

THE MISERY OF BACKACHE

Removed by Lydia E. Pinkham's Vegetable Compound.

Muskegon, Mich.—"For six years I was so weak in my back at times that I could hardly walk. Lydia E. Pinkham's Vegetable Compound was recommended to me and it made me good and strong again so that I am able to do all my work. I highly recommend your medicine and tell everyone I meet what it did for me."
—Mrs. G. SCHOONFIELD, 240 Wood Ave, Muskegon, Mich.

Woman's Precious Gift

The one which she should most zealously guard is her health, but she often neglects to do so in season until some ailment peculiar to her sex has fastened itself upon her. When so affected women may rely upon Lydia E. Pinkham's Vegetable Compound, a remedy that has been wonderfully successful in restoring health to suffering women.

If you have the slightest doubt that Lydia E. Pinkham's Vegetable Compound will help you, write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass., for advice. Your letter will be opened, read and answered by a woman, and held in strict confidence.

Couldn't See It.
Ruth—What's the matter, Johnny?
Johnny—Got something in my eye!
Ruth—What is it?
Little Johnny—Don't know! Can't see it.

Dr. Peery's "Dead Shot" is not a "strong" or "stirup," but a real old-fashioned dose of medicine which cleans out Worms at Tapeworm with a single dose.—Adv.

Innuendo.
"I can't do a thing with my hair."
"Send it to a hair specialist," suggested the other damsel.

To abort a cold and prevent complications, take



The purified and refined calomel tablets that are nausealess, safe and sure. Medicinal virtues retained and improved. Sold only in sealed packages. Price 35c.

Take Sulphur Baths at home for RHEUMATISM

Cout, Eczema, Hives, etc. Right in your own home and at trifling cost, you can enjoy the benefit of healing sulphur baths.

HANCOCK SULPHUR COMPOUND

nature's own blood purifying and skin healing remedy—SULPHUR—prepared in a way to make its use most efficacious. Use it in the bath; use it as a lotion applying to affected parts; and take it internally.

60c and \$1.20 the bottle at your druggist's. If he can't supply you, send his name and the price in stamps and we will send you a bottle direct.

HANCOCK LIQUID SULPHUR COMPANY
Baltimore, Md.
Hancock Sulphur Compound Ointment—25c and 50c—refer to the Little's Compound

Liggett's Kings KING PIN PLUG TOBACCO

Known as "that good kind"
Try it—and you will know why

Shave, Bathe and Shampoo with one Soap.—Cuticura

Cuticura Soap is the favorite for safety razor shaving.

PROBLEMS FACING STRICKEN WORLD

Shall Chaos or Reconstruction in Europe Follow the Great World War?

BOLSHEVIKS FETTER LIBERTY

Theories Leaders of the Movement Lay Down and Put into Practice, Fly in the Face of All Human Experience.

Article XXIII.

By FRANK COMERFORD.

All the world except the bolshevik rulers of Russia is old-fashioned—behold the times. We still cling to the old superstition that the people should be the sovereigns, that public officials are public servants, that the safest plan of government is that form of government which is nearest to the people. In the United States each citizen has one vote. He has a vote for the men who make the local laws, the city or village ordinances; a vote for the man who enforces the ordinances, the mayor; a vote for the representatives in the state legislature, where the laws are made; for the governor, who enforces the state laws; a vote for the congressmen and senators who enact the national laws and formulate the national policies; a vote for the president, who carries out the supreme law of the land. While it is true that in the case of the president, we vote for electors who elect the president, there has not been a single case wherein an elector has voted other than he was instructed by the people. We come together in political parties, present platforms, and every citizen has a chance to register his opinion of men and measures. The citizen has a right to vote at primary elections and register his choice for the party candidates and for the delegates to the conventions which formulate the party platforms.

Bolshevik Argument Unsound.

The bolsheviks point out that political parties do not live up to their platforms; that candidates for office default in their promises after they are elected; that representative democracy is frequently not representative of and responsive to the people. We know that there is some truth in this criticism, but we know that it is our fault. We have the power to express our wants, to record our will. We also have the power to punish our betrayal. We can recall from office recreant public servants; we can add to our legislation and take over the power to initiate laws, and compel the reference of legislation back to the people before it can become operative as law. Our public officials are only our agents; we hire them, we pay them; we can fire them, disgrace them and punish them if they fail to obey our instructions. Such is our power. If we do not use the power intelligently and effectively it is our fault. If we are indifferent to the rights we possess and fail to use them, the fault is with us. Therefore, we do not condemn a system of representative government because some of the individuals who make up the government are unfit and unworthy of the rights they enjoy.

The bolsheviks appear to favor a change in the method of governing the people. The plan they have adopted is based on the theory that the people must not be trusted, but that the officeholders can. Bolshevism is government from the top down, rather than from the bottom up. They seem to go on the theory that power delegated through many hands will lose its corruption just as running water does. This political theory flies in the face of all human experience.

Bolshevik "Joker."

In our numbers we have a figure which for many years has enjoyed a peculiar reputation; it is the "jester" of numbers. It is the number "23." It is known in American slang as "skiddoo." The bolsheviks inserted in the constitution a joker, and oddly enough they gave it the "skiddoo" number, "23." It is found in Article 2 of the constitution:

"Being guided by the interest of the working class as a whole, the Russian Socialist Federal Soviet Republic deprives all individuals and groups of all rights which could be utilized by them to the detriment of the socialist revolution."

Here is the big beware sign in the constitution. What does it mean; what fears must come into the minds of men and women in Russia when they read this paragraph? The constitution deprives every one, individually and collectively, of exercising any rights he or they may have which are opposed to bolshevism. Did tyranny ever impose a more arbitrary, autocratic ukase? The paragraph concedes that individuals and groups have rights, and then commands the people not to dare use those rights, if their exercise might be detrimental to the Lenin-Trotsky government. The right to voice thoughts is sentenced to silence. Freedom of opinion is crushed. Who is to determine what rights, if exercised, might be detrimental to a socialist revolution? The meaning is as plain as the command is stern. Fall in line with bolshevism or perish, is the order. If you disagree with our plans and methods, "be seen but not heard."

I wonder what our good friends, the militant soap boxers, who shout about freedom of speech, would think and say if in these days of unrest the congress of the United States and the president should make such a pronouncement. America, radical and conservative, would rise in protest against any such law. We live, grow and progress as a people because of our freedom of thought, speech and action. Of course, we silence the man who criminally advocates lawlessness, and we do it for the same reason that we arrest the man who spits on the sidewalk. It is to conserve the public welfare, the common good of the great majority who do not believe in violence and disorder. What would happen to our "Red" agitators if they were in Russia today instead of in the United States, and ventured a single disagreement with the bolshevik program, either in policy or methods? This constitutional provision is not a muffler on free speech, it is a gag.

What freedom can there be in a country in which opinion is shackled? How can a nation make progress except by the conflict and friction of opinion? In the United States, experience has taught us that the majority is generally right, that the many can be trusted. We have put into practice the idea that many heads are better than one. The bolshevik constitution launches the policy that wisdom can only come from a few minds—the fewer, the better. This is the method they adopted to socialize freedom of thought, freedom of speech. It means a communism of ideas, but a very limited communism. In fact, limited to the "Holy Seventeen," and the oratorical dictator. The people are outside the circumference of this communism. In their zone communism commands obedience and silence. The human race has fought many a fine fight to take the fetters from the minds of men, and no fight was ever made for a more essential liberty. When the mind of man is not free, what freedom can there be? The jailing of the body, serious as it is, is only a small interference with man's liberty compared with the imprisonment of his mind.

This constitutional clamp muzzles the press. Notwithstanding all the criticism which may be justly made against the press, the fact remains that the newspapers of the world have been a great force for good, a great power in securing freedom. We see the world through the eyes of the newspapers; it is our source of information; we depend upon it for the facts upon which we base our opinions. Notwithstanding the bitter partisan character of the press, few papers know party lines or party prejudice when the public interest is menaced. The press has thrown the searchlight of terrible publicity on the ratholes and driven out the political rats. The freedom of the press is indispensable to free government.

Lenine's Change of Heart.

Lenine, before he came into power, was the loudest voice in Russia, crying for free speech. His pen had been most bitter against interference with the freedom of the press. In his pamphlet, "Lessons of Revolution," he wrote:

"The printing establishments of the labor press are raided. The bolsheviks are arrested, not infrequently without accusation, or on the pretext of charges which are simply calumnious. "It may be argued that the prosecution of the bolsheviks is by no means a violation of free speech, since only certain persons on specific charges are thus prosecuted. But such arguments bear the earmarks of premeditated untruth. For why should printing offices be raided, newspapers suppressed, for the crimes of individuals, even if these crimes are proven and sustained by law? It would be altogether different if the government declared criminal the entire bolshevik party, its ideas and views. But everyone knows that the government of free Russia never could, and indeed never attempted to do anything of the kind."

Lenine coming into power, wrote into the constitution a new crime. He declared all opposition to the bolshevik program a crime. On this high moral ground he struck down freedom of thought, freedom of speech, freedom of opinion and freedom of the press.

In the language of a great radical, the time will come when the silence of the people of Russia will be more powerful than the voices throttled by the bolshevik gag today. (Copyright, 1920, Western Newspaper Union)

Message for Today.

By far the greater part of the suffering and crime which exist at this moment in civilized Europe arises simply from people not understanding this truism—not knowing that produce or wealth is eternally connected by the laws of heaven and earth with resource labor; but hoping in some way to cheat or abrogate this everlasting law of life, and to feed where they have not furrowed, and be warm where they have not woven. I repeat, nearly all our misery and crime result from this one misapprehension.—Ruskin.

French to Pay More for Bread.

Joseph J. B. E. Moulens, French minister of provisions, announced to the credit committee of the chamber of deputies that the government would advance the price of wheat to millers from 42 to 75 francs a metric hundredweight and of flour to 91 francs, the government ceasing to absorb the difference in price. This will raise the price of a two-pound loaf of bread in Paris from 55 to 90 centimes and in the provinces from 60 centimes to 95 centimes.

TUBERCULOSIS IN VARIOUS BREEDS

Relative Freedom From Disease Depends on Kind of Management Herd Receives.

RECORDS OF TUBERCULIN TEST

Percentage of Reactors in Purebred Hereford Herds Was Unusually Low—Eradication Measures Are Encouraged.

(Prepared by the United States Department of Agriculture.)

The relative freedom of a herd of cattle from tuberculosis depends on the kind of management the herd receives rather than upon a resistance inherent in the cattle themselves. This conclusion, applying to 14 recognized breeds of cattle in the United States, is based on a study of official tuberculin-test records for nearly half a million animals. As a basis for answering inquiries regarding the prevalence of tuberculosis in various classes and breeds of cattle, the federal bureau of animal industry has compiled all of its test records since the beginning of tuberculin-eradication work.

Result of Tuberculin Tests.

The results, though capable of receiving many interpretations, fail to show that any breed can be considered safer from tuberculosis than another. Of 30,670 Hereford cattle tested in purebred herds, the percentage of reactors was unusually low—only 0.77 per cent. But in grade herds of the same breed the percentage of reactors was 5.11. In the Aberdeen-Angus breed the experience was reversed. Purebred herds showed 5.79 per cent of reactors, compared with 2.39 in grade herds. Among the Shorthorns 5.75 per cent of tuberculosis was found in purebred herds and 3.74 per cent in grade herds, about 77,000 animals being included in the computations.

Although it has been frequently asserted that dairy cows, by reason of closer housing, have more tuberculosis than beef cattle, the official figures fail to support that assumption. In some



A Registered Hereford Bull Used in Grazing Up a Herd.

dairy breeds the percentages of reactors were relatively high, but in others the percentages were low. Likewise in dairy herds, as with beef cattle, there was little uniformity between the proportion of reactors for purebreds and grades representing the same breed.

Efforts of Owner Count Most.

Briefly, the figures indicate that the freedom of a herd from tuberculosis is influenced chiefly by the efforts of the owner to keep the herd healthy, not by the breed. Some breeders' associations have been notably active in encouraging their members to adopt tuberculin-eradication measures. The figures are believed to reflect such activity.

Furthermore, the compilations disprove the assertion, sometimes made, that purebred herds are more susceptible to tuberculosis or have more of it than grade cattle. In fact, the highest percentage of tuberculosis cattle in any group was for grades.

PREVENT SEEDING OF WEEDS

Early Plowing Retards Maturity of Many Noxious Plants and Also Benefits Soil.

Early plowing prevents the seeding of many weeds that would mature during the fall. It also covers up many weed seeds and causes them to germinate to be killed in the fall before they can produce more seed. Early fall plowing opens up the soil so that more of the fall rains soak into the land, often a considerable advantage. Early fall plowing also gives time for any green manure or stubble that is plowed under to become somewhat decayed and be available for growing crops the following year.

TANKAGE FOR GROWING PIGS

Formula Given for Balancing Ration for Building Up, Maintaining or Fattening.

In response to an inquiry in regard to the use of tankage in balancing a ration for hogs we quote from Illinois station bulletin:

For young growing pigs, as follows: One part tankage to nine parts corn, bran or middlings; for adult hogs, one part tankage to 11 parts corn, bran or middlings. This balances a ration, with the proper proportions of each, to build up the hog or maintain or fatten the hog.

TESTING VARIETIES OF MARKET PEANUTS

Experimental Work by the Bureau of Plant Industry.

Selected Strains Are Being Made With a View of Producing Those More Particularly Adaptable for Definite Purposes.

(Prepared by the United States Department of Agriculture.)

Most of the so-called varieties of peanuts now to be found in the trade in the United States are merely low-standard varieties with new or local names, and there are only about six distinct varieties grown in this country. This statement is made by the chief of plant industry, in reporting on experimental work with peanuts. This work has included methods of planting,



Variety for the Gulf Coast Region.

selection of seed, improvement of yield, and cultivation and handling of the crop. Selected strains of some of the varieties are being made with a view to producing those more particularly adaptable for definite purposes, such as the making of high-grade table and cooking oil or an oil that may be used in the manufacture of oleomargarine, and to some extent in making soap. Other purposes for which selections are being made are those adapted for human food in the form of peanut meal, peanut butter, and other products, and high-yielding strains for stock and dairy feeds.

LOW GRADE WHEAT FOR FEED

Does Not Contain Quite as Much Fattening Material as Corn, But More Protein.

If your wheat grades very low, you should consider whether it is not worth more to you for feeding purposes. At the present prices of feeds, wheat should be worth \$1.50 per bushel for feed, particularly if there is some dockage in it. Wheat does not contain quite as much fattening material as corn, but more protein, which is the milk producing and growing substance. For this reason it makes an excellent feed for milk for cows as a part of the grain ration. It also will make a good feed for pigs.

VENTILATION

Ventilation is as important a matter in the barn as in the house, and no barn should be built without care being given to supplying fresh air for the stock. Some sort of a vent should be placed at the top of any reasonably closely enclosed barn, as the foul air will otherwise hang under the roof and eventually make all the air in the barn bad. The cool, pure air will find its way in if there is a way for the warmer foul air to escape.

MAKE START WITH ALFALFA

Easier to Get Stand Where Sweet Clover Has Been Previously Grown—Bacteria Needed.

It seems to be somewhat easier to get alfalfa started where sweet clover has been previously grown, as the sweet clover is more likely to give a better infestation of the proper bacteria to the soil, but it is not necessary to grow sweet clover first when the alfalfa seed is well inoculated. Even if sweet clover is to be grown first its seed should be inoculated or it may not grow much.

VEGETABLE MATTER FOR SOIL

Grass or Sod Crops Are Most Valuable as Basis for More Humus—Other Good Methods.

There are many well-known methods of supplying the necessary vegetable matter to the soil. Crop residue is usually the basis of more humus. Grass or sod crops are the most valuable in this respect. Stable manure is also of great value in increasing humus. Winter cover crops, such as annual clover, vetch, or rye, are now extensively grown to be turned under in the early spring.

Back Giving Out?

That "bad back" is probably due to weak kidneys. It shows in constant dull, throbbing backache, or sharp twinges when stooping or lifting. You have headaches, too, dizzy spells, a tired feeling and irregular kidney action. It is usually easy to correct these early troubles, and avoid the more serious ailments by giving prompt help. Use Doan's Kidney Pills. They have helped thousands the world over. Ask your neighbor!

A Maryland Case

Mrs. K. L. Smith, 106 Beckford Ave., Princess Anne, Md., says: "I was in a bad way from severe backache. My back was very painful, especially when I stooped over. Sharp pains caught me when I straightened up. I learned of Doan's Kidney Pills and after using two boxes I was rid of the trouble. I can say nothing too good for Doan's."



Get Doan's at Any Store, 60c a Box
DOAN'S KIDNEY PILLS
FOSTER-MILBURN CO., BUFFALO, N. Y.

Electrical Hair Cutting.

There is in use in France an electric substitute for the barber's scissors. It consists of a comb carrying along one side of its row of teeth a platinum wire through which flows an electric current. As the comb passes through the locks to be shorn the heated wire instantaneously severs the hairs, leaving them of even length and sealing the cut ends as in the ordinary process of singeing with a taper.

LONG LIST OF SYMPTOMS

North Carolina Lady Was Nervous, Weak and Suffered Greatly, but Relief Soon Came After She Took Cardui.

Asheville, N. C.—Mrs. J. A. Sluder, of 45 Woodrow avenue, this city, recently made the following statement: "I was in a very run-down condition after... I wasn't able to go. "I was nervous, weak and couldn't do my work. "I felt like, at times, no matter what happened, I couldn't get up a spark of interest. "I was depressed, blue, and continually on the lookout for something to happen. "I couldn't sleep to do any good, and had to force myself to eat when meal time came. "I suffered some pain in my back and sides, but the worst trouble was weakness and depression. "I decided to try a tonic. "My sister had gotten such fine results from Cardui, I began using it. "Soon I noticed I would get hungry, and sleep at night, and this, of course, was a great help. "I grew less nervous. "The depression left me and soon I was well and strong. "I enjoy good health, thanks to Cardui." Ask your druggist about it.—Adv.

Human Stepping Stones.

There are said to be many "Ra-leighs" in China. When a Chinese lady comes to a muddy place in the road she usually gets over it by employing a human stepping stone. Beckoning a boy she gives him a small coin, in return for which he drops on his hands and knees in the mud for her to step over.

ASPIRIN

Name "Bayer" on Genuine



"Bayer Tablets of Aspirin" is genuine Aspirin proved safe by millions and prescribed by physicians for over twenty years. Accept only an unbroken "Bayer package" which contains proper directions to relieve Headache, Toothache, Earache, Neuralgia, Rheumatism, Colds and Pain. Handy tin boxes of 12 tablets cost few cents. Druggists also sell larger "Bayer packages." Aspirin is trade mark Bayer Manufacture Monocetacidester of Salicylicacid.—Adv.

Weary.
"I don't complain about high prices any more."
"Why not?"
"I've just got tired of hearing the perfectly good excuse any tradesman can offer for soaking the life out of me."

MURINE Night and Morning

Keep Your Eyes Clear—Clean—Healthy

Write for Free Eye Care Book, Murine Co., Chicago, U.S.A.