

JOY BROUGHT INTO HOME

By Lydia E. Pinkham's Vegetable Compound, Restoring Mrs. Benz to Health

Altoona, Pa.—"I am writing to tell you what Lydia E. Pinkham's Vegetable Compound has done for me. We have had six children almost at birth. From one hour to nineteen days is all they have lived. As I was going to have another, I took a dozen bottles of your Vegetable Compound and I can say that it is the greatest medicine on earth, for this baby is now four months old and a healthier baby you would not want. I am sending you a picture of her. Everybody says, 'That is some healthy looking baby.' You have my consent to show this letter."

No woman can realize the joy and happiness this healthy babe brought into the home of Mrs. Benz, unless they have had a like experience. Every woman who suffers from any ailments peculiar to her sex, as indicated by backaches, headaches, bearing-down pains, irregularities, nervousness and "the blues" should not rest until they have given Lydia E. Pinkham's Vegetable Compound a trial.

16799 DIED

In New York City alone from kidney trouble last year. Don't allow yourself to become a victim by neglecting pains and aches. Guard against this trouble by taking

GOLD MEDAL HARLEM OIL CAPSULES

The world's standard remedy for kidney, liver, bladder and uric acid troubles. Holland's National Remedy since 1896. All druggists, three sizes. Look for the name Gold Medal on every box and accept no imitation.

Advertisement for HALE'S HONEY OF HOREHOUND AND TAR, featuring an illustration of a man and a woman.

Dr. Kellogg's Asthma Remedy

for the prompt relief of Asthma and Hay Fever. Ask your druggist for it. 25 cents and one dollar. Write for FREE SAMPLE. Northrop & Lyman Co., Inc., Buffalo, N. Y.

Advertisement for KING PIN PLUG TOBACCO, featuring the text "Known as 'that good kind' Try it—and you will know why"

Advertisement for Comfort Baby's Skin With Cuticura Soap And Fragrant Talcum

Advertisement for ITCH! Money back without question if HUNT'S GUARANTEED SKIN DISEASE REMEDY (Hunt's Salve and Soap), fail in the treatment of Itch, Eczema, Ringworm, Tetter or other itching skin diseases. Try this treatment at our risk. Sold by all reliable druggists. A. B. Richards Medicine Co., Sherman, Texas

Advertisement for DROPSY TREATED ONE WEEK FREE Short breathing relieved in a few hours swelling reduced in a few days; regulates the liver, kidneys, stomach and heart; purifies the blood, strengthens the entire system. Write for Free Trial Treatment. COLLUM DROPSY REMEDY CO., Dept. B. O., ATLANTA, GA.

Advertisement for PARKER'S HAIR BALSAM Removes Dandruff—Stops Hair Falling Restores Color and Beauty to Gray and Faded Hair 50c and \$1.00 at Druggists. H. W. Parker, 215 Madison Ave., New York City. H. W. Parker, 1110 Broadway, N. Y.

Advertisement for KREMOLA WUNDERFUL FACE PLEASER Removes Tan, Freckles, Pimples, etc. Makes Skin Soft, Smooth, and Beautiful. Free Trial. Write for it. KREMOLA COMPANY, 1875 Michigan Ave., Chicago, Ill. W. N. U., BALTIMORE, NO. 44-1921.

The SANDMAN STORY

KITTEN'S NEW HAT.

MISS KITTEN could hardly wait for Sunday, so proud was she of her new hat, and she was quite sure she would not only be envied by all the other Pussies, but she would also be the handsomest Puss at church. Miss Kitten had been working a long time collecting the trimmings for her hat and I am sorry to tell you that it was trimmed with wings and feathers.



of all colors with which to trim her hat, which proved how naughty she had been.

On Sunday she was up early, and as soon as her house was in order off she tripped dressed in her new hat for church.

It happened that she had to pass through the woods and Willy Bluejay, who was sitting on a limb of a tree near the road, and saw Miss Kitten. "Chatter, chatter, chatter!" said Will, which meant in bird language, "You thief, you thief!"

How It Started HOME HEATING PLANTS.

THE first attempt to heat houses by hot air was probably made by Benjamin Franklin. The first hot-air furnace was built at Worcester, Mass., in 1825. Heating by hot water is of great antiquity, the Romans having used this method in their great baths. In 1777 M. Bouenmain proposed this method for heating the hothouses in the Jardin des Plantes, Paris. The first idea of heating by steam, was introduced in England in the Eighteenth century by William Cook of Manchester.

A LINE O' CHEER By John Kendrick Bangs.

WEAKNESS. IVE known a human of such strength That he could hold at fullest length The full weight of a man, yet he Was weak as foam upon the sea, For when by some misfortune stung He had not strength to hold his tongue, And with lament and wrathful curse Made bad enough so much the worse.

Careful Buying. The Jeweler—Yes, we have cheaper wedding rings, but they're only plated and won't last more than a year or two." Titus Wadley—"I'll take one of them. If my marriage outlasts the ring I can have it replated."

"What's in a Name?" Facts about your name: its history, meaning, whence it was derived, significance, your lucky day and lucky jewel By MILDRED MARSHALL

MARCIA has an ancient origin. In early Rome there was a famous gens of Sabine origin which gave a king to Rome and was called Martius. Martius in turn is said to come from Marcus, a name about which there is much contention among etymologists. However, the consensus of opinion seems to be that it was derived from Mars, the war god, and one of the chief of the old Latin deities.

The daughters of the Martius family were called Marcia. Another spelling was Marsia. Renching France, the name became Marcia and of late years when Marcia returned to France she was used as the feminine of Mark.

Marcia is another form of Marcia, the original Martia being one of the young Roman girls who endured the fiery trial of martyrdom under Emperor Decius. For some reason which history does not explain the maiden-hair fern became identified with her and its prevalence in Roman gardens

And off flew Willy Bluejay to tell all the birds in the woods that Miss Kitten was coming dressed in her new hat trimmed with the wings and feathers of their relatives. When Miss Kitten reached the middle of the woods there on the trees and bushes, out of her reach, of course, sat hundreds of birds, chattering like mad.

"You are a thief, you wicked cat!" they shrieked at her, "you killed our children, you killed our mother, you killed our father, you killed our sister and you killed our brother."

At first Miss Kitten did not notice them, but as she walked along they flew over her, still screaming. Just before she reached the end of the path out of the woods down flew Willy Bluejay and picked off a feather from her hat.

Seeing his darling, Tommie Sparrow grew bold and down he swooped and took the hat right off Miss Kitten's head.

"Pick out her eyes! Pick out her eyes!" cried all the other birds, flying around her, until Miss Kitten was so scared she ran.

But the birds followed, screaming and flapping their wings, and at last Miss Kitten had to take refuge under some old boards and stay there until dark.

Then out she crept, all her vanity gone, and never again did she bother the birds or have the least wish to trim her Sunday hat with feathers.

The Right Thing at the Right Time By MARY MARSHALL DUFFEE

THE YOUNG MAN GUEST

Life is not so short but that there is always room for courtesy.—Emerson.

STRICTLY speaking the invitation bidding a young man to be the guest of a household should come from the mother or wife, or whoever acts as hostess of that household. Actually one young man often invites a chum of his to be a guest for a day or two, and the mother does not send the letter of invitation that the strictest good form would demand. There is no great crime in this, only the young man who writes the invitation should word it so as to make it evident that his mother extends the hospitality, and in answering the invitation the one invited should be sure to bear this fact in mind and whether he has met the hostess-to-be or not he should express his gratitude to her for her kindness in wishing him to be a guest.

If you have visited in the house before it is courteous to take to your hostess, or have sent, so that it reaches her shortly before you do, with your card enclosed, a few flowers or some bonbons.

Never smoke without gaining permission of your hostess. If there are no other smokers in the family do not ask for permission. If you see that others make a habit of smoking in the house then you may ask for permission to smoke even though none of the others are smoking at the time.

Do not plan to accept outside invitations or to leave the house when you are a guest without consulting your hostess. She may have something arranged for the same day and hour. If you are to have very important business engagements that cannot be broken during your visit you should make the fact known at once so that no plans will be made for the time involved.

and as an ornament to Roman fountains is said to be in her honor. Her name penetrated Italy, France and even England, where it was used as the feminine of Martin. But it has almost dropped out of usage, Marcia alone surviving. The cat's-eye is Marcia's talismanic stone and is a charm against evil spirits. It is said to protect her against the treachery of others. Thursday is her lucky day and 6 her lucky number.

Had Good Brakes. Master Robert Morton is three years old and lives at Otwell, Ind. One evening he was watching his father milk the cow. Annoyed beyond endurance by the flies, the cow finally kicked over the milk pail and headed for the pasture.

Robert's father ran to head off the cow with the result that she stopped quite as suddenly as she started. That feat pleased Robert and he called excitedly: "Gee, dad, she's got good brakes, ain't she?"—Indianapolis News.

Alice Terry



Handsome Alice Terry, the "movie" star, is eighteen years old. Nature has fairly showered her with beauty. She is rather above medium height; her skin is like silken damask, tinted with rose pink. She has an oval face, crowned with a mass of spun gold hair; eyes of blue and a winsome mouth.

WOMEN NEED SWAMP-ROOT

Thousands of women have kidney and bladder trouble and never suspect it. Women's complaints often prove to be nothing else but kidney trouble, or the result of kidney or bladder disease.

If the kidneys are not in a healthy condition, they may cause the other organs to become diseased. Pain in the back, headache, loss of ambition, nervousness, are often times symptoms of kidney trouble.

Don't delay starting treatment. Dr. Kilmer's Swamp-Root, a physician's prescription, obtained at any drug store, may be just the remedy needed to overcome such conditions. Get a medium or large size bottle immediately from any drug store.

However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Advertisement.

Ambitious. "That was some haul," said the hold-up man. "A few more like it," replied his partner, "and we'll be able to become landlords and make real money."—New York Sun.

To Have a Clear Sweet Skin Touch pimples, redness, roughness or itching, if any, with Cuticura Ointment, then bathe with Cuticura Soap and hot water. Rub, dry gently and dust on a little Cuticura Talcum to leave a fascinating fragrance on skin. Everywhere 25c each.—Advertisement.

Suffer fools gladly; they may be right.

CLOGGED BLOOD WITHERS THE BODY

Workers Sick and Weak From Exertion Take Gude's Pepto-Mangan.

Men and women who toil, either physically or mentally, use up energy. When they overwork they use up more energy, and sometimes the blood gets in a run-down condition. Without rest the blood cannot get back to normal, so that it becomes clogged with waste matter from over-exertion.

The clogged blood virtually withers the body. The strained looks on pale faces, the thin, bloodless arms, the sunken cheeks and necks, the dead-tired feeling, are the results of stale blood depriving the system of life-giving oxygen.

Workers go to the drug store and get Gude's Pepto-Mangan when they feel weak and run down. They take it in either the liquid or the tablet form. That makes the blood rich and red and drives out the poisons. Life-giving oxygen, carried by the little red cells, renews the strength and builds up the entire system. Look for the name "Gude's Pepto-Mangan" on the package. Advertisement.

One-half the world wonders why the other half lives.

Advertisement for SAPOLIO cleaning product, featuring an illustration of a bathtub and a person cleaning.

Advertisement for SPOHN'S DISTEMPER COMPOUND, featuring an illustration of a man's face.

It Was Too Late Then. The husband of one of his pensioners having died, the minister called to see how the widow was bearing up under her sorrow. His sympathy touched her greatly.

The clergyman asked if it had been necessary to hold a post-mortem examination. "Oh, yes," replied the widow, "but more's the pity, they didn't hold it until my dear husband was dead, otherwise he might be with me now." And she dissolved into tears.

Drawing It Too Fine. After giving the prospective housemaid full details as to her duties, the mistress of the house was on the point of turning away when a thought struck her suddenly.

"Oh, by the way," she asked, "do you know your way to amusement?" "Well, ma'am," replied Mary, "I'm not sure about that, but I think I know my weight to a pound or so."

To do good is better than to be done good. True men are always truthful men.

Embarrassing Moment. I had just received a letter from my beau. I read it over and at the end he had written: "P. S.—Isle of View." I read that phrase over three or four times but could get no sense out of it, so finally I took it into the living room where my folks were all sitting and said: "Mother, what does Harry mean by this?" And I read the phrase out loud. Imagine my embarrassment when the meaning suddenly flashed over me as I read the words aloud. I made a hasty retreat.—Chicago American.

Correct! "Now," said the professor of chemistry, "under what combination is gold most quickly released?" The student pondered a moment. "I know, sir," he answered. "Marriage."—Edinburgh Scotsman.

Joe the Plodder says it's a good idea to keep your fences and your tetaper in good repair. The worry habit is bad for both mental and physical health. Don't worry.

Large advertisement for Grape-Nuts, featuring the text "The foolish man who built his house on the sand" and "Grape-Nuts—the Body Builder 'There's a Reason'"