

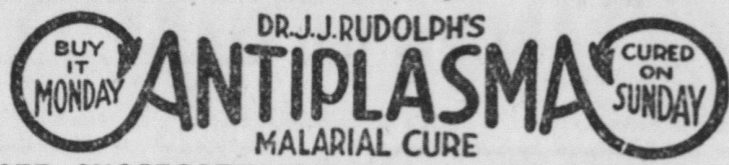
"That Tired Feeling" Often Forecasts Sickness

When you are tired without good cause, lack ambition and feel out of sorts generally, you may be heading straight for a sick spell. These symptoms often show the whole system, especially the blood, is disordered. Don't wait 'till you are sick in bed. Almost every ailment can be ward off if attended to in time. Any doctor will tell you that. Start at once to drive impurities from your system and help enrich your circulation with famous S.S.S., the vegetable blood tonic of fifty years' standing. Get S.S.S. from your druggist today, and write about your condition to Chief Medical Advisor, 847 Swift Laboratory, Atlanta, Georgia.



MALARIA CURED IN 7 DAYS

If This Remedy Fails--You Get Your Money Back
The Greatest Discovery of All Time!



USED SUCCESSFULLY BY DOCTORS, DRUGGISTS, MILL-OWNERS AND THE GENERAL PUBLIC.
Recommended For Both Children & Adults
In Capsules Absolutely Tasteless

MONEY BACK IN EVERY CASE WHERE ANTIPLASMA FAILS TO CURE

ANTIPLASMA Discovered During Boer War in Africa—through the wonderful research work of Drs. J. J. Rudolph and Kruger, the latter Chief Medical Officer of the Boer Army. Its employment resulted in not a single death in the Boer Army from Malaria infection as compared to a mortality rate among the English soldiers that greatly exceeded the number of killed and wounded.
Contains No Alcohol, Narcotics, Quinine, Arsenic, Mercury or Habit-Forming Drugs! Absolutely Tasteless
If Your Druggist Doesn't Sell It, Mail \$2.00 to the Vano Medical Co., 202 West Houston St., New York, N. Y., and one bottle containing complete seven day cure will be sent you immediately postpaid.
AntiPlasma is Malaria Insurance at a Cost of \$2.00 Per Year

MORE THAN HE COULD STAND

Mr. Cityman Changed His Mind When Business Partner Began to Brag About His Garden.

What He Said to His Wife—If you want a garden this year you had better hire somebody to make it. I'm not going to try it again. I've figured it out; and if I would spend on my business the time I put in on that garden I would make enough money to keep us in vegetables for fifty years. I am off it for life.

What He Said to His Neighbor—I don't think I'll bother with a garden this year. It doesn't pay; I may do a little; but the digging and the labor—I'm off that for life.

What He Said to His Partner—Well, how's the garden coming along? I'm not doing much with mine this year. What? How high did you say? Already? What seed did you use?

What He Said to His Wife When He Got Home An Hour Early That Day—Call me when dinner's ready. I've got to get the garden started today or I'll never raise a thing.—Life.

Out of Sight. Two farmers were having an argument and a little bet as to which of them possessed the best wife—or, rather, which wife made the money go the farthest.

"I am surprised," said the first farmer, "how little my wife spends on household necessities. You come and stay with us for a few weeks, and see for yourself. You will soon see how true my statements are."

"But what would be the good?" said the other man. "She would not be so good as my wife. Why, my wife makes money go so far that I never see it again."

TWO THINGS NOT LOOKED FOR

Even Stolid Englishman Saw the Humor in One of Josh Billings' Famous Jokes.

Andrew Carnegie told a good story at the expense of Matthew Arnold in his "Autobiography." It seems that the English critic was not successful in his lectures in the United States, but he was anxious to learn, and he asked how Josh Billings held his audience. The American humorist replied, "Well, you mustn't keep them laughing too long, or they will think you are laughing at them. After giving the audience amusement you must become earnest and play the serious role. For instance, 'There are two things in this life for which no man is ever prepared. Who will tell me what these are?' Finally someone cries out, 'Death.' 'Well,' who gives me the other? Many respond—wealth, happiness, strength, marriage, taxes. At last Josh begins solemnly: 'None of you has given the second. There are two things on earth for which no man is ever prepared, and them's twins,' and the house shakes." Mr. Arnold did also.

Warm Reception Expected. Charon (packing 'em on).—Gosh, what a mob! Step lively there! Forward in the boat! Say, does the devil know you fellows are on the way?

Food Profiteer—I, for one, didn't 'phone for a reservation. Is the old boy crazy with the heat or something?

Charon—Oh, he's used to the salubrious climate all right, but he's got the dangdest housing problem on his mind that ever raised hades with his temperamental disposition. — Buffalo Express.

GET GOOD HATCH FROM INCUBATOR

Moisture and Ventilation Are Most Important Factors in Securing Normal Chick.

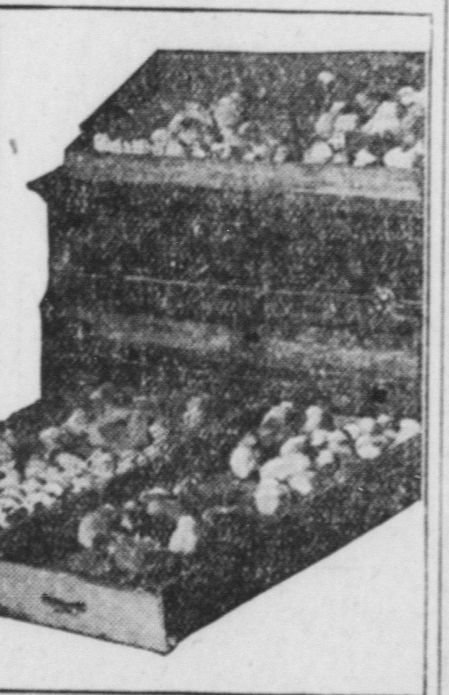
SEVERAL METHODS ARE USED

Less Danger of Getting Too Much Moisture Into Machine by Sprinkling or Soaking Floor of the Incubator Room.

(Prepared by the United States Department of Agriculture.)

Moisture and ventilation are closely related factors in incubation, the amount of each depending upon the other. The former is one of the uncertain factors, for as yet no very satisfactory rules have been evolved which cover all conditions. Good hatches are secured both with and without using moisture, under apparently similar conditions, while each operator generally works out by experience the best amount of moisture to use under his conditions. The moisture and ventilation should, with correct heat, produce a normal chick at the end of the incubation period. Too much moisture may prevent the normal evaporation necessary to allow enough space for the chick to turn in the egg and break the shell, while too little moisture may cause the chick to become dried and stick to the shell. Moisture is used extensively in hatching in the South, in high altitudes, and in places where the incubator is run in a dry room, say poultry specialists of United States Department of Agriculture.

Many Methods Used. Many methods are used to supply moisture in incubators, such as sprinkling eggs with warm water at about 100 degrees Fahrenheit, or placing a pan of water, a receptacle containing moist sand, or a wet sponge below the egg tray. Another common method of supplying moisture is to sprinkle or soak the floor of the incubator room or to place a pan of water under the lamp. There is less danger of getting too much moisture in the incubator by this method than by putting moisture directly into the egg chamber.



Exceptionally Good Hatch.

If a moisture tray or sponge has been added to a non-moisture machine, it should generally be taken out before the chicks pip.

The question of moisture depends largely on the place where the incubator is located. If run in a room in a dwelling house, it is frequently necessary to add moisture even to non-moisture machines, while such machines run in an ordinary cellar in the same building might not need extra moisture. When a large number of machines is operated in one room, extra moisture is more necessary than if only a few are kept together. More moisture must be supplied in a very dry than in a humid climate.

Correct Conditions. Water on the glass door of the incubator during hatching time is the best indication of correct moisture conditions during incubation. A good way to learn the proper amount of evaporation during incubation is to set one or two hens when starting the incubator, and compare the size of the air cell in the eggs under these two conditions when testing on the seventh and fourteenth days. As the weather becomes warmer more moisture is generally used than earlier in the season. Many operators add moisture only during the latter part of the hatch, generally on the sixteenth, seventeenth and eighteenth days.

GROWING SOY BEANS FOR HAY

Meeting With Much Favor by Those Who Are Farming on Light or Sandy Soils.

Soy beans for emergency hay purposes have grown rapidly in favor during the last ten years, especially among those who are farming the sandier soils where clover and alfalfa are not likely to do so well. Unlike millets and Sudan grass, both relatively low in protein, soy bean hay is very high in digestible protein, being about equal to alfalfa hay. Although it is a little difficult to cure, the palatability and high feeding value of this hay make it a very desirable storage.

POTATOES ASSUMING THEIR FORMER RANK

Have Receded From Temporary State as Delicacy.

Crop of 1920 Was Largest in History of Country, Amounting to 430,458,000 Bushels—Steady Drop Is Noted in Prices.

(Prepared by the United States Department of Agriculture.)

With the continuing drop in price, potatoes have receded from their temporary status of delicacy, and are assuming their old rank as a great American staple food. This is to be assumed from figures lately compiled by the bureau of crop estimates, United States Department of Agriculture, which shows that between harvest time and January 1, this year, 255,172,



Good Potatoes of Uniform Size.

000 bushels of tubers were moved off from the farms on their way to the table. This is 56,700,000 bushels more than left the farms in the corresponding period a year ago, or a half bushel additional for every man, woman and child in the United States.

The potato crop of 1920 was the largest in the history of the country, amounting to 430,458,000 bushels, and of these only 145,286,000 bushels were estimated as remaining in the hands of growers and dealers January 1. In 1919 the crop was 255,773,000 bushels, and the amount in the hands of growers and dealers January 1, 1920, was estimated at 127,400,000 bushels.

When the potato crop has been large, under normal conditions, the stocks of January 1 usually have been large, and in years of usual production, before 1918, the stocks of January 1 commonly were about one-half of the crop in the total of the principal northern potato-producing states. In the case of the 1920 crop, on the contrary, the stocks on the farm January 1 amounted to only one-third of the crop, and were smaller than the average of the three preceding years, when the production was much less.

Statisticians of the department believe the greater consumption of potatoes has been encouraged by the drop in prices. For the entire country the average price received by growers was \$3.00 a bushel August 1; \$1.85, September 1; \$1.35, October 1; \$1.18, November 1; \$1.15 December 1, and \$1.06 January 1.

FINDING GRADE OF POTATOES

Too Much Dependence Should Not Be Placed on Size Alone—Knobs Deduct From Value.

In grading potatoes too much dependence should not be put on sizing alone, say specialists of the bureau of markets, United States Department of Agriculture. A potato, for example, may be so covered with second growth knobs that it will not pass through the meshes of the grader, but it does not rightly belong in the first grade. The knobs mean much waste and require extra time in preparing the tubers for the table. Or, a potato may measure up satisfactorily to the standards of size and yet be so diseased as to be worthless.

A potato may even present a fine prize-winning appearance on the surface, and be far below grade because of injuries or disease of which there is no evidence without cutting it. Freezing injury, or hollow heart, illustrates cases of this kind. The grower should not be blamed for losses which result from these causes, but to a great extent field conditions are the primary cause of the troubles which appear when the potatoes are marketed.

POOR POTATOES CUT PROFITS

Waste of Time and Labor Results From Every Bad Specimen in Storage or Transit.

Every rotten, frozen, or undergrade potato that is loaded and every potato spoiled while in transit or in storage reduces the grower's profits and means a waste of time and labor, says the United States Department of Agriculture. It also means a waste of time and labor for every person handling it, a waste of car space, and consequently it amounts to an appreciable loss to the community as a whole. Through its markets inspection service the department is trying to eliminate this waste.

FELT LIKE AN IRON BAND AROUND HEAD

Mrs. Osborne Says She Shudders When She Thinks How She Suffered.

"For years," said Mrs. V. B. Osborne, of 718 Lancaster Ave., Lexington, Ky., "I have been in a run-down condition; nervous, weak and dizzy. I was actually so nervous that any sudden noise or excitement would produce a palpitation of my heart that frightened me. I absolutely could not climb stairs, for to attempt such would thoroughly exhaust me.

"I had nervous headaches and when they came on it seemed that an iron band was drawn tight around my head. I now shudder when I think of those headaches. My stomach was weak and I could not digest the lightest liquid food. Any food of a solid nature caused nausea and the sickening sensation remained for hours.

"My misery was almost unbearable. My sleep was never sound and I was worn out all the time. My condition was indeed a very deplorable one. I finally sought treatment in Cincinnati, but nothing helped me one particle. I was on the verge of giving up in despair when a neighbor pleaded with me to try Tanlac. I obtained a bottle of the medicine and began its use.

"I began improving at once and soon felt my nervousness and dizziness disappearing. Then my headaches left me and I realized my strength had returned. My appetite and digestion improved and I am now so much better in every way. This Tanlac is a wonderful medicine and the only one that ever really helped me. I hope every poor woman who is suffering as I did will try it."

Tanlac is sold by leading druggists everywhere.—Adv.

A good horse may be forgiven a kick.

YOU CAN WALK IN COMFORT

If you shake into your shoes some ALLEN'S FOOT-POWDER, the Antiseptic, Healing powder for shoes that pinch or feet that ache. It takes the friction from the shoe and gives relief to corns and bunions, hot, tired, sweating, swollen feet. Ladies can wear shoes one size smaller by shaking Allen's Foot-Powder in each shoe.—Adv.

Self-denial.

"So you think the doctor today about your indigestion. Did he ask you to give up anything?" "Yes, \$12."

Important to Mother.

Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it Bears the Signature of *Dr. J. C. Fletcher* In Use for Over 30 Years. Children Cry for Fletcher's Castoria

All's Well.

"Is the drama going back?" "I think not. Chorus girls seem as shapely as ever."

Freshen a Heavy Skin

With the antiseptic, fascinating Cuticura Talcum Powder, an exquisitely scented convenient, economical face, skin, baby and dusting powder and perfume. Renders other perfumes superfluous. One of the Cuticura Toilet Trio (Soap, Ointment, Talcum).—Adv.

MAROONED FOR THREE YEARS

Sailor's Long Period of Loneliness on Small Island Located in the South Seas.

Marooning occasionally brings about a modern Crusoe; just as it did with Alexander Selkirk, who was put ashore at Juan Fernandez, and whose adventures gave Defoe the foundation for "Robinson Crusoe." The trading schooner, Queen Charlotte, passing a small island of the Marquesas in the South seas, landed her boat to investigate the smoke of a fire, as it was understood the island was uninhabited. Here was found a United States seaman, who had been put ashore with three shipmates by their captain, on account of their mutinous conduct. The three others had died, but the man from Connecticut had contrived to live on the fish he caught, and the breadfruit and coconuts and other products which he could gather. When rescued after three years' loneliness, his utensils consisted of great shells, and two cups which he possessed, made from the skulls of his companions.

ASPIRIN

Name "Bayer" on Genuine



Take Aspirin only as told in each package of genuine Bayer Tablets of Aspirin. Then you will be following the directions and dosage worked out by physicians during 21 years, and proved safe by millions. Take no chances with substitutes. If you see the Bayer Cross on tablets, you can take them without fear for Colds, Headache, Neuralgia, Rheumatism, Earache, Toothache, Lumbago and for Pain. Handy tin boxes of twelve tablets cost few cents. Druggists also sell larger packages. Aspirin is the trade mark of Bayer Manufacture of Monoaceticacidester of Salicylicacid.—Adv.

Possibly. An expert announces that there are ten causes of crime. Wonder if belief in the old adage that "the good die young" is one of them.

A Feeling of Security

You naturally feel secure when you know that the medicine you are about to take is absolutely pure and contains no harmful or habit producing drugs.

Such a medicine is Dr. Kilmer's Swamp-Root, kidney, liver and bladder remedy. The same standard of purity, strength and excellence is maintained in every bottle of Swamp-Root.

It is scientifically compounded from vegetable herbs. It is not a stimulant and is taken in teaspoonful doses.

It is not recommended for everything. It is nature's great helper in relieving and overcoming kidney, liver and bladder troubles.

A sworn statement of purity is with every bottle of Dr. Kilmer's Swamp-Root.

If you need a medicine, you should have the best. On sale at all drug stores in bottles of two sizes, medium and large. However, if you wish first to try this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Adv.

About Colors.

Is your room small? Then avoid yellow and red in its furnishing. They are warm colors and make a room look small. Use grays and violets to give a "roomy" effect.

FRECKLES

Now is the Time to Get Rid of These Ugly Spots.

There's no longer the slightest need of feeling ashamed of your freckles, as Othine—double strength—is guaranteed to remove these homely spots.

Simply get an ounce of Othine—double strength—from your druggist, and apply a little of it night and morning and you should soon see that even the worst freckles have begun to disappear, while the lighter ones have vanished entirely. It is seldom that more than one ounce is needed to completely clear the skin and gain a beautiful clear complexion.

Be sure to ask for the double strength Othine, as this is sold under guarantee of money back if it fails to remove freckles.

NOT WHAT THEY LOOKED FOR

Audience, Like Readers of Novels, Wanted What They Had Been Used to Getting.

Dr. William Lyon Phelps of Yale said at a dinner in Philadelphia:

"The average popular novelist and his audience are very, very, well, it reminds me of a story."

"An oldtime music hall artist turned up, after some years of absence, in a certain provincial town where he had once been a great favorite. He went on in his usual make-up—bulbous red nose and so forth—expecting a grand reception, but all his efforts were received in gloomy silence.

"What's the matter with 'em?' he said afterward to the stage manager, and he dashed a tear from his eye. 'Have they forgotten old Bill?'

"No, Bill, they ain't forgotten you," said the manager in a kindly voice. "No, it ain't that, but you've changed your jokes about. You're tellin' the one about the star boarder ahead of the one about the limburger, and it upsets 'em."

Woman, Lovely Woman.

It takes a woman longer to make up her mind than it does to make up her face, but with either she usually gets what she is aiming at.—Florida Times Union.

Made Just to Your Taste And Always the Same

You secure uniformity of strength and flavor in your meal-time drink, by the portion used.

INSTANT POSTUM

(instead of coffee or tea)

can be made instantly by measuring the powdered Postum with a teaspoon, placing the contents in a cup, then adding hot water. Better for nerves and digestion.

"There's a Reason"

Made by Postum Cereal Co., Inc., Battle Creek, Mich



Let This Food Help You to Health

Sound nourishment for body and brain with no overloading and no tax upon the digestion, is secured from

Grape-Nuts

It embodies the nutrition of the field grains, and it makes for better health and bodily efficiency.

Ready to serve—an ideal breakfast or lunch. "There's a Reason"