

THIRTY-FIVE YEARS AGO

Paragraphs of News Taken from the Files of the Reporter of 1886.

July 21, 1886.
Dr. Christ, of Lemont, has gone to California as a delegate to the National Encampment of the Grand Army of the Republic.

D. F. Luse is at present engaged in frescoing the Methodist church.
On Tuesday two cows were killed by a special train in the cut beyond Lemont.

July 31.—Mrs. Daniel Horner, of Potter township, died of typhoid fever on Tuesday.

Among the announcements is the card of ex-representative Rhone, as a candidate for re-election to the legislature.

The illness of John Harper, living near here, has turned into a very serious case of spinal disease. Doubts are held as to his recovery.

John Kennedy and Michael Shires took the train on Tuesday last for Richmond, Indiana. These gentlemen are pushing the fence machine business right along and are making a success of it. They expect to attend state fairs and Grange picnics in a number of eastern states for the purpose of exhibiting to farmers.

Wm. Bumgardner, a young boy at Linden Hall, was seriously injured on Saturday by a horse. The boy was either kicked or thrown off by the animal, and was found in an insensible condition, with ugly bruises about the head and face.

Reaches 95th Birthday.

Lyons Mussina, Lock Haven's oldest resident, reached his ninety-fifth anniversary Thursday. He is still active and on fair days enjoys walking about the city.

Public Sales in March

WEDNESDAY, MARCH 9th, at 10 a. m., 2 miles east of Tusseyville, on the J. H. Meyer farm, by Mary C. Cummings, Blanche Brown and Bellefonte Trust Co., guardian of Cyrus Meyer's farm stock, implements, household goods.—J. I. Reed, auct.

THURSDAY, MARCH 10th, at 9 a. m., at Axeman's, D. M. Klime will sell horses, cattle, hogs and a full line of farm implements. A clean-up sale.—L. Frank Mayes, auct. pd.

THURSDAY, MARCH 10, at 10 a. m., by G. A. Lohr, one mile east of Oak Hill Station, the following: nine head of horses and mules. Pair sorrel mares, six and seven years old, sound and all right in every particular, weigh 2800 lbs.; pair black mares, coming six and seven years old, weigh 2600, a good handy pair; pair black geldings, nine and ten years old, weigh 3200; span mules, coming ten years old, good style, snap and action; one yearling colt. Seven head milk cows, some of them fresh by time of sale; ten head young cattle; fourteen head good shoats; eight sheep. Also, lot of farming implements. Seed corn and seed oats by the bushel. Free lunch.—S. H. Lohr, auctioneer.

FRIDAY, MARCH 11, at 9.30 a. m., on the W. H. Meyer farm at Centre Hill, Hackett & Meyer will sell: Farm stock and implements. Mayes, auct.

SATURDAY, MARCH 12, at 10 o'clock, 1 mile east Centre Hill, Harry C. McClenahan will sell: Horses, cattle, hogs, implements. A clean up sale.

MONDAY, MARCH 14, at 9 a. m., on the T. D. Boal farm, one-half mile east of Linden Hall, Clayton Musser will sell: Farm stock, full line of farm machinery, some household goods. L. F. Mayes, auct.

WEDNESDAY, MARCH 16, at 10 a. m., 2 miles west of Centre Hill, Lutz & Bartholomew will sell: Horses, cattle, hogs, implements. A clean-up sale.

THURSDAY, MARCH 17th, 10 a. m., one-half mile south of Penns Cave Station, by Jamison and Dauberman: Horses, cattle, hogs, and implements. A clean-up sale.

FRIDAY, MARCH 18, at 9 a. m., on the Goodling farm 2 1/2 miles west of Centre Hill, Irvin Shney will sell: Horses, cattle, hogs, implements.

SATURDAY, MARCH 19th, at one o'clock, in Centre Hallboro, Mrs. Carrie Ruhl will sell household goods.

SATURDAY, MARCH 19th, at 9 a. m., on the Thos. Jodon farm near Axeman, known as the "Black Barn," Jared Evey will sell: 5 horses, 25 head of cattle and 50 head hogs, and some farm implements.—L. F. Mayes, auct. pd

TUESDAY, MARCH 22nd, at 9 a. m., 2 miles East of Boalsburg, on the Dr. L. E. Kidder farm, Hontz & Kidder will sell: 15 head horses, 50 head cattle, 40 sheep, 50 head of hogs, full line of implements.—L. F. Mayes, auct. pd

THURSDAY, MARCH 24th, at one o'clock, east of Centre Hill borough, W. H. Durst will sell: Horse, farm implements, etc.

FRIDAY, MARCH 25th, 10 a. m., at Pine Grove Mills, J. A. Fortney will sell farm stock and implements. A clean-up sale.—J. I. Reed, auct.

SATURDAY, MARCH 26, at one o'clock, 3 miles south of Spring Mills, Philip A. Axman will sell: Horse, cow, farm machinery and household goods.

MONDAY, MARCH 28, at Farmers Mills: Pure-bred stock sale: Percherons, Holsteins, Berkshires.—W. F. RISHEL, Wise & Hubler, aucts.

MARCH 29, 10 a. m.—B. Gardner Grove, east of Centre Hill: Full line of farming implements and stock; also household goods. Clean-up sale.—L. F. Mayes, auct.

THURSDAY, MARCH 31, at 12 o'clock sharp, J. W. Dashen, at Red Mill, will sell: Farm stock, implements and some household goods. Wise & Hubler, aucts.

HEALTH SCHOOL

Pennsylvania State Department of Health.

Questions.
1. Are colds contagious?
2. What are the frequent sequelae or after effect of a cold?
3. What means may be taken to prevent a cold?

COMMON COLDS

The house vestibule is pain, but the nose, the vestibule of the lungs, has a number of bony projections covered with a membrane crowded with small vessels filled with heated blood, which stand out like radiators to warm the breathed in air, before it passes into the throat and lungs.

In health, this membrane constantly secretes a thin fluid which serves the two-fold purpose of lubricating the parts, and assisted by the hairy growth in the nose, of capturing and preventing the passage of germs into the further air passages which terminate in the lungs.

As long as conditions are normal the mucous membrane with its secretion acts as an adequate protection against disease germs and there is little danger of their penetration beneath its surface. But when for any reason the circulator is interfered with and the vitality of the part lessened, disease germs which were before unable to do harm, penetrate the surface and the result is what is known as "Cold in the Head," which frequently extends into the throat and the lungs, often results in pneumonia and death.

The Vaso Motor Nerves, which control the contraction and expansion of arteries play an important part in the constant warfare which is being waged by the defensive forces of the body against its silent enemies—the disease germs. The blush which suffuses the face of the timid girl, the pallor which marks sudden fright and the deep red flush which denotes anger in the man, are all caused by the action of the Vaso Motors, either in causing the arteries to open up and allow a greater inflow of blood, or to become smaller and lessen it. In whatever part of the body the Vaso Motor stimulates the blood vessels to contraction, there is a decreased blood supply which means lessening of nutrition and a consequent lowering of resisting power. The Vaso Motors have a tendency to play in pairs, particularly those governing members which are alike, as the eyes, the hands, etc.

The Vaso Motor Nerves not only appear to work in pairs in members which are alike, but certain portions of the body sympathetically respond to stimulation in certain other portions of the body. As for instance, there is a response between the feet and the throat. Though the body be warmly clad, cold, wet feet will result in a depression in the circulation and general nutrition of the throat and pharynx, with the frequent sequence of sore throat.

The shape of the neck has a sympathetic relation to the whole head. Frequently a draft upon the nape of the neck is followed by a common cold. When the resisting power of the mucous membrane is lowered the germs begin to develop rapidly. Nature attempts to expel them by sneezing, then comes a short period of dryness of the membrane, which is followed by a watery discharge. If the cold stop at this stage it is attended with little discomfort and no danger. But there is a tendency for the germs to go further. Should they go upward into the upper sinuses of the nose, between and back of the eyebrows, into the cavities back of the cheek or along the bony tubes which lead from the throat to the ears, serious complications which may require long and continued special treatment is apt to follow. Should they make their way backward—the throat and lungs may become infected—making an open road for germs of pneumonia or tuberculosis.

When a cold has once started, the germs become more virulent and when coughed or sneezed much more likely to penetrate the mucous membrane of other persons. Therefore, on account of this communicability, persons who are suffering from what is known as a common cold should avoid close contact with other persons and should never cough or sneeze without covering the mouth and nose with a handkerchief. As the germs are contained in the saliva, care should be exercised about using drinking vessels, knives, forks and spoons after any person having a cold.

The secretions of the mouth and nose come in frequent contact with the hand. Therefore, "Clean Hands"—at all times—especially before eating. Whatever depresses the physical forces of the body—predisposes it to colds. As for instance, insufficient food or sleep, over fatigue—of all kinds—overwork, either mental or physical.

To guard against colds, clothing should be of such texture as to permit skin ventilation—warm feet—over-shoes in damp weather, proper house ventilation with the temperature never above 70 degrees. Keep the skin clean and the muscular system toned by systematic daily exercise.

Crowded places such as street cars, and public gatherings, usually poorly ventilated and over heated are ideal either for contracting or spreading colds.

If a common cold shows a tendency to extend to the throat and lungs, consult a physician at once.

Public Sale.

On the W. H. Meyer farm, 1-4 Mile East of Centre Hill, on

FRIDAY, MARCH 11th, 1921, 9:30 A. M.

106 Head of Live Stock:

8 HEAD HORSES AND COLTS
Consisting of pair grey horses, weight 3300 lbs., 7 and 8 yrs. old; black horse, weight 1540 lbs., coming 6 years old; grey mare, weight 1525 lbs., 12 years old; sorrel horse, weight 1450 lbs., 6 years old; black horse, weight 1275 lbs., 10 years old; 2 three-year old colts—one a grey mare, other black horse colt.

CATTLE, SHEEP AND HOGS

Forty head of Red Poll and Short-horn cattle: 13 milch cows, 2 fall cows and the others will be fresh by time of sale, or close springers; 2 heifers will be fresh by time of sale or soon after; 4 fat steers, 2 small steers, 1 large registered Red Poll bull; 5 bulls, range from 5 to 18 months old; 13 head of heifers and calves, 4 to 18 month old; several veal calves; 24 head of young sheep, 23 ewes, 1 buck; 34 head of hogs, 4 brood sows, 2 will farrow by time of sale and 2 in April—a pure-bred Chester-white sow; 30 head of shoats, weight 50 to 125 lbs., 17 of them Chesterwhite and the others Chesterwhite-Poland-China crossed.

FARM MACHINERY

Two 4-inch tread wagons, one with good box; 2 sets Yankee ladders; Deering binder, 7-foot cut, with tongue truck, good as new; 2 Deering mowers, Keystone hay loader and side delivery rake, dump rake, good hay tedder, low-down Pennsylvania grain drill with fertilizer attachment; Hoosier corn planter with phos. attach.; 2 Albright riding corn workers, 2 bob sleds, 1 with box; good Deering double disc harrow, 2 Perry spring harrows, each 18 teeth; 60-tooth spike harrow, land roller, 3 No. 40 Oliver chilled plows, New Idea manure spreader, dung boards, dung sled, fanning mill, New Holland wood saw, pair good platform scales, Sharpies suction-feed separator, No. 6, good as new; wheel barrow.

Harness—6 sets tug gears, one set chain trace harness, Collars, bridles, halters, 3 sets check lines, lead reins, the straps, 2 sets breechings, set of double buggy harness, fly nets; breast, cow and chains. Two bushel baskets, half-bushel measure, grain bags; dung pitch and sheet forks; scoop shovel, corn sheller, 2 harpoon harp forks, 2 ropes and pulleys.

Corn by the bushel; hay by the ton; many other articles too numerous to mention.

A clean up sale. Terms made known day of sale.
L. F. Mayes, auctioneer.

C. B. HACKETT & MRS. HULDA MEYER

PUBLIC SALE.

One mile East of Centre Hill, on the Brushvalley road, on

SATURDAY, MARCH 12th, 1921

at 10 a. m., the following:

HORSES AND MULES.—Bay horse weighs 1350; sorrel mare, weighs 1300; bay horse, weighs 1150; span 2 year old mules.

CATTLE.—6 cows, some fresh by time of sale; 2 head young cattle; dark red yearling bull; 2 brood sows, will have pigs by time of sale; 14 Chester-white shoats, weigh 60 lbs. apiece.

FARM MACHINERY.—Good Deering binder, 7-ft. cut, good as new; Superior grain drill, Osborne mower, Keystone side delivery hay rake, Deering ing dump rake, manure spreader, two 2-horse Conklin wagons, spring wagon, carriage, buggy, Imperial plow, Oliver Chill plow, 16- and 18-tooth spring harrows, double row corn planter, hay ladders, good set tug harness, set good chain trace harness, collars, forks and many other articles.

Good International cream separator, refrigerator, cook stove, etc.
Also some Chickens.
Frank Mayes, auct.

H. C. McCLENAHAN

PUBLIC SALE.

Two miles East of Tusseyville, on the J. H. Meyer farm, on

WEDNESDAY, MARCH 9, at 10 A. M.

sharp, the following, to wit:
4 WORK HORSES.—Bay horse, 7 years old; dark bay mare, 9 years old; light bay mare; grey horse.

Harness: Set chain trace harness, set tug harness, set double driving harness, 2 sets single driving harness, bridles, collars, etc.

CATTLE.—5 milk cows, some fresh by time of sale; good bull; 2 heifers, 2 years old; some young cattle, year old.

HOGS.—2 brood sows, one has pigs by her side 5 weeks old. Chesterwhite boar, 12 shoats, weigh from 40 to 100 lbs. each.

Fifty nice Hens.
FARM MACHINERY.—Adriance 6-ft. cut binder, Adriance 3-ft. cut mower, 2 Oliver Chilled plows, 2 spring harrows, land roller, Albright cultivator, Johnson self rake, Crown grain drill, 2-horse wagon, spring wagon, bob sled, sleigh, top buggy, surry, fanning mill, rake, weeder, straw cutter, corn scraper, hay fork, rope and pulleys, dinner bell, good cream separator, butcher tools, etc.

HOUSEHOLD GOODS.—Red Cross cook stove, Ideal Beaver coal stove, 2 sinks, 3 cupboards, 10-ft. extension table 6-ft. table, chairs and rockers, organ, bureau, chests, beds, carpets, 2 washing machines, dishes and cooking utensils, Grandfather's clock, over 100 years old, with lunar attachments; 2 iron kettles, copper kettle, vinegar by the barrel, etc.

A clean-up sale.
J. I. Reed, auct.

MARY C. CUMMINGS, BLANCHE BROWN, BELLEFONTE TRUST CO. (Guardian of Cyrus Meyer.)

FOR SALE.—Pair of Mules, coming two years old. Allright in every way.—John H. Horner, Centre Hill, Pa., Route No. 1.

SIT DOWN A MINUTE AND THINK

Size Up Your Condition. Look at the Facts Squarely.

IT PAYS TO HAVE GOOD HEALTH

Most Illnesses Are Prevented by a Good Supply of Rich, Red Blood.

Pepto-Mangan, the Red Blood Builder.

Either you are in good health or you are not. There's no half way. You may think nothing of being a little run down. It may not worry you if you look pale. You may think you'll be all tomorrow or next day. But will you? Certain it is when you do not feel just right, you are not right. There is probably something the matter with your blood. And while you can get around and do your work you are leaving yourself open to any of the diseases that are always waiting to take possession of run down people.

When you are pale and easily tired, when you cannot enjoy your meals, when you lose enthusiasm, your blood needs attention.

Take Pepto-Mangan for awhile. It is a good tonic. It will build up your resistance to disease, and you will soon feel stronger. The little red corpuscles are fighters. They battle with disease germs and win out when there are enough of them. Keep your system well supplied. Then you will keep well and you will enjoy life.

But be certain you get the genuine Pepto-Mangan. Ask for it by the full name—"Gude's Pepto-Mangan." Some people take it in tablet form. It is so convenient. The liquid and the tablets have the same medicinal value. Look for the name "Gude's" on the package.

Advertisement.

ADMINISTRATOR'S NOTICE.

Estate of John W. Angstadt, late of Spring Township, deceased.
Letters of administration on the above estate having been duly granted to the undersigned he would respectfully request all persons knowing themselves indebted to the estate to make immediate payment, and those having claims against the same to present them duly authenticated without delay for settlement.

A. C. RIPKA, Admr.
Centre Hill, Pa.
Harry Keller, Attorney 610

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Medicine.

Hall's Catarrh Medicine has been taken by catarrh sufferers for the past thirty-five years, and has become known as the most reliable remedy for Catarrh. Hall's Catarrh Medicine acts thru the Blood on the mucous surfaces, expelling the Poison from the Blood and healing the diseased portions.

After you have taken Hall's Catarrh Medicine for a short time you will see a great improvement in your general health. Start taking Hall's Catarrh Medicine at once and get rid of catarrh. Send for testimonials, free.

F. J. CHENEY & CO., Toledo, Ohio.
Sold by all Druggists, 75c.

CYRUS BRUNGART

JUSTICE OF THE PEACE
CENTRE HILL, PA.

Special attention given to collecting, Legal writings of all classes, including deeds, mortgages, agreements, etc., marriage licenses and lunatic licenses secured, and all matters pertaining to the office attended to promptly.
Jan 21

JAMES W. SWABB

JUSTICE OF THE PEACE
LINDEN HALL, CENTRE CO., PA.

Deeds, Mortgages, Wills, etc., written and executed with care. All legal business promptly attended to. Special attention given to settlements of Estates, Marriage Licenses, Admiration Licenses, and all other Applications.
Blanks kept on hand.
Nov. 28-1920

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Used and Released by U.S. Government

Remington No. 6 or 7 (blind) \$14.50
Remington No. 10, visible, 2-color ribbon 43.00
Underwood No. 4, one color ribbon 25.00
Underwood 4, 2-color ribbon, back spacer 52.50
Royal No. 1, one-color ribbon 25.00
Royal No. 2, color ribbon 47.50
Oliver No. 3 35.00
Oliver No. 9 25.00
Monarch 2 & 3 27.50
Smith Premier 10, Lin. type Key'd, rebuilt 95.00

Gus anted in good used condition all ready for long hard service. Satisfaction guaranteed or purchase price refunded. Which size type will you have, PICA or ELITE. Orders file promptly. RIBBONS, any color or color, for any make of machine, ex. 75c delivered state marks and model. Carbon paper per box of 10 sheets \$1.95 delivered.

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LAXATIVE for Aged People

THE BANE of old age is constipation. The bowels become weak and unable to perform their functions without aid. For this purpose only the mildest and gentlest laxative should be used. The use of harsh cathartics aggravates the trouble and makes the constipation worse. Chamberlain's Tablets are a favorite with people of middle age and older on account of their gentle action.

Chamberlain's Tablets

"A man just said, a few minutes ago, he would not think of leaving home without a package of Lane's Cold Tablets in his bag, and every one who has used these tablets speaks just as highly of them."

LANE'S GOLD TABLETS
"The Pink Tablets in the Yellow Box."
LE ROY, N. Y.

PRE-INVENTORY CUT PRICES

Every Garment and Article, Including Shoes, Cut to Practically Half.

SOME things are priced at less. We are not going to quote prices. Things must be seen to appreciate the great value of these offerings to you. Drop in and be convinced that you are getting merchandise at pre-war prices—way below the dropping market quotations.

When in town stop to see Kessler's Department Store Bargains.

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