# HEALTH SCHOOL

## Pennsylvania State Department of Health.

Questions.

1. How may hands convey dis-

2. Why should people wash their hands before meals?

3. What possible danger is there in the practice of picking at the lips or fingering the mouth?

#### HANDS

A pale, thin man entered the office, coughed, expectorated into his handkerchief which he crumpled together and returned to his pocket, and sank wearily into a chair. Dr. Porter, who was giving a health

lesson to a class of Little Mothers. said: "Now I can show you what we have been talking about. This man, a patient of mine, has tuberculosis." "Let me see your hand." The patient's thin and wasted hand was quite

"This hand looks as clean as your own. But is it really? He has just handled a handkerchief into which he

has been coughing and spitting." Under direction, the patient soaked and rubbed his hand in a small bowl of water. This water the doctor put into a glass vessel which, in turn, he placed in a small whirling machine. In a few moments the sediment in the water was whirled to the bottom of the container. A drop of this sediment was drawn into a fine tube and placed carefully upon a glass microscope slide. The slide was passed through a gas flame until it was dry. "This is to drive off the water; and

now for the staining." He dipped the slide into some colored mixtures, explaining that germs of tuberculosis would absorb the stain and appear bright red under the microscope. Every one moved nearer as the doctor placed the slide under the microscope and began moving it slowly back and forth as he looked through the eye plece.

"Good luck!" he exclaimed, "you can't always find them, but here they

After the class had examined them, the doctor told them that the germs they had just seen caused tuberculosis, and were always present when the disease existed, were coughed up and spit out by the billions by one in the active stages of the disease, and came only from a person or an animal who

had the disease. "Now," said the doctor, "suppose the patient buys a box of matches which he pays for with a nickel, just after having coughed into his hand. The nickel, moist from his germ ladened hand, has scarcely settled in the cash register when a child comes into the store, buys a box of tacks, hurries home-in one hand her purchase, the other tightly clutching the nickel which was her change, and sits down to supper without washing her hands -what of it?"

"She would be in danger of getting the germs into her mouth," answered the girls in unison.

"In the meantime, the tuberculous man walks down the street, sees a movie sign, goes in and settles himself comfortably with his hands on the arm rest of the chair. What is the

result?" asks Dr. Porter. "He leaves germs which other persons may pick up," replied one of the

"Going home from the movie on a crowded car, the patient hangs by a strap-what happens?"

"He leaves the germs upon the strap," said a Little Mother.

The patient interrupted: "Doctor,

how can I keep from passing my dis- he held for nine years. ease to others? "By using paper napkins into which

you cough and spit-a fresh one each time; by spitting in a paper cup; by burning these napkins and cups after they have been used; by having your own dishes and table utensils, which are boiled after being used; by sleeping in a room or porch by yourself; by repeatedly and thoroughly washing your hands."

"Can other diseases be carried by the hands?" asked one of the class. "Yes, common colds, typhoid fever, and diphtheria are frequently so car-

ried; also probably scarlet fever, measles, and many other diseases." "It is a good rule to wash your hands frequently-always before eat-

from your mouth." "Disease germs are not on all hands; they are on some-nearly always on the hands of those who have the disease; often on those of the ones who have been in close contact with the disease."

## Lutheran Day Was Big Day.

Lutheran day, marking the 35th annua record crowd is said to have been pres- \$7,171. guished speakers, and the presence of and \$23,000 in stolen goods was recoverthe famous Loysville Boys' band along with other features made it an exceed ingly interesting occasion.

RED CROSS NURSE ACTIVE.

Giving Helpful Demonstrations at

Centre Hall and Other Towns in the Valley. During the past three months Mrs. Mande C. Jones, acting as trained nurse representative of the State College Chapter of the Red Cross, has been very active in the public health nursing service of that chapter. She has been con-

ducting classes and giving demonstrations in home hygiene and care of the sick in State College, Centre Hall, Spring Mills, Lemont. Boalsburg. Buffalo Run, and Pennsylvania Furnace. the first month of her work, distributed

Nursing visits, 40; infant welfare visto school children, 46, and other visits,

On two occasions she spent the entire night with patients, these being for emergency cases. Bedside nursing is given to both sexes, all ages, all nationalities and in all varieties of illness exfifty cents is required for each visit, when families are able to pay; otherwise this Red Cross service is free.

The Red Cross public health nursing s a nursing service for the benefit of all the people in a community and in this respect differs from ordinary nursing which is usually for the benefit of a relatively small number of people in any

#### Rev. J. M. Runkle Accepts Altoona Church.

An article appearing under the above caption in a recent issue of the Newster township native, having been born pox. and raised near Tusseyville. The article is reprinted herewith ;

The decision of the Rev. Dr. J. M. Runkle to accept the call to the pastorate of Trinity Reformed church at Altoona was announced to the congregation of Grace Reformed church of this place at the close of the services Sunday

The pastorate at Grace church will terminate September 30, after a little here. During his pastorate here the andsome new edifice was built or North Second street, which in addition to his splendid work among his congretion will be a lasting monument to victed shall undergo an imprisonment in gation, will be a lasting monument to his efforts here.

Rev. Dr. Runkle is recognized throughout the Reformed church min istry, wherever he has been heard, as one of its most able ministers and his decision to leave brings greatest regret of the church membership here and to the local ministerium.

Trinity church of Altoona has been without a pastor for about four months and is the largest of five Reformed congregations in that city.

Miss Sara K. Runkle, daughter of Rev. and Mrs. J. M. Runkle, has been elected teacher of history in the High school at Williamsport, Pa. Williamsport has a large and finely equipped high school and the faculty includes six teachers in history. Miss Runkle taught last term in the high school of Caldwell, Ohio, and was reelected to this position for the coming term. Her election to the position in Williamsport is bringing her "back home" in a sense. since she entered upon her public school instruction in the city of Williamsport while her father was pastor of the Reformed church there, a position which

## Arrests by State Police.

The Pennsylvania State Police made 692 arrests and recovered almost \$29,ooo worth of stolen property in this State in June, according to figures announced by Major Lynn G. Adams, the superintendent. Report of June activit- trast to the salmon pink of 1918. The ies from the five troops of police indicate first of the new licenses for 1920 are be; automobile laws, eleven for infractions of the Federal liquor restrictions, tour es, but owing to the short period until for arson, one for forgery, and two for August 2, when the blackbird season op-

desertion from the United States army. shows that 487 of the persons arrested not be rigorously enforced for a couple were of American birth, fifty-one of of weeks. Hunters, however, are being ing anything which you handle, and to them were negroes, and 154 were forkeep your hands and fingers away eigners. Of the individuals who fell into the troopers' clutches, 646 were males

and 46 were females. Fourteen stolen automobiles were re- arrangement from those of 1920. covered in June, together sundry cows, bicycles, canoes, horses, silverware, clothing, carpenters' hammers, blankets, and other miscellane ous articles.

In the Lancaster territory, Troop E recovered more than \$10,000 worth of al reunion of the Lutherans of Central stolen property, including several auto-Pennsylvania, was celebrated at Lake- mobiles. Troop B performed similar mont Park on Thursday, July 29th, and service for the public to the extent of

ent. Addresses were made by distin. During May, 784 arrests were made,

This is Community Picnic day.

WILL ENFORCE VACCINATION.

Has Been Conducting Classes and Children Attending Centre Hall Public Schools Must Show Certificate of Vaccination Before Being Admitted.

Children attending the public schools of Centre Hall borough this fall, those from the borough as well as those from Potter township, must show a doctor's certificate of successful vaccination before being admitted to school. The Board of Education, at a meeting held Monday evening, voted to enforce the vaccination law. The Board has been placed in a position where, because of its disregard for this law for years past, She has made a total of 110 visits during the State appropriation to the borough schools has been imperiled. Centre Hall has been one of the few districts in Centre county to disregard the law in its, 2; prenatal visits, 2; child welfare the matter of vaccination, but it must visits, 2; visit to schools, 3; home visits be plain to every thoughtful person that nothing is to be gained by refusing to comply with the laws of the Common wealth of Pennsylvania.

The borough schools will open on Monday, September 13th. This allows more than five weeks to have the vaccination done, and the school board trusts cept contagious diseases. A fee of only that every parent will see to it that every boy and girl is vaccinated as soon as possible, so that the teachers will not be obliged to refuse admission when the schools open.

For the benefit of of all, the law in the natter of vaccination is cited :

VACCINATION,

(Principals of schools must refuse adnission of children except on certificate showing that the child has been vaccina-ted or has had smallpox.)

All principals or other persons in charge of schools as aforesaid are hereby required to refuse admission of any child to the schools under their charge or supervision, except upon a certificate Dispatch, of Jeannette, this state, concerns a well-known clergyman and Potted, or that it has previously had small-

#### PENALTY FOR VIOLATION.

Any physician, undertaker, principal, on, janitor, head of a family or any person or persons named in this act, who shall fail, neglect, or refuse to comply with, or who shall violate any of the provisions or requirements of this act shall for such offense, upon conviction there of before mayor burgess, alderman. police magistrate, or justice of the seace of the municipality in which said offence was committed, be liable to over five years of most successful work fine or penalty thereof of not less than five dollars, nor more than one hundred dollars, which said fines or penalties shall be paid into the treasury of such municipality, and in detault of payment the jail of the proper county for a period not exceeding sixty days.

## Red Mill Sold.

The well known Red Mill property ocated south of Centre Hill, was sold recently by David Geary, who purchased the place less than a year ago, to A. M. Klinger, of Bellefonte, The proper ty consists of the mill, dwelling house, stable, outbuildings, and a few acres of land. The price paid is said to have

The mill is ideally located for a good business and Mr. Klinger bids fair to succeed as he learned the milling busi ness years ago and learned it well. He will be assisted by his sons, William and Allen, and will occupy the property this fall it Nathan Barger, the present occupant of the miller's house, can find a desirable home in which to move. Otherwise Mr. Barger has possession until April 1st, 1921, and Mr. Klinger will have to wait.

Mr. Klinger was raised at Millersburg, the state and his father was a miller for nicely. many years. In helping his father Mr. The Scouts took their appetites with Klinger also learned the trade.

## Hunters' Arm Bands for 1920 to be

Gray.

Hunters' license arm bands this year will be gray instead of the light green color which was used last year in con-237 arrests for violations of the State's ing sent out to county treasurers for issuance to hunters who may seek licensens, a reasonable time will be given hun-Major Adams' statement further ters to procure licenses and the law will urged to identify themselves as having taken out licenses last year. The color adopted for the licenses of 1921 will be ght blue with different letterings and

## Farmers' Mail Big.

During the year closed June 30, the agricultural extension department of the Pennsylvania State College handled over This is two per cent, below last year but a million and a quarter pieces of mail matter in serving the interests of Pennsylvania farmers, according to the an- hatches this spring. nual report recently submitted by M. S. McDowell, extension director, Much of this was made up of matter that went directly to farmers or those connected in direct service to the farmer. Circular letters numbering 609,520 were sent

RAIN STOPS GAME.

Centre Hall On Long End of Score When Jupiter Pluvius Interferes at Start of 5th Inning.

Pessimists who predicted a humiliate strong Burnham shop team from Mifflin county, on Grange Park. Saturday afternoon, were due for the surprise of the home team was leading by one run, the score standing 6 to 5, with every reason to believe that the lead would be maintained had the game been permitted to continue.

Baseball reigns supreme in Mifflin county and every town as well as the Cool, big iron works in the Lewistown region is represented by a ball club, and these clubs play real ball. The Centre Hall team has been rather disorganized for the past few seasons, which led to the the following year : belief that this season would be a disastrous one. Nevertheless only one game has been lost out of the ten played.

The locals scored all six runs in the fourth inning after Burnham had what appeared as a safe lead at 5 to o. A bombardment of safe hits and a costly error netted six runs, and when the inning finished, rain was falling so fast as to prevent further play. Windom Gramley was on the mound for the locals and although handicapped by a wet the opposition being due to errors behind him. Shaffer was the p tcher for Burnham, and the boys were just beginning to solve him when Jupiter Pluvius chased all to cover.

The batting order was as follows: Burnham-Carty, 3b; Bubb, 1b; Dearmi't, cf; Bradford, 2b; Stever, c; Reitz, ss; Philips, If; Shaffer, p; Kline

Centre Hall-Crawford, 3b; Knarr, 2, Smith, ss; Goodhart, c; Gross, If Frank, cf; Bailey, 1b; Gramley,p; Jor-

#### Johnsonbaugh-Williams.

Charles 'Johnsonbaugh, of Linder Hall, and Mrs. Maud Williams, of Boalsburg, were united in marriage at the Reformed parsonage at Centre Hall, by Rev. R. R. Jones, on Saturday night at ten o'clock. It is the second matrimonial venture for both, the bridegroom having been a widower and the bride a widow.

Buffalo Valley Fruit Farm, Mifflinbaskets of peaches this year, consisting Don't forget the date. - Secretary. of Carmens, Belle of Georgia, Elbertas. They will begin picking peaches early in August. Elbertas will be ready for market early in September. The same are in packing and grading will be practiced this year as heretofore. The Buffalo Valley Fruit Farms product is well known for its flavor. Remember peaches may be canned without sugar and can be used in the winter for jams, pies and puddings. The Buffalo Valley Fruit Farms are seven miles northwest of Mifflinburg, Pa. It is one of the most interesting sights in the beautiful Buffalo Valley and a trip well worth making. All visitors are welcome Peaches can be purchased at the orchard. Bell Phone 62-II4.

## Boy Scouts in Seven Mts.

The Lewistown Boy Scouts camp, at Walter Garrity's, in Seven Mountains, opened Wednesday with 52 members on hand. Considerable confusion of course was encountered, but order was Lykens valley, in the southern part of soon resumed and work is continuing

them, says the master in charge, for at Buck Taylor came over to pay the Boy the first two meals the following were Scouts encamped at the college a return consumed: 24 loaves of bread, 7 pounds of butter, 5 gallons cocoa, quarts while here Prof. Mairs, knowing his of syrup, one half bushel of potatoes, 2 ability as a weilder of the lasso, prevailpecks of string beans, with peauut but- ed upon the ex-scout and showman to with the wrecked outfit of Mr. Workter and many other things not mention- give an exhibition of rope throwing be- man. The Chevrolet car was also dam-

## State Agricultural Notes.

The number of colts in Pennsylvania showed that he had lost little of his cun- of screenings. this spring compared with the usual ning with the rope. After many diffi- Mike Krosnovic, a coal miner employ-The automobile motor trucks and tract- could not refrain from pulling off one of in their mine No. 26 near Snow Shoe. or appear to be supplanting horse-power his old time show stunts, and while was instantly killed the other morning on the farms. However, the price and feigning to lasso a bike rider, bout-faced when his head was literally torn from demand for good draft horses are attractive, but the driving horse is rapidly dis- about two of the interested spectators, had placed two shots and then went appearing from the road.

The number of laying hens in Pennthe usual number. This is an improveeight per cent better than than two years ago. The number of spring chicks hatched are estimated at 96 per cent. compared with the usual number. seven per cent, better than two years ago. Considerable complaint of poor

Improvements aggregating an expenliture close to \$1000 have been made on Grange Park. Buildings have been reroofed and much painting done, so that approaching exhibition.

#### Teachers Elected for Gregg Township TOWN AND COUNTY NEWS. Schools.

Teachers have been elected for the next school term for the following HAPPENINGS OF LOCAL INTEREST Gregg township schools:

Spring Mills-Grammar, Ruth Smith intermediate, A. L. Duck; primary, ing defeat for Centre Hall against the Carrie Bartges; Cross Roads, Catharine Sinkabine; Penn Hall, Alma Zerby; last week. Murray, Rena Wagner; Yearick, Paul Wise; Farmers Milis, Catharine Rishel; their lives, for when the rain broke up Beaver Dam, Carrie Heckman; Poke for potatoes and corn, the game at the start of the fifth inning. Hill, Lola Wolfe; and Decker, C. E. Royer.

The Logar, Mountain and Pike schools will be closed during the coming term. The school board organized as folows : President, J. E. Meyers : secretary, R. H. Shook; treasurer, J. T. Mc-

#### Teachers for College Twp. The school board of College township

has selected the following teachers for Oak Hall, Stella Bathgate.

Houserville, Margaret Williams. Lemont Grammar, Miriam Glenn, Lemont Primary, Margaret Glenn. Centre Furnace, G. W. R. Williams, Branch, Raymond Dale. Dale and Pleasant View to be sup

#### Eastern Star Picnic.

Last Friday members of the Centre Hall Chapter of the Eastern Star, No. ball, pitched effectively, several runs for 207, gathered at Crystal Spring for an outing. After a dinner that only Centre county ladies can prepare, the time was spent in social intercourse, playing various games, etc. Members and guests were present from New York, Shippensburg, Freeburg, State College, Mifflinburg, Centre Furnace, Spring Mills, Coburn, Millheim, Aaronsburg, Madisonburg, and Centre Hall to the number of about seventy.

On their return from a picnic held at he Evangelical home, at Lewisburg, several cars stopped and the occupants ook supper with the Easter Star ladies, and all to enjoy an evening's outing .-

The day was ideal and the outing Committee. was voted a success, and because of this it was decided to hold a similar gathering next year. The guests upon departing wished the chapter a continuation of its present success.

#### Kerstetter Reunion, August 20.

A reunion of the Kerstetter families will be held in Voneida Park, Woodward Narrows, on Friday, August 20. Lauver, of Milroy, and Misses Hazel A cordial invitation is extended to this Shoop and Josephine McClenahan, of relation and friends. Bring your own Reedsville, drove to Centre Hall on Sunbaskets filled with good things and help day and called at the home of Miss Helburg. Pa., will have a crop of 20,000 make this an enjoyable gathering. en Brubaker and other acquaintances.

## Mingle Home for Sale.

One of the most desirable home in Centre Hall, known as the Mingle home, is offered for sale. Large corner lot good ten-room house, with bath, hot water heat, electricity, good stable or garage, chicken house, etc. Immediate ford expect to begin a motor trip, in the ossession. Inquire of W. Gross Mingle or C. D. Bartholomew.

## A Merited Promotion.

W. Harrison Walker, Esq., of Bellefonte, who as county chairman of War Savings Division was later made direct-District, has been advanced to the directorship of all county activities of the Third Pederal District. Mr. Walker's with a very exciting experience and had successful efforts in this line of work a narrow escape from serious and fatal from the very beginning has attracted injury one day last week when he was attention and his advancement is a merited one.

## Buck Taylor Gives Roping Exhibi-

tion. Wednesday afternoon our old friend

visit, says the State College Times, and Soon after a Chevrolet from Ford City fore the Boy Scouts and summer session pupils. A rope was sent for and Buck ger mashed. After the accident the went to it in true western style and road was made safer by an application one of the opposite sex.

## More Census Figures.

Clearfield county's population, 1920 census, is 103,236, an increase of 9,468, or 10.1 per cent. over 1910. Clinton county has 33,555, an increas

gained 785, for a total of 8,557. rears, and a loss since 1900 of 1742.

# FROM ALL PARTS

A baby boy was born to Mr. and Mrs. Wilbur Dashem, near Red Mill, one day

A good shower last Friday evening broke up a week's drought and was fine

The borough council has posted water notices, warning against the use of water to sprinkle the streets, etc.

The famous Paragon chestnut farm in Union county, owned for many years by C. K. Sober, of Lewisburg, has been put up for public sale.

A number of farmers and their families about Tusseyville and Sinking Creek enjoyed a picnic at Crystal Spring Park, below Woodward, on Saturday.

Perry K. Detwiler and Anna N. Detwiler publish letters of administration on the estate of Moses C. Stover, late of

Gregg township, deceased, in this issue. F. M. Ackerman painted the C. S. Thomas property, occupied by I. A. Sweetwood, in Centre Hall, last week, which makes a decided improvement in

ts appearance. Eugene Gramley is pitching semiprofessional baseball, this summer, as a nember of the Red Lion team, near York. His percentage of victories since joining the team has been very high. Mr. and Mrs. A. E. Person, Mr. and Mrs. A. R. Burkholder and daughter Margaret, motored to Centre Hall, on Sunday, from Phillipsburg, New Jersey, in Mr. Person's new Nash car and spent a few days with Mrs. M. E. Strohm.

The third annual festival of Washington camp, No. 891, Patriotic Order Sons of America, of Spring Mills, will be held August 21st, on the Vocational school grounds. The usual refreshments will be sold. Music by band. Come one

Edward E. Owens, Jr., whose mother resides at State College, was killed in an automobile wreck on Friday, in York county, the car in which he was riding being struck by a train. Owens was a unior at Penn State and a veteran of the World War, having served as a lieu-

Messrs. F. E. Ehrnfield and Ernest Mr. Ehrenfeld will be recalled as the tenor in the Susquehanna University Concert Five. Miss McClenahan and Miss Brubaker became friends in a Philadelphia hospital, where both were student nurses.

Monday morning of next week Clymer McClenahan and George Alfred Crawformer's Ford roadster, to Brandon, Vernont, where a sister of the former resides. They expect to "make" Elmira, New York, the first day and then strike in a northeasterly direction through New York State, expecting to reach their destination some time Wednesday. or of Group Three of the Third Federal By the time they get home they will have covered more than 1000 miles.

Charles C. Workman, of Hecla, met

delivering an International truck and trailer load of bark to the Kisler tannery in Lock Haven. As he was going down a newly oiled portion of Bellefonte avenue at Bald Eagle hill, the outfit started to skid and skidded into the pavement and upset, scattering bark everywhere and damaging the truck and trailer. owned and driven by A. B. DeLong skidded at the same place and collided aged and a son of Mr. Delong had a fin-

number is approximately 77 per cent. cult casts had been successfully made he ed by the Lehigh Valley Coal Company suddenly and the whirling rope settled his body. Mike and his companions which happened(?) to be two of the visit- outside the mine to wait for the explosing school teachers of the opposite sex. ion. They were joined by a miner who sylvania appears to be 97 per cent, of The male portion of the "tied" pair was working in an adjoining heading seemed to be considerably flustered, but and who had also just placed a shot. ent of one per cent, over last year and everybody else enjoyed the joke im- He failed to mention this to Mike and mensely. Possibly he was married and his companion, however, and when they feared his better half might learn that heard two shots a little later they starthe had been seen in close proximity to ed into the mine accompanied by the mine superintendent. A workman called and the superintendent stopped to see what was wanted but Mike continued on into the mine and a terrific explosion occurred just as he reached his cutting. The two shots that had taken place first included one of those placed of 2,010 within ten years. Lock Haven by Mike and his companion miner, The shot that tore Mike's head off was Union county now has a population of one of the two placed by himself and everything will be in ship-shape for the 15,850, a loss of 399 during the past ten companion and which had been delayed