

**MOTHER! MOVE
CHILD'S BOWELS WITH
CALIFORNIA FIG SYRUP**

Hurry, mother! Even a sick child loves the "fruity" taste of "California Fig Syrup" and it never fails to open the bowels. A teaspoonful today may prevent a sick child tomorrow. If constipated, bilious, feverish, fretful, has cold, colic, or if stomach is sour, tongue coated, breath bad, remember a good cleansing of the little bowels is often all that is necessary.

Ask your druggist for genuine "California Fig Syrup" which has directions for babies and children of all ages printed on bottle. Mother! You must say "California" or you may get an imitation fig syrup.—Advertisement.

Good Hint.
Mrs. Spreaditt—"My husband tells me everything." Mrs. Smart—"I'm glad you told me, I'll warn my husband."

**WIFE TAKES
HUSBANDS ADVICE**

And Is Made Well Again by Lydia E. Pinkham's Vegetable Compound

Springfield, Mass.—"The doctor told my husband that I had to have an operation, otherwise I would be a sickly woman and could not have any more children on account of my weakened condition. I refused to have the operation. My husband asked me to try Lydia E. Pinkham's Vegetable Compound to see if it would not help me. For the first four months I could do but little work, had to lie down most of the time, was nervous and could eat hardly anything, but my husband was always reminding me to take the Vegetable Compound, which I did. Of my eight children the last one was the easiest birth of all and I am thankful for your Vegetable Compound. I recommend it to my friends when I hear them complaining about their ills."—Mrs. M. NATALE, 72 Fremont St., Springfield, Mass.

Sickly, ailing women make unhappy homes, and after reading Mrs. Natale's letter one can imagine how this home was transformed by her restoration to health. Every woman who suffers from such ailments should give Lydia E. Pinkham's Vegetable Compound a fair trial. It is surely worth while.

**SQUEEZED
TO DEATH**

When the body begins to stiffen and movement becomes painful it is usually an indication that the kidneys are out of order. Keep these organs healthy by taking

**GOLD MEDAL
BARLEM OIL
CAPSULES**

The world's standard remedy for kidney, liver, bladder and uric acid troubles. Famous since 1895. Take regularly and keep in good health. In three sizes, all druggists. Guaranteed as represented. Look for the name Gold Medal on every box and accept no imitation.

ASTHMA

DR. J. D. KELLOGG'S ASTHMA REMEDY for the prompt relief of Asthma and Hay Fever. Best new drug. List for it, 25 cents and one dollar. Write for FREE SAMPLE.

Northrop & Lyman Co., Inc., Buffalo, N.Y.

**Dr. J. D. KELLOGG'S
REMEDY**

Clears out cold in head or chest

**WALSH'S
OREHOUD
AND TAR**

A home remedy of tested and tried ingredients, safe, dependable.

30c at all druggists
For selling teeth use Pike's Toothache Drops.

Leggett's

**KING PIN
PLUG TOBACCO**

Known as "that good kind"

Try it—and you will know why

EPILEPTICS

Would you care to learn about the new rational treatment for immediate relief of epilepsy, positively stopping seizures from first day's use. Information Free—"EPILEPTIC". Drawer A-592, LANDER, WYOMING.

HARDWOOD ASHES for Seeding Down Pay Big
GEORGE SEEVERS, Peterborough, Ontario

**MR. BOWSER'S
OFFICE BOY**

He Thinks Mr. Bowser Is Crazy.

By M. QUAD.

(© 1921, by McClure Newspaper Syndicate.)

When Mr. Bowser reached his office ten minutes ahead of time the other morning he found Theopulus, the office boy, making an examination of one of the drawers of his desk. Twice before he had caught the boy at it, and took him by the collar and shook him, and said:

"You young rascal you! If I ever catch you at this again, I will break your neck!"

On this occasion Mr. Bowser smiled a fatherly smile and kindly said:

"Theopulus, you are arranging my papers. You are a good boy to put in your extra time that way. I do not think I quite appreciated you in the past, but I shall in the future. Here is a half-dollar for your extra time and I shall raise your wages next week. I surely have a prize in you!"

"But—but—but—" stammered Theopulus, more taken aback than as if he had received a cuff on the ear.

"Oh, I want no thanks," said Mr. Bowser. "I see a good boy when I see you. Should any other offices in this building offer you four times what I am paying you, let me know, and I will give you more than they will. It seems to me that you look tired and exhausted. I do not wish to overwork you. Take the morning paper and sit down and read for a couple of hours."

The look of amazement on the boy's face was a study. He tried to say something, but no words would come. He finally backed out of the room and went down the hall, to where a chum of his was sitting on the window sill.

"Say," he whispered to the boy, "my old boss has become dangerous!"

"How dangerous?"

"Why, he got here ahead of time this morning and he caught me looking through his desk."

"And he knocked one of your ears off? I thought I heard you yell out. Let me see."

"No, he never touched me. He just smiled and called me a good boy, and gave me a half-dollar and said he was going to raise my wages next week. That's how dangerous he is. Wouldn't you call that crazy?"

"Of course I would!" replied the boy. "You hadn't better be in there alone, or he may ratle you. There's the way with some lunatics. They talk mighty soft to anyone, for a spell, and then turn around and grab them by the throat. Hadn't we better get a cop?"

"I guess not, but you better tell your boss not to go in there. We don't want any bloody tragedies up here."

"Does he grate his teeth?"

"I didn't notice."

"Does he roll his eyes around?"

"Maybe he did but I wasn't looking."

"Didn't you see any froth on his mouth?"

"I don't remember."

"You should look out for such things, because you are a poor, helpless boy and don't want to be murdered. When you go back to his room, be prepared to spring away and save

your life, if he makes the least motion. If he keeps smiling, it's a pretty sure sign that he is going mad."

Thus it became known in three or four offices, that Mr. Bowser was acting queerly, and three or four men made excuses to call on him and talk more or less. None of them found him very strange, but he was unusually polite and he talked about the Peace League in a way to surprise them. As they came out into the hall, one said to the other:

"I don't think he's going crazy, but he is so polite and dignified that I can't quite make him out. I never saw such a fatherly smile on his face before."

"No, nor I, either. Hadn't we ought to try to get him to send for a doctor?"

"No, not yet. He might feel hurt about it."

A little later a tailor came up with a bill and he asked of Theopulus if Mr. Bowser was in his room. Theopulus saw a chance for some fun. If Mr. Bowser killed that tailor it would be a great amusement, and so he said:

"Yes, he's right in and will be glad to see you. He is prompt pay, and

if he owes you anything he will pay it."

The tailor was ushered in. Mr. Bowser swung around and smiled at him and said:

"Ah, I was wondering why you didn't come. Two weeks ago I called at your shop with a pair of pants to be cleaned and pressed. You said the work would cost me half a dollar and that I was to call two days later. I called, but you were not in. Your boy permitted me to take my pants home and said you would come with the bill. You are here. Here is your money. I am very sorry if I have put you to any inconvenience. Some folks seem to think that tailors have no feelings, but I am not of that number. You have feelings, the same as the President of the United States, and I take you by the hand and wish you all happiness and prosperity."

"Yes, sir," replied the tailor, timidly offering his hand. "I just called, you know."

"Yes, I know. You called for your money, as any gentleman should, and here it is. I must tell you that I am satisfied with your work. You cleaned and pressed my pants in a noble manner. I doubt if there is a senator in Washington who could do the job as well. Keep right on, tailor, and you will arrive at the zenith of prosperity."

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"Wish You All Happiness and Prosperity."

Should it ever happen that you were in want of \$5, come to me, and I will lend it to you. Good-by, tailor, adieu to you."

When the tailor came out into the hall, Theopulus looked him over carefully, to see if he had any mortal wound, and then said to himself:

"Well, I never! I thought all of Bowser's room would be spattered with blood, and here I shall not find a single drop. Those men may say all they want to, but he is crazy, if ever a man was!"

When Mr. Bowser took the car for home, the conductor was rather timid about holding out his hand for the fare. Several times Mr. Bowser had used sarcastic words to him and he was afraid he might get more of them. He didn't, however. He was welcomed with a smile and the words:

"So you are after my fare, are you? Well, you have got a wearisome job, and I think you ought to be cheered up. Here's a quarter and you may keep the change to buy candy for your children. You are a good, patient man, and I am going to speak to the president of the company to promote you."

The conductor blushed and then went away. He could not quite make out what was coming, and it was with a sigh of relief that he reached the rear platform.

Mrs. Bowser noticed a change the moment Mr. Bowser stepped into the hall of his house. She noticed it at the dinner table, and she noticed it when they returned to the sitting room. She was as puzzled as Theopulus, but she kept her thoughts to herself.

When Mr. Bowser fell asleep, she rose up and took a long look at him. The smile was still there and she sighed in despair, as the drowsiness of sleep came over her. What did it all mean? Was there going to be a new Mr. Bowser?

Grains of Sand Trip Justice.

In Raymond B. Fosdick's endless storehouse of material there are to be found many cases of trivial technicality resulting in the failure of American justice.

The setting aside of a murder verdict because the word "afterthought" is omitted after the word "malice"; the freeing of a man convicted of assault with intent to kill because the copying clerk omitted the letter "i" in "malice"; excluding an indictment for rape because it concluded "against the peace and dignity of state" instead of "against the peace and dignity of the state"; the freeing of a horse thief because the indictment mentioned "W. Virginia" instead of West Virginia.—Horace Green in Leslie's.

Ought to Include Worms.

"My dear," said Mr. Peckton, apologetically, "just at this particular time I think you ought to spare me the ahem—strictures that quite unfit me to lead a normal happy existence."

"Why, at this particular time more than any other?"

"I notice in the paper that this is 'Be Kind to Animals' week."—Birmingham Age-Herald.

An Abused Boy.

Mother—Now, remember, Johnny, there's a ghost in that dark closet where I keep the cake.

Johnny—Funny you never blame the ghost when there's any cake missing; it's always me.—Boston Transcript.

**COOLING DRINKS
ARE REFRESHING**

Almost Any Fruit Juice in Season Is Excellent in Beverages in Hot Weather.

ARE VALUABLE FOR CHILDREN

Citrus Fruits Give Zest to Other Flavors and Can Be Used in Various Combinations—Recipe Given for Fruit Punch.

Prepared by the United States Department of Agriculture.

When there are only one or two large lemons on hand, with a large, thirsty family demanding prompt refreshment, why not serve a "fruitade" made by combining different fruit juices with the lemon? A small amount of lemon is needed to intensify other fruit flavors, but almost any slightly acid fruit can be used as the basis for a good summer drink. It is a practical plan to keep one or



Fruitade, With a Sprig of Mint, is Always Refreshing on a Hot Day.

two bottles of water cooling in the ice box to dilute fruit juices readily. Charged water, such as apollinaris or ginger ale, help to convert a simple "fruitade" into a "punch" for occasions when a festive drink is appropriate, but the fruit juices, diluted with water only and well chilled, are very refreshing.

Special Recipe Not Necessary.

A special recipe is not necessary to make a fruitade. Any single predominant flavor may give it its name—raspberry, grape, pineapple or orange; often four or five qualities are blended in approximately equal quantities. The flavor of peaches combines well with pear juice, pineapple, orange and lemon; the juice of blackberries, raspberries, currants, blackcaps, grapefruit, limes and plums can be used in any selected combinations. Lemon is necessary (unless limes are used for the purpose) to make the drink sufficiently acid to quench the thirst on a hot day.

The amount of water added depends somewhat on the kinds of fruit used, and also on the preference of the "taster." A preponderance of very acid juices—lemon or lime—will stand more dilution than the milder flavors. In general, one part of water to one of mixed fruit juice can be tried at first, and more water added if it seems desirable. Tea may be substituted for about one-third of the water if the punch is made for adults; if children are to have any, it is better to omit tea. The individual taste must be the guide in sweetening.

Sugar should be added to fruit drinks in the form of sirup, to get the best effect, as well as to use it in the most economical way. Two parts of sugar to one of water should be simmered for five minutes and be strained before adding to the other ingredients. Sugar sirup can be prepared for several days at a time, and kept bottled in the refrigerator. Leftover fruit juices may also be boiled with sugar and kept in a cold place for short periods until one has enough on hand to make up a good fruitade.

A thin slice of two of orange and lemon, some chopped bits of pineapple and banana, a few colorful berries, invite attention to the bowl or pitcher of punch, and a sprig of mint both flavors and completes it. Professional caterers often include a slice of cucumber. When a fruit punch must be prepared for a large gathering of people—a dance, a sociable, or a picnic—it is helpful to have exact ingredients specified. About 40 persons can be served by the following recipe, which is recommended by the experimental kitchen, United States Department of Agriculture.

Fruit Punch.

1 can grated pineapple or apple-strawberry juice.

1 cup boiling water. 2 pint bottles ginger ale.

1 cup strongly made, linear or apple- strong tea.

Juice of six lemons. 2 pounds sugar.

Juice of 10 oranges. 2 bottles with 1 teaspoonful salt. quart water for 1 quart grape, currant, loganberry, ice or cool.

Cook the pineapple for 20 minutes in the boiling water and strain. Cool, add the remaining fruit juices, the tea, and the cooled sirup. It is better to make the punch a few hours ahead and let it stand closely covered

on ice to chill and ripen. At serving time, add the apollinaris, ginger ale, or water to dilute to the strength desired, garnish with thin slices of fruit and mint leaves.

Salt Intensifies Flavor.

It can be noticed that a little salt is called for in this punch. A "suspect" of salt, as the French say, intensifies the sweetness and the flavor of any fruit drink. Blackberry juice combined with lemon and a few grains of salt is recommended. Canned pineapple juice appeals to the whole family, but it needs a dash of lemon to give pungency. Orange juice is desirable in children's diet but it should not be limited to the children. There are many delicious drinks to be made with orange juice as a basis. The fresh oranges must of course be used. Commercial orange flavor will not answer the same purpose.

Grape juice may be canned at home for use in beverages. It is particularly refreshing combined with lime juice, and diluted with an equal amount of carbonated water. Loganberry juice, which has a fine flavor similar to raspberry, is commercially bottled in the West. The housewife who can get loganberries may well can some of this excellent fruit juice for home use. Nutrition specialists of the Department of Agriculture point out that fresh fruit drinks, especially those made from grape juice and the various citrus fruits, are important for children because they supply vitamins. A pitcher of orangeade or grape punch, therefore, is not a mere gratification, but a real contribution to the day's food.

Most of Them Believe.

"Who is that gentleman?"

"One of our obscure millionaires."

"Do you mean to tell me a man worth millions in this country can be obscure?"

"Certainly. They don't all get into the divorce courts."—Birmingham Age-Herald.

Club Youngsters To Raise Best Rabbits

Breeders' Association Donates Purebred Animals.

Recipients Were Selected by Various County Home Demonstration Agents—Aim Is to Encourage Rabbit Growing.

Members of the National Breeders' and Fanciers' Association of America recently donated thirty pairs of purebred and registered rabbits to as many boys and girls club members in Florida. The youngsters who were the recipients were selected by the various county home demonstration agents in the state. The aim is to encourage the rabbit-growing industry and the young owners have been organized into a boys and girls' rabbit club.

The gift pair, in each instance, together with a litter, is to be shown at the South Florida fair this year. The youngsters are to give back to

the home-demonstration agent one pair of rabbits from the first litter for redistribution, thereby creating an endless chain. The following breeds were donated: New Zealand Reds, Belgian Hares, Flemish Giants, American Blues, Silver Fawns, and Gray Fawns.

WAYS TO SERVE VEGETABLES

If Supply of Fresh Product Is Not Generous Use Them With Juice in Which Cooked.

Serve most vegetables when cooked as a separate dish, either steamed, boiled, baked or stewed. If the supply of fresh vegetables is not generous, use with them the juice in which they are cooked, as far as possible, or put it into soups or stews.

Household Questions

Small fruits, such as plums and cherries, should be preserved whole.

Never stir cereals with a spoon. It makes them pasty. Use a plated silver fork.

Serve filled chicken ring on crisp lettuce and fill the center with diced pickled beets.

In cooking sweet potatoes always boil them with the skins on, then peel and use as preferred.

A lump of camphor placed in the china closet will prevent any silver which may be in it from tarnishing.

Very satisfactory underclothes can be made from pongee. Dry pongee garments thoroughly before ironing.

**WONDERFUL GAIN IN
WEIGHT REPORTED**

Young Woman Only Weighed 78 Pounds—Now Weighs Over 100 and Is Gaining Every Day.

"Before I began taking Tanlac I only weighed 78 pounds, I now weigh over one hundred and am gaining every day," said Miss LaRue Davis of Chattanooga, Tenn.

"I bought my first bottle of Tanlac at Gas City, Ind., and it helped me so much that I continued using it. I have always been very delicate and suffered a great deal from stomach trouble and rheumatism. I rarely ever had any appetite and simply could not relish anything. I fell off until I only weighed 76 pounds and was so thin I looked perfectly awful. This is the condition I was in when I began taking Tanlac."

"Oh, I feel so different now. Even my complexion is improved. My appetite is good and I can hardly get enough to eat. Tanlac is simply grand and I can truthfully say it is the only medicine that has ever done me any good."

Tanlac is sold by leading druggists everywhere.—Advertisement.

Most of Them Believe.

"Who is that gentleman?"

"One of our obscure millionaires."

"Do you mean to tell me a man worth millions in this country can be obscure?"

"Certainly. They don't all get into the divorce courts."—Birmingham Age-Herald.

**If You Need a Medicine
You Should Have the Best**

Have you ever stopped to reason why it is that so many products that are extensively advertised, all at once drop out of sight and are soon forgotten? The reason is plain—the article did not fulfill the promises of the manufacturer. This applies more particularly to a medicine. A medicinal preparation that has real curative value almost sells itself, as like an endless chain system the remedy is recommended by those who have been benefited, to those who are in need of it.

A prominent druggist says "Take for example Dr. Kilmer's Swamp-Root, a preparation I have sold for many years and never hesitate to recommend, for in almost every case it shows excellent results, as many of my customers testify. No other kidney remedy has so large a sale."

According to sworn statements and verified testimony of thousands who have used the preparation, the success of Dr. Kilmer's Swamp-Root is due to the fact, so many people claim, that it fulfills almost every wish in overcoming kidney, liver and bladder ailments; corrects urinary troubles and neutralizes the uric acid which causes rheumatism.

You may receive a sample bottle of Swamp-Root by Parcel Post. Address Dr. Kilmer & Co., Binghamton, N. Y., and enclose ten cents; also mention this paper. Large and medium size bottles for sale at all drug stores. Advertisement

The Reward.

The reward of a thing well done, is to have done it.—Emerson.

**GENUINE
"BULL"
DURHAM**

tobacco makes 50 good cigarettes for 10c

We want you to have the best paper for "BULL." So now you can receive with each package a book of 24 leaves of BULL—the very finest cigarette paper in the world.

PUMP Catalogue FREE

This free catalogue will help you to solve your water supply problem and to select the right kind of pump.

KANAWHA WOOD and RED JACKET IRON PUMPS!

Easy to Work—Easy to Fix.

Give lasting satisfaction. A child can operate them and when repairs are necessary you can do the work yourself.

Twenty-five years of successful pump building in your guarantee that we will supply you with the best. If your dealer can't supply you, write us direct. Kanawha Pump Works, 120 East Main, Kanawha, W. Va.

Cuticura Soap

IS IDEAL For the Hands

Soap 25c, Ointment 25c and 50c, Tablets 25c.