

ONE NEIGHBOR TELLS ANOTHER

Points the Way to Comfort and Health. Other Women Please Read

Moundsville, W. Va.—“I had taken doctor's medicine for nearly two years because my periods were irregular; came every two weeks, and I would suffer with bearing-down pains. A lady told me of Lydia E. Pinkham's Vegetable Compound and how much good it had done her daughter, so I took it and now I am regular every month and have no pain at all. I recommend your medicine to everyone and you may publish my testimonial, hoping that the Vegetable Compound does some other girl the good it has done me.”—Mrs. GEORGE TEGARDEN, 915 Third Street, Moundsville, W. Va.

How many young girls suffer as Mrs. Tegarden did and do not know where to turn for advice or help. They often are obliged to earn their living by toiling day in and day out no matter how hard the pain they have to bear. Every girl who suffers in this way should try Lydia E. Pinkham's Vegetable Compound and if she does not get prompt relief write to the Lydia E. Pinkham Medicine Co., Lynn, Massachusetts, about her health. Such letters are held in strict confidence.

There is enough bad luck to hold every black cat guilty.

Cuticura for Sore Hands.

Soak hands on retiring in the hot suds of Cuticura Soap, dry and rub in Cuticura Ointment. Remove surplus Ointment with tissue paper. This is only one of the things Cuticura will do if Soap, Ointment and Talcum are used for all toilet purposes. Advertisement.

Whatever charms a man's countenance has, they're real.

New Shoes Old Shoes Tight Shoes

all feel the same if you shake into them some



ALLEN'S FOOT-EASE

The Antiseptic, Healing Powder for the feet

So Easy to Use

Takes the friction from the shoe, freshens the feet and gives new vigor. At night when your feet are tired, sore and swollen from walking or dancing, sprinkle ALLEN'S FOOT-EASE in the foot-bath and enjoy the bliss of feet without an ache.

Over 1,500,000 lbs. of Powder for the Feet were used by our Army and Navy during the war.

Ask for Allen's Foot-Ease. Retail the Feet

What Causes Skin Troubles?

Many of the fiery, itching skin troubles are due solely to disorders of the blood. Don't let these impurities torture you. Thousands have gotten relief from such troubles by taking S. S. S., the blood medicine that drives out the impurities and helps put in the healthy red blood corpuscles.

For Special Booklet or for individual advice, without charge, write Chief Medical Advisor, S. S. S. Co., Dept 1433, Atlanta, Ga. Get S. S. S. at your druggist.

S.S.S.

The Standard Blood Purifier



GENUINE "BULL" DURHAM

tobacco makes 50 good cigarettes for 10c

The LAXATIVE Sweet Bran Tablets for CONSTIPATION INDIGESTION

BRAN-O-LAX

You will like them. Pleasant to eat. If not at drug stores, order 1 box 25c; boxes \$1 postpaid. Gift Box Bran-O-Lax Co., Dept. O, Lynchburg, Va.

HOW TO FIGURE COST OF CROPS

Farmer Enabled to Compute for Himself Expense of Producing Various Crops.

REQUIREMENTS OF EACH CROP

If Precise Records Are Not Available on Labor and Material Expenditures Close Estimate Can Be Made of That Section.

(Prepared by the United States Department of Agriculture.)

Figures from which the farmer can compute for himself the cost of production of corn, corn for silage, wheat, oats, and hay, under given conditions, are presented in a preliminary report on labor and material requirements of those crops, recently issued by the United States Department of Agriculture. These figures cover the normal hours of man labor and horse labor, and quantities of seed, fertilizers, etc., required per acre for each crop, as determined by surveys by the office of farm management and farm economics.

Apply Basic Factors.

The money cost is found by applying to these basic factors the current rates for labor, seed, etc. Inasmuch as it has been found that, in general, labor and material costs approximate 80 per cent of the total operating cost for these crops, it is easy to find this total when the labor and material costs are known.

The figures given represent average crop requirements for the regions where investigations have been made. If the farmer does not have precise records of labor and material expenditures for his own farm, he can estimate them pretty closely by taking the average for his own region as a basis and applying current rates for labor and materials, with due allowance for any unusual conditions that may exist in his own case. The method of computation is as follows:

1. Determine the total cost of labor and material per acre by applying current rates to the quantities of labor and materials obtained from the individual's own records, or, if such are not available, use those given in the table.
 2. Determine the total operating expense per acre by dividing the cost of labor and material by the percentage figure given for each region.
 3. Determine the total acre cost of production by adding the interest charge or the cash rent paid for the use of land.
 4. To determine the cost per bushel or ton divide the total acre cost by the yield per acre.
- The following example shows how this method worked out in figuring the cost of corn for silage on an Iowa farm:

	Amount	Rate	Cost
Man-hours	7.9	\$0.35	\$2.76
Horse-hours	11.8	.25	2.95
Seed, pounds	1.3	.06	.08
Manure, tons	2.2	2.00	4.40
Gasoline, gallons.....	2.8	.25	.70
Coal, pounds.....	14	.005	.07
Twine, pounds.....	1.6	.25	.40
Total labor and material (80 per cent of operating expense).....			\$9.36
Total operating expense (100 per cent).....			\$11.70
Interest on 1 acre of land (\$300 at 5 per cent).....			15.00
Total cost			\$26.70
Average yield per acre, 24 tons.			
Average cost per ton, \$1.11.			

VARIOUS CLUBS GOING GOOD

Reports of Returns of Work Done by Boys and Girls With Poultry and Other Lines.

(Prepared by the United States Department of Agriculture.)

Supervision of boys' and girls' poultry clubs by the United States Department of Agriculture, in co-operation with state agricultural colleges, was continued during the last fiscal year in seven states, where there were 1-



Gaining Club Girls Inspecting a Club Garden.

186 clubs with 20,480 members, of which 12,786 made reports from which the following totals have been compiled: Eggs set, 731,709; chicks hatched, 510,478; value of products sold, \$94,791.32; value of stock on hand, \$382,277.37; exhibits held, 712; members exhibiting, 5,615; prizes received, \$9,681.11. A feature of progress was the improvement in quality of fowls bred by club members.

SPRAYING CELERY TO PREVENT LEAF SPOTS

Application of Bordeaux Mixture Is Recommended.

Treatment Should Continue Throughout Growing Season and More Especially in Moist, Cool Weather.—Apply With Pump.

(Prepared by the United States Department of Agriculture.)

Celery plants should be sprayed with bordeaux mixture every ten days to two weeks to prevent leaf diseases, which often seriously injure the crop for market purposes. These leaf spots occur generally in celery-growing districts in the United States during cool, moist weather. Home-made bordeaux, composed of 4 pounds bluestone (copper sulphate) and 4 pounds stone lime to 50 gallons of water, is the cheapest and best fungicide for the purpose. The spraying should be begun while the plants are still in the seed bed and continued throughout the season. The sprays should be more frequent during moist, cool weather favorable to the development of the leaf spots.



Healthy Stalk of Celery.

and farther apart in dry, hot periods. Apply the mixture thoroughly with a pump which will give a very fine misty spray that will cover the plants but not run down the stalks and thus disfigure the stems.

Since the disease is carried over winter on the seed and in the soil where diseased celery was grown the previous year, it is important that old soil be sterilized by steam, hot water or formalin solution and that disease-free seed be planted.

DON'T CROWD GROWING CHICK

Where Space Is Limited Youngsters Become Overheated, Causing Outbreak of Colds.

Growing chicks must not be confined to crowded quarters at night. If they are, they will become overheated and this, in turn, will lead to the development of colds of which it is very difficult to rid the flock and which may be carried along through the summer and fall, causing a serious outbreak of colds in the laying flocks the following winter.

How can one tell whether or not the chickens have enough room? One of the best indications is the condition of the plumage. If the plumage is bright and clean it is a good sign that the birds are doing well and have room enough. If the plumage is soiled by droppings, it is an indication that there is not room enough for all of them on the roosts, with the result that some are compelled to rest on the floor beneath the roosts and thus become soiled.

A trip to the growing houses after dark will also determine whether enough room is being provided. If there is not space enough so that all the chickens can find room on the roosts, the quarters are too crowded and some of the chickens must be taken out. If all can find room on the roosts comfortably and if the house is well ventilated, the quarters are not crowded and the youngsters should do well.

CONCRETE FLOORS ARE BEST

Promote and Protect Health of All Farm Animals and Increase Profits for Farmer.

A concrete barnyard makes a fine exercise lot in all kinds of weather and always affords a dry spot for the animals' bed. Every shower washes the surface clean and flushes the droppings into the manure pits. Concrete yards lighten the work of the housewife, as there is no mud to be tracked on the walks and kitchen floor. The use of rubber boots is unnecessary. On concrete floors not a particle of grain need be wasted. The way to the water trough is always dry, smooth and passable. Concrete floors promote and protect the health of farm animals and increase the profits of farming, stock raising and dairying.

JUST A LITTLE SMILE



GREEN, ALL RIGHT.

A rather green looking chap went into one of our department stores the other day and, sauntering up to the counter, where dozens of men's caps were displayed, he looked carefully through the stock, but seemed unable to find what he wanted.

"Just what kind of a cap are you looking for?" asked the salesman at length.

"Well, said the youth, 'I bought me a motorcycle the other day, and I thought I'd like one of those caps with a peak at the back.'"—Boston Transcript.

His Gain.

"She declined to marry him after all."

"I suppose he's heartbroken."

"I don't think so. He says things worked out all right. He asked for a raise in pay, thinking he was about to get married, and received it, and so he's that much ahead of the game."

Argument Didn't Work.

Wife—What did you mean by kissing Charlotte in the hall?

Professor—Did I? Really, I do not know a thing about it—I must have been absent-minded when I did it?

Wife—Huh! It's very seldom you are so absent-minded toward me!—Kasper (Stockholm).

A Clear Distinction.

"The Blinks and the Browns are both newly rich, but they don't associate."

"Why not?"

"The Blinks feel above the Browns. They made their money in refined sugar, while the Browns made theirs in crude oil."



SUCH IS LIFE

He: I've spent fifteen unhappy years with you.

She: Yes, but you've never spent many unhappy dollars on me.

The Vamp.

A vampire hath a gaze intense, She doesn't think or read much. Some say she has but little sense— But then she doesn't need much.

Why He Snorted.

We sat in front of them at the theater. It was during the tense minute of the play when the heroine was about to part forever from her sweetheart:

"Say," said the woman behind us to her friend: "Do you break many dishes? You know I'm awfully unlucky that way."

A Discouraging Impression.

"People don't read Dickens as much as they used to."

"No," replied Miss Cayenne. "The illustrations in most Dickens publications discourage a reader at the outset. They show people whose clothes are so terribly out of style."

No Self-Flattery.

"Are you a servant of the people?"

"No," replied Senator Sorghum; "I don't feel that way about it. While I enjoy a fair measure of confidence and esteem, nobody thinks of making the complimentary fuss over me that is made over a good servant."

Relatively Safe.

"You are as safe in an airship as you are on the ground."

"Maybe I am," replied the patient citizen. "I live in a town where they have grade crossings."

Information.

Autoist—Where do these two roads lead to?

Farmer—Well, you see, this here road leads to my house, and the other goes straight ahead!

Cheering Thought.

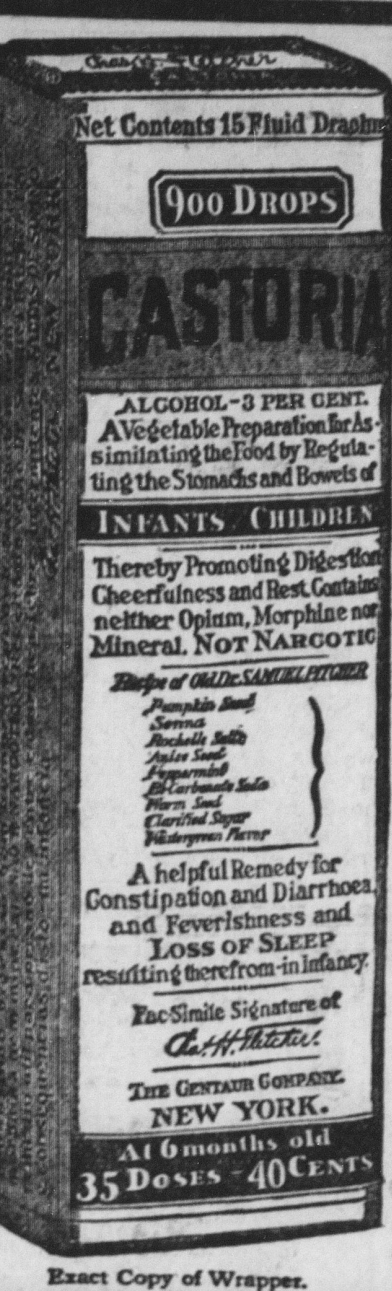
He (gloomily)—"I'm afraid it's no use; your father has such an aversion to me."

She—"Don't worry, dear. He has a still greater aversion to paying my bills."

No More Efficient.

Orator—When I was in Africa I discovered a tribe whose husbands all wore rings in their noses.

Heckler—And were they led round any easier than the rest of us?—Tit-Bits.



Net Contents 15 Fluid Drachms

CASTORIA

900 DROPS

ALCOHOL-3 PER CENT. A Vegetable Preparation for Assimilating the Food by Regulating the Stomachs and Bowels of INFANTS CHILDREN

Thereby Promoting Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC

Signature of Dr. J. C. FLETCHER

A helpful Remedy for Constipation and Diarrhoea, and Feverishness and LOSS OF SLEEP resulting therefrom in Infancy.

Facsimile Signature of Dr. J. C. FLETCHER

THE CENTAUR COMPANY, NEW YORK.

At 6 months old 35 Doses - 40 CENTS

Exact Copy of Wrapper.

Pointed remarks get blunt answers.

ASPIRIN

Name "Bayer" on Genuine



Warning! Unless you see the name "Bayer" on package or on tablets you are not getting genuine Aspirin prescribed by physicians for twenty-one years and proved safe by millions. Take Aspirin only as told in the Bayer package for Colds, Headache, Neuralgia, Rheumatism, Earache, Toothache, Lumbago and for Pain. Handy tin boxes of twelve Bayer Tablets of Aspirin cost few cents. Druggists also sell larger packages. Aspirin is the trade mark of Bayer Manufacture of Monaceticacidester of Salicycylol.—Advertisement.

Dead martyrs get most praise.

SWAMP-ROOT FOR KIDNEY AILMENTS

There is only one medicine that really stands out pre-eminently as a medicine for curable ailments of the kidneys, liver and bladder.

Dr. Kilmer's Swamp-Root stands the highest for the reason that it has proven to be just the remedy needed in thousands upon thousands of distressing cases. Swamp-Root makes friends quickly because its mild and immediate effect is soon realized in most cases. It is a gentle, healing vegetable compound.

Start treatment at once. Sold at all drug stores in bottles of two sizes, medium and large.

However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Advertisement.

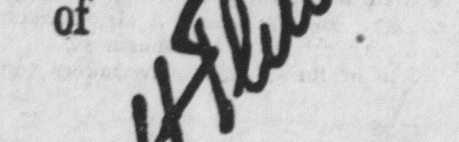
Showing off costs about five times as much as comfort.

CASTORIA

For Infants and Children.

Mothers Know That Genuine Castoria

Always Bears the Signature of



In Use For Over

Thirty Years

CASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.

DROPSY TREATED ONE WEEK FREE

Short breathing relieved in a few hours; swelling reduced in a few days; regulates the liver, kidneys, stomach and heart; purifies the blood, strengthens the entire system. Write for Free Trial Treatment.

COLLIER DROPSY REMEDY CO., Dept. S. D., ATLANTA, GA.

ASTHMA

DR. J. D. KELLOGG'S ASTHMA REMEDY for the prompt relief of Asthma and Hay Fever. Ask your druggist for it. 25 cents and one dollar. Write for FREE SAMPLE.

Northrop & Lyman Co., Inc., Buffalo, N. Y.

KELLOGG'S REMEDY

Liggett's King Pin Plug Tobacco

Known as "that good kind"

Try it—and you will know why

KILLS PESKY BED BUGS P. D. Q.

Just think, a 25c box of P. D. Q. (Pesky Devil's Quietest) makes a quart, enough to kill a million Bed Bugs, Roaches, Fleas or Cooties, and stops future generations by killing their eggs, and does not injure the clothing. Liquid fire to the Bed Bugs is what P. D. Q. is like; Bed Bugs stand as good a chance as a snowball in a justly famed heat resort. Patent sprout free in every package of P. D. Q., to enable you to kill them and their nest eggs in the cracks.

Look for the devil's head on every box. Special Hospital size, \$2.50, makes five gallons; contains three spouts. Either size at your druggist, or sent prepaid on receipt of price by Owl Chemical Works, Terre Haute, Ind.

Good Bye!--Malaria!

TAKE DR. J. J. RUDOLPH'S ANTIPLASMA MALARIAL CURE

GUARANTEED 7-DAY CURE OR MONEY BACK

Recommended for Adults and Children Because It Does Not Contain Alcohol, Arsenic, Narcotics, Quinine, Mercury or Habit-Forming Drugs In Capsules Absolutely Tasteless

Although Antiplasma is a 7-day guaranteed cure, the majority of malaria sufferers taking this treatment, which is in capsule form—hence tasteless—report relief and seemingly normal condition at the end of the third and fourth day!

If your druggist doesn't sell it, mail \$2.00 to the Vano Medical Co., 200 West Houston St., New York, N. Y., and one bottle containing complete seven-day cure will be immediately sent you postpaid.

Antiplasma is Malaria Insurance at a cost of \$2 per year