

# MALARIA

Cured in 7 Days or Money Back



**READ!**  
Blaine, Miss. Doctor Gains Excellent Results And Writes For More ANTIPLASMA.  
Writes Dr. W. B. Tabb Blaine, Miss.—"Your representative gave me a trial bottle of ANTIPLASMA and found it gave excellent results so far, and for further investigation send me half doz. bottles by return mail."

Suffered For 18 Years And Was Invalid Half Of This Time.

Miss Amelia Wagner, 221 St. Nicholas Ave., New York City, sets forth a most remarkable claim for ANTIPLASMA. "Your specific not only cured my Malaria, but it has seemingly cured an ailment and a condition which had become chronic with me."

Lumber Company Manager Says ANTIPLASMA Did All It Is Claimed To Do.

Mr. Geo. T. Reel, Mgr. of the Soudheimer Co., Soudheimer, Pa., asks for more ANTIPLASMA basing his decision on—"there was only one of the cure in sample sent to treat one patient but the cure appears to have been complete."

And there are many others who have been cured by ANTIPLASMA.

## CURED IN 7 DAYS OR MONEY BACK

Sold in Bottles—Capsule Form—Tasteless

Contains No Alcohol No Narcotic No Quinine No Arsenic No Mercury No Habit-Forming Drugs

Recommended For Adults And Children.

**ANTIPLASMA** is the result of the work of the Medical Staff of the Box Army during the recent Boer War. Originally used by native tribesmen. Its employment resulted in not a single death from malarial infection in the Boer Army as compared to a mortality rate among the English soldiers that greatly exceeded the number of killed and wounded.

If Your Druggist Doesn't Sell It, Mail \$2.00 to the Vinc Medical Co., 200 West Houston Street, New York, N. Y. and one bottle containing complete seven day cure will be sent you immediately postpaid.

AntiPlasma is Malaria Insurance at a cost of \$2 per year

## ROOT AND SALAD CROPS IN FAVOR

Can Be Cultivated With Hand Tools and Take Up Comparatively Small Space.

### FRESH THINGS ALL SUMMER

Specialists Suggest That Plantings Be Made a Week or So Apart to Obtain Succession of Various Kinds of Vegetables.

(Prepared by the United States Department of Agriculture)

Where garden space is limited plant root and salad crops. No garden, large or small, is complete without them, but they are particularly adapted to small back-yard gardens. Among the root crops are radishes, beets, carrots, parsnips, salsify or vegetable oyster, and turnips. Salad crops include lettuce, common or wild cress, dandelion, Cos lettuce or romaine, Chinese cabbage, and others. They require little space, because they can be planted in rows from 10 to 15 inches apart, and cultivated with hand tools. Many gardeners make only one planting of these crops, but the garden specialists of the United States Department of Agriculture suggest that several plantings of them be made a week or so apart, in order to have a succession of those vegetables.

Radishes are one of the first and best vegetables that come from the garden in spring. They should be planted as early as possible, whether for market or home use. For the home supply small amounts should be planted, and at least two or three plantings made with varieties that mature at different times.

#### Food Value of Beets.

Beets are one of the most important crops for the home garden. Seed can be planted just as soon as the soil is in condition to work. When the plants crowd one another in the row, thin them out when they are young, and cook them as greens. Later, when



Salad Plants Can Often Be Grown in a Small Space Where Some Other Crop Has Been Gathered.

they are about an inch in diameter, both leaf stems and young beets can be cooked together. When the beets are larger the leaf-stems become tough and woody. As a rule, two plantings should be made, one extremely early and another in about four weeks. Carrots should be planted just a little later than beets, and as soon as the plants are up they should be thinned. A second thinning will leave the plants one and one-half to two inches apart in the row and give a supply of small carrots, known as baby carrots, for use on the table. The tops of the carrots cannot be used for greens.

Parsnips and salsify are more in the nature of winter crops; that is, they are grown during the summer and kept for winter use. A section of row 20 to 30 feet long generally will produce all the parsnips or salsify that the average family will want.

While it is true that too much lettuce often is planted at one time, not enough attention is given to keeping a continuous supply. Lettuce plants grown in the hotbed or cold frame, or in a box in the house, can be planted in the open ground just as soon as the danger of the last frost is past.

**Fresh Things All Year.**  
By making a study of the different kinds of salad crops offered in seed catalogues one can easily have a continuous supply from the earliest springtime until the late autumn, and even into the winter. Water cress, for instance, is grown commercially in ponds or spring-fed streams in sections where the water naturally contains large amounts of lime. By starting water cress from seeds sown in a box in the house or by getting a bunch of cress in the market and using the stems for plants, it is easy to grow a bed of water cress without the aid of a stream or pond.

Chickory, or endive, is one of the finest of the winter salads. The roots are grown during the summer, and then dug in the fall and packed in the cellar in boxes of moist sand, the roots being placed rather close together in the box with the crowns or tops near the surface. A covering of straw is placed over the box, and the soil around the roots kept moderately watered. Fresh, young leaves will be formed beneath the straw, and as they are grown in comparative darkness, these are white, crisp and tender.

## NICOTINE SULPHATE IS LESS EXPENSIVE

Dusting Found Effective in Controlling Pests.

Insects Hard to Reach With Ordinary Sprays Caught by Floating Dust Settling on Under Side of the Leaves.

(Prepared by the United States Department of Agriculture)

To the sorrow of some of the insect pests which feed on the under side of plant leaves and so escape the effect of poison sprays, the bureau of entomology, United States Department of Agriculture, has been conducting experiments with nicotine sulphate applied in dust form. Mixed with kaolin to give the poison bulk, 40 per cent strength nicotine sulphate did remarkable work in controlling meion, cabbage and pea aphid, onion thrips and western cucumber beetles. All these



Hand Dust-Guns Are Effective on Small Areas.

Insect pests are hard to reach with ordinary sprays, but the floating dust settles upon the under side of the leaves as well as on the surface. The experiments show that much larger areas can be treated in less time than is required by spraying. Moreover, the equipment necessary to apply the dust is much less expensive than a spray outfit and its cost of application is less than by the older method. It weighs less than spray and is more conveniently handled. It can be mixed with arsenate of lead or sulphur for use against insects and fungous diseases.

### FRUIT FOR AVERAGE FAMILY

Everbearing Strawberries Should Find Place in Every Garden Where There Is Space.

Plenty of vegetables for the table should be the first consideration of every home gardener, but fruit trees and some bush fruit should be planted, say specialists of the United States Department of Agriculture. It does not take a very large space for growing enough fruit and berries of the different kinds to supply the average family.

Everbearing strawberries, which were a novelty a few years ago, are now being planted by thousands of gardeners, and they should find a place in every garden of the temperate region where space will permit. Strawberries, however, can be grown under a very wide range of climatic and soil conditions. The same is true of the blackberry and the dewberry.

Raspberries are more limited as to distribution, and will not withstand the heat of summer in the South or the extreme cold of the North. Their planting is confined almost entirely to the temperate regions, the Central and Eastern states and the Pacific Northwest. Certain varieties of the red raspberry that are practically everbearing, or that at least produce both a summer and fall crop of fruit, are now being developed. Raspberries, blackberries, and dewberries do well when planted along a fence.

### SETTING OUT NUT TREES

Nut trees, such as walnut, hickory and oak, develop a deep taproot and few lateral feeding roots during their first year. They cannot ordinarily be transplanted to the field so successfully as other trees, so that planting the nuts or acorns on the permanent site usually is considered preferable.

### GROWING MUSCADINE GRAPES

Best Results Obtained by Training to Trellis, Using Three Wires Instead of Two.

The muscadine grape will produce the best results when trained to a trellis, using three wires instead of two as in training the "bunch" varieties. Posts should be at least eight to nine feet in length, and set two to three feet in the ground. The wire should be two feet apart on the posts, which should be sixteen feet apart. The vines should be set at least twenty-five feet apart in the row.

**Excellent Sow Ration.**  
A ration which is excellent for sows with pigs is corn, grain and alfalfa. The hay can either be self-fed in a rack or ground at a small cost and mixed with grain feed.

# MRS. REIFENSTEIN, AGED 67, GAINS 25 POUNDS

Declares She Would Like To Put a Bottle Of Tanlac In The Hands Of Every Sick Man, Woman and Child In This Country—Never Saw Its Equal.



MRS. EMMA REIFENSTEIN, 337 Webster Ave., Syracuse, N. Y.

"I am sixty-seven years of age, but in all my experience I have never known a medicine like Tanlac. Think of it! At my age to gain twenty-five pounds in weight, but that is just what I have done," said Mrs. Emma Reifenstein, of No. 337 Webster avenue, Syracuse, N. Y.

"If I had it in my power," she continued, "I would put a bottle of Tanlac in the home of every sick man, woman and child in this country; for I know what this wonderful medicine would do for them. For almost two years I was almost a nervous wreck. I did not dare to leave the house or even go up town unless my husband went with me. I was afraid to even cross the street and had a feeling of dread all of the time.

"My stomach was weak and easily upset. For days at a time I would go without solid food. I could not rest at night to do any good and felt tired and worn out all of the time. Some days I could hardly drag myself across the room and was so weak and miserable I was ready to give up.

"My health is fine now and I eat anything I want and never have a touch of indigestion. I have never slept better than I do now. My recovery is the talk of our neighborhood, as it was generally believed I could not last but a few weeks longer. This grand

medicine has brought me health and happiness and I just can't say enough in its praise."

Mr. J. Reifenstein, in commenting on his wife's statement, said: "Yes, her recovery has been a happy surprise to us all. A few weeks ago I had no idea she would be able to pull through, but now she is in better health than I have ever seen her and the credit is due to Tanlac. We have been married fifty-two years today and I don't believe I have ever seen her looking any better."

Tanlac is sold by leading druggists everywhere.—Adv.

Apparently, He Did. He—"Do you really believe ignorance is bliss?" She—"I don't know. You seem to be quite happy." She (quickly)—Jack.

## Blood Is the Sap of Life; Keep It Pure

You grow by good blood as a tree grows by sap. Rich blood, robust man. Good sap, sturdy tree. Keep the blood healthy and wholesome; poor, impoverished blood cannot nourish the body or remove the waste as nature intended.

When your blood is impure, itching, flaming skin eruptions often break out, and your body

gets run down and weak—easy prey for disease. To be safe, keep the circulation wholesome.

For this S.S.S., the famous vegetable blood remedy your druggist keeps, is excellent. Start enriching your blood with S.S.S. today, and write about your condition to Chief Medical Advisor, 838 Swift Laboratory, Atlanta, Ga.



### NEW OMAR LIFTS HIS VOICE PUTTING IT UP TO DADDY

Arizona Poet, However, Strikes Different Note From That Struck by the Great Persian.

Omar Khayyam said that he could dine on a loaf of bread and a jug of wine; with Her beside him and feel content in the wilderness—but he only meant that he liked the desert and his old tin Lizzie, and the crooked roads that make you dizzy, that start any place and lead nowhere, and just keep going and never care. He liked the mosquito and the greasewood smell and the long hot days that feel like h—; the red sunsets and the cool moonlight and the soft, sweet air of the desert night—for Omar Khayyam was a wonderful man, who lived his life on an easy plan, with his girls and his wine and a big silk tent—My, oh, my! What a life he spent. . . . The desert is here like it always was—but you can't Khayyam any more, because in these dry days when even home brew is on the list of the things taboo, old Omar Khayyam and his jug of juice would soon get locked in the calaboose.—Salome (Ariz.) Sun.

**Rare, Indeed.**  
Few persons who have admired the common "rose quartz" realize how very rare is the crystallized form. Only two specimens are known.

When money talks we never stop to criticize its grammar.

Small Girl Evidently of Opinion That the "Laborer Is Worthy of His Hire."

The girl temporarily hired to help out during mother's illness had just left. During her stay five-year-old Clara absorbed with interest many of the details of housework; in fact, had been of material assistance in such ways as setting the table, helping with the dishes, etc.

When Mary quit unexpectedly the housework got behind and little Clara voluntarily set about to straighten things out, and that night met father at the door when he came home from work, saying:

"Come right on out to the table, daddy; everything's all ready. Mother's feeling better and you must eat the supper I got for you."

After viewing the bread cut at a 45-degree angle, cold potatoes from the previous night, and other things which Clara had gathered for the royal repast, father said:

"Well, my little girl is right on the job, eh? We'll never miss Mary, will we? That's just fine, honey; daddy knows you will look out for him, all right, won't you?"

"Oh, yes," said Clara, then coyly. "Dad, how much do you think you ought to pay me?"

A widow is not necessarily inconsolable merely because she remains uncopied.

**If Coffee don't agree DRINK POSTUM**

"There's a Reason"

*There's More Than Flavor*

Many foods, while pleasing to taste, contain but little nourishment.

## Grape-Nuts

combines with its rich, sweet flavor the full nutriment of wheat and malted barley which makes it an ideal food.

It has been the favorite ready-to-eat cereal for a quarter of a century.

*"There's a Reason"*