BRONCHIAL COUGH WORE HIM OUT; COULDN'T KEEP WARM IN WI enormous appetite and eat everything

Blood Was Thin, Stomach Bothered Lancaster Man for Years. TOOK HYPO-COD:

on the table with no signs of stomach trouble at all any more. My blood is warm and red. My complexion is O. K., and I feel warm even on the chilliest days, and have no trouble keep-ing warm at night. Hypo Cod is the only medicine that ever helped me, but Hypo-Cod is so strong and power-QUICKLY RELIEVED ful, and does the work so quick I don't see how anybody could have a

case it wouldn'f reach," declared H. "Summer and winter for years I had a bronchial cough I couldn't get W. Brown, 506 Poplar St., Lancaster, rid of. I always had a cold and Pa.

cough, and though I tried everything Some people drag along for years under the sun I couldn't get to feeling without trying to get relief. Others good. My stomach was out of whack, try various remedies but without exmy blood was so thin I couldn't keep perience it is hard to pick out the warm day or night in the winter time. right one. Others pay out huge sums I always felt cold and weak and pale. doctoring without results. No man can Thanks to this new tonic Earle's Hypo- go wrong by taking the advice of thou-Cod I'm feeling tip-top and you can sands of people in all walks of lifeput me down as a booster for the everyone of whom praises this newer, more modern and powerful prepara-Earle Chemical Co.

"My cold and cough stopped and tion. This is the time of year to take my bronchial trouble went away just Earle's Hypo-Cod. All druggists have as slick-as-a-whistle. I gained an it. The cost is trifling .-- Adv.

Rheumatism Comes From Tiny Pain Germs

A very common form of Rheu-matism is caused by millions of tiny disease germs which infest the blood. The one and only sensible treatment, therefore, is one which cleanses the blood of these germs, and routs them entirely out of the circulation. ease germs that cause your Rheu-matism, affording relief that is genuine. S.S.S. is sold by all druggists. Free literature and medical advice can be had by writing to Chief Medical Adviser. 154 Swift Labora-tory, Atlanta. Ga A very common form of Rheu- ease germs that cause your Rheu-

A Limited Clientele.

A lady reader in Brookline sends us the following: "My little boy was tion district. Why--" naughty just before Christmas and I said to him, 'Santa Claus only comes oldest voter in the country, who has to good children.'

wouldn't have to hurry much to get around.'"

Important to Mothers

Eramine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it

Bears the Signature of Charty, Hitchers In Use for Over 30 Years.

Rough Stuff. Slapstick Director-Can't you suggest a novel from which we could adapt a comedy?

First of all, get it firmly fixed in | This is why S.S.S., the greatest your mind that all the liniments in the world have no effect what-ever on Rheumatism.

Unique.

"Yes, sir, we are proud of this elec-"Oh, sure, I know! You have the

never failed to cast his ballot at any "'Huh!' he snorted. 'If he did he election since 1824, and who-"Not at all! Our district is unique and notable as being the only one in the nation which does not contain that

political veteran."

Cuticura for Sore Hands. Soak hands on retiring in the hot suds of Cuticura Soap, dry and rub in Cuticura Ointment. Remove_ surplus Ointment with tissue paper. This is Children Cry for Fletcher's Castoria only one of the things Cuticura will do if Soap, Ointment and Talcum are used for all toilet purposes .- Adv,

> The Way of It. "The doctor detected at once the

COWPEAS FIRST USED POULTRY PACKED FOR CITY TRADE

Producers Must Carefully Study and Cater to Peculiar Reguirements of Market.

NEAT PACKAGE IS ESSENTIAL

Specialists of Department of Agriculture Give Directions for Killing, Dressing and Packing-Dry Picking Favored. (Prepared by the United States Department of Agriculture.) Poultry profits often depend largely on the marketing, and the producer should study demands to learn how. where, and when to dispose of his products to the best advantage. It often pays to dress the fowl at home for certain markets, the difference be-

tween the prices for live and dressed fowl making it worth while. Attractive appearance is of much

importance in selling poultry; there-fore, the producer who plans to market his poultry dressed should study the details of killing, dressing and packing, in order to prepare the products in the best possible manner. Requirements for dressing and packing vary somewhat in different markets, and it will pay the producer to learn any special demands of the distributing point to which he intends shipping.

Killing, Dressing, and Packing.

The birds should be kept without feed from 18 to 24 hours before killing, unless they are to be drawn, specialists of the United States Department of Agriculture say. In the latter case, they should have no feed for at least 10 hours before killing. When ready to kill, suspend the fowl by the legs and, using a knife, cut the vein at the back of the throat through the mouth. As soon as this vein is eut run the point of the knife through the roof of the, mouth into the brain, which causes the bird to lose all sense of feeling. The fowl can be paralyzed also by a blow on the head, instead of piercing the brain.

In most markets dry-picked birds are preferred. Immediately after killing, while the bird is still bleeding. the picker removes the feathers, being careful not to tear the skin. If the picker waits until the bird is nearly



AS FOOD FOR HUMANS WELL TO DO FARMER Earliest Published Record in America Was in 1798.

THE CENTRE REPORTER, CENTRE HALL, PA.

Plant at Present is Best Known and Extensively Grown Leguminous Crop in Southern States-Can Be Grown in North. .

(Prepared by the United States Department of Agriculture.) The cowpea is undoubtedly a native

of Central Africa. A wild plant differing little from the cultivated cowpea occurs throughout much of that continent. Hybrids of this wild plant and the cultivated cowpea are readily obtained. The cultivated cowpea consists of three main groups-the asparagus bean, the catjang, and the cowpea, each of which represents a group of varieties having much in common but connected through intermedi-

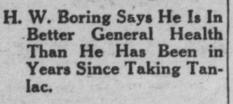
ate varieties. The cowpea is the most important of the three groups. The large number and great diversity of cultivated varieties throughout Africa and over the southern half of



A Good Stand of Cowpeas.

Asia and the adjacent islands as well as the Mediterranean region of Europe indicate that the cowpea is of ancient cultivation for human food. It was early introduced in the Spanish settlements in the West Indies and was grown in North Carolina in 1714, probably coming from the West Indies. Its culture in Virginia was reported about 1775 and no doubt was quite general in the United States early in the Nineteenth century.

"Without doubt, the cowpea is the Phaseolus mentioned by the old Roman writers. In Italy the Blackeye cowpea is still called by the same name as the kidney bean, namely, It was the fashion a little time age "fagiolo," which is the Italian equivalent of Phaseolus, In East Africa both the wild and cultivated cowpeas are called "kunde," while in India, where the catjang is more extensively cultivated, the name "lubia," with many others, is used. In America the cowpea was first known as "callivance" and later as "Indian pea," "southern pea," "southern field pea," and "cornfield pea." The first published record of the name cowpea was in 1798 and applied apparently to a single variety. The cowpea at present is the best. known and most extensively grown leguminous crop in the Southern states, but it can be grown profitably much farther north. Although it succeeds under a greater diversity of climatic, soll, and cultural conditions than most other legumes, the best results are obtained in forage, soil improvement, and seed production by a thorough understanding of the re-



"Since Tanlac has overcome my troubles I have gained twenty pounds in weight and am in better general health than for years past," was the straight-forward statement made a few days ago by H. W. Boring, a prominent and well-to-do farmer living at Overland Park, Kans.

"During the two years I suffered I tried everything I knew of to get relief, but nothing seemed to reach my case until I tried Tanlac. My appetite was poor and my digestion was so had I could hardly retain my food. Nothing agreed with me; in fact I was almost a confirmed dyspeptic. My whole system seemed to be out of shape. I would have pains across the small of my back so bad at times I could hardly move around.

"My nerves were all unstrung and I would become up-set at the least fect and regardless of what I eat I little thing. I seldom slept well at never suffer any bad after effects, night and, finally, became so weak and "The pains across my back have enrun-down that I lost weight rapidly. tirely disappeared. The catarrh has I was also troubled a great deal with left me, too, and my head is perfectly catarrh and of mornings had to spend clear. I am no longer nervous and a half hour or more clearing up my rest well every night. I have rehead.

"This is just the condition I was in better and stronger than I have in when I began taking Tanlac and it years. I am going to keep Tanlac in certainly has been a blessing to me. my house so it will be handy at all It just seemed to be made especially, times."



Spohn's Distemper Compound is the one indispensable remedy for contagious and infectious diseases among horses and mules. Its success as a preventive and cure for DISTEMPER, FINE EYE, COUGHS and COLDS for more than twenty-six years is the highest tribule to its merit as a medicine. It is endorsed by the best horsemen and live stock men in America. Buy it of your druggist. 60 cents and \$1.15 per bottle.

IN EVERY STABLE

SPOHN MEDICAL CO., Goshen, Ind., U. S. A.

Wouldn't toeless hosiery be an imence in 1874. mense saving?

For speedy and effective action Dr. Peery's "Dead Shot" has no equal. One dose only will clean out Worms or Tapeworm.-Adv.

MADE RAG FIGURES POPULAR Russian Princess Instrumental in

Causing a Return to Pastime That Was in Favor Long Ago.

Lawn tennis only came into exist

Constipation, indigestion, sick-headache and bilious conditions are overcome by a course of Garfield Tea .- Adv.

GHOSTLY LOVERS ON WATCH

Legend of the City of Mexico That Makes Peculiar Appeal to Superstitious Residents.



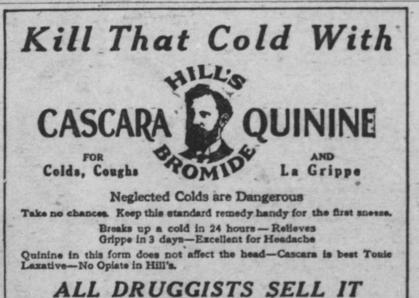
H. W. BORING of Overland Park, Kansas

GAINED 20 POUNDS

gained my lost weight and am feeling

for my case. I improved from the Tanlac is sold by leading druggists very first. My digestion now is per- everywhere .- Adv.

Comedian-My memory isn't very incipient fever in my husband's sys accurate, but isn't there a book called tem." "Then it must have been the spotted "Alice Threw the Looking Glass?"fever. Film Fun.



One Just as Good. A Scottish woman had had much ing sober.

last he announced that he had found of cure, she said to the driver: just the man she needed.

James," said his sister. "Is he a tee- tation and I have no other valuables. totaler?"

burgh Scotsman.

He Could Help Her Out. A certain prominent movie star is trouble with her gardeners. She could a cautious person, She had to hall a not find one who was capable of keep- taxicab one night last week to get to the theater in time for the show, She appealed to her brother, who and remembering the old saying, "An promised to do his best to help her. At ounce of prevention is worth a pound

"I have only 60 cents in my purse: "Til only ask ye one question, these pearls about my neck are imi-Little theater, please!"

"Weel," said James, deliberately, The taxi man regarded her sympa-"he's no just what ye'd ca' a teetotaler, thetically a moment. "Listen, lady," but he's a mon ye canna ful."-Edin- he said, "if youse need a dollar I kin loan youse one."-New York Sun.



Unless you see the name "Bayer" on tablets, you are not getting genuine Aspirin prescribed by physicians for 21 years, and proved safe by millions .- Say "Bayer"]



SAFETY FIRST! Accept only an "unbroken package" of genuine "Bayer Tablets of Aspirin," which contains proper directions for Headache, Earache, Toothache, Neuralgia, Colds, Rheumatism, Neuritis, Lumbago, and pain generally. Strictly American!

Handy tin boxes of 12 tablets cost but a few cents-Larger packages. Aspirin is the trade mark of Bayer Manufacture of Monoaceticasides

The Old-Fashioned Axe-and-Chopping-Block Method of Killing Poultry for Market Is Rapidly Being Abandoned for the More Scientific Process Described in the Accompanying Article.

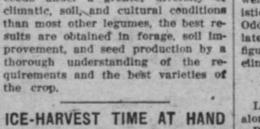
cold, removing the feathers will be more difficult. As soon as picked, the fowls should be hung in a cool place until thoroughly cold. If the weather is warm and the fowls are to be packed in ice, they should be placed in a tank of ice water and left until all the animal heat has left the body.

When birds are scalded before removing the feathers, they are immersed in water slightly below the boiling point, as soon as they are through bleeding. The birds should be immersed three or four times and then picked clean, care being taken not to break the skin. Be careful not to overscald, as this will cause the outer surface of the skin to rub off. Then it is placed in cold water, where it should remain for 15 to 20 minutes. If the fowl is to be shipped dry it should be hung up until the skin becomes thoroughly dry.

Poultry which is to be sold direct. to the consumer should be drawn before it is cooled. Poultry which is sold to the market should not be drawn, as it will keep better not drawn than if drawn. A slit large enough to admit the fingers is made from near the end of the keel bone toward the vent. Then cut carefully around the vent and pull out the Intestines, leaving in all the other organs, unless the consumer's requirements are otherwise.

Should Be Packed Solidly.

When the birds have been thoroughly cooled, they are ready for packing. Packages for dressed poultry vary, but they should be neat and small enough to be easily handled. Line the inside of the boxes or barrels with clean, unprinted paper, and pack the birds solidly, so they will not shift in the package, but be careful not to bruise them. For delivery to refail customers, pasteboard boxes of sufficient size to hold one or two birds are very attractive. When poultry is to be packed in ice, barrels are generally used, packing thep with alvernate leyers of LCC



Farmer Should Lay in Ample Supply for Cooling Milk and for Household Uses In Summer.

Farmers who have not already done so, should prepare to lay by a store of ice now for cooling milk and for household use next summer. In places where nature provides a sufficiently low temperature, the cost of harvesting and storing ice is low when compared with the saving effected. Ordinarily, it is safe to harvest 2 tons of ice for each cow in the herd. This will allow for melting and leave enough for family needs. Where cream only is sold, about one-third of that quantity of ice will be needed.

Two farmers' bulletins, No. 623, Ice Houses and the Use of Ice on the Farm, and No. 1978, Harvesting and Storing Ice on the Farm, may be had by applying to the Division of Publications, United States Department of Agriculture.

ADDS BEAUTY TO FARM HOME

Shrubs Hide Foundation Lines of Buildings and Screen Many Unsightly Bare Objects.

Suitable plantings are necessary to unite the parts of a farmstead into a pleasing, homelike whole. Trees are used for windbreaks, as frames for the buildings or a background for them, and to give shade. Shrubs are needed in abundance to hide partially the foundation lines of buildings, support their corners, give reasons for turns in drives or walks, and to screen unsightly objects. Native trees and shrubs and those known by trial to thrive in the locality are the best to

to think scornfully of the woolwork screens, the paper flowers or the wax City of Mexico has to do with the Calle figures made by the women of the de los Parados (Street of the Two past, but now they are eagerly sought Idlers). According to the story there and added to collections of articles was a beautiful girl, Dona Maria Ysaillustrating home life.

busy athletic age has come a wave of men, one a young officer and the other the old finger-work fashion. Lately a young merchant. After the custom it was pictures made with feathers, of the land at that period (about 1650) now it is little figures made from they indicated their love by standing. rags. Mme. Wolkoff, nee Princess Trou- the dona appeared.

betskoy, formerly of the Russian imthe benfit of Russian soldiers. Since Odd pieces of rag have been manipueling and the wax groups of the past.

Overheard. Little tot in car, as conductor comes along. "Dadd, will you pay my rent?" -Boston Transcript.

One of the strange legends of the bel de Vallejo y Vezca, who lived on History repeats itself, and to this the street and was beloved by two

These last were the idea of one at each corner of the block, until

A plague fell upon the city about perial court, when at Petrograd, this time and the girl died without II where the little figures were sold for becoming known to her lovers. She was taken out and buried by night, Mme. Wolkoff has been in England also unbeknown to the sultors. The she has modeled little statuettes of next day they stood at their respective well-known people, all in character- posts waiting in vain. The day after istic attitude and lifelike appearance? they stood and the day after that, week after week, month after month lated to make these charming little and year after year. They at last figures, which vie with the paper mod- died, still on their posts, and their ghosts are said to still stand at night clonked and ghastly, in the darkest shadows of the streets.

Whatever is prophesied falls short

75 per cent.

sleepless nights followed by drowsy dayschange to This table drink is pure and wholesome, has a flavor that pleases, and is made instantly in the cupi

If There's Any Question

whether coffee causes

You can make Instant Postum strong or mild to suit individual taste, there is no waste, and whether you need one cup or ten-it's always ready.

"There's a Reason" for Postum Made by Postum Cereal Company, Inc. Battle Creek, Michigan.