


DEPENDENT UPON IT 20 YEARS

Lydia E. Pinkham's Vegetable Compound Has Been This Woman's Safeguard All That Time.

Omaha, Neb.—"I have used Lydia E. Pinkham's Vegetable Compound for over twenty years for female troubles and it has helped me very much. I have also used Lydia E. Pinkham's Sanative Wash with good results. I always have a bottle of Vegetable Compound in the house as it is a good remedy in time of need. You can publish my testimonial as every statement I have made is perfectly true."—Mrs. J. O. Elmqvist, 2424 S. 20th Street, Omaha, Nebraska.

Women who suffer from those distressing ills peculiar to their sex should be convinced by the many genuine and truthful testimonials we are constantly publishing in the newspapers of the ability of Lydia E. Pinkham's Vegetable Compound to restore their health. To know whether Lydia E. Pinkham's Vegetable Compound will help you, try it! For advice write to Lydia E. Pinkham Medicine Co. (confidential), Lynn, Mass. Your letter will be opened, read and answered by a woman, and held in strict confidence.




HORSE OWNERS

Keep a bottle of Yager's Liniment in your stable for sprain, curb, splint or any lameness, for shoulder slip or sweeny, wounds, galls, scratches, collar or shoe boils, strains and any lameness. It absorbs swellings and dispels pain and stiffness quickly.

YAGER'S LINIMENT

At all dealers. Price 35 cents. The large 35 cent bottle of Yager's Liniment contains twice as much as the usual 50 cent bottle of liniment.

GILBERT BROS. & CO., Baltimore, Md.



SHILOH

30 DROPS STOPS COUGHS

When a man is in trouble two-thirds of his alleged friends are willing to help him stay in it.

GREEN'S AUGUST FLOWER.

Constipation invites other troubles which come speedily unless quickly checked and overcome by Green's August Flower which is a gentle laxative, regulates digestion both in stomach and intestines, cleans and sweetens the stomach and alimentary canal, stimulates the liver to secrete the bile and impurities from the blood. It is a sovereign remedy used in many thousands of households all over the civilized world for more than half a century by those who have suffered with indigestion, nervous dyspepsia, sluggish liver, coming up of food, palpitation, constipation and other intestinal troubles. Sold by druggists and dealers everywhere. Try a bottle, take no substitute.—Adv.

Polliteness may be the freezing point in the atmosphere of love.

HAD LOST HOPE

But Doan's Effected a Complete Recovery After Other Remedies Failed. Now in Good Health.

Mrs. J. A. Stitworth, E. Bell Ave., Red Key, Ind., says: "I had a terrible case of kidney trouble. My back ached, my feet and ankles swelled like toy balloons. The kidney secretions burned terribly in passage. My face puffed up and the flesh under my eyes and on my cheeks hung down in folds. I had smothering spells, when I thought I would die. So much water had collected under my skin, I weighed 175 pounds, a gain of 45 pounds. My sight failed and little black specks passed before my eyes. I felt drowsy and was so nervous, I couldn't stand the least noise. Rheumatic pains darted all through me and it felt as if every nerve in my body was affected. Medicine didn't help me and I had little hope or strength left. Finally I used Doan's Kidney Pills and they restored me to health. I am now well and strong."

Sworn to before me, M. M. WHITTINGHILL, Notary Public.

Get Doan's at Any Store, 60c a Box

DOAN'S KIDNEY PILLS

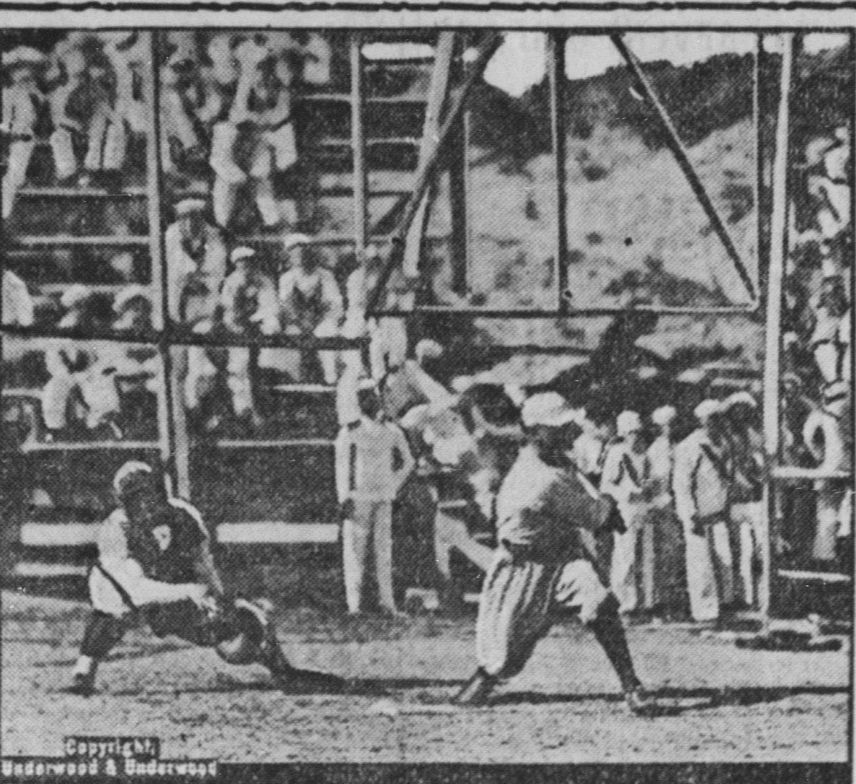
FOSTER-MILBURN CO., BUFFALO, N. Y.

Old Folks' Coughs

will be relieved promptly by PISO'S. Stops throat tickles, relieves irritation. The remedy tested by more than fifty years of use is

PISO'S

PLAY FOR CHAMPIONSHIP AT GUANTANAMO



On Sundays the ships' teams of the United States war vessels battle for the fleet baseball pennant at the United States recreation ground, Guantanamo Bay, Cuba, where seven baseball diamonds have been laid out. There are also many fields prepared for other sports. The photograph shows a member of the battleship Pennsylvania's team opposing a strong U. S. S. Arizona pitcher.

LITTLE PICK-UPS OF SPORT

United States Golf association is composed of 463 clubs.

Annapolis cadets will start the baseball season April 3 with Princeton.

There has been a lull in the bidding for the Dempsey-Carpentier fight of late.

The International Baseball league will open April 21 and close September 20.

The Wisconsin A. A. has been incorporated to hold boxing bouts in Milwaukee.

Los Angeles wants the 1921 national Amateur Athletic union track and field championships.

Harvard's first call for track athletes brought out 130 varsity and freshmen a few days ago.

The Panther, thoroughbred stallion, was sold recently in England to an Argentine sportsman for about \$100,000.

Mrs. A. E. Roberts of Kansas City is leading the field of women bowlers of Missouri with an average of 161 pins.

University of Wisconsin football team has scheduled annual games with Chicago at Stagg field for the next five years.

The sports are said to be crowding into Havana in such numbers these days there is danger of the island tipping on one end.

New York light harness enthusiasts start a half-mile track built in Van Cortlandt park, to replace the Harlem speedway used by autos.

Seven of the eight football games scheduled by Yale will take place in the bowl, the exception being the Princeton contest at Princeton.

If the reports concerning the wonderful athletes being developed by some of the other countries are true America will not have a look-in at the Olympic games.

FINNISH RUNNER IS PEEVED

Hannes Kolehmainen Believes He Can Take Measure of Fred Faller When They Meet Again.

Hannes Kolehmainen, the Finnish runner in the dim past, is beginning to get a little peeved over the recent running of Fred Faller. He believes



Hannes Kolehmainen.

that he can take the measure of the latter when they come together again. But that remains to be seen. Hannes has had a pretty long tanning in the running game, and the longer anyone runs it is a cliché that he cannot get better all the time.

HIGGINS IS MADE MARSHAL

Chicago Football Star is Rewarded for Exceptional Scholastic Standing at University.

The selection of Charles Higgins, captain of the 1919 University of Chicago football team, as head marshal of the university is announced by President Harry Pratt Judson. The position is an honorary one and is awarded for exceptional scholastic standing, athletic achievement and general service for the university.

BATTER GETS NO ADVANTAGE

Averages Will Not Climb Because of Elimination of Spitter, Says Captain Killefer.

Ball players who figured their batting averages are going to climb because of the abolition of the spitter are doomed to disappointment, chirps Wade Killefer, manager of the Los Angeles club. Killefer says the player who doped out a 20-point advance on his batting average because of the absence of the saliva slant is figuring the same way Professor Porta did when he thought the world would come to an end. "Batting in the American association did not loom up as strong last year as in former seasons," Killefer said. "Without the wet spot on the ball the game is a better fielded affair. Without errors there are less men to face the pitcher and there will be no more pitchers' duels."

UNION BOAT CLUB IN HENLEY

Boston Organization Intends to Send Another Crew for Try at Grand Challenge Cup.

The Union Boat Club of Boston intends to send an eight-oared crew to the Henley regatta next July for another trial at the Grand Challenge cup. This was made known by an oarsman who has returned from Boston. It appears that the Unions have already made arrangements for the crew and the entry will be certified and forwarded to the Henley stewards at the proper time. If the Unions persist in their efforts it would not be surprising if Harvard university made another trial to have her name engraved on the famous rowing trophy.

ANOTHER BABE DISPOSED OF

Boston Red Sox Let Go of Son of Catcher Charley Ganzel—Looks Like Real Player.

The Boston Red Sox have disposed of another Babe. This one is Babe Ganzel, the young son of the late Charley Ganzel, the catcher. The youngster has been released to the Toronto Internationals. He can play first base or the outfield and in his workouts with the Red Sox last year looked like a real ball player.

JOCKEY HANDLES AND RIDES HIS OWN NAGS

Incidentally He Is Oldest Rider at New Orleans Track.

Usual Worry as to Who Will Pilot Race Horses Is Eliminated With Owner Tullet, Who Performs That Task Himself.

An unusual incident occurred at the Jefferson Park track at New Orleans the other day when H. Tullet rode Sunday Lad to victory. The fact that the horse won was no feature. It is the jockey around which the interest centers.

"Owner H. Tullet, Trainer H. Tullet, Jockey H. Tullet." These are the ways that "Ikey" Tullet can be addressed. He is the owner, trainer and rider. Incidentally he is the oldest jockey there. He is over the 40-year mark, and he expects to ride for a long time to come, he says.

All the bills that "Ikey" has to pay in connection with his stable are for feed and incidentals, and he does not have to worry as to whether the "help" will show up or not to perform their daily tasks.

The usual worry of owners as to who will ride their horses is eliminated with him, as he pilots them himself. He saves the jockey's fees thereby, and to his credit it must be said that he rides as good a race as many of the younger generation of pigskin artists.

If "Ikey's" stable is not a success it is nobody's fault but his own, and he has no alibis to offer. He seldom accepts outside mounts, as he rides for himself five or six times a week and he considers that a pretty good week's work for a rider of his age. Among his possessions now is Fritz, which raced with much success at the fair grounds in his early two-year-old form last winter.

NOTES of the DIAMOND

Hank Gowdy wants more money to play with the Braves.

Kid Gleason is hoping Urban Faber will show a return to his 1917 form.

Joe Judge writes that he is keeping in good condition hunting in New England.

Jim Thorpe, formerly of the Braves, is still ranting that he won't play in the minors.

Jack Coombs will get the Detroit pitchers in condition if any one can do the job.

Roger Peckinpugh expects to be a big factor in winning the 1920 pennant for the Yanks.

The Phillies are slated to start for their training camp in Birmingham, Ala., on March 7.

Cosy Dolan, former big leaguer, will boss the St. Joseph club of the Western league this year.

Miller Huggins, manager of the Yankees, is opposed to legislation doing away with freak deliveries.

Tex Westerzil, third baseman, will be field captain of the 1920 Portland Beavers in the Pacific Coast league.

The Yanks are still scouring the majors for a slugging outfielder. They have only two now in Ruth and Lewis.

Eddie Cicotte will be the mainstay of the White Sox pitchers again this season, in the opinion of Kid Gleason.

The Yankees have such a big squad of pitchers that Miller Huggins could lose a few of them and never notice it.

New York fans would be tickled if McGraw landed Roger Hornsby to play third base instead of Heinie Zimmerman.

The industrial leagues promise to make it hard for the minors to grab players up to the standard of other years.

Mike Menosky is figuring on having a big year with the Red Sox. Mike didn't do so very bad with the stick last season.

Charley Ritsberg's reported decision to retire from baseball for the restaurant business is not being taken seriously in Chicago.

The success of Uble, the Cleveland send lot pitcher, has led Tris Speaker to look for more talent in the Cleveland semi-pro ranks.

Benny Kauff, of the Giants, says he is going to turn boxing manager. That is an easier way to get money than by playing ball.

The 1920 championship campaign in the Pacific Coast league will get under way on April 6 and will continue for 23 weeks, closing close to November 1.

The Syracuse club of the International league has signed the veteran Ambrose McConnell, who managed Petersburg in the Virginia league last season.

"CALIFORNIA FIG SYRUP" IS CHILD'S LAXATIVE

Look at tongue! Remove poisons from stomach, liver and bowels.



Accept "California" Syrup of Figs only—look for the name California on the package, then you are sure your child is having the best and most harmless laxative or physic for the little stomach, liver and bowels. Children love its delicious fruity taste. Full directions for child's dose on each bottle. Give it without fear.

Mother! You must say "California."—Adv.

Mistaken Identity.
Mrs. Newrich—What was that man I saw you talking with? Isn't he—er—obese?
Newrich—Obese? No, that's O'Brien. Ain't he the fat slob?

URIC ACID IN MEAT CLOGS THE KIDNEYS

Take a Glass of Salts if Your Back Hurts or Bladder Bothers.

If you must have your meat every day, eat it, but flush your kidneys with salts occasionally, says a noted authority who tells us that meat forms uric acid which almost paralyzes the kidneys in their efforts to expel it from the blood. They become sluggish and weaken, then you suffer with a dull misery in the kidney region, sharp pains in the back or sick headache, dizziness, your stomach sours, tongue is coated and when the weather is bad you have rheumatic twinges. The urine gets cloudy, full of sediment, the channels often get sore and irritated, obliging you to seek relief two or three times during the night.

To neutralize these irritating acids, to cleanse the kidneys and flush out the body's urinous waste get four ounces of Jad Salts from any pharmacy here; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to flush and stimulate sluggish kidneys, also to neutralize the acids in urine, so it no longer irritates, thus ending bladder weakness.

Jad Salts is inexpensive; cannot injure, and makes a delightful effervescent lithia-water drink.—Adv.

HEAD STUFFED FROM CATARRH OR A COLD

Says Cream Applied in Nostrils Opens Air Passages Right Up.

Instant relief—no waiting. Your clogged nostrils open right up; the air passages of your head clear and you can breathe freely. No more yawning, snuffing, blowing, headache, dryness. No struggling for breath at night; your cold or catarrh disappears.

Get a small bottle of Ely's Cream Balm from your druggist now. Apply a little of this fragrant, antiseptic, healing cream in your nostrils. It penetrates through every air passage of the head, soothes the inflamed or swollen mucous membrane and relief comes instantly.

It's just fine. Don't stay stuffed up with a cold or nasty catarrh.—Adv.

As the inventor of strenuous games it's queer the Romans overlooked football.

RECIPE FOR GRAY HAIR.

To half pint of water add 1 oz. Bay Rum, a small box of Barbo Compound, and ¼ oz. of glycerine. Apply to the hair twice a week until it becomes the desired shade. Any druggist can put this up or you can mix it at home at very little cost. It will gradually darken streaked, faded gray hair, and will make harsh hair soft and glossy. It will not color the scalp, is not sticky or greasy, and does not rub off.—Adv.

Every man on the job thinks he knows more than the boss.

Freshen a Heavy Skin
With the antiseptic, fascinating Cuticura Talcum Powder, an exquisitely scented convenient, economical face, skin, baby and dusting powder and perfume. Renders other perfumes superfluous. One of the Cuticura Toilet Trio (Soap, Ointment, Talcum).—Adv.

A man is apt to take affront if requested to take a back seat.

There is no excuse for the dyspeptic with Garfield Tea accessible at every drug store.—Adv.

Many a man would starve if his wife did not keep boarders.

GET READY FOR "FLU"

Keep Your Liver Active, Your System Purified and Free From Colds by Taking Calotabs, the Nauseless Calomel Tablets, that are Delightful, Safe and Sure.

Physicians and Druggists are advising their friends to keep their systems purified and their organs in perfect working order as a protection against the return of influenza. They know that a clogged up system and a lazy liver favor colds, influenza and serious complications.

To cut short a cold overnight and to prevent serious complications take one Calotab at bedtime with a swallow of water—that's all. No salts, no nausea, no griping, no sickening after effects. Next morning your cold has vanished, your liver is active, your system is purified and refreshed and you are feeling fine with a hearty appetite for breakfast. Eat what you please—no danger. Calotabs are sold only in original sealed packages, price thirty-five cents. Every druggist is authorized to refund your money if you are not perfectly delighted with Calotabs.—(Adv.)

Vice's Aftermath.
He (despairing)—Oh, why did I ever learn gambling?
She—That's the trouble; you never learned.

Before retiring, a cup of Garfield Tea. For good digestion and continued good health.—Adv.

Lots of people would rather say nothing than speak a kind word.

Women Made Young

Bright eyes, a clear skin and a body full of youth and health may be yours if you will keep your system in order by regularly taking



The world's standard remedy for kidney, liver, bladder and uric acid troubles, the enemies of life and looks. In use since 1895. All druggists, three sizes. Look for the name Gold Medal on every box and accept no imitation.

Why Go Hungry?

If your Stomach is weak and you suffer with indigestion, — don't sacrifice your health and comfort. You may eat anything you like, and relish it, if you take one or two DR. TUTT'S LIVER PILLS when required. You will digest your food; nourish and build up your System eliminating all poisonous waste matter and strengthen the stomach.

Dr. Tutt's Liver Pills

HEALS RUNNING SORES

"I feel it my duty to write you a letter of thanks for your wonderful Peterson's Ointment. I had a running sore on my left leg for one year. I began to use Peterson's Ointment three weeks ago and now it is healed."—A. C. Gilbrath, 703 Reed St., Erie, Pa.

DR. CARTER'S K. & B. TEA

Makes Fine Laxative Syrup

Make it at Home and Save About \$1.50 —Children Love to Take it.

Full Directions With Each 30-Cent Package

For a real tonic and blood purifier, take a teaspoonful every night or every other night for at least three weeks.

Leggett & Wallyers

KING PIN PLUG TOBACCO

Known as "that good kind"

Try it—and you will know why

Cuticura Soap

Clears the Skin and Keeps it Clear

Soap 25c, Ointment 25 and 50c, Talcum 25c.