

REMARKABLE RECOVERY

Extraordinary Curative Power of Lydia E. Pinkham's Vegetable Compound.

Philadelphia, Pa.—"I want to let you know what good Lydia E. Pinkham's Vegetable Compound has done me. I had organic troubles and am going through the Change of Life. I was taken with a pain in my side and a bad headache. I could not lie down, could not eat or sleep. I suffered something terrible and the doctor's medicine did me no good at all—my pains got worse instead of better. I began taking the Vegetable Compound and felt a change from the first. Now I feel fine and advise any one going through the Change of Life to try it, for it cured me after I had given up all hopes of getting better. You can publish this and I will tell any one who writes to me the good it has done me."—Mrs. MARGARET DANZ, 743 N. 25th Street, Phila., Pa.

It hardly seems possible that there is a woman in this country who will continue to suffer without giving Lydia E. Pinkham's Vegetable Compound a trial after all the evidence that is continually being published, proving beyond contradiction that this grand old medicine has relieved more suffering among women than any other medicine in the world.



Vaseline
PETROLEUM JELLY

For burns, cuts, sprains and all skin irritations. Relieves dryness of scalp.

REFUSE SUBSTITUTES

CHESEBROUGH MFG. CO.
State Street New York

DON'T DESPAIR

If you are troubled with pains or aches; feel tired; have headache, indigestion, insomnia; painful passage of urine, you will find relief in

GOLD MEDAL HARLEM OIL CAPSULES

The world's standard remedy for kidney, liver, bladder and uric acid troubles and National Remedy of Holland since 1895. Three sizes, all druggists. Guaranteed. Look for the same Gold Medal on every box.



Bee Dee
Stock & Poultry Medicine

The old reliable BLACK-DRAUGHT for Stock and poultry. Ask your merchant! Merchants: ask your jobbers, salesmen about Bee Dee!

ASTHMA

DR. J. D. KELLOGG'S ASTHMA REMEDY for the prompt relief of Asthma and Hay Fever. Ask your druggist for it. 25 cents and one dollar. Write for FREE SAMPLE. Northrop & Lyman Co., Inc., Buffalo, N.Y.

DR. J. D. KELLOGG'S REMEDY

Deep-Seated Coughs develop serious complications if neglected. Use an old and time-tried remedy that has given satisfaction for more than fifty years.

PISO'S

POLAND SAVED BY THE FRENCH

Prompt Aid Said to Have Prevented Triumph of the Bolshevik Armies.

POLES SHORT OF OFFICERS

Russian Army Superior as an Effective Fighting Machine—Polish Officers Admit That the French Saved the Day.

Posen, Poland.—An official of the French military mission in Poland has told the Associated Press correspondent that the Polish army would have been conquered by the Bolshevik armies of Russia if the French had not supported the Poles. This, notwithstanding the fact that the Poles beat back the Russian drive on Warsaw.

The French official based his statement upon his belief that the Russian army was superior to the Polish army as an effective fighting machine, with the exception of the German-trained troops of Posen.

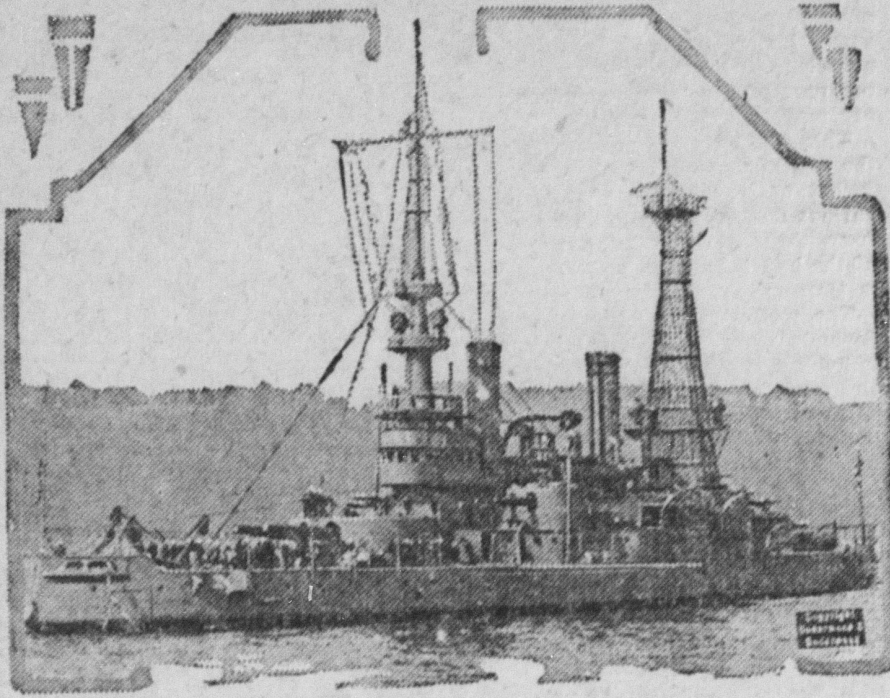
The Frenchman said he believed the Russian organization has been, and still is, underestimated and because of this tendency to belittle the Russian armies the menace to Poland's existence, if not to all western Europe, remains imminent and real.

Russ Army Not Rabble

The official said some Russian units were poorly equipped, but it was not true the army was "a barefoot rabble." He was convinced the majority of the Russian divisions were "well-organized units of good fighting men, much better officered than the Poles."

The Poles had 25,000 officers, but only 5,000 of them ever went to the

Indiana to Be Used As a Target



The old U. S. S. Indiana, after 25 years of service, is to be used by the navy for a target for battleships and airplanes. The navy will try out a new aerial bomb on this old sea warrior.

front, although they were sorely needed there, he said. There was evidence that certain Polish companies had fought without officers, he asserted, and that during the retreat these were without commanders.

An American artillery officer who had spent a year in Russia and had been under fire at the Polish front, told the correspondent he had seen the Poles "plant their artillery in the most ridiculous places, on the exposed sides of hills and right in the open, when they could have readily concealed it and made it effective."

A neutral aviator who had flown over the front several times when "battles" were said to be in progress, said what he saw of the fighting was "two armies keeping about three hours

apart, the Poles retreating when the Russians advanced, and the Russians running when the Poles turned and advanced."

He said this "schedule sometimes got disarranged, and that there was a collision between opposing detachments," but he had not witnessed any of these clashes.

A number of Polish officers with whom the correspondent talked said they were forced to admit the French saved the day, but the weakness of their officers was explained by the fact that in former years Poles had not been permitted to hold commissions in the army, either in Russian, German or Austrian Poland, and that the time had been too short to develop a staff of highly trained officers.

Nipponese Is Mental Marvel

Jap Writes With Both Hands, Talks, and Does Other Things at Same Time.

ONLY TWO OTHERS LIKE HIM

He Can Think and Do a Number of Diverse Things Simultaneously—Was Anything but Phenomenon as a Boy.

London.—An amazing person is Tameo Kajiyama, the Japanese mental marvel, who has been appearing at the London Coliseum. Most of us have been taught that no one can do more than one thing at a time. Kajiyama is a striking instance to the contrary, a writer in the continental edition of the London Mail says. He defies all copybook maxims about concentration on the one matter in hand and no more. He can think and do a number of totally diverse things simultaneously. While under a fire of questions he reads a paper and writes backward on a screen with enormous rapidity of the news of the evening. And all the time part of his mind is

busy solving arithmetical problems set him by the audience involving the extraction of cube roots of various numbers. He writes with equal facility with either hand or with both hands backward, forward or upside down, different sentences at the same moment that he is talking about something else.

He asks his audience for five names of seven letters. They shout them at him: Ramboda, Portsea, Roberts, Eleanor, Maurice. In a flash he writes backward a jumbled mass of characters containing all the 35 letters. These resolve themselves in precise progression into the five names chosen.

I have only known of two cases in any way parallel to it.

Only Two Others Like Him.

One was a Babu station master in India who would send off telegraph messages with his foot while he was taking down another message with his typewriter and at the same time talking about other matters.

The other case was that of the late Rev. Stanton Moses, founder and first president of the London Spiritualist Alliance. I have seen him writing different messages with both hands while he was talking to me. In his case he ascribed the faculty to supernatural agency and believed his hands to be controlled by spirits.

If Kajiyama, whose powers are far in advance of these two, claimed supernatural assistance many people would believe him. He might have been burned at the stake in another age, but now assuredly he would be feted by spiritualists.

But he makes no claims of the kind nor does he think that he possesses any faculties that might not be acquired by anyone else who takes the trouble to cultivate them.

Thirty-six years old, with a quiet, unassuming, almost deprecating manner, pleasant, dreamy voice and weird eyes, all the mystery of the East is concentrated in his subtle countenance. He speaks slowly, melodiously and softly. You might imagine him a lotus eater and never guess that beneath the calm exterior a quick and

agile brain is working at a speed and in a manner that to the ordinary man seems little short of miraculous.

Was No Boy Prodigy.

He is a teetotaler and nonsmoker and is married to an Englishwoman. As a boy, he will tell you, he was anything but a phenomenon. At ten he could not do the simplest sums in arithmetic. He had a stern father, who used to mete out punishment justly and unmercifully.

They have a pretty little method in Japan. It consists of putting little bits of burning flax down the neck. Kajiyama had frequent experiences of this torture and bears the marks on his body. But the strict discipline of his early youth brought out his qualities. Ambition awoke and with it a passion for knowledge and longing to do something a little better than his fellows.

Mental concentration is an exercise much prized in the East, and Kajiyama learned to concentrate. It was a slow process. A little more every day, something fresh every day. Now he can command at will the capacities of his brain, switch off or on the various currents of thought and make each cell of the gray matter perform its desired functions. He is master of his mind.

Kajiyama has a theory that there are all sorts of unexplored possibilities lying dormant in the brain. He does not think he has come to anything like the limit of his capacities. He is always experimenting. He is willing, without charge, to explain his views on mental efficiency and concentration to schools or to educational authorities.

Baby's Clothes Made by Armless Mother

Denver, Colo.—Dainty baby garments, made by a mother who is armless, awaited the daughter who was born to Mrs. J. C. Teagarden here.

"Where there's a will there's a way," Mrs. Teagarden said at the hospital. She made all the clothes for the expected baby during the last few weeks. She guided the cloth under the sewing machine needle with her chin, stitched, cut out patterns and threaded the needle with her feet. Mrs. Teagarden was born in 1894 without arms.

Palestine Receives Its High Commissioner



The governors of Jaffa and Jerusalem escorting Sir Herbert Samuel, the new British high commissioner of Palestine, on his arrival at Jaffa.

Another Royal Suggestion COOKIES and DROP CAKES From the NEW ROYAL COOK BOOK

WHEN the children romp in hunger, here are some wholesome delights that will satisfy the most ravenous appetite.

Cookies
1/2 cup shortening
1/2 cup sugar
1/2 cup milk
2 eggs
1/2 teaspoon grated nutmeg
1 teaspoon vanilla extract
or grated rind of 1 lemon
4 cups flour
2 teaspoons Royal Baking Powder
Cream shortening and sugar together; add milk to beaten eggs and beat again; add slowly to creamed shortening and sugar; add nutmeg and flavoring; add 2 cups flour sifted with baking powder; add enough more flour to make stiff dough. Roll out very thin on floured board; cut with cookie cutter, sprinkle with sugar, or put a raisin or a piece of English walnut in the center of each. Bake about 12 minutes in hot oven.

Cocoa Drop Cakes
4 tablespoons shortening
1 cup sugar
1 egg
1/2 cup milk
1 1/2 cups flour
2 teaspoons Royal Baking Powder
1/2 cup cocoa
1/2 teaspoon salt
1 teaspoon vanilla
Cream shortening; add sugar and well-beaten eggs; beat well and add milk slowly; sift flour, baking powder, salt and cocoa into mixture; stir until smooth, add vanilla. Put one tablespoon of batter into each greased muffin tin and bake in moderate oven about 20 minutes. Cover with boiled icing.

ROYAL BAKING POWDER

Absolutely Pure

Made from Cream of Tartar, derived from grapes.

COOK BOOK FREE

The new Royal Cook Book containing 400 delightful recipes, will be sent to you free if you will send your name and address. ROYAL BAKING POWDER CO., 115 Fulton Street, New York City.

Noncommittal.
Bachelor Friend—Can your wife cook?
Young Husband (eavastively)—Well, she can make a good family stew.

Some women are like bartenders—always getting things mixed.

Some Fan.
"A man on first and third," said he.
"Here's where we work the squeeze."
"Oh, Charlie, dear, not right out here. It is so public—please."—Cornell Widow.

Kill That Cold With

HILL'S CASCARA BROMIDE QUININE
FOR Colds, Coughs AND La Grippe

Neglected Colds are Dangerous. Take no chances. Keep this standard remedy handy for the first sneeze. Breaks up a cold in 24 hours—Relieves Grippe in 3 days—Excellent for Headache. Quinine in this form does not affect the head—Cascara is best Tonic Laxative—No Opium in Hill's.

ALL DRUGGISTS SELL IT

KILL OWN CHILDREN AT BIRTH

Arioi of Tahiti Look Upon Attempt of One of Their Order to Raise Child as Sin.

Lovers of laughter, song, music, flowers and birds, the Arioi of Tahiti killed their own children at birth, and looked upon the attempt of a member of their order to rear a child as a sin. While religious causes were given for this by the leaders and, no doubt, believed in, the real cause, Frederick O'Brien tells in the Century, was a natural one whereby the species, to prevent over-population of the South sea island, destroyed its own. With perfect health and no enemies, the island would soon have had a hard time finding food.

The Arioi were wandering minstrels, actors, priests and wonder workers to which belonged both men and women. The natives of Tahiti who have escaped the blight of civilization are living proofs that at one time the race was one of the most beautiful in the world's history, while investigators declare that arts and civilization were brought to a high plane hundreds of years ago.

Sorrier Than He.
Wife—Richard, do you know that you are in the habit of snoring?
Hub—Am I? I am sorry to hear it.
Wife (dryly)—So am I.

TWO KINDS OF ADVENTURE

New Yorker Who Offered to Sell His Life's Services Already Has Had Takers.

Jack Hardy, a former sailor, living in New York, who advertised that he was ready to sell his services for the rest of his life to the highest bidder who had a career of useful adventure to offer, has received two bids.

A woman offered him \$5,000 to be her bodyguard on a trip to Egypt—"providing the trip was successful." Jack doesn't think he'll take this, not being certain what the woman regards as a successful trip to Egypt. The other offer was from a man and his wife who described themselves as the wealthiest couple in Scranton, Pa., wanted Jack to help hunt for their fifteen-year-old son with \$5,000 and adoption as the reward.

That is more promising, the young man thinks, but he has reached no decision yet. He is twenty-two years old. "I'm not looking for a soft berth," he said. "The harder the job, the better I like it."

Their Place.
"I don't see how you can mark this grade of feather pillows up."
"Why not?"
"Because they are naturally on the down grade."

Nature Responds
Nature is on your side every time you eat

Grape-Nuts

For this sturdy blend of wheat and malted barley supplies body and brain with just the elements of nutrition that Nature demands for health and vigor.

Grape-Nuts is a Sugar Saver
"There's a Reason"

