

**LUCKY STRIKE**  
"IT'S TOASTED"

**Cigarette**  
Flavor is sealed in by toasting

*The American Makers*

**BLACKHEADS  
PIMPLES AND BOILS**

You should regard these outbreaks as danger signals. They are a sure sign something is wrong within. Look to your blood at once. The poisonous impurities have collected in your circulation until the danger point has been reached. Start right now, today, to purify your blood with S. S. S.

For Special Booklet or for individual advice, without charge, write Chief Medical Advisor, S. S. S. Co., Dept. 1422, Atlanta, Ga. Get S. S. S. at your druggist.

**S. S. S.**  
The Standard Blood Purifier

**WOMEN OF MIDDLE LIFE**

A Dangerous Period Through Which Every Woman Must Pass

Practical Suggestions Given by the Women Whose Letters Follow



Afton, Tenn.—"I want other suffering women to know what Lydia E. Pinkham's Vegetable Compound has done for me. During the Change of Life I was in bed for eight months and had two good doctors treating me but they did me no good. A friend advised me to take Lydia E. Pinkham's Vegetable Compound, which I did, and in a short time I felt better. I had all kinds of bad spells, but they all left me. Now when I feel weak and nervous I take the Vegetable Compound and it always does me good. I wish all women would try it during the Change of Life for I know it will do them good. If you think it will induce some one to try the Vegetable Compound you may publish this letter."—Mrs. A. KELLER, Afton, Tenn.

Mrs. Mary Lister of Adrian, Mich., adds her testimony to the value of Lydia E. Pinkham's Vegetable Compound

to carry women safely through the Change of Life. She says:

"It is with pleasure that I write to you thanking you for what your wonderful medicine has done for me. I was passing through the Change of Life and had a displacement and weakness so that I could not stand on my feet and other annoying symptoms. A friend told me about Lydia E. Pinkham's Vegetable Compound and the first bottle helped me, so I got more. It cured me and I am now doing my housework. Your medicine is certainly woman's friend and you may use this testimonial as you choose."—Mrs. MARY LISTER, 608 Frank Street, Adrian, Mich.

It is said that middle age is the most trying period in a woman's life, and owing to modern methods of living not one woman in a thousand passes through this perfectly natural change without experiencing very annoying symptoms.

Those smothering spells, the dreadful hot flashes that send the blood rushing to the head until it seems as though it would burst, and the faint feeling that follows, as if the heart were going to stop, those sinking or dizzy spells are all symptoms of a nervous condition, and indicate the need for a special medicine.

Lydia E. Pinkham's Vegetable Compound is a root and herb medicine especially adapted to act upon the feminine system. It acts in such a manner as to build up the weakened nervous system and enables a woman to pass this trying period with the least possible annoying symptoms.

Women everywhere should remember that most of the common ailments of women are not the surgical ones—they are not caused by serious displacements or growths, although the symptoms may be the same, and that is why so many apparently serious ailments readily yield to Lydia E. Pinkham's Vegetable Compound, as it acts as a natural restorative and often prevents serious troubles.

Lydia E. Pinkham's Private Text-Book upon "Ailments Peculiar to Women" will be sent to you free upon request. Write to The Lydia E. Pinkham Medicine Co., Lynn, Massachusetts. This book contains valuable information.

**Cuticura Soap**  
AND OINTMENT  
Clear the Skin

Soap 25c, Ointment 25 and 50c, Talcum 25c.

**BRAN-O-LAX**  
The LAXATIVE Wheat Bran Tablets  
FOR CONSTIPATION  
INDIGESTION  
Delicious Mint Flavor

FREE TO COLORED PEOPLE  
Pictures and Plans of New Million Dollar Hotel for Colored People, J. A. Lightfoot Co., Atlantic Ins. Bldg., Atlantic City, N. J.

W. N. U., BALTIMORE, NO. 33-1921.

**RECORD OF PLEASANT HOURS**

"Book of Night Life" Will Make Interesting Reading in the Years to Come.

The responsible position of the old family album has been usurped in the homes of an increasing number of modern young persons by the "Book of Night Life." The new volume is almost as large as the old family album. It is supposed to record the amusement meanderings of the young couple who keep it. Every theatrical program is brought home, together with the ticket stubs, and pasted in it, and the date of the performance inscribed at the top of the page.

Below each playgoer writes his and her opinion of the play with such observation, as "snappy music, but not much plot"; "very sad, both of us cried"; "leading man awfully conceited"; or other pungent remarks.

At the end of the season the "Book of Night Life" contains a complete record of the couple's evenings in search of amusement. Visitors find it extremely interesting.—Chicago Journal.

**Crossed Ocean on Raft.**  
Jeremiah Mullane, last member of the trio that won fame in the summer of 1867 when they arrived in Southampton, England, after a 43-day trip from New York on a life raft equipped with a sail, died recently in Passaic, N. J., at the age of seventy-eight.

Capt. John Mikes and George Miller, both of New York, who made the trip with Mullane, died several years ago. Their raft, the Nonpareil, was only 22 feet long and 12 feet wide, and their successful trip across the Atlantic was hailed throughout the world as a great feat and won favor for the men with Queen Victoria.

In every old-fashioned man is a silent high regard for carpets instead of rugs.

Hope is a dream a man has when he is awake.

**HOME TOWN HELPS**

IN FIGHT FOR CIVIC BEAUTY

Commercial Interests of Kansas City Unite for War on Billboards on Boulevards.

The commercial interests of Kansas City have gone on record as enemies of the "uglies."

The city planning and public buildings committee of the chamber of commerce adopted a resolution, taking a definite stand against "the encroachment of either filling stations or billboards on the city's boulevards and homes."

The resolution stated that the chamber members are heartily in accord with and desire to lend their moral support to the joint resolution of the two houses of the council to the effect that filling stations and billboards should not be permitted to destroy the effect of Kansas City's boulevard system.

After a protracted discussion the committee declared in favor of a "local option" on the uglies. By that was meant that each neighborhood be permitted to decide whether billboards or filling stations should be allowed to locate in that vicinity. The residents whose homes are within view, or within close proximity of the ugly, should have a voice in denying or permitting its location, the committee members believed.

Billboards in certain localities are not objectionable. If properly constructed and lighted, in the opinion of the committee members. But their place is not in residence neighborhoods or on boulevards, they agreed.

**WAR ON INDUSTRIAL UNREST**

"Community Service" Idea Is Spreading, for Many Good and Substantial Reasons.

"Community Service, Incorporated" shortly will take its place as a definite factor in the industrial life of Illinois.

This announcement comes through Maj. A. A. Sprague, chairman of the executive-financial committee for Illinois. Organization has been completed for Illinois and the plans for the establishment of the work are under way.

The aim of Community Service is to improve living and leisure conditions that through their development a peaceful, settled and contented community atmosphere will prevail and industrial unrest to a great degree be removed.

The work of the organization has passed the experimental stage. It has been found to be a very solid and substantial success in the big industrial communities of Bethlehem and Chester, Pa. The main work of Community Service is the solution of the leisure hour problem. A trained organizer will be sent to various communities to study conditions and make a survey of the social and recreational life, determining what is most needed and most desirable for the occupation of the leisure hours of the community, and then assisting them to provide and build up a service system for themselves.

**House Painting.**

When the home owner's thoughts turn to house painting problems California, particularly, begin to wonder what color will be best for the movies. A location director for motion pictures in Hollywood, Cal., says that white houses are almost impossible for use in motion pictures and he hopes the people within the area of the picture industry will use neutral or dark shades when they do their house painting.

"Darker shades are more agreeable to the eye than those of dazzling whiteness," so this movie director says, "and they photograph better. In addition to blending with the natural colors of the landscape."

All-white houses are also hard on the eyes.

**Beauty Not Matter of Expense.**

Beautiful grounds need not be expensive. The loveliest flowers and plants that ever grew are found in the woods and along the banks of streams, in fence corners, and in fields and shady nooks. They are yours for the digging. What is rarer or prettier than a bed of wild violets and ferns in a shady spot near the house? Plant generously of perennials, so that they will bloom and grow year after year with little time and attention and give stability to your landscape effects.

**Willie Had a Reason.**

Willie Hopkins is only ten years old, but, strange to tell, he brushes his own hair and washes his ears without parental coercion. It must be admitted that Willie just started this most uncommon practice within the last few days. The young man's mother was dumfounded when she walked into his room and found him plastering down his hair with a brush.

"You're a very good boy," she said "How did you come to think of brushing your hair and washing your face?" Willie looked sheepish and then replied: "Mary Brown told me I wuz good lookin'."—New York Sun.

Don't Keep Auto in Barn.  
The barn is a bad place for the automobile. Build a garage.

**If You Need a Medicine You Should Have the Best**

Have you ever stopped to reason why it is that so many products that are extensively advertised, all at once drop out of sight and are soon forgotten? The reason is plain—the article did not fulfill the promises of the manufacturer. This applies more particularly to a medicine. A medicinal preparation that has real curative value almost sells itself, as like an endless chain system the remedy is recommended by those who have been benefited, to those who are in need of it.

A prominent druggist says: "Take for example Dr. Kilmer's Swamp-Root, a preparation I have sold for many years and never hesitate to recommend, for in almost every case it shows excellent results, as many of my customers testify. No other kidney remedy has so large a sale."

According to sworn statements and verified testimony of thousands who have used the preparation, the success of Dr. Kilmer's Swamp-Root is due to the fact, so many people claim, that it fulfills almost every wish in overcoming kidney, liver and bladder ailments; corrects urinary troubles and neutralizes the uric acid which causes rheumatism.

You may receive a sample bottle of Swamp-Root by enclosing Post. Address Dr. Kilmer & Co., Binghamton, N. Y., and enclose ten cents; also mention this paper. Large and medium size bottles for sale at all drug stores. Advertisement.

**Baby's First Thought.**  
Benson—Do you know when a baby begins to think?  
Hobson—Yes; mine began to think I ought to walk the floor with him when he was a week old!"

One little tombstone may tell a big story.

**Of Course.**  
Mamma—I wonder who has been in the sugar bowl while I was out?  
Elizabeth (four years old)—Well, I hope you don't suspect me. You know I'm too big to get in such a little thing as that.—Detroit News.

**They'll Feel at Home.**  
"Great days for kids." "What now?"  
"They say school plates will replace textbooks."

**ASPIRIN**

Name "Bayer" on Genuine



Take Aspirin only as told in each package of genuine Bayer Tablets of Aspirin. Then you will be following the directions and dosage worked out by physicians during 21 years, and proved safe by millions. Take no chances with substitutes. If you see the Bayer Cross on tablets, you can take them without fear for Colds, Headache, Neuralgia, Rheumatism, Earache, Toothache, Lumbago and for Pain. Handy tin boxes of twelve tablets cost few cents. Druggists also sell larger packages. Aspirin is the trade mark of Bayer Manufacture of Monoaceticacidester of Salicylicacid.—Advertisement.

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"Great days for kids." "What now?"  
"They say school plates will replace textbooks."

**Don't Go From Bad to Worse!**

Are you always weak, miserable and half-sick? Then it's time you found out what is wrong. Kidney weakness causes much suffering from backache, lameness, stiffness and rheumatic pains, and if neglected brings danger of serious troubles—dropsy, gravel and Bright's disease. Don't delay. Use Doan's Kidney Pills. They have helped thousands and should help you. Ask your neighbor!

**A Virginia Case**

Mrs. Walker Campbell, 707 Pennsylvania St., Alexandria, Va., says: "I had such pains I could hardly catch my breath sometimes. When it went hard to straighten, the pain was so bad. My kidneys acted very irregularly. I got Doan's Kidney Pills and was entirely cured. I have had no return of kidney trouble."

Get Doan's at Any Store. 60c a Box

**DOAN'S KIDNEY PILLS**

FOSTER-MILBURN CO., BUFFALO, N. Y.

**MEN, WOMEN—SOMETHING NEW**  
SMOOTH, the perfect toilet lotion, is just the thing for you. SMOOTH will keep your complexion clear, will stimulate and refresh the skin. SMOOTH is successful for Chapped Hands, Sunburn, Jawed Throat, An After-Shave Lotion. SMOOTH is superior to any other. It is cooling, the "soot" will heal razor cuts, and the antiseptic properties guard your skin against infection. Send Fifty Cents (two or three-cent stamps) for your bottle. To Virginia Laboratories, 1344 Fulton St., Brooklyn, N. Y. Agents wanted; few exclusive territories left.

**BEGIN AT HOME**  
With small capital. We teach, start and help you personally. E. L. BENTLEY & CLAPP, 1221 S. Charles St., BALTIMORE, MD.

Net Contents 15 Fluid Drams

**900 DROPS**

**CASTORIA**

ALCOHOL—3 PER CENT.  
A Vegetable Preparation for Assimilating the Food by Regulating the Stomach and Bowels of

**INFANTS & CHILDREN**

Thereby Promoting Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.

Prepared by J. C. FLETCHER, Proprietor, Lowell, Mass., U.S.A.

A helpful Remedy for Constipation and Diarrhoea, and Feverishness and LOSS OF SLEEP resulting therefrom in infancy.

Fac-Simile Signature of J. C. Fletcher

THE CENTAUR COMPANY, NEW YORK.

At 6 months old 35 Doses—40 CENTS

Exact Copy of Wrapper.

**Children Cry For**



**Special Care of Baby.**

That Baby should have a bed of its own all are agreed. Yet it is more reasonable for an infant to sleep with grown-ups than to use a man's medicine in an attempt to regulate the delicate organism of that same infant. Either practice is to be shunned. Neither would be tolerated by specialists in children's diseases.

Your Physician will tell you that Baby's medicine must be prepared with even greater care than Baby's food.

A Baby's stomach when in good health is too often disarranged by improper food. Could you for a moment, then, think of giving to your ailing child anything but a medicine especially prepared for infants and children? Don't be deceived.

Make a mental note of this:—It is important, Mothers, that you should remember that to function well, the digestive organs of your Baby must receive special care. No Baby is so abnormal that the desired results may be had from the use of medicines primarily prepared for grown-ups.

MOTHERS SHOULD READ THE BOOKLET THAT IS AROUND EVERY BOTTLE OF FLETCHER'S CASTORIA

**GENUINE CASTORIA ALWAYS**

Bears the Signature of  
*J. C. Fletcher*  
THE CENTAUR COMPANY, NEW YORK CITY.

**Stop Suffering! Take This Seven-Day MALARIAL CURE!**

Guaranteed Money Back if It Fails to Cure

DR. J. J. RUDOLPH'S  
**ANTIPLASMA**  
MALARIAL CURE

BUY MONDAY CURED SUNDAY

A Positive Specific for Adults and Children  
**TASTELESS! NO HABIT-FORMING DRUGS**

Anti-plasma contains no alcohol, narcotics, mercury, quinine or arsenic. Made from balsams and gums. Our records show that every physician who has once tried Anti-plasma orders in bulk.

Remarkable tests and public demonstrations made in Southern States last summer show no malaria cases we could not cure

If your druggist doesn't sell it, mail \$2.00 to the Viro Medical Co., 200 West Houston St., New York, N. Y., and one bottle containing complete seven-day cure will be immediately sent you postpaid.

Anti-plasma is Malaria Insurance at a cost of \$2 per year

**Salt Your Stock the Blackman Way**

**DO YOU TAKE SALT**  
with meals, or just fill up on salt once or TWICE A WEEK?

A few licks of BLACKMAN'S Tonic Salt should be a part of the daily diet of your live stock. It is medicated and will improve digestion, make the feed go further, and keep them in healthy condition. So simple, so easy. Just drop brick in feed-box—it will do the rest.

The Blackman Stock Remedy Co., Chattanooga, Tenn.

**80 Years Old—Was Sick**

Now Feels Young After Taking E tonic for Sour Stomach

"I had sour stomach ever since I had the grip and it bothered me badly. Have taken E tonic only a week and am much better. Am 80 years old," says Mrs. John Hill.

E tonic quickly relieves sour stomach, indigestion, heartburn, bloating and distress after eating because it takes up and carries out the excess acidity and gases which cause most stomach ailments. If you have "tried everything" and still suffer, don't give up hope. E tonic has brought relief to tens of thousands like you. A big box costs but a trifle with your druggist's guarantee.

**Western Canada Land of Prosperity**

offers to home seekers opportunities that cannot be secured elsewhere. The thousands of farmers from the United States who have secured Canada's generous offer to settle on FREE homesteads or buy farm land in her provinces have been well repaid by bountiful crops. There is still available on easy terms Fertile Land at \$15 to \$30 an Acre—land similar to that which through many years has yielded from 20 to 45 bushels of wheat to the acre—corn, barley and flax also in great abundance, while raising horses, cattle, sheep and hogs is equally profitable. Hundreds of farmers in Western Canada have raised crops in a single season worth more than the whole cost of their land. With such success comes prosperity, independence, good homes and all the comforts and conveniences which make life worth living.

**Farm Gardens, Poultry, Dairying** are sources of income second only to grain growing and stock raising. Attractive climate, good neighbors, churches and schools, good markets, railroad facilities, rural telephone, etc.

For certificate entitling you to reduced railway rates, illustrated literature, maps, description of farm opportunities in Manitoba, Saskatchewan, Alberta and British Columbia, etc., write:

F. HARRISON  
210 North Third Street  
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160 ACRE FARM IN WESTERN CANADA FREE