

Find the Cause!

It isn't right to drag along feeling miserable—half sick. Find out what is making you feel so badly and try to correct it. Perhaps your kidneys are causing that throbbing backache or those sharp, stabbing pains. You may have morning lameness, too, headaches, dizzy spells and irregular kidney action. Use **Doan's Kidney Pills**. They have helped thousands of ailing folks. Ask your neighbor!

A Virginia Case

"My back is killing me," Mrs. T. B. Elliott, 127 W. Main St., Salem, Va., says. "My kidneys were irregular in action and dull pains across the small of my back made me miserable. I had dizzy spells and my head ached severely. Having heard so much about Doan's Kidney Pills I made up my mind to try them. Doan's cured me of the attack."

Get Doan's at Any Store, 60c a Box
DOAN'S KIDNEY PILLS
FOSTER-MILBURN CO., BUFFALO, N. Y.

Rheumacide

GET AT THE JOINTS FROM THE INSIDE
Have you RHEUMATISM Lumbago or Gout?
Take **RHEUMACIDE** to remove the cause and drive the poison from the system. "RHEUMACIDE OF THE INSIDE" PUTS SUBSTITUTES OF THE OUTSIDE. At All Drugists
Jas. Baily & Son, Wholesale Distributors Baltimore, Md.

Smart Boy.

"That boy seems to be the most popular caddy around the club. Everybody wants to take him out."

"Yes."

"Is he a better caddy than the others?"

"I don't think so. He's just the best diplomat we have around here."

"A diplomat. I don't get you."

"It's this way. The artful little chap is wise to the game and every time the man he is caddying for makes a poor shot the boy looks sad and apologizes—to him for having coughed or moved. That gives the player an excuse for losing the hole and keeps the boy solid in his job."

ASPIRIN

Name "Bayer" on Genuine



Beware! Unless you see the name "Bayer" on package or on tablets you are not getting genuine Aspirin prescribed by physicians for twenty-one years and proved safe by millions. Take Aspirin only as told in the Bayer package for Colds, Headache, Neuralgia, Rheumatism, Earache, Toothache, Lumbago, and for Pain. Handy tin boxes of twelve Bayer Tablets of Aspirin cost few cents. Drugists also sell larger packages. Aspirin is the trade mark of Bayer Manufacture of Monoaceticester of Salicylic Acid.

The Comparison.

"Can you imagine anything more thin than that singer's tones?"

"Hardly, unless it is a skeleton's articulation."

PURE CHOCOLATE
Blanc-Mango
Builds Sturdy Bodies

Soak 1 envelope CHALKERS' Granulated GELATINE in $\frac{1}{2}$ cup cold water.
Melt 4 oz. Chocolate in double-boiler, add 1 qt. scalded Milk, 1 cup sugar and the soaked Gelatine. Flavor with vanilla. Pour into moulds and set in cold place to harden. Serve with or without whipped cream or custard. Serves 8.

"PURITY"

LIME-MARL

Precipitated Agricultural LIME

NON-CAUSTIC quickly available, dry and in fine condition for drilling. Write at once for sample, literature and freight rates.

NATURAL LIME-MARL CO.
Plant: Charles Town, W. Va. Office: Roanoke, Va.
MARLBROOK LIME CO.
Plant: Marlboro, Va. Office: Roanoke, Va.

WHITE CAPS FOR HEADACHE

Have You Tried Them?
Ask Your Druggist or Dealer
Trial Size 10 cts. - Regular Size 25 cts.
GILBERT BROS. & CO., Baltimore, Md.

The SANDMAN STORY

ENVIOUS MR. ROOSTER

MR. ROOSTER had many times looked at the Weather-cock sitting on his perch on top of the barn and wished he were in his place. And one morning when it was dark and cloudy, Mr. Rooster, feeling it his duty to make more noise than usual, flew to the top of the stone wall and then to the top of some boxes and barrels, piled up by the barn.

"Nothing to do but swing around up there where he can see every-



thing," said Mr. Rooster, looking up at the Weather-cock; "his feathers never get wet and flat as mine and here I have all the work to do."

"You think you have all the work to do, do you?" inquired the Weather-cock. "How would you like to sit up here as I do? Rain or shine, blow high or blow low, here I have to stay in all kinds of weather."

"You, Mr. Rooster, can go inside a nice dry house when it rains or snows



ONE time last week I reada een da paper bouta one guy makka plenty money weeth da mush room. I never see dat before so I aska my boss wheecha hotel gotta dat kinda room.

He tella me da mush room ees no lika da hotel for stay een. He say was somating gooda for eat. Well, I eata mush een da room plenty time, but I dunno how can makka money dat way.

I tink da boss gotta leetle deegust when I tella heem I never been een da mush room before. But he tella me was plenty money can be made weeth da mush room. He aska me wot for I no go een dot beezness. I say mebbe I try makka da money dat way eef he go een da partner weeth me.

I tella da boss ees no costa mooch for do dat. I say eef he furnish da mush I gotta plenty room een my house. And eef he gotta plenty mush for filla dat room we gotta greata beezness starta woth.

But da boss tella me I dunno somating ver mooch. He take me out one day for show me wot da mush room looka like. He finda some toadstool and tella me dat's da mush room.

You know I getta so mad I no care for da job. I spaka right up and tella da boss he dunno somating, too. I tella heem he craze een da head try makka me tink toadstool ees da mush room. But he say was da sama ting only da toadstool grow wild and da mush room grow een da garden.

I no tink anyting can be somating else jusa because ees leetle wild. I feegure ees da sama ting no matter wot kinda reputash he gotta. Eef da boss tink dat way he sure gonna bug-ahouse. Mebbe somaday he try tella me a horse ees da cow eef ees wild, but a horse ees a cow eef ees wild.

Wot you tink?

HOW DO YOU SAY IT?

By C. N. Lurie

Common Errors in English and How to Avoid Them
TO "ENTHUSE."

THE verb "enthuse" or "enthuse over," used frequently in recent years, and especially in newspaper headlines (its shortness giving the hurried headline writer a word easily substituted for "to-become enthusiastic over") is not good English. Indeed, some writers call it slang; and all writers on good English agree in calling it a vulgarism. One authority says, "The word is unknown to good usage."

This word, like many others of recent growth, may become in time part of the English language, and be recognized as good English. But it has no historical or etymological authority, and should be avoided by anyone who wishes to speak and write correctly. It is the duty of all who have inherited the English language to try, at least, to preserve its purity.

One should not say, "She does not enthuse me," or "she does not enthuse." For these, substitute "She does not arouse any enthusiasm in me," and "she is not enthusiastic."

and when the cold weather comes you have the same warm place to live in. When the hot weather comes you creep under the shade of the cool bushes and rest and your food is given to you by a good master.

"What happens to me? I am at the mercy of the winds; I have to turn when they blow, whether I wish to or not."

"If I wish to look west, very likely along will come old Southeast wind and turn me that way."

"Or I may be looking at the sun rise, when along comes West wind and around goes my head, as he sees fit. A fine time I have it, to be sure."

"I thought you had an easy time," said Mr. Rooster, "but I should not like to change places with you if you cannot even look where you wish. But I thought it must be very fine to sit up there, where every one can see you, and then it would be such a fine place to crow from."

"But I do not crow," said the Weather-cock. "I just swing and swing whichever way the winds blow me."

"Can't you crow?" asked Mr. Rooster with wide-open eyes.

"Never crowed since I was made," said the Weather-cock sadly, and just then along came the wind and blew him around and down came the rain.

Mr. Rooster jumped down and ran to the shelter of his house. "I am glad I do not have to stay up there in this rain," he said. "And he never has crowed either."

"Well, well, poor fellow. I am better off than I thought, even if I do have to get up and start the day. I shall never envy him again. Can't crow! What is the use of being a rooster anyway, if you can't crow?" and Mr. Rooster began to crow loudly for joy that he was not on top of the barn in the rain.

(Copyright.)

"Pianists Must Be Born."

Lightness of touch for the piano is inborn with some people; others may acquire it, but in such cases it will be more or less artificial. On the other hand some may never acquire it. Loud-talking, boisterous people will, in all likelihood, play loudly. Coarse-grained, brisque people (if any such play the piano at all) will not be apt to play lightly and delicately. One could scarcely imagine a young man who wore a green shirt producing ideal tones from a piano. So, after all, it is largely a matter of mentality and spiritual make-up. But it is also a matter of finger and muscular control, which may be secured by judiciously chosen and intelligently used exercises.

BEAUTY CHATS

by Edna Kent Forbes

REST FOR BEAUTY

THE nervous woman is rarely pretty. She may be extremely beautiful when young, but the nervous tension under which she lives inevitably wears out her body. At twenty-five she looks near thirty, at thirty she seems forty, at forty, she's thin, haggard, wrinkled, old.

So if you are the least bit neurotic, take extra good care of yourself. Rest more than the ordinary woman does.



The Woman's Tired Nerves Need Much Rest to Soothe Them.

to overcome the nervous strain, eat plenty, for food soothes the nerves, eat often to keep the blood in the stomach. This does not mean that occasional nibbles of candy are to be taken or that meals may be eaten any time of the day or night. It means frequent nourishment at regular periods. A good plan is an egg and milk between breakfast and luncheon and between luncheon and dinner, and a cup of hot chocolate and a cracker just before going to bed.

The nervous woman should rest a lot to conserve her energies. When possible, she should lie down in preference to sitting down, as the relaxation is more complete. It is surprising the number of minutes of rest that can be snatched between the duties of the day. If the rest follows immediately after a meal, it will do double good, for it will allow all the energy to go toward digestion.

Gladys Walton



Charming Gladys Walton holds the unique distinction of having been made a "movie" star one year after her entrance into moving pictures. She is a perfect eel when it comes to twisting and bending herself and doing stunts in water or on dry land.

A LINE O' CHEER

By John Kendrick Bangs.

THE ROAD TO PEACE.

If every man would do his job as well as he knows how, and turn to it when tempted to embark on any row, and let the other fellow attack to what he has to do, we'd find the end of strife, and dreams of peace would all come true. (Copyright.)

How Oysters Get Food.

The main food of oysters and other bivalves is vegetable dust which is found either in suspension in the water, or deposited as the thin upper layer of the bottom itself, lifting and spreading at times in stormy weather, but only to be precipitated anew later on.

Variety in Bibles.

A collection of 114 Bibles published between 1537 and 1666 was recently sold at Sotheby's in London. It included samples of the Great Bible, 1540, the "Bug," 1549; the Geneva or "Breeches," 1560, and a "Pear" Bible, 1653.

How It Started

MONEY.

VARIOUS media of exchange were in use in ancient times, but the earliest form of money seems to have been a scrap of leather with a rude picture of a cow on it. This was called by the Latin word "pecunia," derived from "pecus," the name of the animal used in barter. Our present "pecuniary" comes from this root. (Copyright.)



DONT TIE A STRING AROUND YOUR FINGER WHEN YOU OUGHT TO FORGET ZUMPIN

WRIGLEY'S

"After Every Meal!"
Everywhere

All over the world people use this goody for its benefits, as well as its pleasure.

Keeps teeth clean, breath sweet, throat soothed.

Aids appetite and digestion.

STILL 5c



Sealed Tight - Kept Right

Keep Your Blood Pure

Nature Will Do the Rest

Did you know that ninety per cent of all human ailments depend upon the condition of your blood? Nature gives her warnings in various unmistakable ways, so that when the appetite fails, and you become weak and listless; and a general run-down condition seems to take possession of the whole body, it is an unfailing sign that impurities will steadily accumulate until your general health will be seriously affected. You should recognize the importance, therefore, of very promptly cleansing out the system, and keeping the blood supply pure and robust.

Get a bottle of S. S. S. at your drugstore to day, and note how promptly it builds up the appetite and gives new strength and vitality. Write for free literature and medical advice to Chief Medical Adviser, 153 Swift Laboratory, Atlanta, Ga.

LOVE SEEN IN NEW LIGHT

Old Idea of Affection All Wrong, According to Pronouncements of Modern Scientists.

"Science revolutionizes our ideas." The speaker was W. L. George, the English feminist lecturer. He resumed: "A millionaire contractor was complaining to a scientific friend of mine that a beautiful actress had accepted his proposal of marriage, only he had just discovered that she did so for purely mercenary motives. 'But my scientific friend poo-poohed the millionaire contractor's lament.

"What a queer devil you are!" he said. 'You want to be loved for your looks alone—that is, for the position in space of the atoms, ions, molecules and what-not which chance, working through some Darwinian selective theory, has grouped together in the entity that is yourself. Ridiculous! And you hate to be loved for your wealth—for a financial achievement, that is to say, which is an unimpeachable testimonial to your industry, intelligence, sobriety and virtue.'"

Caveman methods may be tolerated if it is the right caveman.

The Sweetness of Wheat and Malted Barley is the sweetness of Grape-Nuts

The delicately rich flavor, natural to the grains, is developed through 20 hours' baking. Grape-Nuts needs no added sugar, and is rich in nourishment of a form easy to digest.

This ready-cooked food is economical
"There's a Reason"