

HOW WOMEN OF MIDDLE AGE

May Escape the Dreaded Sufferings of that Period by Taking Mrs. Block's Advice

Hopkins, Minn.—"During Change of Life I had hot flashes and suffered for two years. I saw Lydia E. Pinkham's Vegetable Compound advertised in the paper and got good results from taking it. I recommend your medicine to my friends and you may publish this fact as a testimonial."—Mrs. ROBERT BLOCK, Box 542, Hopkins, Minn.

It has been said that not one woman in a thousand passes this perfectly natural change without experiencing a train of very annoying and sometimes painful symptoms. Those dreadful hot flashes, sinking spells, spots before the eyes, dizzy spells, nervousness, are only a few of the symptoms. Every woman at this age should profit by Mrs. Block's experience and try Lydia E. Pinkham's Vegetable Compound.

If you have the slightest doubt that Lydia E. Pinkham's Vegetable Compound will help you, write to Lydia E. Pinkham Medicine Co., Lynn, Mass., about your health. Your letter will be opened, read and answered by a woman, and held in strict confidence.



You Need HANCOCK SULPHUR COMPOUND

Physicians agree that sulphur is one of the most effective blood purifiers known. For pimples, blackheads, freckles, blotches, and tan, as well as for more serious face, scalp and body eruptions, hives, eczema, etc., use this scientific compound of sulphur. As a lotion, it soothes and heals; taken internally it gets at the root of the trouble. For over 25 years Hancock Sulphur Compound has given satisfaction.

60c and \$1.20 the bottle. At your druggist's. If he can't supply you send his name and the price in stamps and we will send you a bottle direct.

HANCOCK LIQUID SULPHUR COMPANY, Baltimore, Md.

Acid Stomach for 10 Years

NOW A DIFFERENT WOMAN

Earnestly Praises Eaton's

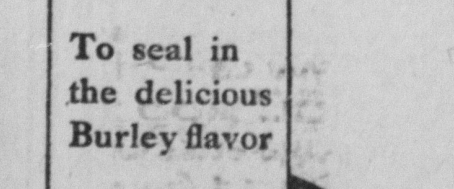
"My wife was a great sufferer from acid stomach for 10 years," writes H. D. Crippen, "but is a different woman since taking Eaton's."

Sufferers from acid stomach—let Eaton's help you also. It quickly takes up and carries off the excess acidity and gases and makes the stomach cool and comfortable. You digest easily, get the full strength from your food, feel well and strong, free from bloating, belching, food repeating, etc. Big box costs only a trifle with your druggist's guarantee.

AGENTS, CANTASERS—BUILT OWN TRADE; sell high grade cream lotions, face powders; big profit; exclusive territory AMPERE CHEMICAL CO., AMPERE, N. J.

San Francisco docks. San Francisco has dock facilities sufficient for the accommodation at one time of 250 vessels of average size.

Do you know why it's toasted? To seal in the delicious Burley flavor. It's toasted.



Prepared by The American Tobacco Company

KREMOLA A WONDERFUL FACE BLEACH, Remover of Tan, Freckles, Pimples, etc. HUNTER COMPANY, 3715 Michigan Ave., Chicago.

W. N. U., BALTIMORE, NO. 32-1921.

PREPARE WAR ON INSECT ENEMIES

If Left Undisturbed Bugs of Various Kinds Will Destroy Best Part of Garden.

PESTS HAVE BIG APPETITES

Tobacco Extract is Recommended for Plant Lice and Other Sucking Parasites—Main Point is to Start Fight Early.

(Prepared by the United States Department of Agriculture.)

Gardeners are warned by specialists of the United States Department of Agriculture to prepare to combat the "little enemies of the garden." Insects of various kinds are making their appearance in vast numbers in gardens in all parts of the country, and if left undisturbed will defeat the gardener's best efforts and lay waste the vegetable crops. This is the open season for insects and there are no laws which limit the number which may be killed. The department specialists urge the use of the spray pump and dusting bag for the frequent application of poisons in order to destroy the pests before they destroy the garden. Early efforts in fighting insects are most effective.

Little Bugs With Big Appetites.

In most localities the Colorado or "hard-shell" potato beetles are industriously depositing clusters of small yellowish eggs on the underside of the potato leaves. In a few days these hatch into little red, soft-shelled slugs or "soft-shells," as they are often called, that have most wonderful appetites, and unless poisons are applied they will soon strip the potato plants of their leaves.

Perhaps there is no class of garden insects the method of attack of which is so insidious as that of the plant lice or aphids.

At first a very few lice may be found hidden on the under side of the leaves of melons, peas, cabbage, and other vegetables. A little later the leaves begin to curl up and to lose their color, and an examination will show that the "lice" which the ants carried out have become grandmothers, and the under side of the leaves will be literally alive with them, feasting on the juices of the plants. At this stage something must be done quickly, for within a few days there will be another generation or brood at work.

Arsenate of lead and Paris green have no effect upon this army of plant blood suckers, and it is necessary to use contact poisons. A preparation must be used that will not injure the



Insects Do Not Thrive in This Garden, but the Crops Do.

plants but which will kill the "lice." The most common of these contact poisons is nicotine sulphate—a tobacco extract—made of tobacco refuse from factories. This is a poison and, to be effective in killing the "lice" without injuring the plants, must be used exactly according to the directions given on the container. United States Department of Agriculture Farmers' Bulletin 856, on the control of garden diseases and insects, has the following to say regarding the use of nicotine sulphate:

"For small garden plants one teaspoonful of nicotine sulphate should be used to one gallon of water, to which a one-inch cube of hard soap should be added and thoroughly mixed. If a larger quantity is desired, use one fluid ounce to eight gallons of water, with the addition of one-half pound of soap. Full directions are given on the covers of packages, and instructions accompany them.

Effective Application of Spray. "In the use of nicotine sulphate the effective application of the spray is of the utmost importance, since it is primarily upon this that the success or failure of the treatment depends. If the liquid has stood for any length of time it should be agitated thoroughly before use. The insects themselves must receive a thorough coat of the spray or they will not be killed, and immediate inspection after spraying should show the foliage occupied by the insects to be completely wet.

"Spraying should be done as early as possible, always on the first appearance of the insect, not only because it is good practice to keep the plants free from pests but because more thorough work can be done on small plants." The main point is to start the fight in time and kill the advance scouts and head off the main army of insect pests.

GROW PURPLE VETCH FOR VALUABLE SEED

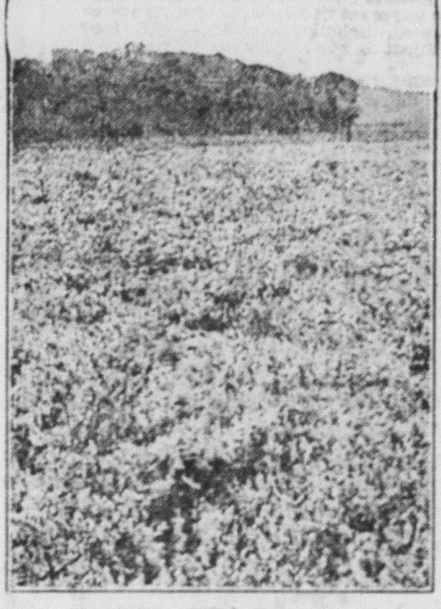
Advantages of Crop Have Been Known for Years.

It is Not as Popular in Northern States as Common Variety, Which is Hardier and Has Become Established as Forage.

(Prepared by the United States Department of Agriculture.)

Due largely to the intermediary efforts of the United States Department of Agriculture, 2,400 acres of purple vetch is reported as being grown this year for seed in northwestern California for use in the orchards of the southern part of the state, where it has proven a superior green-manure crop. The superiority of purple vetch in California for green manure lies in the fact that it makes more growth during the winter months and can be turned under earlier than other legume crops.

Purple vetch was first brought to this country from Italy in 1859 and its advantages have been appreciated for



A Field of Purple Vetch.

a number of years, but it was not possible to introduce it extensively because of scarcity of seed. In the region where it was most valuable it has not been feasible to raise purple vetch in large quantities because of climatic conditions. In the North, on the other hand, the seed can be grown successfully, but there the purple vetch is not in as great favor for forage as common vetch, which is hardier and has become established in popularity.

To make a bridge between the two geographically distant localities has been the work of a number of years on the part of the department experts. It was first necessary to demonstrate the value of purple vetch in the South, and afterwards to induce northern farmers to substitute it to some extent for their customary crops. This latter was difficult, because purple vetch was not quoted in the market, and also because, where a sale was effected, farmers were tempted to sell their entire stock, reserving no seed to maintain or extend the acreage.

The assistance of a large California fruit growers' association was enlisted, and last year 500 acres were grown under guarantee, a large portion of the yield being kept for seed. This year northwestern California and Oregon farmers will receive 14½ cents a pound for purple vetch seed, which should give them from \$150 to \$200 per acre in addition to the straw. From now on it is expected sufficient seed will be available for all needs.

VALUE OF UNDRAWN POULTRY

Experiments Conducted by Department of Agriculture Show Birds Spoil Less Quickly.

Poultrymen still discuss the relative merits of drawn and undrawn poultry. Practice varies in different communities. Opening the body undoubtedly exposes the internal surface to the air which always contains micro-organisms, and this may hasten decomposition; but it should be remembered also that the viscera decompose more rapidly than other parts of the body, and if left they may taint or infect the rest of the bird.

In elaborate experiments with drawn, partly drawn, and undrawn poultry, conducted by the United States Department of Agriculture, it was found that undrawn birds spoil least quickly, and partly drawn ones less quickly than the fully drawn ones from which, not only the viscera, but also the heads and feet, have been removed.

BUILDS WEEVIL-PROOF CRIB

Southern Farmer Demonstrates How Log Building Can Be Made Secure Against Insects.

The county agent of Taylor county, Fla., reports that one farmer in his community has worked out a way by which a log corn crib can be made practically air-tight to guard the corn against weevils. This farmer put three or four inches of dirt on the floor and covered it with another floor. The walls were covered with rough lumber, and the cracks outside were filled with clay. The door facings were padded with cloth and the door made of two layers of cypress lumber, with a piece of paper roofing between. This arrangement cost about \$10, in addition to the farmer's labor. Others in this neighborhood are building cribs in the same way.



A NEW FIRM.

A hennery owner in a New Hampshire town, a short while ago, on his way to the railroad station with the day's consignment of eggs to several commission merchants of Boston, was halted by a genial neighbor: "Who ye sendin' them eggs to, Carl?" the neighbor wanted to know.

"Oh, various and sundry," the egg raiser replied.

"Got a new customer, hey? Pleased ter hear it."

In Line for a Fee. The Motorist—Say, friend, my engine's stalled. Think you can help me find out what's the matter with it? Constable Tallmber—I can, but I won't just now. I can't pinch you for speedin', but in ten minutes I'll fix up your engine and then pinch you for parkin' here too long.



BETWEEN THEMSELVES

Mrs. B.—Men are such brutes! Mrs. C.—Aren't they? What was it your husband refused to buy for you today?

Didn't Start It. His wife reproved him sharply when he hit his razor cursed. "Why don't you scold the blade?" he said. "It lost its temper first."

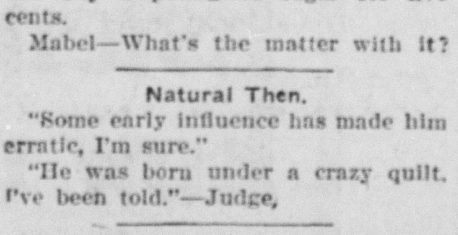
Genius in the Films. "I know you for a writer of genius. We must have more such in the movies."

"I thank you." "Now I have 90 feet of a fireman's parade, 150 feet of bathing girls at Long Beach and 300 feet of the Hale-Yardward game. Kin you write me a story of genius around them?"—Film Fun.

Bluebeard Explains. The Interviewer—Why did you assassinate all your wives as soon as the honeymoon was over? Bluebeard—You see, I'd promised to love each one as long as she lived, and no matter what other sins I've committed, I never disappointed a lady.

Something Wrong. Husband—Mabel, I know where I can buy a pound of sugar for five cents. Mabel—What's the matter with it?

Natural Then. "Some early influence has made him erratic, I'm sure." "He was born under a crazy quilt. I've been told."—Judge.



OR HE WOULDN'T HAVE PLUNGED

Wifey: At least you were sensible on your wedding day. Hubby: On the contrary I was insensible.

Why It Fell. The tower of Babel insecure Was from the start unlawful. Materials were very poor And the building graft was awful.

Safety First. Wigg—"Girls don't burst into tears as easily as they used to." Wagg—"No; they've learned that crying ruins the modern complexion."—London Answers.

Between Girls. "Where is Cholly?" "On a business trip to California. I hope he won't make love to any of those western girls." "Why so? Any practice he gets will be helpful when he returns."

And Wants It. Wyse—A burned child dreads the fire. Guyse—In spite of which the moth still continues to buzz round the flame.—London Answers.

MALARIA CURED IN 7 DAYS

If This Remedy Fails--You Get Your Money Back

The Greatest Discovery of All Time!

DR. J. J. RUDOLPH'S ANTIPLASMA MALARIAL CURE

USED SUCCESSFULLY BY DOCTORS, DRUGGISTS, MILL-OWNERS AND THE GENERAL PUBLIC.

Recommended For Both Children & Adults In Capsules Absolutely Tasteless

MONEY BACK IN EVERY CASE WHERE ANTIPLASMA FAILS TO CURE

ANTIPLASMA Discovered During Boer War in Africa—through the wonderful research work of Drs. J. J. Rudolph and Kruger, the latter Chief Medical Officer of the Boer Army. Its employment resulted in not a single death in the Boer Army from Malaria infection as compared to a mortality rate among the English soldiers that greatly exceeded the number of killed and wounded.

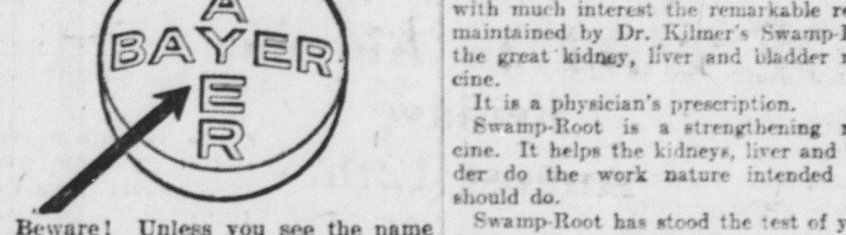
Contains No Alcohol, Narcotics, Quinine, Arsenic, Mercury or Habit-Forming Drugs! Absolutely Tasteless

If Your Druggist Doesn't Sell It, Mail \$2.00 to the Viro Medical Co., 207 West Houston St., New York, N. Y., and one bottle containing complete seven day cure will be sent you immediately postpaid.

Anti-plasma is Malaria Insurance at a Cost of \$2.00 Per Year

ASPIRIN

Name "Bayer" on Genuine



Beware! Unless you see the name "Bayer" on package or on tablets you are not getting genuine Aspirin prescribed by physicians for twenty-one years and proved safe by millions.

Take Aspirin only as told in the Bayer package for Colds, Headache, Neuralgia, Rheumatism, Earache, Toothache, Lumbago, and for Pain. Handy tin boxes of twelve Bayer Tablets of Aspirin cost few cents. Druggists also sell larger packages. Aspirin is the trade mark of Bayer Manufacture of Monoaceticacidester of Salicylicacid.

Inquisitive Lillian. Lillian, four years old, has attended Sunday school and heard some things she does not understand.

Lillian said: "Mother, what is the soul?" Mother replied: "Child, the soul is the mind, the part of you that thinks."

There was silence for a little bit and then Lillian said: "Mother, how will God get wings fastened on to the mind?"

Mother did not answer. After a short silence Lillian said: "Mother, is God and central the same?"

By this time father had begun to take notice and answered: "Not in our town."

He Couldn't Say 'Em. It was Ora's first year in school, and Maurice, two years the younger, looked on his brother with great admiration and awe for the many wonderful new things he had learned. Bigon, as he called Ora for some unknown childish reason, was his idol supreme. An aut, visiting one day, asked Maurice whether he could recite the alphabet.

"No," he piped. "No, I can't say 'em. I can't say the A, B, C's. But Bigon, he can say 'em. 'Eres the way Bigon says 'em." And then he proceeded to say them correctly.

An income tax is the price of admission to a theater.

Mental butterflying at 2 a. m. A great indoor sport for thoughtless people

One of the surest ways to become physically incapable of doing your best work is to get only snatches of sleep—broken by disturbing dreams.

If your sleep is being disturbed by drinking tea or coffee, you may be sowing the seeds of a nervous breakdown.

Do not wait until your nerves are affected by the drugs, thein and caffeine, in tea or coffee. Protect your strength, vitality and endurance.

Have sound, restful sleep, and wake refreshed and fit for any task.

Postum, the delicious cereal beverage, with its golden-brown richness and coffee-like taste, will

let Nature restore your coffee-irritated nerves, and bring you sound, refreshing sleep.

Postum is wholesome and acts in a normal way. It possesses the advantages of a hot drink, without the ill effects of tea or coffee.

Drink Postum for a week or two. See what a difference it will make in you!

Postum comes in two forms: Instant Postum (in tin) made instantly in the cup by the addition of boiling water. Postum Cereal (in packages of larger bulk, for those who prefer to make the drink while the meal is being prepared) made by boiling for 20 minutes.

At all grocers.