

HAS NO PAIN NOW

What Lydia E. Pinkham's Vegetable Compound Did for Mrs. Warner.

Onalaska, Wis.—“Every month I had such pains in my back and lower part of stomach I could not lie in bed. I suffered so it seemed as though I would die, and I was not regular either. I suffered for a year and was unfit to do my housework, could only wash dishes once in a while. I read an advertisement of what Lydia E. Pinkham's Vegetable Compound had done for other women and decided to try it. It surely did wonders for me. I have no pains now and I can do my housework without any trouble at all. I will always praise your medicine as I do not believe there is a doctor that can do as much good for female weakness, and you may use these facts as a testimonial.”—Mrs. LESTER E. WARNER, R. 1, Box 69, Onalaska, Wis.

The reason women write such letters to the Lydia E. Pinkham Medicine Co. and tell their friends how they are helped is that Lydia E. Pinkham's Vegetable Compound has brought health and happiness into their lives. Freed from their illness they want to pass the good news along to other suffering women that they also may be relieved.

DON'T DESPAIR

If you are troubled with pains or aches; feel tired; have headache, indigestion, insomnia; painful passage of urine, you will find relief in

GOLD MEDAL HARLEM OIL CAPSULES

The world's standard remedy for kidney, liver, bladder and uric acid troubles and National Remedy of Holland since 1894. Three sizes, all druggists. Guaranteed. Look for the name Gold Medal on every box and accept no imitation.

Rheumacide
GIVE IT TO THE JOINTS FROM THE INSIDE

Have you **RHEUMATISM** Lumbago or Gout? Take RHEUMACIDE to remove the cause and drive the poison from the system. “RHEUMACIDE OF THE INSIDE” PUTS RHEUMATISM OF THE OUTSIDE AT ALL DRUGGISTS.

Jas. Baily & Son, Wholesale Distributors, Baltimore, Md.

ATTENTION, MOTHERS. Shall your baby go through life ruptured when Five Dollars will cure it? Others badly ruptured have been cured inside of ten months, why not yours? Mail one dollar today for soft, comfortable (adjustable to an age) splines and full instructions. Pay \$4 upon delivery. S. W. Stanley, 571 Park Ave., Baltimore, Md.

The Fitting Material. “Did you see where natives in Australia are tearing down telegraph wires to make bracelets, earrings and rings?” “I suppose they thought electric wiring the best material for current fashions.”

Watch Cuticura Improve Your Skin. On rising and retiring gently smear the face with Cuticura Ointment. Wash off Ointment in five minutes with Cuticura Soap and hot water. It is wonderful sometimes what Cuticura will do for poor complexions, dandruff, itching and red rough hands.—Adv.

Reprove thy friend privately, commend him publicly.—Solon.

FIND THE CAUSE?

It isn't right to drag along feeling miserable—half sick. Find out what is making you feel so badly and try to correct it. Perhaps your kidneys are causing that throbbing backache or those sharp, stabbing pains. You may have morning lameness, too, headaches, dizzy spells and irregular kidney action. Use **Doan's Kidney Pills**. They have helped thousands of ailing folks. Ask your neighbor!

A Virginia Case

Mrs. E. L. Carter, South St., Bedford City, Va., says: “My back was always weak and lame and often hurt and ached so I could hardly get around. I was also troubled with dizzy spells. After using Doan's Kidney Pills I received wonderful relief and have been recommending them ever since.”

Get Doan's at Any Store, 60¢ a Box
DOAN'S KIDNEY PILLS
FOSTER-MILBURN CO., BUFFALO, N. Y.

A Bad Cough
If neglected, often leads to serious trouble. Safeguard your health, relieve your distress and soothe your irritated throat by taking

PISO'S

TRUCKS USEFUL FOR FARM WORK

Fifty Thousand Farmers Now Own Motor Vehicles.

CENSUS NOT YET COMPLETE

Pleasure Cars and Trailers Not Taken Into Account by Reporters—New York State Is in Lead With 3,171 Machines.

(Prepared by the United States Department of Agriculture.)
At least 50,000 farmers in the United States own motor trucks which they use on their farms. This is shown by a preliminary survey of the ownership and use of motor trucks by farmers undertaken by the office of farm management and the bureau of crop estimates. The data secured by this inquiry answer many questions which have been asked repeatedly in recent years regarding the extent to which motor vehicles are used for farm hauling.

How Figures Were Secured.
The figures on which totals for the nation and the several states are based were secured from approximately 35,000 selected crop reporters of the bureau of crop estimates. These co-operators were asked to report the names and addresses of farmers they knew who own motor trucks for farm use. Pleasure cars and trailers for use with pleasure cars were excluded, and the reporters were asked not to take account of trucks which are used primarily for general custom hauling, or on regularly established routes.

This survey can scarcely be considered a complete census, for it is probable that in some localities the crop reporters were not acquainted with all the truck owners, but it is certain that a very large per cent have been listed. It is believed that in no state were less than 75 per cent of the trucks reported. If not complete in every respect, the figures show the relative distribution very satisfactorily.

How Trucks Are Divided.
The exact number of motor trucks reported is 49,195, divided among the states as follows: Alabama, 847; Arizona, 95; Arkansas, 721; California, 1,019; Colorado, 804; Connecticut, 357; Delaware, 100; Florida, 380; Georgia, 1,508; Idaho, 329; Illinois, 2,261; Indiana, 1,548; Iowa, 2,773; Kansas, 1,732; Kentucky, 818; Louisiana, 310;



Dairyman Carrying Milk on Good Road in New York.

Maine, 435; Maryland, 596; Massachusetts, 661; Michigan, 1,636; Minnesota, 1,255; Mississippi, 957; Missouri, 2,005; Montana, 359; Nebraska, 2,739; Nevada, 41; New Hampshire, 283; New Jersey, 862; New Mexico, 104; New York, 3,171; North Carolina, 1,450; North Dakota, 501; Ohio, 2,261; Oklahoma, 723; Oregon, 309; Pennsylvania, 2,760; Rhode Island, 152; South Carolina, 1,190; South Dakota, 1,708; Tennessee, 973; Texas, 1,698; Utah, 173; Vermont, 282; Virginia, 1,128; Washington, 682; West Virginia, 465; Wisconsin, 1,465; Wyoming, 174.

SPINACH IS FINE VEGETABLE

It is Very Luscious, Tender, Succulent and Appetizing—Has Medicinal Value.

Not every gardener recognizes the value of spinach as a vegetable. It is a very luscious vegetable, tender, succulent and appetizing, and it also has a medicinal value, it is said. It is a very important food for the brain, it is believed.

TUBERS RESISANT TO WART

Malady That Threatens From Pennsylvania Is Particular as to Varieties Attacked.

The deadly potato disease wart that threatens our doors from Pennsylvania is fortunately particular as to the varieties it attacks. The Irish Cobbler and Green Mountain, for example, are very resistant to wart.

HAVE VEGETABLES ALL YEAR

In Making Selection of Seeds for Family Garden Plan to Have Well Assorted Variety.

If a little care be given in making the selection of vegetables that are to be planted the garden will produce a variety of vegetables from early spring until late in the fall.

CLOVER IS THE KEY CROP IN ROTATIONS

Specialists Are Concerned Over Decline in Its Use.

Less Planting of Crop Has Injuriouly Affected Productiveness of Soil—Possible to Find Substitute Crop.

(Prepared by the United States Department of Agriculture.)
From the Atlantic to Iowa and from Tennessee to Canada clover is the key crop in rotations, but there is a gradual though steady decline in the culture of red clover in this area. Specialists in the bureau of plant industry, are seriously concerned over this decline and urge all farmers to get back to clover.

Less planting of clover has injuriouly affected the productiveness of the region and is likely to affect it still more injuriouly if something is not done either to increase the acre-



Raking Crimson Clover Hay in Delaware.

age of clover or to find a substitute. “Whether a farmer adopts a three, four, or five-year rotation,” the specialists declare, “he is sure to find that his yields will decline if he does not have clover somewhere in the rotation. Theoretically, of course, it is possible to substitute another leguminous crop for clover, but practically clover fits so well into the agricultural practices of this section that it is the only leguminous crop having any large degree of influence upon keeping up the productivity of the soil.”

CONSUMER MUST BE PLEASED

Produce Should Be Packed So That It Will Reach Destination in Good Condition.

The producer dealing directly with consumer must not forget that one shipment of poor produce causes more dissatisfaction than can be overcome with several shipments of high-quality produce, say market experts of the United States department of agriculture. Consumers often judge the quality of produce by appearance. Farmers should pack produce so tight when it has been transported it will arrive in good condition and present a good appearance. Containers should be suited to the produce shipped and should be durable, strong and reasonable in price. Much dissatisfaction has resulted from the use of unsuitable containers.

REMEDY FOR INFERTILE EGGS

Substitution of Another Male Will Often Relieve Trouble—Make a Change of Some Kind.

If you find that the eggs from a certain yarded pea are largely infertile something should be done to change the condition of things. Very often putting in another male for a time will relieve it, while you feed up the removed male so that he may have greater vigor. Make a change of some kind and see if it will do the work.

PROFITS FROM APPLE TREES.

When Planted in Permanent Place Six to Eight Years They Should Begin to Bear.

Reckoning the age of a tree from the time when it is planted in its permanent place, apple trees should begin to bear, as a rule, when they have been planted six to eight years, according to the United States department of agriculture.

MAKING PLANS FOR GARDEN

Splendid Idea to Plant Permanent Crops on One Side—Hand Work Is Disagreeable.

In planning the garden, it is well to plant the permanent crops on one side. Everything should be grown in rows so as to cultivate it with cultivators. It is the hard work that makes gardening the disagreeable chore that so many dislike.

VITALITY OF ALFALFA SEED

Stored Under Ordinary Conditions It Will Retain Germinating Power Many Years.

Experiments with good clean alfalfa seed stored under ordinary good conditions indicate that it will retain its vitality for at least twenty-three years. Even under rather poor conditions, alfalfa seed after 27 years was still able to germinate 46 per cent.

MANY USING SKIS

Ancient and Exhilarating Sport Grows in Favor.

Enthusiastic Devotees Are Hailing It as King of Winter Sports—Has Long Figured in History and Legend.

A thousand years ago, or thereabouts, some thoughtful Norseman found that long, thin strips of wood fastened to his war-boots enabled him to get over the snow-clad plains and mountains of his native land easily and with great speed. Before long all the hardy Norsemen were going around to fight or to wassail on these useful aids to winter travel, which became known as ski, pronounced by the Norsemen as if spelled s-h-e. So popular did skiing become that, according to Norse mythology, even off of the ancient viking gods went in for it. Olaf Trygvasson, best loved and most celebrated of the old Norwegian hero kings, is said to have been an expert skier. Another king, one of the early Haakons, escaped from pursuers with designs on his life, by traveling five hundred miles on ski, over one of the most rugged sections of Norway. Norse soldiers were equipped with skis and at the important battle of Stiklestad ski regiments played an important part. In later times, during a war on Norway conducted by Charles XII, Swedish scouts discovered the location of the Norwegian troops and compelled a band of skiers to guide them through the woods at night. The wily Norwegian skimen led the Swedes to a precipice, threw their burning torches down the mountain side, and then made a quick “get-away.” The Swedes, following the lights, were hurled to death on the rocks below. While skiing in the beginning was held in esteem, particularly on account of its practical utility, its possibilities as a sport were also recognized after a time, and today it easily ranks as the king of winter sports. “It has gained followers in a most surprising manner the past twenty-five years,” says G. C. Torguson, writing in Outers' Recreation (Chicago). Ski associations have been organized in almost every northern country both in Europe and America. He tells us. Recently clubs have been formed in the Rocky Mountain states of our own country.

Tungsten.

Nearly everybody is familiar with the tungsten filament electric lamp, but few are aware that the filaments which give so effective a light are made from metal without ever having been fused. The melting point of tungsten is about 3,000 degrees C (5,432 degrees F.), a temperature which has been beyond that attainable in any ordinary metallurgical furnace. A method of actually fusing this refractory metal has now, it is said by a German authority, been devised by a Berlin engineer, which will permit of the metal being cast in any desired form, and of being subsequently worked into any malleable shape, including wire for electric lamps. Incidentally it would appear that tungsten carbide is also becoming available, and as this carbide is practically as hard as the diamond—the difference being only as 9.8 to 10—it will be used in future for those numerous grinding and cutting operations which can only be effected at present by the diamond.

Boy's Prayer a Gem.

Ex-Governor Stone of Pennsylvania, who has just passed away, was a great lover of horses.

His pet, as a youth, was a colt named Midnight.

When Midnight—still a colt—died, as the result of a tumble, the boy was inconsolable.

He tells in his autobiography, “The Tale of a Plain Man,” about the funeral he conducted in solitude over the body of his four-footed friend.

“I had no book, but I knelt down over his body and tried to say a prayer.

“I prayed: ‘Oh, Lord, if there is a horse heaven, let Midnight go to it. I hope there is, as I want to see Midnight again. Make me as good boy as Midnight was a colt.’”

“I had no audience, but a bluejay and a woodthrush were singing, and I heard a squirrel barking a bass chorus.”

It Was No Place for It.

The trial of Rollin Bunch, mayor, and Horace Murphy, prosecuting attorney of Muncie, was on in the United States district court at Indianapolis and every day Muncie persons and others who were acquainted with the remarkable case came too late to obtain seats in the courtroom. A Muncie young woman one day rushed impulsively up to a man acquaintance whose business took him inside the courtroom, and finding all the seats were taken she exclaimed, “Oh, can't you squeeze me in there?” “No,” he responded gravely, “not in there.”

The New Way.

Dick Slowe—Will you go sailing down the stream of life with me?

The Girl—You're too late. Jack Smart made me promise to go aviating through life's air with him.—Boston Transcript.

Logical Finish.
Mr. Pester—More magazine rot? I wonder why every love story has to end in marriage.
His Wife—They run out of material. Marriage is where the love ends.

SWAMP-ROOT FOR KIDNEY AILMENTS

There is only one medicine that really stands out pre-eminent as a medicine for curable ailments of the kidneys, liver and bladder.

Dr. Kilmer's Swamp-Root stands the highest for the reason that it has proven to be just the remedy needed in thousands upon thousands of distressing cases. Swamp-Root makes friends quickly because its mild and immediate effect is soon realized in most cases. It is a gentle, healing vegetable compound.

Start treatment at once. Sold at all drug stores in bottles of two sizes, medium and large.
However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Adv.

Optimistic Thought.

One certain way of beating the game is to raise something beside prices and Cain.—Dallas Journal.

Constipation generally indicates disordered stomach, liver and bowels. Wright's Indian Vegetable Pills restore regularity without griping.—Adv.

The man who is unable to live with his income must live without it.

COLDS breed and Spread INFLUENZA

KILL THE COLD AT ONCE WITH

HILL'S CASCARA QUININE BROMIDE

Standard cold remedy for 20 years—in tablet form—safe, sure, no opiates—breaks up a cold in 24 hours—relieves grip in 3 days. Money back if it fails. The genuine box has a Red top with Mr. Hill's picture.

At All Drug Stores

OLIVE TAR

DR. STAFFORD'S For internal and external use. Proven best for sixty years—in thousands of homes—for all bronchial and catarrhal troubles, inflammation, chilblains and all cold weather ills.

HALL & RUCKEL, Inc. for **ASTHMA**

215 Washington St. New York

POSITIVELY REMOVED by Dr. Barry's Freckle Remover. Freckles, Sunburn, Dark Spots, etc. Dr. C. H. Barry, 2775 Michigan Avenue, Chicago.

Net Contents 15 Fluid Drachms
900 DROPS
CASTORIA

ALCOHOL—3 PER CENT. A Vegetable Preparation for Assimilating the Food by Regulating the Stomach and Bowels of INFANTS—CHILDREN

Thereby Promoting Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.

Dr. J. C. Ayer & Co., Lowell, Mass., U.S.A.

A helpful Remedy for Constipation and Diarrhoea, and Feverishness and LOSS OF SLEEP resulting therefrom in Infancy.

The Similar Signature of **Dr. J. C. Ayer & Co.**

THE CENTAUR COMPANY, NEW YORK.

At 6 months old 35 Doses—40 CENTS.

Exact Copy of Wrappers. THE CENTAUR COMPANY, NEW YORK CITY.

CASTORIA

For Infants and Children.

Mothers Know That Genuine Castoria Always Bears the Signature of *Dr. J. C. Ayer & Co.* In Use For Over Thirty Years **CASTORIA**

THE CENTAUR COMPANY, NEW YORK CITY.

The Right Way

in all cases of **DISTEMPER, PINKEYE INFLUENZA, COLDS, ETC.** of all horses, brood mares, colts and stallions is to

“SPOHN THEM” on the tongue or in the feed with **SPOHN'S DISTEMPER COMPOUND**

Give the remedy to all of them. It acts on the blood and glands. It routs the disease by expelling the germs. It wards off the trouble, no matter how they are “exposed.” A few drops a day prevent those exposed from contracting disease. Contains nothing injurious. Sold by druggists, harness dealers or by the manufacturers, 60 cents and \$1.15 per bottle. AGENTS WANTED.

SPOHN MEDICAL COMPANY, GOSHEN, IND.

Bronchitis Chest Colds

When that tightness appears in your chest and the sharp pains signify inflammation and congestion you need a hot application right away. Heat eases pain, and when you use **Begy's Mustarine** you get just the right kind of heat—penetrating heat—that quickly reduces all soreness and congestion. Apply it to-night and cover with a cloth. You'll feel lots better in the morning. It's a grand, sensible remedy that all who use it praise. 30 cents. S. C. Wells & Co., LeRoy, N. Y.

BEGY'S MUSTARINE IN THE YELLOW BOX

Cuticura Soap IS IDEAL For the Hands
Soap 25c, Ointment 25 and 50c, Talcum 25c.

Don't worry about perfect results. Use “Diamond Dyes,” guaranteed to give a new, rich, fadeless color to any fabric, whether it be wool, silk, linen, cotton or mixed goods,—dresses, blouses, stockings, skirts, children's coats, feathers—everything!

Direction Book in package tells how to diamond dye over any color. To match any material, have dealer show you “Diamond Dye” Color Card.—Adv.

A Remedy.
“That automobile post certainly writes recklessly.” “Then they ought to take his poetic license away.”

Use **MURINE** Night Morning **Keep Your Eyes Clean—Clear—and Healthy**
Write for Free Eye Care Book Murine Co., Chicago, U.S.A.

PARKER'S HAIR BALSAM
Removes Dandruff, Itchiness, Falling, Restores Color and Beauty to Gray and Faded Hair. 25c and 50c at druggists.

HINDERGORN'S Budsore Ointment. Calves' hooves, stops all pain, cures comfort to the feet, makes walking easy. Use by mail or at drug store. Hinderhorn Chemical Works, Paterson, N. J.

W. N. U., BALTIMORE, NO. 14-1920.