tower of Iowa and several others. Something made Miss Alice peevish at the way part of the house was acting.

"I'm not the only old woman in this house," she said as she looked around the group defiantly.

Now the question that is agitating those present is exactly who Miss Alice looked at at the moment. There are as many different versions as there were members present.

A soft answer turneth away wrath, and hard coal instead of soft turneth away a lot more.

Nothing equals SAPOLIO for scouring and polishing cutlery. Makes all metalware look like new.

Liggett & Myers KING PIN PLUG TOBACCO Known as "that good kind" Try it—and you will know why

FUR TRIMMINGS FOR WOMEN on hats, dresses, waists, coats. Send for circular, sample or estimate. ROSENBLUTH BROS., INC., 25 W. 43rd St., NEW YORK.

W. N. U., BALTIMORE, NO. 47-1921.

Why guess about it— When you can know about it?

Suppose a guide said— "This way there's a safe and pleasant road to your destination, with no risks or troubles on the way," and— "That way there's a road that a good many have stalled on and turned back from, but you may get through."

Which would you take?

Postum is a thoroughly agreeable and satisfying meal-time drink, and you're sure that it's perfectly safe for health. Coffee contains drug qualities which disturb and harm the health of many.

Postum or coffee? Which road?

Why guess when you can know?

Postum comes in two forms: Instant Postum (in tins) made instantly in the cup by the addition of boiling water. Postum Cereal (in packages of larger bulk, for those who prefer to make the drink while the meal is being prepared) made by boiling for 20 minutes. Sold by all grocers.

Postum for Health "There's a Reason"

WESTERN CANADA Land of Prosperity

offers to home seekers opportunities that cannot be secured elsewhere. The thousands of farmers from the United States who have accepted Canada's generous offer to settle on FREE homesteads or buy farm land in her provinces have been well repaid by bountiful crops. There is still available on easy terms

Fortile Land at \$15 to \$30 an Acre —land similar to that which through many years has yielded from 20 to 45 bushels of wheat to the acre—oats, barley and flax also in great abundance, while raising horses, cattle, sheep and hogs is equally profitable. Hundreds of farmers in western Canada have raised crops in a single season worth more than the whole cost of their land. With such success comes prosperity, independence, good homes and all the comforts and conveniences which make life worth living.

Farm Gardens, Poultry, Dairying are sources of income second only to grain growing and stock raising. Attractive climate, good neighbors, churches, schools, good markets, railroad facilities, rural telephone, etc.

For illustrated literature, maps, description of farm opportunities in Manitoba, Saskatchewan, Alberta and British Columbia, reduced railway rates, etc., write

F. A. HARRISON 210 N. Third St., Harrisburg, Pa.

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