

CASTORIA

For Infants and Children.

Mothers Know That Genuine Castoria

Always Bears the Signature of *Chas. H. Fletcher* of **NEW YORK**

In Use For Over **Thirty Years**

CASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.

It Runs Wild.
"Does the weather man ever take a vacation?"
"I suppose so."
"Then what happens to the weather?"

Don't Forget Cuticura Talcum
When adding to your toilet requisites. An exquisitely scented face, skin, baby and dusting powder and perfume, rendering other perfumes superfluous. You may rely on it because one of the Cuticura Trio (Soap, Ointment and Talcum). 25c each everywhere.—Adv.

ROCKING CHAIR IS INDORSED
French Authorities Declare Great American "Institution" to Be Physiologically Correct.

Nobody who has studied the rocking chair will be surprised to hear that the French Academy of Science has declared it the most hygienic of all seats. Instead of a mere American fad, it is, as the academy says, physiologically correct. The trouble with it is that it is not always psychologically correct. Its baneful effects are not on the rocker, but on the beholder. It is an all-around joy only when it is not rocked. New England ladies used to test a new neighbor by getting her to sit in a rocking chair. If she could resist rocking she was of the elect. This simple test of the nerves has made or marred a great many newcomers' popularity.

The advantage of the rocking chair is that it puts the body in perfect balance. The skull is kept in the proper position. But oscillation does not add to the benefit. It is good to find an invention which has been maligned because of misuse indorsed by the scientists. Let these gentlemen next find something good to say about silk hats.

Odd, Isn't It?
She—"I see bicycling is again on the rise." He—"Yes, in spite of the falling off."

The House Divided.
"There'll surely be trouble after that marriage."
"What makes you think so?"
"He's a Republican and she's a Democrat."

"Pape's Diapepsin" for Indigestion
"Pape's Diapepsin" is the quickest, surest relief for Indigestion, Gas, Flatulence, Heartburn, Sourness, Fermentation or Stomach Distress caused by acidity. A few tablets give almost immediate stomach relief and shortly the stomach is corrected so you can eat favorite foods without fear. Large case costs only 90 cents at drug store. Absolutely harmless and pleasant. Millions helped annually. Best stomach corrective known.—Adv.

FIND ALTAR ROOM OF AZTECS
Interesting Discovery in Pueblo Ruin in New Mexico Has Recently Been Made.

The most satisfactory event to mark so far the work of the American Museum of Natural History in its excavation of the Pueblo ruin at Aztec, N. M., is the recent discovery of what was evidently the holiest shrine of this prehistoric people, records Popular Mechanics Magazine. It takes the form of a room, bare of furniture, but in perfect condition. The walls are plastered, and are painted in a glaring white with dull red borders and a frieze of triangular designs. On the ceiling beams are strange marks made by rubbing the palm and fingers in white paint, and then pressing them upon the wood. From these beams hang several strands of beautifully made rope, presumably for the support of some sacred objects. On the ceiling, too, is carved a serpent, two and one-half feet in length, and in design unlike anything known to the archeologists in charge.

Under Surveillance.
Mrs. Littlelat—"Tilly, you've left my lingerie scattered all around this room and I'm expecting company any minute."
Tilly the Maid—"That's all right, ma'am. I'll keep my eye on 'em and see they don't pinch nothin'."

POTATO GRADES ARE UNCHANGED

Specifications Determined by Thorough Investigation by Bureau of Markets.

GRADE FANCY RECOMMENDED

Large Percentage of Crop Should Meet Requirements of Grade No. 1—Defective Stock, When Present, Must Be Removed.

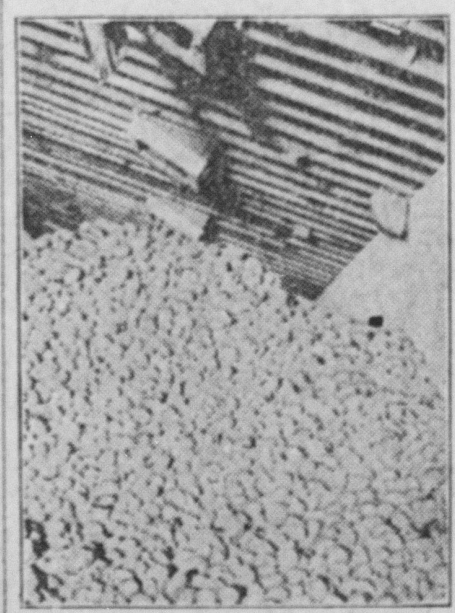
Standard grades for potatoes were recommended by the United States department of agriculture and the United States food administration on September 10, 1917. The specifications were determined by thorough investigations conducted by the bureau of markets of the United States department of agriculture.

In order to reduce waste and conserve transportation facilities during the war emergency the food administration issued a rule, effective January 31, 1918, requiring the use of the United States potato grades by licensed dealers. The results obtained were so satisfactory that when this regulation was canceled on December 10, 1918, the use of the grades, to a large extent, was continued voluntarily. The universal use of the standards during the war emergency afforded the investigators of the bureau of markets an excellent opportunity to study in detail the various specifications, and determine whether any changes were desirable. As a result, a few changes were recommended on February 10, 1919.

Because of the large, bright, smooth potatoes grown in some regions, especially in sections of the western states, those interested demanded a grade with higher requirements than those of United States grade No. 1, in order to provide for stock of high quality, which is sold to a special class of trade. To meet this demand, the United States grade Fancy now is recommended, in addition to United States grade No. 1 and United States grade No. 2.

This recommendation does not mean that all crops of potatoes should be sorted into three grades. A large percentage of the commercial crop in most of the potato-producing sections of the country should meet the requirements of United States grade No. 1, and this grade will provide for most of the trade demands. Potatoes of better than average quality can be carefully graded and sold as United States grade Fancy, while smaller potatoes, or those of inferior quality, can be marketed as United States grade No. 2. It is probable that many of the commercial potato-producing sections will have little use for the United States grade Fancy.

Observations made in the producing sections show that there is a tendency to regard sizing as the only essential to proper grading. It should be emphasized that, in addition to



Potatoes in Storage Should Be Kept at a Temperature of About 30 Degrees F.

proper sizing by hand or machine, the defective stock, when present, must be removed in order to meet grade requirements.

United States Grade Fancy.
This grade shall consist of sound potatoes of one variety which are mature, bright, smooth, well shaped, free from dirt or other foreign matter, frost injury, sunburn, second growth, growth cracks, cuts, scab, blight, soft rot, dry rot, and damage caused by disease, insects, or by mechanical or other means. The range in size shall be stated in terms of minimum and maximum diameter or weight following the grade name, but in no case shall the diameter be less than two inches.

In order to allow for variations incident to commercial grading and handling 5 per centum by weight of any lot may vary from the range in size stated and, in addition, 3 per centum by weight of any such lot may be below the remaining requirements of this grade; but not more than one-third of such 3 per centum, that is to say, not more than 1 per centum by weight of the entire lot, may have the flesh injured by soft rot.

United States Grade No. 1.
This grade shall consist of sound potatoes of similar varietal characteristics which are practically free from dirt or other foreign matter, frost injury, sunburn, second growth, growth cracks, cuts, scab, blight, soft rot, dry rot, and damage caused by

disease, insects, or mechanical or other means.

The diameter of the potatoes of the round varieties shall not be less than one and seven-eighths inches, and of potatoes of long varieties one and three-fourths inches.

In order to allow for variations incident to commercial grading and handling, 5 per centum by weight of any lot may be under the prescribed size, and, in addition, 6 per centum by weight of any such lot may be below the remaining requirements of this grade; but not more than one-third of such 6 per centum, that is to say, not more than 2 per centum by weight of the entire lot, may have the flesh injured by soft rot.

United States Grade No. 2.
This grade shall consist of potatoes of similar varietal characteristics which are practically free from frost injury and soft rot, and which are free from serious damage caused by sunburn, cuts, scab, blight, dry rot, or other disease, insects, or mechanical or other means.

The diameter of potatoes of this grade shall not be less than one and one-half inches.

In order to allow for variations incident to commercial grading and handling 5 per centum by weight of any lot may be under the prescribed size, and, in addition, 6 per centum



Typical First-Class Irish Cobbler, One of Leading Commercial Varieties.

by weight of any such lot may be below the remaining requirements of this grade; but not more than one-third of such 6 per centum, that is to say, not more than 2 per centum by weight of the entire lot, may have the flesh injured by soft rot.

Definition of Grade Terms.

As used in these grades:
"Mature" means that the outer skin (epidermis) does not loosen or "feather" readily during the ordinary methods of handling.

"Blight" means free from dirt or other foreign matter, damage or discoloration from any cause, to an extent such that the outer skin (epidermis) has the attractive color normal for the variety.

"Smooth" means free from second-growth, growth crack, and other abnormally rough surfaces.

"Well shaped" means the normal, typical shape for the variety in the district where grown, and free from pointed, dumb-bell shaped, excessively elongated and other ill-formed potatoes.

"Free" means that neither the appearance nor the physical structure has been appreciably damaged by the causes mentioned.

"Diameter" means the greatest dimension at right angles to the longitudinal axis.

"Soft rot" means a soft, mushy condition of the tissues from whatever cause.

"Practically free" means that the appearance shall not be injured to an extent readily apparent upon casual examination of the lot, and that any damage from the causes mentioned can be removed by the ordinary process of paring without appreciable increase in waste over that which would occur if the potato were perfect. Loss of outer skin (epidermis) only shall not be considered as an injury to the appearance.

"Free from serious damage" means that any damage from the causes mentioned can be removed by the ordinary processes of paring without increase in waste of more than 10 per centum by weight over that which would occur if the potato were perfect.

RELEASE DAIRY COWS QUICK

Jerk of Lever Unties Animals in Barn at Soldiers' Home Farm Near Washington.

There is in practice at the United States soldiers' home dairy farm in Washington, D. C., a method by which every cow on either side of the barn may, in case of fire, be released by the jerk of a lever. Each cow is tied by a chain, the last link of which is fitted over a projection of a rod which extends along the entire length of the manger and is connected with a lever at either end. When this lever is pulled the projections of the rod into each chain are drawn out and all of the cows are released. A surprise fire drill is given about once a month. At one of these drills recently 125 cows were taken from the barns in less than two minutes, which is a good record.

GIVE PASTURES FAIR CHANCE

Where Stocked Up to Maximum Capacity During Summer They Need Protection for Winter.

Pastures that have been stocked up to maximum capacity during the late summer and early fall should be given a chance to recover and make a vigorous fall growth to serve as a protection to the grass roots during winter.

Thousands of Women



Owe Their Health To

Lydia E. Pinkham's Vegetable Compound—overshadowing indeed is the success of this great medicine. Compared with it, all other medicines for women's ills seem to be experiments.

Why is it so successful? Simply because of its sterling worth. For over forty years it has had no equal. Women for two generations have depended upon it with confidence.

Thousands of Their Letters are on our files, which prove these statements to be facts, not mere boasting.

Here Are Two Sample Letters:

Mother and Daughter Helped.
Middleburg, Pa.—"I am glad to state that Lydia E. Pinkham's Vegetable Compound did me much good when I was 35 years old. I was run down with female trouble and was not able to do anything, could not walk for a year and could not work. I had treatment from a physician but did not gain. I read in the papers and books about Lydia E. Pinkham's Vegetable Compound and decided to try it. The first few bottles gave me relief and I kept on using it until I got better and was able to do my work. The Vegetable Compound also regulated my daughter when she was 15 years old. I can recommend Vegetable Compound as the best medicine I have ever used."—Mrs. W. YENGER, R. 3, Box 21, Middleburg, Pa.

Wise Is the Woman Who Insists Upon Having

Fall River, Mass.—"Three years ago I gave birth to a little girl and after she was born I did not pick up well. I doctored for two months and my condition remained the same. One day one of your little books was left at my door and my husband suggested that I try a bottle of Lydia E. Pinkham's Vegetable Compound. I started it immediately and I felt better and could eat better after the first bottle, and I continued taking it for some time. Last year I gave birth to a baby boy and had a much easier time as I took the Vegetable Compound for four months before baby came. On getting up I had no pains like I had before, and no dizziness, and in two weeks felt about as well as ever."—Mrs. THOMAS WILKINSON, 363 Columbia Street, Fall River, Mass.

Lydia E. Pinkham's Vegetable Compound

Clothes Makes the Man.
Teacher—Now, who can tell just what is meant by the saying "All men are created equal"? We all know that some of us are born with wealth and many other advantages not shared by all.
"We are all created with an equal need for clothes," suggested Johnny.

ASPIRIN



"Bayer Tablets of Aspirin" is genuine Aspirin proved safe by millions and prescribed by physicians for over twenty years. Accept only an unbroken "Bayer package" which contains proper directions to relieve Headache, Toothache, Earache, Neuralgia, Rheumatism, Colds and Pain. Handy tin boxes of 12 tablets cost few cents. Druggists also sell larger "Bayer packages." Aspirin is trade mark Bayer Manufacture Monosaccharide of Salicylic Acid.—Adv.

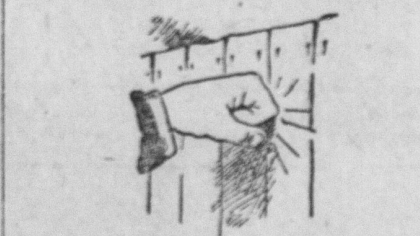
A Double Disaster.
"What's the excitement down the street?"
"An explosion of home brew."
"Any fatalities?"
"Yes. Deacon Crableigh's reputation as a prohibitionist and a pillar of the church blew up with the brew."—Birmingham Age-Herald.

Some people seem to have no use for anything common—not even common sense.

By the Calendar.
"Mr. Bilbbs, I'd like to see you about that little loan of \$50 I made you three months ago, which you agreed to repay in a week."
"My dear fellow, I was feeling good all over, and now you have spoiled my day."
"Umph! By not paying me when you said you would you have spoiled 77 days for me."

CASCARETS

"They Work while you Sleep"



Knock on wood! You're feeling fine, eh? That's great! Keep the entire family feeling that way always with occasional Cascarets for the liver and bowels. When bilious, constipated, headachy, unstrung, or for a cold, upset stomach, or bad breath, nothing acts like Cascarets. No griping, no inconvenience. 10, 25, 50 cents.—Adv.

He Knew Whereof He Spoke.
A school teacher was visiting the boy scout camp at Kincaunapooee a few weeks back. The boys were feeding her with blackberries and in every way trying to make her enjoy her visit. One little fellow, more interested than the others, gave her the following advice:
"And say, while you're here you want to get good and tanned. You won't have to wash your neck and ears then, for the dirt doesn't show."—Indianapolis News.

That Wholesome Table Drink POSTUM CEREAL

gains new friends right along because of its pleasing taste healthfulness, and saving in cost

Postum Cereal is delicious when properly made: boil fully fifteen minutes after boiling begins. The more you boil Postum Cereal the better it is.

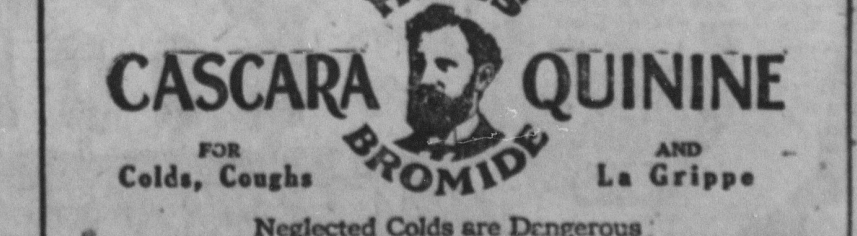
When ordering be sure to get the original POSTUM CEREAL

A 50-cup package usually sells for 25¢

Made by Postum Cereal Co., Inc., Battle Creek, Mich.



Kill That Cold With



FOR Colds, Coughs AND La Grippe

Neglected Colds are Dangerous! Take no chances. Keep this standard remedy handy for the first sneeze. Breaks up a cold in 24 hours—Relieves Grippe in 3 days—Excellent for Headache. Quinine in this form does not affect the head—Cascara is best Tonic Laxative—No Opium in Hill's.

ALL DRUGGISTS SELL IT