

To stop the pain of
Corns, Blisters, Calluses, Blisters, Tired,
Aching, Swollen, Tender Feet, use
ALLEN'S FOOT-EASE
The Antiseptic, Healing Powder to
Shake Into Your Shoes and sprinkle
in the Foot-bath.
Sold everywhere Be sure to get
this package



**GET HEALTH
AND
HAVE HAPPINESS**

For your health's sake you should
immediately correct any irregu-
larity of the Bowels by taking
DR. TUTT'S LIVER PILLS.
If your Bowels are not working
properly you cannot expect to
keep fit. Take one or two at bed-
time. Get right and keep right.

**Dr. Tutt's
Liver Pills**

MYSTIC CREAM
Makes the Skin like Velvet

The original, non-
greasy, soothing,
smoothing, Van-
ishing Cream.



Weatherproof Your Skin?
Enjoy outdoor sports and al-
ways keep your skin soft and
beautiful by daily using this
wonderful cream.

A 2 oz. jar at good drug
and department stores 30c.
Send for free sample.

Mystic Cream Co., Middletown, N. Y.

Works like Witchcraft

WHAT PEEVED THE RECRUIT

Little Discussion He Had With Cor-
poral Left Him Disgusted With
Relief From Guard Duty.

A couple of recruits of the latest
intage, who had enlisted in the hope
of being sent to the Rhine, were dis-
cussing the pros and cons of army life.
"It ain't so bad," confided one. "Most
of it is all right, but it's that blasted
relief from guard duty that gets me."
"Relief from guard duty?" ejaculated
the other. "Man, you're cuckoo! There's
nothing to be relieved from guard duty.
It's being on guard duty that's hell."

"No," maintained the first. "It's the
relief. Why, the other day they put
me on guard for two hours, and it
wasn't bad at all just standing around
and watching the rest of 'em drilling
and knowing that I didn't have to do
it myself, but then when the time for
relief came the corporal came up and
gave me the devil."

"What for?"
"Nothing. Nothing at all. I just
couldn't remember where I'd left my
rifle."

Varied Climes, Varied Habits.
Natives of hot climates who spend
much time in the water rarely use
soap except for a shave or shampoo.
The Esquimaux is a reckless bather
during the ashing season, when he is
forced to wade to disentangle his nets,
but his wife and family think hand-
ling wet nets absolves them from further
bathing rites.

Quack doctors are patient workers.

Same Fair Price As
Before The War
and the same pure,
wholesome beverage so
many have enjoyed for
years.

**INSTANT
POSTUM**

has a pleasing coffee-
like flavor but is more
economical than coffee
and has the added value
of absolute freedom from
caffeine or other harm-
ful ingredients.

"There's a Reason"

Made by
Postum Cereal Company, Battle Creek, Mich.

**GET READY
FOR "FLU"**

Keep Your Liver Active, Your
System Purified and Free From
Colds by Taking Calotabs,
the Nauseless Calomel
Tablets, that are De-
lightful, Safe and
Sure.

Physicians and Druggists are advis-
ing their friends to keep their systems
purified and their organs in perfect
working order as a protection against
the return of influenza. They know
that a clogged up system and a lazy
liver favor colds, influenza and serious
complications.

To cut short a cold overnight and to
prevent serious complications take one
Calotab at bedtime with a swallow of
water—that's all. No salts, no nausea,
no griping, no sickening after effects.
Next morning your cold has vanished,
your liver is active, your system is puri-
fied and refreshed and you are feeling
fine with a hearty appetite for break-
fast. Eat what you please—no danger.

Calotabs are sold only in original
sealed packages, price thirty-five cents.
Every druggist is authorized to refund
your money if you are not perfectly
delighted with Calotabs.—(Adv.)

A girl who lets a young man have
his own way during courtship is only
biding her time.

Don't Forget Cuticura Talcum
When adding to your toilet requisites.
An exquisitely scented face, skin, baby
and dusting powder and perfume, ren-
dering other perfumes superfluous.
You may rely on it because one of the
Cuticura Trio (Soap, Ointment and
Talcum). 25c each everywhere.—Adv.

Her Meaning.
"I heard that pretty little woman
say the other day that she was going
to do her best to make her Billy's
life perfectly happy. She must be
very much in love with her husband."
"That wasn't her husband she was
talking about; it was her pet poodle."

Three Great Men.
I was making a speech at a banquet
and in the course of my remarks said,
"America has produced only three
great men—Washington, Lincoln and
I, myself." Loud laughter drowned
the rest of my remarks. I had intend-
ed to say, "think Theodore Roosevelt."
But the laughter got my goat and I
had to sit down without saying any-
thing more.—Exchange.

More Than One.
That morning the teacher had been
forced to thrash two very trouble-
some boys, and the memory of the
happening was still fresh in the other
children's minds that afternoon. She
took up her history to give the assign-
ment on the Civil War, which the class
was studying. "This afternoon," she
said, "we shall take 'the hammering
campaign.'"
Every one was amused when she
said it but she, herself, led in the
laugh when a tiny fellow ejaculated:
"My, I thought we had that hammer-
ing campaign this morning!"

Rare Sugar Found in Honey.
Investigation of certain stores of
crystallized honey found in various
places in Pennsylvania where the bees
had died from starvation led to the
discovery of a quantity of rare sugar,
known as melezitose, which has been
extracted and purified and placed at
the disposal of the bureau of chemis-
try. The weekly news letter of the
department of agriculture says that
melezitose is one of the rarest sugars.
Minute quantities of it have been avail-
able to men of science for many years,
but the supply has never been suffi-
cient to permit of extensive experimen-
tation. Now the United States de-
partment has several kilograms.

GREAT IN SERVICE

Type of Idealist Worthy of the
Highest Praise.

American in the Philippines Was For-
warding the Cause of Civilization,
With Krag in Place of Shep-
herd's Crook.

I first met him in the brush, a thou-
sand yards north of Dagupan, in Pam-
panga, lying on his belly and watching
me through the sights of his Krag. It
is indeed startling to discover the sil-
ent menace of a rifle muzzle protrud-
ing through the tropical undergrowth,
especially at 20 yards range.
"Friend!" I called across to him.
"Sure, come on over," he laughed
back, and his rifle muzzle slipped
across a point or two, covering the
trail I had followed over the skyline.

Though it was but a chance meeting,
he trusted me as one of his kind, and
there was no "glad-to-meet-you" talk
or the reticence of Manila.
His name is no matter; it was Har-
vard-Boston-Irish of four American
generations. But it is vital that his
eyes were blue and that he was one
of those unburned American idealists
whose success is not gauged in dollars,
but in service rendered to civilization,
to sanitation, to health and to decency.
Why, then, was he civilizing with a
Krag? I thought of the head-hunters
of the northern mountains, not far
away, and of native insurrection, now
a thing of the past.

"What's the trouble?" I asked when
I reached his nest in the undergrowth.
"Nothing, just precaution," he an-
swered. Then I heard in the valley be-
hind him the rhythmic pounding of
boiling machinery and saw the top of a
timer scaffold for well digging.

He explained, as I crouched beside
him, that a certain ex-alcalde, in a fit
of petulance, had thrown a dog into the
village well, thereby contaminating the
supply. This had happened three vil-
lages up the road and sickness had
spread throughout the valley. To dig
another well in the near neighborhood
seemed inexcusable to the natives. Not
that trouble was really expected, but
machinery-cost cash and guards had
been posted at the hill trails. His vil-
lage needed water, and water they
would have, pure and cold from the
200-foot level, whether the natives op-
posed the work temporarily or not.
These things he told me, and more,
while we sat and brushed away the
flies.

This man was no engineer and no
sanitary inspector. He was no N. C. O.
of the Philippine constabulary. He
thumbed the bolt of his rifle and ad-
mitted he was a teacher! I had heard
often of his type. Indeed, I had come
to the Philippines for the sole purpose
of making his acquaintance, and to
meet him in the equality of the brush
was indeed good fortune, for men of
his kind the world over are prone to
be as uncommunicative as the English-
man at the frontiers of empire. Here
he was at work at one of the strong
contacts of civilization and of educa-
tion in the Philippines—the develop-
ment of water supply.—Paul Monroe
in Asia Magazine.

Birds Increase in Numbers.

The beneficial effects of the migra-
tory bird treaty act are beginning to
be felt. The United States depart-
ment of agriculture, through its bu-
reau of biological survey, has conduct-
ed investigations of the breeding areas
of ducks in North Dakota and Nebras-
ka, says a bulletin of the department.
Compared with former years, a grati-
fying increase of breeding waterfowl,
particularly in North Dakota, is evi-
dent. The fifth annual series of counts
of birds of all species breeding on se-
lected areas in various parts of the
United States contained a large pro-
portion of reports showing increases
in bird population. The total number
of reports received however, was not
large. Many of the persons who had
formerly taken part in the annual bird
counts were unable, because of extra
duties assumed during the war, to find
time for the work required by the
fifth count.

Men Who "Know It All"

Some folks are "canmed" because
they are too self-satisfied. It's a com-
mon thing in life to find folks too big
to take orders. They know the game
and refuse to take orders. That is
confession they belong to the small
class and never will be fitted to lead.
The good boss is a master of obedi-
ence. He commands because he has
learned to obey. He's never satisfied.
There are always new goals to strive
for. He rises because he sees things
from a different angle. It's different
with the fellow who is self-satisfied.
He sees only what he wants to see,
and holds his opinion above that of
everybody else. You can't do much
with him.—Exchange.

War Services Recognized.

Miss Maud Cleveland of Berkeley,
Cal., graduate and member of the
faculty of the University of California,
recently received the D. S. M. at the
American Woman's club in Paris for
"conspicuous service" while serving as
head of the Red Cross home communi-
cations department of the A. E. F.
Miss Cleveland had charge at Brest of
the war brides who married American
soldiers.

On the Links.
Foose—I don't like my caddy; he
laughs every time I play badly!
Nihilicks—I noticed he had a per-
petual grin.—London Answers.

**SHE WEARS NOTHING
FADED AND SHABBY**

But "Diamond Dyes" Her Old, Apparel
Fresh and New.

Don't worry about perfect results.
Use "Diamond Dyes," guaranteed to
give a new, rich, fadeless color to any
fabric, whether it be wool, silk, linen,
cotton or mixed goods,—dresses,
blouses, stockings, skirts, children's
coats, feathers—everything!

Direction Book in package tells how
to diamond dye over any color. To
match any material, have dealer show
you "Diamond Dye" Color Card.—Adv.

Stunned.
"If labor persists in its arrogance,"
said the town man, "the time will come
when the hired man who does a full
and honest day's work will be de-
nounced as a traitor by his class."
"The hired man who does—good
gosh!—what?" astoundedly yelled
Farmer Bentover.—Kansas City Star.

Feeding a Grudge.
"I see the railroad restaurant men
are to have a banquet." "I'd like to
supply the sandwiches."

Out of Sight.
Judge—"Didn't you see the lady un-
til you struck her?" Motorist—"No; I
was looking at her hat."

The Sign of a Good Dealer:
A STOCK OF
Trinity Brand Seeds
If your dealer doesn't carry them send
us his name.



THE BELT SEED CO., BALTIMORE, MD.
Importers and Exporters—Grass and Field SEEDS

Rajah Pearls
are things of beauty

Pearls are fashionable. You can get
your Rajah Pearl Necklace direct from
me instead of the high class retailers I
have sold to and save money. These
prices are wonderful values. Send
C. O. D. for your inspection.

Francis E. Cocks
41 Liberty Street
New York

Duplicates.
"Those colored twins are just like
each other." "Yes; one is a carbon
copy of the other."

SPECIAL!
Haide—Clasp of Gold Spring and Gold Balls, \$ 7.25
Iris— " " 14kt. White Gold Barrel, 13.50
Lael— " " Platinum Barrel, 19.50
Each Necklace 15 1/2 inches long, in handsome box.

Another Royal Suggestion
PIES and PASTRIES
From the NEW ROYAL COOK BOOK

**ROYAL
BAKING
POWDER**
Absolutely Pure

FREE
By all means get the new
Royal Cook Book—just out.
Contains these and 400 other
delicious, helpful recipes.
Free for the asking. Write
"TODAY" to
ROYAL BAKING POWDER CO.
115 Fulton Street
New York City

"Bake with Royal and be Sure"

DON'T WHINE IN SICK ROOM

Remember to Carry Cheer, Not Sym-
pathy to Those Who Are Tem-
porarily "Shut In."

Every one is called upon now and
then to visit the sick room. Condi-
tions surrounding the bedside visita-
tions present a wide variation. There
is one rule that holds good under all
conditions, and that is to carry cheer
and sunshine—not a long face, but a
smile. If the patients are able talk
to them of what is going on outside.
Help them to forget themselves. A
man who for over twenty years had
been paralyzed, was visited by a
friend who was profuse in expressing
his sympathy and regret at the sick
man's helplessness. As he was about
to leave, the afflicted man said, "Come
again, won't you, but when you do
please forget to tell me that you are
sorry for me as every one tells me that.
I've heard it every day for twenty
years. Help me to forget it. Bring
me a breath of the outside world."
Flowers are always a gracious help
in making the sickroom a place of
cheer. A book or a magazine also
helps.—Thrift Magazine.

As some one has said, nothing was
ever so bad as reported except Noah's
flood.

Nowadays most any man would like
to meet a woman who could drive him
to strong drink.

HARDLY PAID FOR EXERTION

Small Sum Collected From Burglar
Didn't Recompense John for
His Disturbed Repose.

The clock struck the hour of three.
The wife rose on one elbow and lis-
tened. Then she nudged her side part-
ner.
"John," she whispered, "there's a
burglar downstairs."
"The dence there is," exclaimed
John, jumping out of bed. "I'll show
him."
He crept downstairs. There was the
sound of a crash, a revolver shot and
the sullen thud of men engaged in
mortal combat. Then a window
smashed and all was still. The terri-
fied wife turned on the light and hur-
ried into the hall.
"John!" she called timorously.
"All right, my dear," called John. "I
found him. All he had was sixty cents."

Wood Alcohol Always Injurious.
Wood alcohol may cause blindness
not only when taken as a beverage
but by absorption through the skin,
in the case of the use of such articles
as hair tonics, containing the poison.
It may also produce the same effect
by way of lungs when inhaled from
varnishes, etc.

Cold.
Jones—What became of that shim-
my dancer you used to go with?
Jones—She shook me.

FOOD FORTIFIES
against exhaustion and
illness—if it's the right
kind of food.

Grape-Nuts
is easily digested and with
cream or good milk is a well
balanced ration that builds
tissue and increases strength
of body and mind.

"There's a Reason"

Safe Bet.
She's clumsy and she's sloppy, and
she occupies much space. And for
these reasons we would like to bet
name is "Grace."—Arkansas Thomas
Cat.

It's surprising how much respect a
worthless man is capable of generat-
ing for himself.

Pneumonia
often follows a
Neglected Cold
KILL THE COLD!
**HILL'S
CASCARA
QUININE
BROMIDE**
Standard cold remedy for 20 years
in tablet form—no op-
iates—breaks up a cold in 24
hours—relieves grip in 3 days.
Money back if it fails.
The genuine box has a Red
top with Mr. Hill's
signature.
At All Drug Stores

HEADACHE
Often Caused by
Acid-Stomach

Yes, indeed, more often than you think.
Because ACID-STOMACH, starting with
digestion, heartburn, belching, food-repug-
nance, hiccups and gas, if not checked, will
eventually affect every vital organ of the body.
Severe, blinding, splitting headaches and,
therefore, of frequent occurrence as a result
of this upset condition.

Take EATONIC. It quickly banishes acid-
stomach with its sour blast, pain and gas.
It aids digestion—helps the stomach get
full strength from every mouthful of food
you eat. Millions of people are suffering
weak, sick and ailing because of ACID-
STOMACH. Poisons, created by partly di-
gested food charged with acid, are absorbed
into the blood and distributed throughout
the entire system. This often causes rheu-
matism, biliousness, cirrhosis of the liver,
heart trouble, ulcers and even cancer of
the stomach. It robs the victims of their
health, undermines the strength of the
most vigorous.

If you want to get back your physical
and mental strength—be full of vim and
vigour—enjoy life and be happy, you must
get rid of your acid-stomach.

In EATONIC you will find the very best
you need and it's guaranteed. So get a big
size box from your druggist today. If it
fails to please you, return it and he will
refund your money.

EATONIC
(FOR YOUR ACID-STOMACH)