

## THIS YOUNG MOTHER

Tells Childless Women What Lydia E. Pinkham's Vegetable Compound Did for Her

Millston, Wis.—“I want to give you a word of praise for your wonderful medicine. We are very fond of children and for a considerable time after we married I feared I would not have any owing to my weak condition. I began taking Lydia E. Pinkham's Vegetable Compound and now I have a nice strong healthy baby. I can honestly say that I did not suffer much more when my baby was born than I used to suffer with my periods before I took Lydia E. Pinkham's Vegetable Compound years ago. I give all the credit to your medicine and shall always recommend it very highly.”—Mrs. H. H. JANSSEN, Millston, Wisconsin.

How can women who are weak and sickly expect or hope to become mothers of healthy children? Their first duty is to themselves. They should overcome the derangement or debility that is dragging them down, and strengthen the entire system, as did Mrs. Janssen, by taking Lydia E. Pinkham's Vegetable Compound and then they will be in a position to give their children the blessing of a good constitution.

**Hygienic Dish-Washing.**  
The hygienic importance of electric dish-washing has been shown in a report by Surgeon J. G. Cummings of the United States army. Investigating the effects of the influenza epidemic in institutions having a quarter of a million people, it was found that where dishes were washed by hand there were 324 cases of the disease per 1,000 persons; but in hotels and other places having electric dish-washers the rate was only one-third as great, or 108 per 1,000. The washing by the machines is not only more thorough than hand washing, but hotter water is used, and this insures more effective sterilization.

A woman can be vain without flattery. A vain man goes about demanding taffy.

How well we all get along considering how little we all know.

Free advice is seldom worth it.



**LUCKY STRIKE**  
CIGARETTE

It's **Toasted**

Notice this delicious flavor when you smoke Lucky Strike—it's sealed in by the toasting process

Approved by the American Tobacco Co.

**PARKER'S HAIR BALSAM**  
Removes Dandruff, Stops Hair Falling, Restores Color and Tends Hair Beauty to Grow and Tended Hair Grows Thick, Soft and Silky.

**HINDERCORNS** Remove Corns, Calluses, etc. from all parts, causes comfort to the feet, makes walking easy, etc. by mail or at Druggists, Hiram's Chem. Wks. Philadelphia, Pa.

**KREMOLA** A TWO-DENRUP FACE FLASCH, Removes Grease, Dirt, and Impurities from the Face, Cleanses, Softens, and Refreshes the Skin.

**Dr. Kellogg's Asthma Remedy**  
For the prompt relief of Asthma and Hay Fever. Ask your druggist for it. 25 cents and one dollar. Write for FREE SAMPLE. Northrop & Lyman Co., Inc., Buffalo, N. Y.

**Glenn's Sulphur Soap**  
Contains 33% Pure Sulphur (As Druggists)  
Sulphur is an effective remedy for skin troubles. Chronic eczema, acne, and various scaly eruptions are greatly benefited by Glenn's, which cleanses, disinfects, whitens and beautifies the skin. Millions find it delightful.  
For Toilet - Bath - Shampoo  
Rohland's Strypte Gotten, So

**DROPSY** TREATED ONE WEEK FREE  
Short breathing relieved in a few hours; swelling reduced in a few days; regulates the liver, kidneys, stomach and heart; purifies the blood, strengthens the entire system. Write for Free Trial Treatment. COLLIER DROPSY REMEDY CO., P.O. 8, ATLANTA, GA.

## CRIMSON CLOVER IS AID TO SOIL

Crop Is Usually Sown After a Grain Crop and Is Ready for Hay in Spring.

### MOST EXCELLENT AS LEGUME

Plant Does Not Withstand Extreme Heat or Cold and Is Best Adapted to Soil Not Very Rich—Methods of Seeding.

(Prepared by the United States Department of Agriculture.)

A large part of the value of crimson clover lies in the ability which it shares with other clovers to utilize the nitrogen of the air and add it to the soil, say specialists of the United States Department of Agriculture. When encouraged to do this, crimson clover is a valuable soil improver. If it is planted on rich land it will utilize the nitrogen already present in the soil and is not stimulated to contribute anything to its own support or to the support of other crops.

Crimson clover is a winter plant of the true clover group. It is also known as scarlet clover, French clover, Italian clover and German clover. It is the only annual true clover that is of more than incidental agricultural importance in the eastern United States. It owes its place in the crop rotation of the Atlantic coastal plain to the fact that it can be planted when the land is not occupied by ordinary summer crops.

The many ways by which this crop may be utilized are discussed by plant specialists of the United States Department of Agriculture in Farmers' Bulletin 1142, "Growing Crimson Clover."

#### An Early Importation.

Though it was brought from Europe to this country in 1818, its value as a forage plant was not recognized until about 1880. The plant does not withstand either extreme heat or cold, and is best adapted to a soil that is not very rich and to a climate where the winters are not severe. Ordinarily it cannot survive the winter in latitudes north of southern Pennsylvania, while in some of the southern states it is frequently killed by dry, hot weather in the fall or spring.

Its growth is comparable to that of winter wheat. Planted in the fall, it lies more or less dormant throughout the winter and completes its growth in the spring. If the summers are not too hot it can sometimes be planted in the spring and grown as a summer crop, but for this purpose other clovers are usually preferred. Corn in the summer with crimson clover in the



Clovers Harness Atmospheric Nitrogen and Store It as Food in the Plant Roots.

winter is a cheap and convenient method of growing a cash crop and a soil-improving crop in the same year. The reputation of crimson clover as a crop increaser is largely based on this simple rotation. Instances are by no means rare where the yield of corn has been gradually increased from ten bushels to as high as seventy bushels to the acre by this means.

#### Seeding Crop of Clover.

Crimson clover may be seeded in practically any of the cultivated truck crops, which receive their last cultivation from eight to twelve weeks before the first frost. It is not wise to seed clover in late potatoes, sweet potatoes or other root crops, as the digging in the fall practically destroys the clover. Neither does it do well when sown into cowpeas, sorghum or watermelons, owing to the heavy shade cast by those crops. The most common cause of failure to obtain a stand of crimson clover is a period of hot, dry weather occurring after planting.

The roots of crimson clover are inoculated by the same strain of bacteria which occurs on the roots of all true clovers; consequently a field which has produced a good stand of red, mammoth, albino, white, hop, Carolina, rabbit's foot or buffalo clover is usually sufficiently inoculated for crimson clover. Methods of inoculation, seeding, the choice of seed and the treatment of the stand are fully described in the bulletin, which may be had upon request of the United States Department of Agriculture, Washington, D. C.

## FOWLS REQUIRE GOOD CARE DURING SUMMER

Poor Economy to Neglect Hens During Rush Work.

If They Cannot Be Given Free Range It Will Be Necessary to Furnish Ample Supply of Green Feed—Give Some Milk.

(Prepared by the United States Department of Agriculture.)

In the rush of summer work the hens often are neglected on many farms. This is poor economy, because the care they receive will determine to a large extent the profits to be realized.

The poultrymen of the Department of Agriculture advise that hens be given free range, if possible, during the summer months, and if they cannot be given free range that as much green feed be furnished as they will readily consume. Milk is excellent during the summer months. Buttermilk also may be used, or semi-solid buttermilk if the regular buttermilk is not obtainable. The department advises feeding about equal parts of scratch grains and of mash for the average during



Hens on Free Range Do Not Need as Much Grain as Those Closely Confined.

the year, but the pullets will not eat the dry mash freely in the fall, so that it is necessary to feed them about two parts of scratch feed to one part of mash, reducing this to about equal parts of mash and scratch feed February 1, and still further reducing the scratch feed about June 1 so that the hens will eat nearly two parts mash to one part of scratch feed. Feed scratch grains lightly in the morning and give a full feed in the evening, feeding roughly about three times as much scratch grains in the evening as in the morning. Different flocks will consume different amounts of feeds, but roughly the following amounts should be fed:

#### Pounds of Scratch Feed to 100 Hens.

Season	Leghorn Breeds
Fall until January 31.....	10 1/2
February 1 to May 31.....	8 1/2
June 1 to October 31.....	7 1/2

#### Scratch Grain Formula.

3 parts cracked corn 1 part wheat 2 parts oats

One quart of this scratch feed will weigh 1 1/2 pounds.

#### Dry Mash for Leghorns.

1 part bran 6 parts meat or fish scrap 1 part middlings 16 parts corn meal

#### Dry Mash for General-Purpose Breeds.

1 part bran 1 part middlings 1 1/2 parts meat scrap 3 parts corn meal 2 parts ground oats

Add 3 pounds of linseed meal to 100 pounds of this mash.

All parts are by weight.

## SUNFLOWER GOOD AS SILAGE

Becoming Popular in Northwestern Sections Where Corn Is Difficult to Grow.

The use of sunflowers for silage has proved popular in certain of the Northern Great Plains and Inter-Mountain states where it is not possible to produce a large tonnage of corn for silage purposes. In some sections the silage made from sunflowers has been found to compare favorably with silage made from corn. This is not always the case, however, as it appears that in certain irrigated districts in the Northern Great Plains where the growth of sunflowers is rank and succulent, the resulting silage is often not very palatable. Experiments reported from the Huntley experiment farm in Montana of the United States Department of Agriculture show that while it is possible to produce from 25 to 30 tons of sunflowers per acre, it has been difficult to produce a silage that is as much relished by live stock as corn silage, which gives rather less than half as much tonnage per acre.

## CARING FOR STUBBLE LANDS

Turn as Soon as There Is Sufficient Moisture—Convert Weeds Into Needed Humus.

Oats and wheat stubble that have not been turned should be turned as soon as there is sufficient moisture. Get rid of weeds by converting them into humus to improve your soil. If wheat is to be sown on oat fields the land should be turned as soon as possible. If a spring crop is to follow wheat, break as soon as you can to check weeds and get the land ready for the next crop. The "blow sands" had probably best be left till spring

## Wit and Humor



### SPENDING PEOPLE'S MONEY.

"Did you see Senator Snorts-worthy?"  
"Yes," said the constituent who was stranded in Washington. "Precious little good it did me."  
"He didn't help you out, eh?"  
"No. He'd just helped to pass a \$50,000,000 appropriation, but he couldn't lend me \$50 to pay my way back home."

### Explicit.

McNab (conductor of our village orchestra)—An' you, Sandy, will take the double bass this time.  
Sandy—I dinna play the double bass. I dinna ken the fingerin'.  
McNab—Fingerin'! There's no fingerin' w' a double bass. You just play it in handfuls!—Passing Show, London.

### Candid Appreciation.

"Your country should be grateful for your services."  
"Well," replied Senator Sorghum, "my country has had the benefit of my best efforts. But it has shown me enough kindness to prevent me from trying to convey the impression that the obligation is all on one side."



### RESIGNATION

Mrs. Knags—If you had your life to live over again you'd probably make the same mistakes.  
Her Husband—Probably. And if I did marry some other woman she'd doubtless turn out the same.

### Drat Her.

Mary had a little cook  
With hands as white as snow,  
And everywhere that Mary went  
The cook refused to go.

### A Doubtful Compliment.

The lights were low, and stillness reigned in the back parlor. Presently a female voice was heard:  
"Freddie, dear!"  
"Yes, angel."  
"Does my head seem heavy on your shoulder?"  
"No, darling. It is very light, indeed!"

### The Eternal Feminine.

Old Gentleman—If I give you a quarter, little girl, what will you do with it?  
Six-Year-Old Miss (contemptuously)—Why, spend it, of course.  
Old Gentleman—And what will you buy, a peppermint stick?  
Six-Year-Old—No, a lip stick.

### Not a "Safety" Driver.

"Why did you sell your car?"  
"Cost too much for repairs."  
"Wasn't it a good machine?"  
"First rate. Never got out of order. But I had to pay for repairing the people it run over."—Minneapolis Journal.

### It Will Be Some Time.

Caller—Can I see Mrs. Swelton?  
Maid—She's not at home.  
"What time will she be back?"  
"Dunno. She ain't gone out yet."—London Answers.

### A Difficult Matter.

"Do you have any trouble with your help nowadays?"  
"Yes. I find it difficult to get some of our salesmen to take more interest in the customers who drop in that they do in the store one of their number may be telling."

### Expected.

"That couple have just come back from their wedding trip dead broke."  
"Well, it is only natural for a honeymoon to come to its last quarter."

### No Cranking for Her.

"I want to look at a car."  
"Yes, ma'am," said the suave sales man. "We handle positively the best automobile in the world. Is there any particular style you want?"  
"No; I'm not particular about the style, just so it's a self-beginner."

### Patient.

"Patient man, isn't he?"  
"Very. He can even untangle his watch chain from his wife's hair in the morning without losing his temper."

### Valuable Discipline.

"Josh says he's going to take up aviation."  
"If he does," replied Farmer Corn-tassel, "he'll learn to be a heap more careful about keepin' machinery in repair than he ever was while workin' around the farm."

### Wall Street Conversation.

Jack—Have you quit speculating?  
Bill—No. At present I'm speculating as to how I shall avoid bankruptcy.

# WRIGLEY'S P-K'S

"AFTER EVERY MEAL"

WRIGLEY'S Newest Creation

10 for 5c



A delicious peppermint flavored sugar jacket around peppermint flavored chewing gum.

Will aid your appetite and digestion, polish your teeth and moisten your throat.

B129



## The Flavor Lasts

Life as I See It.  
More laws, eh? We've got more laws now than we can break.—Louisville Courier-Journal.

**Important to Mothers**  
Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it bears the Signature of *Dr. J. C. Fletcher* In Use for Over 30 Years. Children Cry for Fletcher's Castoria

**Made a Hit With Father.**  
Sweetie—What did you say to father?  
Marine—I told him I'd saved up five hundred dollars and wanted to marry you.

Sweetie—Oh, did you, darling? What was the result?  
Marine—He borrowed the five hundred bucks.—The Leatherneck.

**The Cuticura Toilet Trio.**  
Having cleared your skin keep it clear by making Cuticura your every-day toilet preparations. The soap to cleanse and purify, the Ointment to soothe and heal, the Talcum to powder and perfume. No toilet table is complete without them. 25c everywhere.—Advertisement.

No man sixty years old "feels as young as he ever did." He's forgot, that's all.

In a country town everybody knows a joke on everybody else, and never forgets it.

Balloons and tramps have no visible means of support. Ditto socks.

**Might Prejudice Her Case.**  
"Just a word," said the lawyer to his fair client.

"Yes?"  
"If your husband asks for the custody of the poodle don't try to win the sympathy of the court by weeping and calling the—er—little animal your 'precious darling.'"  
"Why not?"  
"The judge is the father of ten children, and he's proud of it."

**CATARRHAL DEAFNESS**  
is greatly relieved by constitutional treatment. HALL'S CATARRH MEDICINE is a constitutional remedy. Catarrhal Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, Deafness is the result. Unless the inflammation can be reduced, your hearing may be destroyed forever. HALL'S CATARRH MEDICINE acts through the blood on the mucous surfaces of the system, thus reducing the inflammation and assisting Nature in restoring normal conditions.  
Circulars free. All Druggists, F. J. Cheney & Co., Toledo, Ohio.—Advertisement.

**Bringing Back the Past—No. 1.**  
Tambo—Mistah Interlockcanal, what am de difference 'tween a saleslady in a beauty parlor an' one ob her customers?

Interlocutor—I don't know, Tambo; what is the difference?  
Tambo—One knows her powders and the other powders her nose.  
Interlocutor—Mister Jones will now sing "Two Little Girls in Blue Blaw In."

C'mon.  
"I'm lookin' fer a harness shop."  
"C'mon. Them's corsets."—Louisville Courier-Journal.

## Good Bye!--Malaria!

TAKE



**GUARANTEED 7-DAY CURE OR MONEY BACK**

Recommended for Adults and Children Because It Does Not Contain Alcohol, Arsenic, Narcotics, Quinine, Mercury or Habit-Forming Drugs In Capsules Absolutely Tasteless

Although Antiplasma is a 7-day guaranteed cure, the majority of malaria sufferers taking this treatment, which is in capsule form—hence tasteless—report relief and seemingly normal condition at the end of the third and fourth day!

If your druggist doesn't sell it, mail \$2.00 to the Viro Medical Co., 200 West Houston St., New York, N. Y., and one bottle containing complete seven-day cure will be immediately sent you postpaid.

Antiplasma is Malaria Insurance at a cost of \$2 per year