

NERVOUS PROSTRATION

Mrs. J. Christman Proved That Lydia E. Pinkham's Vegetable Compound is a Remedy for this Trouble.

Binghamton, N. Y.—"I was in a very nervous condition for over a year, my mind was gloomy, could see no light on anything, could not work and could not have anyone to see me. Doctor's medicine did not help me and Lydia E. Pinkham's Vegetable Compound was recommended. I took it and am now well. I recommend it to all afflicted with nervous prostration."—Mrs. J. Christman, 193 Oak Street, Binghamton, New York.

The success of Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, is unparalleled. It may be used with perfect confidence by women who suffer from nervous prostration, displacements, inflammation, ulceration, irregularities, periodic pains, backache, bearing-down feeling, flatulency, indigestion and dizziness. Lydia E. Pinkham's Vegetable Compound is the standard remedy for female ills. If there are any complications about which you need advice write in confidence to Lydia E. Pinkham Medicine Co., Lynn, Mass.

HEALS RUNNING SORES

"I feel it my duty to write you a letter of thanks for your wonderful Peterson's Ointment. I had a running sore on my left leg for one year. I began to use Peterson's Ointment three weeks ago and now it is healed."—A. C. Gilbrath, 708 Reed St., Erie, Pa.

For years I have been selling through druggists a large box of PETERSON'S OINTMENT for 35 cents. The healing power in this ointment is marvelous. Eczema goes in a few days. Old sores heal up like magic; piles that other remedies do not seem to even relieve are speedily conquered. Pimples and nasty blackheads disappear in a week and the distress of chafing goes in a few minutes. Mail orders filled. Peterson Ointment Co., Inc., Buffalo, N. Y.

After you eat—always use **EATONIC** FOR YOUR STOMACH'S SAKE

—one or two tablets—eat like candy. Instantly relieves Heartburn, Bloating Gassy Feeling. Stops indigestion, food souring, repeating, headache and the many miseries caused by

Acid-Stomach
EATONIC is the best remedy, it takes the harmful acids and gases right out of the body and, of course, you get well. Tens of thousands wonderfully benefited. Guaranteed to satisfy or money refunded by your own druggist. Cost a trifle. Please try it!

Liggett & Myers
KING PIN
CHEWING TOBACCO
Has that good licorice taste you've been looking for.



For Pulling Power
in the field and belt power at the barn, use the **Frick Tractor**

You can depend on the FRICK TRACTOR for all farm uses. It's convenient—has roomy platform, ample power and is built for durability. Frick Tractors are delivered for shipment on their own power.

A Frick Tractor and Junior Thresher is your ideal outfit. Write for price and further information.

Immediate Deliveries
FRICK COMPANY, Inc.
373 W. Main St., Waynesboro, Pa.

WATCH THE BIG 4

Stomach-Kidneys-Heart-Liver
Keep the vital organs healthy by regularly taking the world's standard remedy for kidney, liver, bladder and uric acid troubles—

GOLD MEDAL HARLEM OIL CAPSULES

The National Remedy of Holland for centuries and endorsed by Queen Wilhelmina. At all druggists, three sizes. Look for the name Gold Medal on every box and accept no imitation.

ONE PRIZE \$100,000. Free for everybody to win \$500 prizes by selling new articles. Patent pending, for only 11. Write Atlas Sample Co., 715 Baltimore Bldg., Chicago.

GRAIN SAMPLING DEVICE IS MADE

Anyone in United States May Make and Use It Without Payment of Royalty.

QUITE EASILY CONSTRUCTED

Sample of Grain is Evenly Divided and One-Half is as Representative of Whole Original Sample as the Other.

A device with which a sample of grain, to be used in grading a given lot, can be evenly divided so that one-half will be as representative as the whole original sample, has been designed and patented by the United States department of agriculture, and anyone in the United States is free to make and use it without the payment of a royalty.

A representative sample of a given lot or shipment of grain which is secured by means of a probe, usually has to be divided into smaller portions for one or more of the tests to be applied in determining its grade. A haphazard reduction of the size of the sample has been found wholly unreliable, and consequently the device shown in the



Pouring a Sample of Grain into a "Modified Boerner Sampler."

accompanying photographs, known as a Modified Boerner Sampler, has recently been put out by the bureau of markets of the United States department of agriculture. It is similar in principle to a sampler designed by the bureau a year or two ago, but is so designed that it can easily be constructed of block tin or brass by any tin-smith at about one-third the cost of the original.

Working of Device.
The sampler is cylindrical and stands about thirty inches. The sample to be halved is poured into a hopper at the top, which is emptied by pulling a lever that removes a cap over the lower end of the hopper. As the grain flows downward it strikes the apex of a baffle, in the form of a cone.

Encircling the base of this cone are a series of small chutes whose distance apart is exactly the width of these openings. Half of the grain flows in these chutes, and half between them. The latter portion flows directly into the uppermost of two pans placed one above the other at the base of the sampler. The half falling into the chutes is diverted into a funnel, the lower end of which leads to a protected opening in the center of the upper pan, thereby permitting this half of the grain to flow into the lower pan. In this fashion the original sample is evenly divided into two parts, one of which is certain to be as representative of the original lot as is the other.

Standard Equipment.
One of the duties of the bureau of markets, United States department of agriculture, is to administer the United States grain standards act, and because it desires to make standard equipment for grain grading easily obtainable by all dealers, country as well as city, the bureau has devised this comparatively inexpensive apparatus to take the place of the more expensive Boerner sampling device. The sampler and a few other pieces of apparatus are all that are required for grading grain, according to practice recommended by the United States department of agriculture.

DEEP PULVERIZING OF SOIL

Plants Will Not Thrive If Soil is Coarse and Lumpy Just Below the Surface.

Few gardeners realize the importance of pulverizing the soil as deeply as it is plowed. No matter how perfectly the surface is prepared, if the soil is coarse and lumpy below the plants will not thrive. Large air spaces in the soil are a detriment, but a large number of very small air spaces in the soil are a benefit.

FARMERS ORGANIZED FOR SELLING STOCK

One Example of Help Given by County Agent.

Farm Bureau Marketing Association Formed in California to Dispose of Hogs—System Applicable to Other Products.

(Prepared by the United States Department of Agriculture.)

Selling live stock by auction, a plan started in Kern county, California, in 1917, has now spread through a considerable area of the interior of the state, especially where large numbers of hogs are grown. Last year seven counties—Kern, Kings, Merced, Madera, Stanislaus, Tulare and Fresno—formed the California Farm Bureau Marketing association and joined in conducting auction sales. This association employed a manager and assistant manager who were responsible for the success of the sales. In addition, each county farm bureau has a committee in charge of the sales locally. Auction sales were also held in San Joaquin and Shasta counties. It is expected that this system will expand throughout the state during the coming year and that it will prove applicable to other products which are capable of standardization.

The business last year included 183 auction sales at which 543 carloads of live stock were sold for \$1,790,330.79. It is estimated that the sales brought a direct increased return to the farmers of \$166,946.97 over the prices the stock would have brought otherwise.

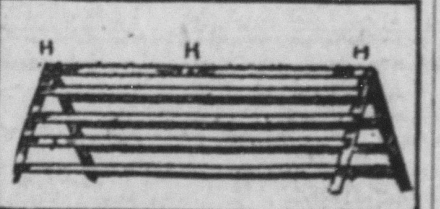
This is but one example of the help given by the county agent in organizing farmers for selling live stock. One hundred and three county agents in 19 states report this service as an important feature of the work last year. Furthermore, 133 county agents in 14 states report that they assisted in organizing live-stock shipping associations in their counties.

TOMATO TRELLIS IS USEFUL

Nothing Better Than Hinged Arrangement Shown in Illustration—Is Easily Made.

The following description of a support for tomato vines is taken from Suburban Life. For supporting tomato plants, in the small suburban garden, there is nothing better than the hinged tomato trellis—a tent-shaped structure, easily made at home. Take four wooden strips, 2 by 1 inch and about four feet long. Place each pair of them together, at one end, and hinge them with two strips ten feet long. These two long strips form the ridge-pole of the trellis, so to speak. Nail several other ten-foot strips across each side of the tent-like structure and the trellis is completed.

The hinged top of the trellis, as shown on the diagram and marked H, permits it to be spread the exact width of the row, or it may be exact



Tomato Trellis.

widely so that the plants in two rows may be supported. When not in use, the trellis may be closed up and kept with the garden tools.

ESSENTIALS TO GARDEN SITE

Certain Amount of Sunlight, Fairly Fertile Soil and Cool Drainage—Other Points.

There are three essentials to the garden site, experience has shown. They are:

Sunlight at least six hours a day; a soil sufficiently fertile for weeds to grow upon it; sufficient drainage, either natural or artificial, to prevent flooding or excessive moisture.

If a site is notably deficient in any of these three essential characteristics, it is not suited for garden purposes unless the fault can be corrected.

If one is fortunate enough to be able to choose among several possible locations, the New York state college at Ithaca suggests it may be well to consider the following points.

Nearness to the house for convenience in working the garden and in gathering the products and, in the case of a town garden, for protection against trespass and theft.

A water supply to insure against drought.

A gentle south or southeast slope. A windbreak to the north.

A good, rich loam, that is, a mixture of sand and clay with plenty of humus or decomposed plant material. Fertility and abundant humus are generally indicated by a dark color of the soil.

MILKWEED SHOOTS ARE GOOD

Cut Just as They Come Through Ground They Are Crisp and Tender—Make Excellent Dish.

It may not be known to many farmers that the young milkweed shoots are edible, that when cut just as they come through the ground while still white, crisp and tender and cooked like asparagus, they make an excellent dish.

CAP and BELLS



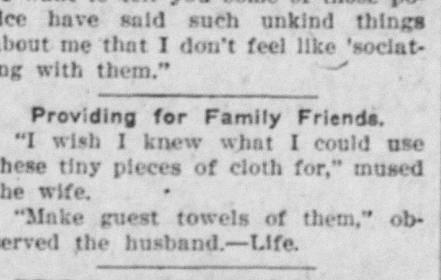
READY FOR ORDEAL.

"Have you prepared a good supply of ribs?"
"Yes."
"Have you concealed the textbook in your hat?"
"Yes."
"Are you sure you gave the instructor a good cigar?"
"Certainly."
"Well, then, let's go in and hit that prelm in ethics."—Cornell Widow.

Deliberation.
"I must admit," said Mr. Meekton, "that a woman often proceeds with more cautious deliberation than a man."
"For instance?"
"A man frequently decides an important matter by flipping a coin, where a woman will consult a ouija board."

A Sensitive Soul.
"Why don't you give yourself up to the police?" asked the inferior intellect.
"What for?" exclaimed Bill the Burg.
"I want to tell you some of those police have said such unkind things about me that I don't feel like 'sociating with them.'"

Providing for Family Friends.
"I wish I knew what I could use these tiny pieces of cloth for," mused the wife.
"Make guest towels of them," observed the husband.—Life.



DANGER.

Coon—Meet me at Squire Brown's hen roost tonight, Mr. Possum.

Possum—No, thank you. Too much chance of some other "coon" being there.

Cheap.
An imitation ring is cheap. But what is cheaper than (And fitter for the rubbish heap) An imitation man?

Little Pitchers.
"Mr. Smith, let me see you sharpen it, will you?"
"Sharpen what, my boy?"
"Why, when you came, Ipa told me you had an ax to grind."

Easy Question.
"What are the best sellers just now?"
"Do I have to tell you? Those with the biggest stock laid up in 'em."

Plenty of Practice.
"Your friend seems to be a great one for asserting himself."
"He is lucky in having chances. His wife has an impediment in her speech."

Fine Present.
"What are you going to give to fit up the minister's library?"
"I thought I would give a pretty antiquarian with gold fish in it."

Appreciation.
Friend of the Institution—What do the inmates think of the new asylum? Keeper—They just rave over it, sir!—London Mail.

A Job Delegated.
Howard—Does Coward ever tell his wife just how horrid she is?
Jay—No, he hires cooks to do it for him.—Judge.

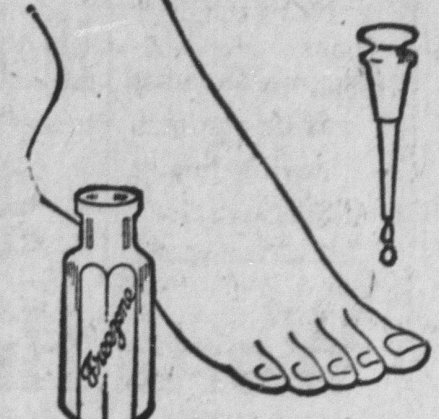
Had Thought of It.
"Have you never thought of retiring from politics?"
"Yes," replied Senator Sorghum; "but always with a shudder."

Remiss Actions.
"There are some queer things about the actions of nature."
"Name some, for instance."
"That she does not put lids on the chest instead of the eye, and that she doesn't make shingles come on the roof of the mouth."

Cynical Asses.
She—Do you believe a woman could make a success of an idea for a flying machine?
He—Why not? Most of women's ideas incline to the mighty.

Lift off Corns!

Doesn't hurt a bit and Freezone costs only a few cents.



With your fingers! You can lift off any hard corn, soft corn, or corn between the toes, and the hard skin calluses from bottom of feet.

A tiny bottle of "Freezone" costs little at any drug store; apply a few drops upon the corn or callous. Instantly it stops hurting, then shortly you lift that bothersome corn or callous right off, root and all, without one bit of pain or soreness. Truly! No humbug!—Adv.

Ready for Him.
Mrs. A—Does your husband smoke in the house?
Mrs. B—Yes; and I'm glad of it. It will be easy for me to say where to begin if he ever remarks that we must economize.—Boston Transcript.

A torpid liver prevents proper food assimilation. Tune up your liver with Wright's Indian Vegetable Pills. They act gently.—Adv.

The people who are paid to be good never earn their salary.

Frantic With Pain

Doan's However Brought Complete Recovery and Trouble Has Never Returned

"My kidneys were weakened by exposure in Alaska," says Hermann Schrader, 225 Park Ave., Hoboken, N. J., "and my misery at times became so great I thought I would lose my mind. I had terrible pains in my back, and a constant desire to urinate. My back felt as if it were in sections with each crushing against the other. Finally I was taken desperately ill. It seemed as if something were crushing out my life. Before long I passed a gravel stone the size of a pea. If the pain had been any more intense I think I would have died. I was having practically no passing of the kidneys and my weight had reduced from 175 pounds to 125. The doctor told me I had gravel and small stones filling up the passages of the bladder. After all of this I began to use Doan's Kidney Pills and soon improved. In a short time I was well and my cure has lasted fifteen years. Today I am in perfect health."
Sworn to before me.
W. P. WEISS, Notary Public.

Get Doan's at Any Store, 60c a Box
DOAN'S KIDNEY PILLS
FOSTER-MILBURN CO., BUFFALO, N. Y.

Cuticura Soap Complexions Are Healthy

Soap 25c, Ointment 25 and 50c, Talcum 25c.

FOR FARMS, HOMES, ORCHARDS, timber lands or business chances in Famous Woodstock Valley, write Dan Holmes, Luray, Va.

Shake Into Your Shoes Sprinkle in the Foot Bath

ALLEN'S FOOT-EASE
The Antiseptic, Healing Powder for the Feet.

for Tired, Swollen, Tender Feet, Corns, Bunions, Blisters, Calluses. It freshens the feet and makes walking easy. 1,500,000 pounds of powder for the feet were used by our army and navy during the war. Ask for Allen's Foot-Ease. Sold everywhere.

MEANT WELL, PERHAPS, BUT—KEEP TROUBLES TO YOURSELF

One Can't Help Thinking Mrs. Clayton Might Have Expressed Her Sentiments Better.

The young couple on their honeymoon had come from Yorkshire to London on the first stage of their wedding journey. In Regent street they chanced to meet Mrs. Clayton, from their native town.

"My dear Miss Jones!" cried the good lady, and then offered her good wishes as the bride explained her change of name.

"But fancy meeting like this!" finished the blushing young wife.

"It is strange," agreed Mrs. Clayton. "We live at Streatham. You must come and have tea with us."
"Thank you! It's very kind of you to ask us."

"Not at all—not at all," gushed Mrs. Clayton. "You know how it is. When you're in a strange city, people you never thought much of at home seem like dear friends, don't they?"—London Tit-Bits.

The World, as a General Thing, Has Little Use for the Man Addicted to Self-Pity.

The trouble with the man in a little trouble is that he is inclined to pity himself and imagine that he is the only man who ever had a trouble.

All he can see in the moment of his irritation in his own burden. It seems not to occur to him that at the very moment he is wrestling with his difficulty thousands of people around him are fighting against far greater odds and in much greater danger.

Trouble, anyhow, is a part of the game of life. Nobody ever went anywhere or did anything worth while without meeting it in one form or another. Let others pity you if they will, but don't waste any time pitying yourself. The chances are that your next door neighbor would be tickled to death if such troubles as you have were all he had to worry about.—Exchange.

Important League.
First Suburbanite—We are getting up a league of nations in our suburb. Have you heard of it?
Second Suburbanite—No, what is it, a straw vote?
First Suburbanite—No, it's an agreement between those who are planning a garden this year and those who are planning to keep chickens.

Furniture Oil.
To renovate scratched furniture, mix together in a bottle equal quantities of the best salad oil and vinegar. Shake vigorously, then it is ready to use. Take a small pad or soft rag, dip it into the solution and rub well into the wood until all scratches have disappeared. Then polish with another soft rag. You will be delighted with the result.

INSTANT POSTUM

Costs less than coffee
Far more healthful

Ask your grocer for
POSTUM instead
of coffee.

"There's a Reason"

Made by Postum Cereal Co., Battle Creek, Mich.