

Another Royal Suggestion
Biscuits and Cinnamon Buns
 From the **NEW ROYAL COOK BOOK**

BISCUIT! So tender they fairly melt in the mouth, and of such glorious flavor that the appetite is never satisfied. These biscuits anyone can make with Royal Baking Powder and these unusual recipes.

Biscuits
 2 cups flour
 4 teaspoons Royal Baking Powder
 1/2 teaspoon salt
 3/4 cup milk or half milk and half water

Sift together flour, baking powder and salt, add shortening and rub in very lightly; add liquid slowly; roll or pat on flour board to about one inch in thickness (handle as little as possible); cut with biscuit cutter. Bake in hot oven 15 to 20 minutes.

Royal Cinnamon Buns
 1/2 cup flour
 1 teaspoon salt
 4 teaspoons Royal Baking Powder
 2 tablespoons shortening
 1 egg
 1/2 cup water
 1/2 cup sugar
 2 teaspoons cinnamon
 4 tablespoons seeded Raisins

Sift 2 tablespoons of measured sugar with flour, salt and baking powder; rub shortening in lightly; add beaten egg to water and add slowly. Roll out 1/2-inch thick on flour board; brush with melted butter, sprinkle with sugar, cinnamon and raisins. Roll as for jelly roll; cut into 1/2-inch pieces, place with cut edges up on well-greased pan; sprinkle with a little sugar and cinnamon. Bake in moderate oven 20 to 25 minutes; remove from pan at once.

ROYAL BAKING POWDER

Absolutely Pure

Made from Cream of Tartar, derived from grapes.

FREE
 Write TODAY for the New Royal Cook Book; contains 400 other recipes just as delightful as these.
 Address:
ROYAL BAKING POWDER CO.
 118 Fulton Street, New York City

ON THE FUNNYSIDE



LEFT-HANDED COMPLIMENTS.

Mary played the piano rather poorly, but had been urged to play for the guests. After the painful ordeal was finished, she said modestly, "I know I play fierce, but I'll get there some time!"

"You do beautifully!" said Great Aunt Susan comfortably. "Why, most folks that couldn't play better than you wouldn't play at all."—Life.

Broad Human Sympathy.

"Some of your remarks do not appeal to the brainy men of your community," admonished the friend.

"I make it a rule," rejoined Senator Sorghum, "not to cater to any select element. For every man in my community who can be classed as brainy there may, for all we know, be two or three who can't."—Life.

Precious.

"What's the matter, my dear? Are you lost?"

"Yes, I a-a-am. They can't afford to lose me, either, 'cos I'm the only one they've got."—London Tit-Bits.

Both.

Mother—Do you mean to tell me that you and Jack Addeplate are to marry?

Daughter—I not only mean to tell you, mamma, but Jack.

The Fact.

"They say the price of brooms is coming down. I wonder if they will come down much?"

"In the nature of the case, it ought to be a sweeping reduction."—Life.

FELT FAGGED, NO ACCOUNT

Result of Indigestion, Headache and Other Troubles.—This Tennessee Lady Took Black-Draught and Found Relief.

Flintville, Tenn.—Mrs. Addie Sanders, of this place, says: "I suffered from constipation a long time. This, of course, brought on sour stomach, indigestion and headaches. I felt fagged and no account. "I started in taking Black-Draught. I found it was helping me. I continue to use it, and have for years. I don't know how to start to praise Theford's Black-Draught. "Today I am regular, no more constipation, headaches or indigestion. In fact, all I eat tastes sweet and good to me . . . since my liver is cleansed by the use of Black-Draught. "I am well and proud to make this statement of what Black-Draught has done for me." Constipation often leads to serious disorders among those who do not understand its dangers, or who neglect to treat it without delay. Theford's Black-Draught is a medicine that every person should keep in the house, and use at the least sign of constipation, or torpid liver. Theford's Black-Draught liver medicine is right. Ask your druggist. He has it.—Adv.

Styles sometimes make a handsome woman look otherwise.

Here are a Few of Our Many Army and Navy Bargains

There are great savings in store for those who realize how cheaply many U. S. Army and Navy articles can be adapted to use on the farm—in the home—or for fishing trips. Compare these prices with others—and remember that everything we offer is guaranteed to give satisfaction—or your money will be returned.

U. S. Army Shirt and Breeches Khaki Cotton or O. D. Wool. They have been neatly repaired wherever necessary. They are clean and sanitary. Made to withstand hard Army wear. Satisfaction or money back. Shirts, sizes 34 to 37—medium-weight, 1/2 pound wool, 1 pound. Breeches, sizes, 36 to 40 waist. Weight 2 pounds.	U. S. Army Cotton Khaki Shirts \$1	U. S. Army Cotton Khaki Riding Breeches \$1
U. S. Army O. D. Wool Shirts \$2	U. S. Army O. D. Wool Riding Breeches \$2.50	

U. S. Army Marching Shoes **\$3.95**

Send for Our FREE BOOKLET OF ARMY & NAVY BARGAINS

We will send you our Catalogue on request. Write for kind of clothing, and see how easily you can effect **Great Savings** in the very articles you need.

U. S. Army Muskrat Gloves **\$8.50**

These are practically new—and the only reason the price is so low is because they were slightly damaged by moths. They are the kind issued for Siberian service. Would retail for about \$20. Double knit can be worn over finger. Lined with felt. Very warm. Weight, 1 pound.

U. S. Army "Coveralls" or Pouches **\$2.50**

There is practically no limit to the usefulness of this waterproof covering. Size 56 in. Shipping weight 3 pounds. Ideal for use as raincoat or wherever protection is desired from rain, cold or dampness. Two or more can be buttoned together.

U. S. Army Overalls **95c Per Garment**

Most of these are practically brand new. Sizes 30 to 40. Just what you need for comfortable work clothing. Weight 1 lb.

Blue—U. S. Army Khaki or Blue Work Jackets, Wt. 1 lb. **95c**

U. S. Army Khaki or Blue Unionalls, Wt. 2 lb. **\$2.50**

Army & Navy Supply Co.
 Department 5
 Richmond, Virginia

Nature and the Motor Fiend.
 "What's that humming sound?"
 "That's a bumble bee."
 "He's got a mighty good engine."

Shave With Cuticura Soap
 And promote your razor efficiency as well as promote skin purity, skin comfort and skin health. No mug, no slimy soap, no germs, no waste, no irritation, even when shaved twice daily. One soap for all uses—shaving, bathing and shampooing.—Adv.

Imagination Staggers.
 "Why did they separate?"
 "Nobody knows."
 "How dreadful!"

Important to Mothers
 Examine carefully every bottle of **CASTORIA**, that famous old remedy for infants and children, and see that it bears the Signature of **Dr. H. P. Fletcher** In Use for Over 30 Years. Children Cry for Fletcher's Castoria

STILL KEEN ON AIR TRAFFIC
 Germany Actively at Work Building Airships—Monster Zeppelin Said to Be in Contemplation.

THIS GRAIN TRULY "GOLDEN"
 How Discovery of Prolific Gold Field Was Made in Mysore, State of India.

A few weeks ago Germany delivered a brand-new Zeppelin, the largest yet built, to France and another new Zeppelin to Great Britain. Yet we are told by the Airplane that Herr Colsmann, the director general of the Zeppelin interests, recently returned from the United States after negotiating with certain firms regarding transatlantic air traffic. Negotiations have also been carried on with Holland, Sweden and the United States for the construction of airships on an international basis. It is rumored that a new type Zeppelin airship, with a load capacity of 60 tons, accommodation for 500 passengers and fuel capacity for a voyage three times the length of the Atlantic crossing, is to be evolved.—Scientific American.

A Predicament.
 "I'm in a predicament."
 "What's the trouble?"
 "I'm running for office."
 "Well?"
 "I can't make up my mind what to do. You see, I can't think up any real good reason why I should be elected and I hate to conduct a mud-slinging campaign and spend all my time telling the people why the other fellow shouldn't be."—Detroit Free Press.

One of the world's most prolific gold fields at the present time is in the Kolar district (Mysore state) of India. Discovery of it was made in a curious way. In prosperous years, when the gods favored the valley with an ample harvest of rice, grains of gold were found now and then on rice ears. This gradually mystified the natives, who ascribed the gold to supernatural powers. What probably happened was that these grains, derived from the gravelly soil, lodged on the young rice plants when they were being grown in nurseries (for subsequent transplantation to the fields) and flooded at intervals with water. The strange occurrence, at first deemed supernatural, led to the discovery that the gravels of the valley were rich in gold, brought down from the mountains. Since then the Kolar district has contributed largely to the world's supply of the yellow metal.

A Good Reason.
 "You refused him?"
 "Yes."
 "Why?"
 "He didn't impress me as a man that I could get up in the morning and cook breakfast for."—Detroit Free Press.



THAT'S THE POINT

He—Shall we live with your parents after we are married?
 She—The question is, can we live without them.

Illustrating it.
 This "law of supply and demand" Even the densest can well understand, if they've even a symptom of brains: Don't umbrellas go up when it rains?

One Way.
 "There isn't any royal road to success."
 "Oh, yes, there is, if you're a crown prince making a foreign tour."

His Excuse.
 "Do you ever help your wife wash the dishes?"
 "I should say not! She never comes out and helps me shovel off the snow."

More Practical Talent.
 "Harold can charm every one with his toe dancing."
 "Jim can't charm folks with his toes, but he can get anybody he pleases under his thumb."

Just Fitting In.
 "A penny, fair maid, for your thoughts."
 "Give it to me. I was just thinking with a nickel and 1 cent, if I had another, it would pay my car fare."

Taking Chances.
 Agnes—Jack proposed three times before I accepted him.
 Her Friend—You always were a reckless girl, Agnes.

A Paradoxical Reason.
 "Why are you lashing yourself into such a state of excitement?"
 "Because I want to get off the beaten track."

A Surety.
 "They say theatrical wig-makers make money."
 "They ought to. It is a business which is sure of getting on a head."

Refined Schedule.
 "I want my daughter to have a real genteel education."
 "Of course, we understand that, madam."
 "Then what's the meaning of her studying about common nouns and vulgar fractions?"

Quite True.
 "When my friend presented the bogus order to the theater, he charged he was deliberately tricked, and there passed the lie."
 "Yes, and there also lied the pass."

Catarrh
 Catarrh is a local disease greatly influenced by constitutional conditions. HALL'S CATARRH MEDICINE is a Tonic and Blood Purifier. By cleansing the blood and building up the System, HALL'S CATARRH MEDICINE restores normal conditions and allows Nature to do its work.
 All Druggists. Circulars free. P. J. Cheney & Co., Toledo, Ohio.

If you would flatter a man tell him he is proof against flattery.

Wright's Indian Vegetable Pills are simply a good old-fashioned medicine for regulating the stomach, the liver and bowels. Get a box and try them.—Adv.

A senseless game—playing the fool.

KEEP HALE'S HONEY OF HOREHOUND AND TAR

In the house. Don't let colds become influenza, pneumonia or other serious ailments. Use the dependable home remedy that quickly relieves coughing, hoarseness, sore throat, etc.; contains nothing harmful. 30c at all druggists.

HALE'S TOOTHACHE DROPS FORMERLY SWEET

PARKER'S HAIR BALSAM
 Removes dandruff, itching, restores color and beauty to Gray and Faded Hair. 6c. and 15c. bottles. W.O.L.F.F. 226 West 68th Street, New York, N. Y.

HINDERCORNS
 Removes Corns, Callouses, etc.; stops all pain, restores comfort to the foot, makes walking easy. Use by mail or at drug store. Hindercorn Chemical Works, Paterson, N. Y.

HARE OLD RECIPES
 for the treatment of every disease, and how to make medicines from herbs, roots, seeds, flowers and bark. Worth Dollars. Price 25c (coin). W.O.L.F.F. 226 West 68th Street, New York, N. Y.

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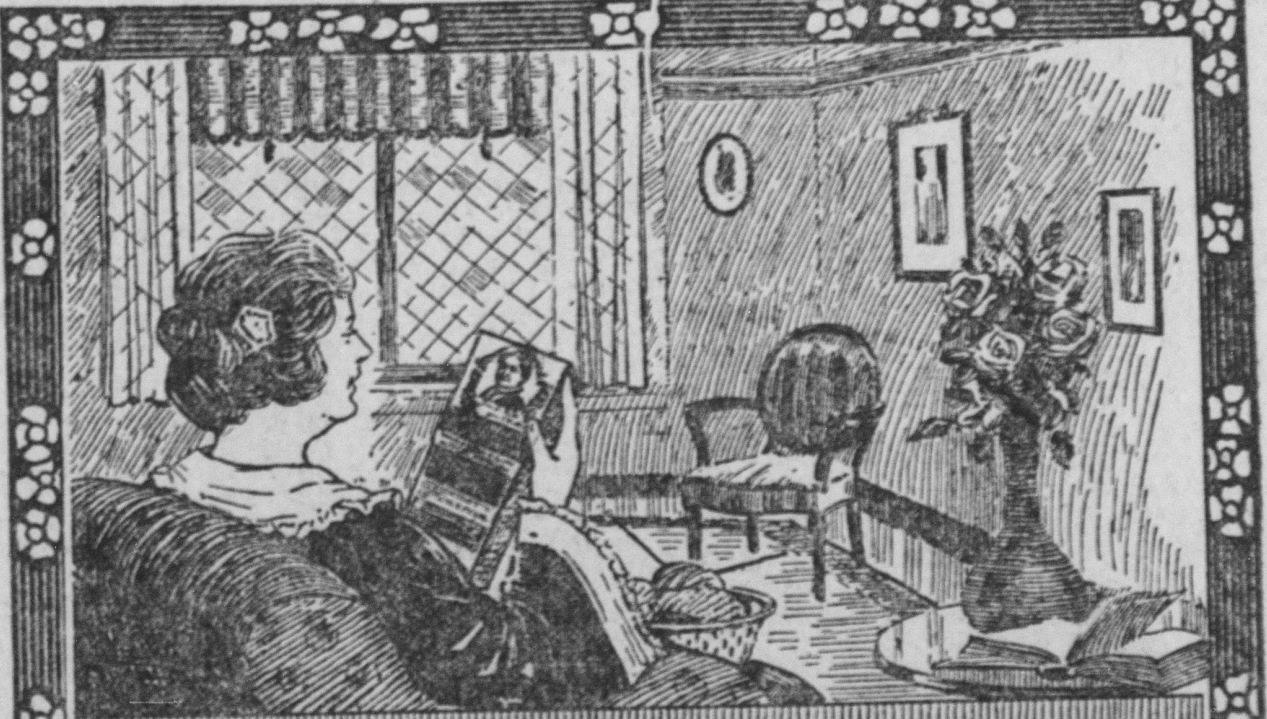
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wins first place among table drinks with those who value health and comfort.

Boil Postum Cereal full fifteen minutes after boiling begins and the taste is delightful.

Costs less than coffee

Made by Postum Cereal Company, Inc. Battle Creek, Mich.



Women of Middle Age

Owing to modern methods of living not one woman in a thousand approaches this perfectly natural change in her life without experiencing a train of very annoying and sometimes painful symptoms. Those dreadful hot flashes, smothering spells, fainting spells, nervous troubles and irregularities are symptoms that should have prompt attention. These two letters prove what a successful remedy Lydia E. Pinkham's Vegetable Compound is for women at this time of life.

These Two Women Helped During Change of Life.

Taunton, Mass.—"I could not eat or sleep for six months, had fainting spells and could not walk without help for three months, caused by female trouble. My cousin, who was a doctor, told me to take Lydia E. Pinkham's Vegetable Compound and it helped me greatly. Then during the Change of Life I used the same remedy. I am seventy years old now and am able to do my own housework and walk one mile to church every Sunday morning and evening. I am recommending the Vegetable Compound to my friends having the same troubles as I had. Your remedy is the best on earth. I cannot find words to express my gratitude for it."—Mrs. STUAN C. STAPLES, 157 B School St., Taunton, Mass.

Philadelphia, Pa.—"I want to let you know what good Lydia E. Pinkham's Vegetable Compound has done me. I had organic troubles and am going through the Change of Life. I was taken with a pain in my side and a bad headache. I could not lie down, could not eat or sleep. I suffered something terrible and the doctor's medicine did me no good at all—my pains got worse instead of better. I began taking the Vegetable Compound and felt a change from the first. Now I feel fine and advise any one going through the Change of Life to try it, for it cured me after I had given up all hopes of getting better. I will tell any one who writes to me the good it has done me."—Mrs. MARGARET DANZ, 743 N. 25th St., Philadelphia, Pa.

Women of Middle Age Should Depend Upon

Lydia E. Pinkham's Vegetable Compound

LYDIA E. PINKHAM MEDICINE CO., LYNN, MASS.