

# MRS. BARRETTE TELLS OF SPLENDID RESULTS

**Prominent New Hampshire Woman Says Tanlac Brought About a Wonderful Change in Her Condition.**

"Tanlac is a grand medicine, and I think every suffering woman ought to know about it," was the statement made recently by Mrs. Aurore Barrette, at her residence, 133 Second Street, Manchester, New Hampshire. Mrs. Barrette is a well known and highly respected resident of that city.

"I have not felt at all well for the past year or more," she continued. "I haven't been sick enough to be in bed, but I was far from being a well woman. At times I thought I had kidney trouble for I suffered almost constantly from severe pains across my back, just over the kidneys. Whenever I tried to do any housework at all that dull pain would be there, and if I attempted to stoop over it just felt as though my back would break. I would get so weak and worn out I would have to sit down and rest several times a day, and I felt tired all the time.

"This condition made me awfully nervous, so that I rarely ever slept well at night, and every now and then I would jump in my sleep, as if in a fright, and my condition was really becoming serious.

"Only two bottles of Tanlac have brought about a wonderful change in my condition. In fact, the results I have received from this medicine have really surprised me. Those terrible



MRS. AURORE BARRETTE of Manchester, New Hampshire

pains in my back which used to trouble me every day have almost disappeared, and I am going to keep on taking Tanlac until they leave me entirely. I have lots of energy now, and am not only able to do my housework, but I get through the day without feeling the least bit tired. I am no longer nervous like I was, and I sleep well at night.

"I shall always be thankful for what Tanlac has done for me." Tanlac is sold by leading druggists everywhere.—Adv.

## Will Rheumatism Again Bind You Hand and Foot?

If you had Rheumatism last year and treated only the pains of the disease by rubbing with liniments and lotions, you can be sure that soon again you will be in the shackles of this relentless foe. You may get some slight temporary relief from the pains of the disease by the use of these local remedies, but Rheumatism is too real and relentless a disease to be rubbed away.

So many cases of Rheumatism come from a tiny germ in the

blood, that you should try a remedy that has proven so thoroughly satisfactory in these cases. S.S.S., the fine old blood remedy cleanses the blood of all impurities, and removes all disease germs that may creep into the blood. Begin taking S.S.S. today, and if you will write a complete history of your case, our medical director will give you expert advice, without charge. Address Chief Medical Adviser, 157 Swift Laboratory, Atlanta, Ga.

When a young man or a clock gets too fast a setback is necessary.

Hands rough? Mystic Cream, that's the stuff. Ask your druggist for it.—Adv.

"And because he wished to hold his job, the hired man 'stowed up.'"—Indianapolis News.

## WHY DRUGGISTS RECOMMEND SWAMP-ROOT

For many years druggists have watched with much interest the remarkable record maintained by Dr. Kilmer's Swamp-Root, the great kidney, liver and bladder medicine.

It is a physician's prescription. Swamp-Root is a strengthening medicine. It helps the kidneys, liver and bladder do the work nature intended they should do.

Swamp-Root has stood the test of years. It is sold by all druggists on its merit and it should help you. No other kidney medicine has so many friends.

Be sure to get Swamp-Root and start treatment at once. However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Adv.

When a Feller Needs a Friend. Aristocratic Aunt (to small nephew from the country playing in the snow)—Please remember, Theodore, while you are visiting us, that it will be unnecessary for you to make your own snowmen. What are the servants for?—Passing Show, London.

A lot of conversation worked off in society ought to be dumped into the garbage can.

MUSIC. Ignatius—A pretty girl is like a melody.

Ignatz—Yeh, I saw one the other night that looked pretty sharp, and she knocked me flat, so I sent her a note.

Ignatius—What did she say?

Ignatz—Oh, she told me not to play around.—California Pelican.

## RUB OUT SORENESS, SPRAINS, BACKACHE WITH OLD ST. JACOBS OIL

Back hurt you? Can't straighten up without feeling sudden pains, sharp aches and twinges? Now, listen! That's lumbago, sciatica, or maybe from a strain, and you'll get blessed relief the moment you rub your back with soothing, penetrating "St. Jacobs Oil!" Nothing else takes out soreness, lameness and stiffness so quickly. You simply rub it on and out comes the pain. It is perfectly harmless and doesn't burn or discolor the skin.

Linger up! Don't suffer! Get a small trial bottle from any drug store, and after using it just once you'll forget that you ever had backache, lumbago or sciatica, because your back will never hurt or cause any more misery. It never disappoints and has been recommended for 60 years. Stop drug-ging kidneys! They don't cause backache, because they have no nerves, therefore can not cause pain.—Adv.

Willing to Hold. "I've been reared in the lap of luxury," said a millionaire's daughter. "Try mine for a change," suggested the impetuous young man.—Baltimore American.

Regard righteousness as gain.

## RAISING WINNER IS GREAT HONOR

Heredity Plays Important Part in Helping Owner to Secure Blue Ribbon.

### FIRST OBSERVE CALF'S DAM

Good Breeders Should Be Familiar With Individuals and Blood Lines Instrumental in Building Up Favored Breed.

(Prepared by the United States Department of Agriculture.)

It is a science and an art to produce a famous breeding animal or a noted winner in the show ring. Every year thousands of stock breeders contest for this honor, and as soon as the blue ribbon is placed the owner of the animal is besieged with questions as to just how the winner was originally selected and reared.

Kings and queens of the beef-cattle world sometimes are selected when they are calves only a few months old so they can be taught to eat grain before they are weaned, say specialists of the United States Department of Agriculture. The first step is to observe the calf's mother, noting whether she is a wide, deep-bodied cow with plenty of size, and is giving a liberal supply of milk. If the mother qualifies in these respects and is bred to a good bull, it may be reasonably expected that the calf will grow into a useful breeding animal and can be developed into a type suitable for show purposes.

Studying Calf's Pedigree.

The calf's parents, grandparents, etc., should have been useful and profitable to their owners. These facts may be learned from a study of the calf's pedigree. To know a good pedigree requires study, and in this connection it is advisable to read a history of your chosen breed. It is essential that the good breeder become familiar with individuals and blood lines which have been instrumental in building up the breed.

In every breed there are certain blood lines that are known to "nick" well with one another. Ascertain what "nicks" or crosses have produced the best results, and look for these combinations in a pedigree. Do not be misled by family names, which in some cases are derived from a female that appears as far back as the twelfth or fifteenth generation. Cattle breeders are fast losing sight of family connection on the female side and are giving more attention to the bulls that appear in the first, second, and third generations.

The calf which is selected must have good form, which is sometimes spoken of as type or conformation. To become familiar with types of the breed, study pictures of famous animals. Make use of a score card in selecting



Select a Calf, if Possible, When It May Be Seen With Its Mother.

and judging stock. Learn the different parts of the animal and become familiar with the methods of examination used by experienced judges.

In selecting a calf, first get an idea of its general appearance by looking it over carefully at a distance of 10 or 15 feet. When viewed from the front it should have a short face, large muzzle, wide forehead, short neck, and a wide, deep chest, indicating a strong, vigorous constitution. When looked at from the side, its back should be straight and level from the top of the shoulders to the tail. It should have a deep body and smooth, long hind quarters. When viewed from the rear, it should present a wide deep appearance. While as much width as possible is desired, it should not be accompanied with roughness about the shoulders and the hips or hocks. The legs should be rather short, stout, and set wide apart.

Indications of Quality. Quality may be determined by the eye of the experienced judge, but the hand may also be used in determining the "condition" or "quality" which has reference to the flesh or fat. The beef calf should have deep natural flesh but should not be excessively fat or coarse. The flesh should be smooth and firm, but not hard along the back, sides, and over the shoulders.

All the following indicate quality: A thick coat of hair that feels soft and silky and looks glossy; a loose, pliable skin that does not seem thick, rough, or tightly stretched over the body; and rather short legs that appear to have strong, clean bones without roughness or coarseness. Color is of little importance so long as the calf selected has the approved color of the breed desired.

## REDUCE LARGE WASTE IN CELERY SHIPMENT

Transactions Indefinite Because of Lack of Grading.

Establishment of Two Grades of Rough Product Would Enable Dealers and Receivers to Work on More Profitable Basis.

(Prepared by the United States Department of Agriculture.)

"Rough celery" is the market term applied to celery that is taken from the field and packed in crates with little or no trimming. Transactions in rough celery always are more or less indefinite, because of the lack of grading. The bureau of markets, United States Department of Agriculture, has been conducting investigations in the celery markets of New York, New Jersey, Pennsylvania and Ohio, to learn if it will be practicable to establish standard celery grades. In 1919, the railroads reported that 1,900 carloads of celery had been moved from the states mentioned, and that most of it was shipped in the rough.

The establishment of two grades of rough celery would eliminate much waste and would enable dealers and



Celery in Field Almost Ready for Marketing.

receivers to place their orders and sales on a more definite basis. The first grade, as contemplated by the specialists who are conducting the investigation, would include sound stock that is practically free from pithy stalks, stalks that have gone to seed or are damaged from disease or insects. A minimum diameter for this grade of 1 1/4 inches would be fixed. The second grade would include any celery that did not meet the requirements for the first grade.

## SHIPPING TO SMALL CITIES

As There Is Little Opening for Carlot Shipments, It Is Advisable to Mix the Produce.

In small cities there is little opening for carlot shipments of fruits or vegetables. Shippers of carloads should never consign to such markets unless previous arrangements have been made with a dealer, say specialists of the United States Department of Agriculture. The small cities are easily oversupplied and only at certain times offer an opening for a carload of any kind of perishable produce. Often a mixed carload is more salable in such markets than a car filled with one kind. The most reliable plan is to load and ship the car according to requirements previously ascertained from the dealer who handles the sale. It is still better to dispose of the car f. o. b. shipping point. This may be done when the dealer is in need of the supply and when the shipper is able to convince the buyer that his guarantee is good regarding the grade and quality of the produce.

## STRONG SEED IS REQUISITE

That of Alfalfa, When Properly Matured, Has Clear, Light Golden Color, With Green Cast.

Good seed is the first requisite in getting a stand of any crop. Alfalfa seed should not only be of good quality and strong in vitality, but it should be clean and free from fowl weed seeds. Properly matured seed of alfalfa has a clear, light golden color, with a faint greenish cast. Immature seeds are greener and seed which has been bleached or heated becomes discolored. Brown or blackened seeds are likely to be dead or low in vitality. Greenish colored seed, if not too shrunken, may germinate well. Prefer plump, heavy seed; badly shrunken seed, even though it may sprout, will produce weak plants.

## INTRODUCTION OF MILO CROP

First Grown in This Country About 1882 and Was Not Uniform in Height or Maturity.

Milo was grown first in this country about 1882. It was not uniform in maturity and in height, most of the plants being tall. Standard milo is a direct descendant of the original type, reduced by systematic selection to a uniform height of from 3 to 6 feet under dry land conditions.

## "Cold in the Head"

is an acute attack of Nasal Catarrh. Those subject to frequent "colds in the head" will find that the use of HALL'S CATARRH MEDICINE will build up the system, cleanse the blood and render them less liable to colds. Repeated attacks of Acute Catarrh may lead to Chronic Catarrh. HALL'S CATARRH MEDICINE is taken internally and acts through the Blood on the Mucous Surfaces of the System, thus reducing the inflammation and restoring normal conditions. All Druggists. Circulars free. F. J. Cheney & Co., Toledo, Ohio.

Overheard in the Nursery. Small Girl—"I wonder how old Joan is?" Small Boy—"I bet she will never see four again."—London Punch.

## WOMEN! USE "DIAMOND DYES"

Dye Old Skirts, Dresses, Waists, Coats, Stockings, Draperies—Everything.

Each package of "Diamond Dyes" contains easy directions for dyeing any article of wool, silk, cotton, linen, or mixed goods. Beware! Poor dye streaks, spots, fades, and ruins material by giving it a "dye-look." Buy "Diamond Dyes" only. Druggist has Color Card.—Adv.

Cruel. Miss Muggins—"I'd just like to see a man kiss me." Miss Pert—"What a hopeless ambition."

## Important to Mothers

Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it

Bears the Signature of *Wm. D. Galt* In Use for Over 30 Years. Children Cry for Fletcher's Castoria

A fanatic has concentration unlearned by a sense of humor.

Fresher, a Heavy Skin With the antiseptic, fascinating Cuticura Talcum Powder, an exquisitely scented convenient, economical face, skin, baby and dusting powder and perfume. Renders other perfumes superfluous. One of the Cuticura Toilet Trio (Soap, Ointment, Talcum).—Adv.

Perseverance is the road to success; and sometimes to state's prison.

There is no excuse for the despicable with Garfield Tea accessible at every drug store.—Adv.

## Behind the Times.

"Flubdub says he'd like to take the road to yesterday."—"Well, he's all fixed for it, with his ancient flivver."

## Few Worth Listening To.

"What's a self-made man, pa?" "Usually a bore when he starts telling about it."—Boston Transcript.

## Not Kidding, Either.

Carl Jobe, who for several years has sold newspapers at Washington and Meridian streets, and who is always available when inquiring strangers ask any directions, was accosted by an out-of-town visitor the other day. The stranger inquired:

"Where does Edison keep his phonograph shop?"

"The man wasn't kidding, either," Jobe said.—Indianapolis News.

## Boy of Eighteen Gets Action.

Midshipman J. L. Storey, a boy of perhaps eighteen, the sole surviving officer of the Queen Mary, reported to his C. O. on the loss of his ship!

That midshipman, by the way, bore a charmed life. At Jutland he was picked up unconscious after sinking twice. He was with Cradock at the battle of Coronel, escaping in the Glasgow after the flagship and the Monmouth had been sunk with not a man saved; in the battle of the Falklands, and in many engagements in the Dardanelles. And, after all, he was the sole surviving officer of one of our largest ships.—London Saturday Review.

## Indispensable Things.

The wonderful new inventions and conveniences are fine, but the world cannot get along without such indispensable old-fashioned things as kindness, courtesy and hands held out to help.

He also that is slothful in his work is brother to him that is a great wasteg.—Bible.

Between the two evils—a kicker and a knocker—there is small choice.

## HELP THAT AGING BACK!

Is your back giving out? Are you tortured with backache and stabbing pains? Does any exertion leave you "all played out"? Feel you just can't keep going? Likely your kidneys are to blame. Overwork, colds, hurry and worry tend to weaken the kidneys. Backache is often the first warning. Headache and dizziness may come, too, and annoying kidney irregularities. Help the kidneys with Doan's Kidney Pills—the remedy recommended by thousands. Ask your neighbor!

## A Maryland Case

Maggie Clements, 8 Mill St., Chestertown, Md., says: "I suffered from a bad back and disordered condition of my kidneys. My back was very painful at times and when I stooped over, sharp pains caught me in the small of it. At times I could see sort of a mist before my eyes and I had spells of dizziness. I used Doan's Kidney Pills and they rid me of the trouble."

Get Doan's at Any Store, 60c a Box DOAN'S KIDNEY PILLS POSTER-MILBURN CO., BUFFALO, N. Y.

## Rheumacide

Have you RHEUMATISM Lumbago or Gout?

Take RHEUMACIDE to remove the cause and drive the poison from the system. "RHEUMACIDE ON THE INSIDE PUTS RHEUMATISM ON THE OUTSIDE" At All Druggists. Jas. Baily & Son, Wholesale Distributors Baltimore, Md.

## WHITE CAPS FOR NEURALGIA

## Have You Tried Them?

Ask Your Druggist or Dealer Trial Size 10 cts. — Regular Size 25 cts. GILBERT BROS. & CO., Baltimore, Md.

## HAD REPUTATION TO SUSTAIN

Farmer Had No Idea of Allowing Hired Man to Beat Him in Gathering Corn.

A Sullivan county farmer hired a man to help him gather his corn last season. Now, the farmer had a reputation for being an efficient worker, but the hired man was not daunted by it. They started out side by side, the hired man being advised by the farmer to keep as close to him as he could with the row he was gathering.

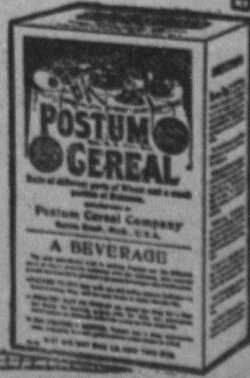
But lo! the new worker after a few minutes of keeping up with the farmer, passed him and soon was several feet ahead. Frantically the farmer pulled the ears from the stalks, but the new man still kept gaining. Then all at once he heard the farmer shout, "Stop." He yelled, "Stop, if you want to work for me. I never yet let any man who worked for me get ahead of me."

## What Better Drink for Table Use than POSTUM CEREAL

When well boiled—twenty minutes or more—it has a rich color and a particularly delightful flavor. In these respects, Postum Cereal is the equal of fine coffee; and much better for health.

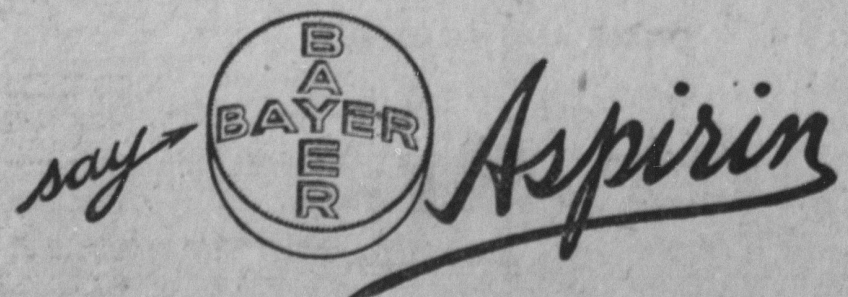
"There's a Reason" SOLD BY GROCERS EVERYWHERE

Made by Postum Cereal Company, Inc. Battle Creek, Mich.



# WARNING

Unless you see the name "Bayer" on tablets, you are not getting genuine Aspirin prescribed by physicians for 21 years, and proved safe by millions.—Say "Bayer"!



SAFETY FIRST! Accept only an "unbroken package" of genuine "Bayer Tablets of Aspirin," which contains proper directions for Headache, Earache, Toothache, Neuralgia, Colds, Rheumatism, Neuritis, Lumbago, and pain generally. Strictly American!

Handy tin boxes of 12 tablets cost but a few cents—Larger packages. Aspirin is the trade mark of Bayer Manufacture of Monocrotonic Acid Salicylates.