

### "STRANGE HOW WOMEN SUFFER"

Says Tennessee Lady, and Will Just Go Suffering, She Says, When Cardui is Right at Hand.

Caryville, Tenn.—Hoping her experience may benefit others who suffer from disorders common among women, Mrs. Charles Rains, of this (Campbell) county, says: "I had womanly troubles till I couldn't rest, couldn't sleep, and was nervous and suffered a great deal of pain in my head, limbs and back. I would get to the place where I couldn't move without a great effort. "For years I had known of Cardui, and it is strange how a woman will just go on suffering when the best remedy in the world is right at hand—but we do!

"But finally the pain was worse, my suffering so great, I knew I must do something. A friend mentioned Cardui and we sent for it. One bottle helped me.

"I took a course of Cardui, regained my strength, built myself up and felt like a new woman. "Can I recommend Cardui? Yes, and gladly, for it is a God-send to suffering women. I hope when they suffer with troubles common to women they don't wait, but get this sure remedy at once."

Any druggist can supply Cardui promptly. Call on yours today.—Adv.

#### Wrong Again.

"Now, just listen to our new neighbor talking to her baby," said Mr. Dubwaite, who was sitting by an open window of his apartment. "That's what I call mother love." "You ought to see her 'baby,'" replied Mrs. Dubwaite, with a sniff. "That 'itty, pittsy, peccusy' she's raving about runs around on four legs."—Birmingham Age-Herald.

#### Freshen a Heavy Skin

With the antiseptic, fascinating Cuticura Talcum Powder, an exquisitely scented convenient, economical face, skin, baby and dusting powder and perfume. Renders other perfumes superfluous. One of the Cuticura Toilet Trio (Soap, Ointment, Talcum).—Adv.

#### Heavy Scarsm.

"I see that, instead of being prosecuted, a bomb thrower will be sent to his native country at government expense." "Is that so?" "Yes." "We are getting drastic."—Louisville Courier-Journal.

### QUACK GRASS IS EASILY KILLED

Special Type of Plow Is Recommended for Purpose of Turning Over Sod.

### DISK HARROW QUITE USEFUL

Exposure to Sun and Breaking Loose From Lower Soil Soon Kill Out Plants—Bury Mass of Roots in Spring by Plowing.

The process of killing quack grass on sod or pasture lands, beginning in midsummer, is a very simple one.

The first step is to plow the sod, cutting just under the turf, which is usually about three inches deep. To thoroughly turn over a stiff quack-grass sod as shallow as three inches it is advisable to use a special type of plow (Scotch bottom) having a very long, gradually sloping moldboard. It has been found that with this type of plow the sod can be turned very shallow. The next step is to go in a week or ten days later with a disk harrow and thoroughly disk the sod. Repeat this treatment every ten days or two weeks until fall, when the quack grass will be completely killed out.

Too Hard to Plow. It sometimes happens that with certain kinds of soil during drier periods in the summer the ground becomes too hard to plow. With the type of plow suggested, however, it has been found that very hard and dry sods can be turned. In case it is not possible to



Quack Grass.

turn the sod on account of dry weather, the treatment can be given with the disk harrow alone. We have been able to thoroughly kill the grass with either the disk or the combination of plow and disk treatment. Where plowing is possible, however, it is usually cheaper to kill the grass with plow and disk alone, according to specialists of the United States department of agriculture.

If the disk alone is to be used, it should be set practically straight, well weighted with bags of dirt, and the field gone over three or four times. The first two cuttings should be at right angles and the other cuttings diagonally across. The sod in this way is divided into small blocks. Then the disk is set at an angle, when it will be found that the first two or three inches of the sod, which contain practically all of the quack-grass roots, can be cut loose from the soil below. The exposure to the sun and the breaking loose from the lower soil soon kill out the quack grass. This ground should be gone over at intervals of ten days or two weeks throughout the remainder of the season.

#### Plow Again in Spring.

The following spring the infested land, on which the grass has been killed either by the disking method or by the combination of plowing and disking, should be plowed to a good depth in order to bury the mass of dead roots thoroughly. This will facilitate the cultivation of the spring crop. If the work has been carefully done the quack grass will not show up at all in the spring crop.

Both these methods have been thoroughly tested.

### MAKE PROFIT WITH ALFALFA

Growers Who Are Most Successful Make Practice of Cultivating Once or Twice Yearly.

The men who are making a practice of growing alfalfa successfully over a long period of years are practicing cultivating the crop at least once or twice a year. The common disk harrow is used to some extent, although the spring-tooth cultivator usually gives better results. Some people cultivate the alfalfa field early in the spring, but the more common practice is to follow the second and third cuttings. The main purpose is to keep the blue grass out. This is best accomplished during the dry portion of the summer. In a test carried on by the Iowa agricultural experiment station, the annual yield has been increased almost a ton per acre by cultivation.

### CONCRETE FLOOR FOR FOWLS

First Cost Is Greater Than for Others, but in Few Years It Will Pay for Itself.

It pays to build a concrete floor in the poultry house. The first cost is greater, but in two years the concrete floor will pay for itself. Dirt floors should be replaced; they require more litter, more eggs are soiled and extra labor is required. In two years these extra costs are enough to have built a concrete floor.

### MILK PLANT IN CITY REQUIRES MUCH CARE

Efficiency Depends Largely on Equipment Used.

Arrangement of Various Rooms and Machinery Also Important—Specialists Point Out Ten Points to Be Remembered.

The construction of a city milk plant requires careful study and planning. The building represents a large investment, and it is important, therefore, that the plans be carefully laid. The efficiency of the plant depends to a large degree upon the type of equipment used and the arrangement of the various rooms and machinery. It is possible for a well-arranged plant to effect great economies in labor, while a poorly planned plant may become a continual source of expense because of the extra labor required. These points, according to specialists of the United States department of agriculture, should be borne in mind in locating a milk plant:

- 1. Ease of access from as many sides as possible.
2. Value of property.
3. Cost of getting the milk to the plant.
4. Proximity to distribution center.
5. Advertising possibilities.
6. Opportunity for retail counter cash trade.
7. Nearness to city water supply and electric power.
8. Avoidance of heavy traffic surroundings.
9. Good drainage.
10. Pure air and clean surroundings.
Anyone contemplating building a new plant will do well to visit various up-to-date plants in different cities to get the latest ideas on construction, layout of rooms, and equipment. If it is impossible to visit other plants, plans and specifications sometimes can be obtained and ideas gained from them. Also, he should write the United States department of agriculture, Washington, D. C., for department Bulletin S49 on City Milk Plants; Construction and Arrangement.

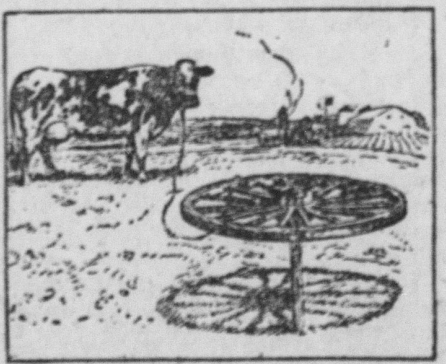
### HELP PREVENT WOODS FIRES.

Be sure your match is out before throwing it away. Don't throw away burning tobacco. Choose a safe place and make your campfire small. Put out your fire with water and then cover it with earth. Don't make large brush heaps. Choose a still day for burning and plow furrows to protect nearby woods. BE CAREFUL WITH FIRE.

### HITCHING HORSES OR CATTLE

Rope Attached to an Old Cart-Wheel Gives Animal Chance for Ranging Without Tangles.

The illustration shows a very good method of tying cattle or horses so



Bossy can't entangle her hitching rope if it is attached to a wheel which revolves as she moves about to graze.

that they may have free range without entangling their ropes.

Secure an old cart-wheel and its axle. Set the end of the axle in the ground with the wheel uppermost, then tie the cow's rope to this wheel. —Popular Science Monthly.

### PRODUCE ALL GARDEN SEEDS

No Special Work Required With Majority of Crops—Pick From the Best Specimens.

Produce the seed supply for next year in your own garden. Cucumbers, melon, squash, tomato and other crops require no special work. Simply mark the best and earliest fruits and when fully ripe, gather and remove the seed.

The beet, onion, turnip, carrot, parsnip, winter radish, rutabaga, kohlrabi, cabbage and others are biennial and it is necessary to set out roots in the spring, which will send up flowering stalks to produce seed in late summer.

### GOOD QUALITIES OF CAPONS

Fowls Need No Fattening Rations Until Few Weeks Before Marketing—Feeds for Table.

The old saying, "The proof of the pudding is in the eating," is surely true of capons. Once you have eaten capons you will make a very face if an old rooster is put on your table. After being caponized the combs and wattles stop growing, the birds do not crow and are gentle and peaceful of disposition. They need no fattening rations until a few weeks before marketing.

Advertisement for Castoria medicine, 900 Drops, featuring a bottle image and text describing its benefits for infants and children, particularly for constipation and colic.

Advertisement for Fletcher's Castoria, featuring a signature and text: 'Children Cry For Fletcher's CASTORIA Special Care of Baby. That Baby should have a bed of its own all are agreed. Yet it is more reasonable for an infant to sleep with grown-ups than to use a man's medicine in an attempt to regulate the delicate organism of that same infant.'

Advertisement for Beth Israel Hospital, Nurses' Training School, New York, mentioning its founding in 1890 and offering of nursing education.

SOMETHING LIKE A BUGLER! BLAME NOT ENTIRELY HERS. Player Who Could Produce an Effect Like That Described Surely Was a Wonder.

Two darkies in a negro regiment were boasting about their company buglers. "Glong wit' you, boy," said one; "you ain't got no booglers. We is got the boogler, and when 'at boy wraps his off lip around that horn and blows pay-off it sound jes' like that um Boston Symphony band playin' 'The Rosary'."

In a recent political gathering the following story was told apropos of the coming national election: "Whichever side wins, I'm afraid will act as did the new maid."

The Louvre Not So Much. He was evidently an ex-soldier and an art lover. The first you could tell by the American Legion button he wore, the second by the artistic touch in his manner and theme of speech.

Simple Truth. The theater was crowded and the audience sat with hated breath as they watched the villain stride across the stage and grasp the trembling heroine roughly by the wrist.

When the girls want to loaf around the dry goods stores they call for plaid sewing silk.

Getting Desperate. "A delegation of suffragists to see you, sir." "Tell 'em I'm out," said the harassed statesman.

There's no waste to Grape-Nuts and it saves sugar, for it contains its own sweetening. No cooking is necessary and the likable flavor of this wheat and malted barley food is equaled only by its economy. Grocers everywhere sell Grape-Nuts.

Advertisement for Liggett's King Pin Chewing Tobacco, 'Has that good licorice taste you've been looking for.'

Origin of Famous Quotations. The henpecked man had just obtained a divorce from his first wife. He was heard to mutter, with the only fenshish glee that had been his since the orange blossom episode, "And the first shall be last."

Advertisement for Doan's Kidney Pills, 'Get Back Your Health! Are you dragging around day after day with a dull headache? Are you tired, and lame mornings—subject to headaches, dizzy spells and sharp, stabbing pains?'

Advertisement for a Virginia Case, 'A Virginia Case E. L. Bluke, conductor C. & O. R. R., 711 Graves St., Charlottesville, Va., says: "My back was sore and lame and I had terrible pains every time I stooped over..."

Advertisement for Cuticura Soap, 'Cuticura Soap Clears the Skin and Keeps it Clear Soap 25c, Ointment 25 and 50c, Talcum 25c.'

WANTED: Someone to farm 280 Acres Southern Alabama. Pay the taxes, deposit \$100 that they will keep it 3 years. Someone to produce a modern household patent. Can make \$12,000.00 year. Five states sold. Canadian patent for sale, \$3,000.00 net. An opportunity seldom offered. C. F. CULLEN, MOBILE, ALA.

HEELS THE FEET: Have real foot comfort as hundreds of others have, after using SORVAN, which is the original vanishing foot cream. SORVAN gives absolute relief to sore, aching, burning, swollen and sweaty feet. Sent by mail on receipt of 25c. Agents wanted. Can earn from \$15 to \$25 a week. SORVAN COMPANY, TYRONE, PENNA.

FRECKLES: POSITIVELY REMOVED by Dr. Barry's Freckle Cream—Van 50 Cent. 100% Satisfaction Guaranteed. Dr. Barry's Freckle Cream, 25% Van 50 Cent. W. N. U., BALTIMORE, NO. 37-1920.

Advertisement for Dr. Tutt's Liver Pills, 'Sure Relief for Indigestion, 6 Bellans Hot Water Sure Relief FOR INDIGESTION. Why Go Hungry? If your stomach is weak and you suffer with indigestion—don't sacrifice your health and comfort. You may eat anything you like, and relish it, if you take one or two DR. TUTT'S LIVER PILLS when required. You will digest your food; nourish and build up your system eliminating all poisonous waste matter and strengthening the stomach.

Advertisement for Calotabs, 'The next time you buy calomel ask for Calotabs. The purified and refined calomel tablets that are nausealess, safe and sure. Medicinal virtues retained and improved. Sold only in sealed packages. Price 35c.'