



# Thousands of Women

## Owe Their Health To

Lydia E. Pinkham's Vegetable Compound—overshadowing indeed is the success of this great medicine. Compared with it, all other medicines for women's ills seem to be experiments. Why is it so successful? Simply because of its sterling worth. For over forty years it has had no equal. Women for two generations have depended upon it with confidence. Thousands of Their Letters are on our files, which prove these statements to be facts, not mere boasting.

### Here Are Two Sample Letters:

#### Mother and Daughter Helped.

Middleburg, Pa.—"I am glad to state that Lydia E. Pinkham's Vegetable Compound did me much good when I was 35 years old. I was run down with female trouble and was not able to do anything, could not walk for a year and could not work. I had treatment from a physician but did not gain. I read in the papers and books about Lydia E. Pinkham's Vegetable Compound and decided to try it. The first few bottles gave me relief and I kept on using it until I got better and was able to do my work. The Vegetable Compound also regulated my daughter when she was 15 years old. I can recommend Vegetable Compound as the best medicine I have ever used."—Mrs. W. YERGER, R. 3, Box 21, Middleburg, Pa.

#### Wise Is the Woman Who Insists Upon Having

# Lydia E. Pinkham's Vegetable Compound

LYDIA E. PINKHAM MEDICINE CO., LYNN, MASS.

# CURRENT WIT and HUMOR



## ECLIPSE OF THE MOON.

A young couple were occupying the porch swing later than usual one moon light night. From a near-by window her mother inquired: "Mary, what are you doing up so late?" "Looking at the beautiful moon mother." "Well, it's twelve o'clock. You had better send the moon home."—Every body's Magazine.

### Something to Fall Back On.

"Blifur says he is having a hard time keeping a roof over his head." "I don't sympathize with him. I he's in such straits, why doesn't he give up his automobile." "He says he can't think of doing that. And, besides if the worst comes to the worst, it's comforting to know that his automobile has a top."

### An Imported Article.

"The possession of a motor is no necessarily a mark of distinction." "Not nowadays," replied Miss Snip pers, "but if you happen to own a motor car that is driven by a chauffeur who speaks English with great diffi culty, you may hold up your head a trifle in some circles."

### Cannibalistic.

"My dear, listen to this," exclaimed the elderly English lady to her husband on her first visit to the states. She held the hotel menu almost a arm's length and spoke in a tone of horror: "Baked Indian pudding! Can it be possible in a civilized country?"



### NOT VERY.

"My John is thinking of chartering a yacht for the summer." "Won't that be pretty expensive?" "Not so long as we confine ourselves to thinking about it."

### Files for Its Life.

"Strange how time flies," how very oft we hear this said—and still it isn't so strange; if time did not more folks would try to kill it.

### Old Friends.

"Grandpop says he cares only for the things of long ago." "Yes, I see he subscribes to a smart magazine." "That's for the sake of the jokes."

### Good Way.

"How did you get your parrot to talk so fluently?" "I hung his cage in the room where my wife's club meets."

### Taking No Chances.

Mrs. A.—I really believe she had her second husband selected before she was divorced from the first one Mrs. B.—Certainly. Why else should she get a divorce?

### When It Pays to Be Ignorant.

"Gabbels seems to be well informed on any subject." "Except when he will be able to pay me what he owes me. He is absolute ly stupid on that point."

### The Same Thing.

"I say, Tom, these here Frenchies call a gal's feller her fiancee." "Aw, well, ain't dat what it comes to?"

### Accounting for it.

"He showed his grit when he was hurried out of the machine." "No wonder; he had to bite the dust."

### Two Views.

"No, I never visit the pawnshop. I don't like the principle of the thing." "It's the interest that I don't like."

### Escaping His Wife's Tongue.

Mr. B Jones—It must be rather trying for a talkative woman like Mrs. Gabbles to be married to a man as deaf as Mr. Gabbles." Mrs. B Jones—So it is. And, to make matters worse, she has a lurking suspicion that he lost his hearing just to spite her.—London Answers.

### Nothing Like That.

"Did those two men have an epis tolarly dispute?" "No pistols in the dispute at all. They took it out in letter-writing."

# Another Royal Suggestion DOUGHNUTS and CRULLERS

From the NEW ROYAL COOK BOOK

DOUGHNUTS made the doughboy happy during the war and no wonder. There is nothing more wholesome and delightful than doughnuts or crullers rightly made. Their rich, golden color and appetizing aroma will create an appetite quicker than anything else in the world.

Here are the famous doughnut and cruller recipes from the New Royal Cook Book.

### Doughnuts

2 tablespoons shortening  
1/2 cup sugar  
1 egg  
1/2 cup milk  
1 teaspoon nutmeg  
1 teaspoon salt  
3 cups flour  
4 teaspoons Royal Baking Powder

Cream shortening; add sugar and well-beaten egg; stir in milk; add nutmeg, salt, flour and baking powder which have been sifted together and enough additional flour to make dough stiff enough to roll. Roll out on floured board to about 1/4 inch thick; cut out. Fry in deep fat hot enough to brown a piece of bread in 60 seconds. Drain on unglazed paper and sprinkle with powdered sugar.

### Afternoon Tea Doughnuts

2 eggs  
2 tablespoons sugar  
1/2 teaspoon salt  
1/2 teaspoon grated nutmeg

# ROYAL BAKING POWDER

Absolutely Pure

2 tablespoons shortening  
2 tablespoons milk  
2 cups flour  
2 teaspoons Royal Baking Powder  
Beat eggs until very light; add sugar, salt, nutmeg and melted shortening; add milk and flour and baking powder which have been sifted together; mix well. Drop by teaspoons into deep hot fat and fry until brown. Drain well on unglazed paper and sprinkle lightly with powdered sugar.

### Crullers

4 tablespoons shortening  
1 cup sugar  
2 eggs  
2 cups flour  
1 teaspoon cinnamon  
1/2 teaspoon salt  
2 teaspoons Royal Baking Powder  
1/4 cup milk  
Cream shortening; add sugar gradually and beaten eggs; sift together flour, cinnamon, salt and baking powder; add one-half and mix well; add milk and remainder of dry ingredients to make soft dough. Roll out on floured board to about 1/4 inch thick and cut into strips about 4 inches long and 1/4 inch wide; roll in hands and twist each strip and bring ends together. Fry in deep hot fat. Drain and roll in powdered sugar.

### FREE

New Royal Cook Book containing these and scores of other delightful recipes. Write for it TODAY. ROYAL BAKING POWDER CO., 115 Fulton Street, New York City.

"Bake with Royal and be Sure"

## SEEKS FOE OF JAP BEETLE

Specialist Has Been Detailed to Bring to This Country Enemy of Horticultural Pest.

The Japanese beetle is going to have its old enemies on its trail in this country. The United States department of agriculture has sent a man to Japan to find those enemies and send them across the ocean. They will then be established in the sections of New Jersey where the beetle has gained a foothold, and they are expected to aid greatly in the control of the pest.

The agent employed in Japan is familiar with Japanese conditions and is a specialist in this kind of work. It is expected that the task will require his sojourn in Japan for two or three years. While something is known of the parasites of the Japanese beetle a great deal is still to be learned only under field conditions where the beetle lives with all the enemies that prey upon it. The beetle reached this country with importations of greenhouse plants, and thus far apparently has been comparatively free from molestations by natural enemies.

### Otherwise Content.

"Dat husban' ob yours," one colored wash lady observed to another, over the dividing back fence, "he shore do seem a right contented man."

"He would be," the other responded, "Ceptin' for only two things which troubles him. He has to quit eatin' to sleep, an' he has to quit sleepin' to eat."

### Incredible Feat.

"I see where somebody has invented a safety pocket for men." "Aw, don't be telling fairy tales to a married man."

A woman may call her new Easter bonnet a love of a hat because it seldom lasts more than six months.

The average man doesn't care to pose as a hero when nobody's looking.

Cuticura Soothes Itching Scalp. On retiring gently rub spots of dandruff and itching with Cuticura Ointment. Next morning shampoo with Cuticura Soap and hot water. Make them your every-day toilet preparations and have a clear skin and soft, white hands.—Adv.

The man who finds fault with his neighbors' religion should open a little time repairing his own.

### Embraced Opportunity.

They skated together, but little they said, for they'd just been made known to each other. But he wished as across the bright surface they sped that through life they might thus go together.

A crash! They were through! "Oh, how awkward!" cried she. "Tisn't deep, but has any one seen us?" "Never mind. Let me tell you I love you," said he, "since the ice is now broken between us."—Houston Post.

### Free Tin Boxes.

There are countless uses for tin boxes. Most dealers in cigarettes have on hand boxes of this kind, eleven inches long, six inches wide and four inches deep, which are thrown away. Some dealers are glad to accommodate persons who desire these tin receptacles and will give them away without cost. The following are some very good ways in which the tin boxes can be utilized: Lunch boxes when out camping or fishing, as they will hold a good supply of lunch. Covered with a white enamel and used as a cake-box or bread-box. Keeping food away from rats, mice and other pests. Painted and used as a flower box.—Thrift Magazine.

## GOT MARK TWAIN STIRRED UP

Humorist, Tired of Listening to Series of Remarkable Stories, Rose to the Occasion.

A naval officer said at a banquet in New York:

"Some of the war stories that I hear remind me of Mark Twain. Mark, you know, once sat in the smoking room of a steamer and listened for an hour or two to some remarkable lies. Then he drawled:

"Boys, these feats of yours that you've been telling about recall an adventure of my own in Hannibal. There was a fire in Hannibal one night, and old man Hankinson got caught in the fourth story of the burning house. It looked as if he was a goner. None of the ladders was long enough to reach him. The crowd stared at one another with awed eyes. Nobody could think of anything to do. Then all of a sudden, boys, an idea occurred to me. "Fetch me a rope!" I yelled. Somebody fetched a rope, and with great presence of mind I flung the end of it up to the old man. "Tie her round your waist!" I yelled. Old man Hankinson did so and I pulled him down."

Atmospheric Camouflage.

Mr. Crimsoneak—I found a clove in this bread you made, wife.

Mrs. Crimsoneak—Yes, dear. There is some rye in that bread, and the clove is used so that no one will detect the rye.—Yonkers Statesman.

Big game herds are increasing rapidly on the four United States big game reservations.

It's just as desirable to know when to forego an advantage as it is to know when to grasp an opportunity.

## LONG SINCE HE HEARD WORD

Tramp Probably Would Have Needed Dictionary to Get Proper Definition of Morals.

The tramp was a long, skinny individual with a particularly villainous cast of countenance, and he wore a pair of trousers that had been designed for a man of at least three times his diameter. His rap on the farmhouse door brought out a sour, hard-faced puritanical woman who froze him with one glance and then proceeded to eye him up and down—especially down.

"You needn't ask me for anything," she said, harshly. "I can see that your morals are of the loosest kind and that you deserve nothing."

"Well, mum," replied the tramp, glancing down at his nether garments, "membe so, though I ain't never heard 'em called that name before. Probly 'em tailor ain't jes' up to date, but if you won't give me somethin' to help fill 'em out maybe you'd spare me a bit of rope to hold 'em up with."—Exchange.

All Going Smoothly.

The chaplain came plodding along the road coming back from the front lines several hours after the infantry had gone over the top.

"How are things going up there?" inquired an artillery lieutenant.

"Fine, fine!" said the chaplain. "We're knocking them for a goal."

"Haven't seen many prisoners," said the lieutenant, skeptically.

"No, and I guess you won't," replied the chaplain; "our machine guns haven't jammed all morning."—Home Sector.

You may know some men if you know some people they know.

# One Trial of Grape-Nuts

will do more than many words to convince you of the goodness of this wheat and barley food.

But it's worth saying that Grape-Nuts contains all the nutriment of the grains, is ready to eat, requires no sugar and there's no waste.

Grape-Nuts is a Builder

# Health and Economy Rule Your Table Cup

when you make your meal-time beverage

# Instant Postum

Its rich coffee-like flavor satisfies and its freedom from any harmful ingredient, such as the coffee drug caffeine, makes it a better drink for young and old.

There has been no raise in price and the high quality of Postum is always maintained.

"There's a Reason"

Made by POSTUM CEREAL COMPANY Battle Creek, Mich.

## FRECKLES

Now is the Time to Get Rid of These Ugly Spots. There's no longer the slightest need of fearing ashamed of your freckles, as Othine—double strength—is guaranteed to remove these homely spots. Simply get an ounce of Othine—double strength—from your druggist, and apply a little of it night and morning and you should soon see that even the worst freckles have begun to disappear, while the lighter ones have vanished entirely. It is seldom that more than one ounce is needed to completely clear the skin and gain a beautiful clear complexion. Be sure to ask for the double strength Othine, as this is sold under guarantee of money back if it fails to remove freckles.

The highest giving implies sharing.



## FOR WOMEN

Constipation is women's worst enemy. DR. TUTT'S LIVER PILLS regulate and cleanse. The great remedy for women's special ills.

# Dr. Tutt's Liver Pills

## Acid Stomach Makes the Body Sour

Nine Out of Ten People Suffer From It

It sends its harmful acids and gases all over the body, instead of health and strength. Day and night this ceaseless damage goes on. No matter how strong, its victim cannot long withstand the health-destroying effects of an acid stomach.

Good news for millions of sufferers. Chemists have found a sure remedy—one that takes the acid up and carries it out of the body; of course, when the cause is removed, the sufferer gets well.

Bloating, indigestion, sour, acid, gassy stomach miseries all removed. This is proven by over half a million ailing folks who have taken EATONIC with wonderful benefits. It can be obtained from any druggist, who will cheerfully refund its trifling cost if not entirely satisfactory. Everyone should enjoy its benefits. Frequently the first tablet gives relief.

## Famous Frederick County Lime

A Mine of Wealth to the Farmer M. J. GROVE LIME COMPANY

Lime Kiln, Frederick County, Maryland



DAISY-FLY KILLER PLACED ANYWHERE ATTRACTS AND KILLS ALL FLIES. Nest, egg, larva, pupa, and adult, no matter how numerous, can't get out of it. Kills anything that breathes. Guaranteed effective. Sold by druggists, or by mail, 10¢ per bottle. FREDERICK, M. D.