DO ALL MY HOUSEWORK

Before I took Lydia E. Pinkham's Vegetable Compound I could hardly stand, says Mrs. Kwarcinski.

Chicago, Ill.-"I suffered with dis-lacement and irregularities and I did

not know what to do. My mother advised me to take Lydia E. Pinkham's Vege-table Compound and use the Sanative Wash so I took her advice and used these remedies and cured myself. I feel fine and do all my housework which I could not do before,

as I could hardly stand up and I have three healthy chil-You can use this letter if you for your remedy is certainly wonderful for sick, run down women."-Mrs. A. KWARCINSKI, 3627 W. Oakdak. Chicago, Ill.

For forty years Lydia E. Pinkham's Vegetable Compound has been making women strong and well, relieving backache, nervousness, ulceration, and inflammation, weakness, displacements, irregularities and periodic pains. It has also proved invaluable in preparing for childbirth and the Change of Life.

Women who suffer are invited to write for free and helpful advice to Lydia E. Pinkham Medicine Co. (confidential), Lynn, Mass. It is free and always helpful.





No Discussion.

"I don't hear a word of discussion about the film," remarked the house manager. "The people seem to be departing in utter silence."

"Well, it was a story about an abused wife, and that's a good theme for married couples to keep away from."-Louisville Courier-Journal,

How's This?

We offer \$100.00 for any case of catarrh that cannot be cured by HALL'S CATARRH MEDICINE HALL'S CATARRH MEDICINE is taken internally and acts through the Blood on the Mucous Surfaces of the System. Sold by druggists for over forty years. Price 75c. Testimonials free. F. J. Cheney & Co., Toledo, Ohio.

Gold Talks. He-"Why so sad, dearest? Hasn't my avowal the true ring?" She-"Yes, but my finger hasn't, as yet."-Boston

Infections or inflammations of the Eyes, whether from external or internal causes, are promptly healed by the use of Roman Eye Balsam at night upon retiring. Adv.

When a woman looks in a mirror she is luckily never able to see herself as other women see her.

For a disordered liver, take Garfield Tea, the Herb laxative. All druggists .- Adv.

Much of woman's happiness is due to her ability to improve on nature.

BACK GIVEN OUT?

There's surely some reason for that lame, achy back. Likely it's your kidneys. A cold or strain ofttimes congests the kidneys and slows them up. That may be the reason for that nagging backache, those sharp pains, that tired, worn-out feeling. You may have headaches and dizzy spells, too, with annoying bladder irregularity. Use Doan's Kidney Pills. They have helped thousands. Ask your neighbor!

A Georgia Case



T. A. Hubbard, 203 Third St., Al-bany, Ga., says: "I had little con-trol over the ac-tion of my kid-neys and had to pass the secretions too often.
My back was so
lame and sore I
could hardly ould it and and attraighten up and little

would float before my eyes, dimming my sight. I used Doan's Kidney Pills and six boxes entirely cured me of the

DOAN'S HIDNEY FOSTER-MILBURN CO., EUFFALO, N. Y.

Stop Your Coughing

TIME FOR AMERICAN FARMERS TO REAP BENEFIT OF HIGH PRICES FOR CLOVER



Harvesting Red Clover for Seed-Present Indications Are That Clover Will Self at a Very Good Figure for the Next Two Years, Perhaps Longer.

(Prepared by the United States Depart-

ment of Agriculture.) Clover seed is high priced and scarce, and good samples will command prices that many farmers will be loath to pay. The United States department of agriculture, however, urges the seeding of as large an acreage as possible. The best information obtainable shows that the foreign market is quite as bare of clover seed as is our own, The French and Italian supplies are sold out, and there appears to be no surplus In Germany or in Russia. This means that clover seed will be high for at least two years to necessary to satisfy the lime requirein 1920 will have a chance to sell their be removed by the corn crop. A contis a time to look ahead, and for Amerion some soils phosphates are essential. can farmers to get the benefit of the high prices, before Europe has been able to get back to normal production and the prices fall. Watch Quality of Seed.

In view of the high price of clover quality of seed they buy. The relation between the purity and germination of a sample of clover seed and its value to the farmer has been so fresary to enter into details. A farmer, the good seed that will grow than he need organic matter. would have in a sample of higher States department of agriculture.

ed very especially to the fact that French and Italian seed has been and is being imported into this country and that the experiments so far conducted by the department of agriculture indicate that this seed will produce a plant more subject to disease and less hardy under American conditions than plants from our own seed.

In sections where there is no disease and if the winter is moderate a suc cessful stand of clover may be secured with imported seed, but the chances against success are always greater than when using American seed. Farmers are urged, therefore, to insist upon a statement showing where the seed

offered them was harvested. It is also a time to consider with more than usual care the means necessary for getting the most out of the seed sown. It will not pay to throw expensive seed in poorly prepared ground as was so often done when clover was cheap. The seed bed should be well prepared. The best way is not to sow the seed in early spring on the wheat, but to harrow it in on the wheat or to seed with a spring grain in a well prepared seed bed. Seeding alone without a companion or nurse grain crop will often be better, but not always. If seeding must be done on rather worn soil, It is better to seed alone especially if the field is not very weedy. If a special seed bed is prepared it should be well compacted. A freshly plowed and harrowed field is too open for the best results. The soil must be compacted or the seed bed will dry out before the young plants get their roots down far enough.

Be Sure Whether Lime Is Needed. Another matter of the utmost importance is to consider whether or not the field it is proposed to seed needs lime. Unless the farmer is sure, he should send a sample of the soil to his state station and inquire. Not far from 75 per cent of the arable land east of the Mississippi and north of the southern boundary of Tennessee needs lime to bring a good crop of clover. This fact can not be too strongly emphasized. If the soil is "sour" do not waste expensive red clover seed on it-let some one else have it. But land need not remain sour. A ton or two of finely-ground limestone per acre will, in the average case, put the soil into condition to grow clover. It is not necessary to put on enough to completely satisfy the lime requirement. The Pennsylvania station has shown that a lime requirement of 500 pounds per acre or less did no great harm, has increased greatly, and as a natbut when more is needed it must be ural consequence improved methods supplied if clover is to do well. Soil and facilities for handling the increase with a lime requirement of 1,000 have become necessary, says the Unitpounds or more per acre will usually ed States department of agriculture. not make a paying crop of red clover. Keeping pace with increased produc-If the wheat ground needs lime the tion has come the demand of consum-

plowed ground. If this can not be done the limestone may be put on the wheat and harrowed in with the seed, though it is not so effective when applied in this way as when spread on plowed ground and harrowed in. Farmers looking ahead for several years should consider liming the corn field next spring. especially if this is to be followed by wheat with clover on the wheat in 1921. Corn responds to liming more than small grains do and limestone put on in this way will prepare the ground well for a subsequent clover crop, Used in this way the full amount come if not more, and those farmers | ment should be used, as some will be who seeded last spring or who seed lost in drainage water and some will clover seed crop at a good figure. This ing of manure will help clover, and

Potash Is Scarce. In some cases, too, potash gives good results, but potash it still scarce and its use will not be warranted unless the farmer knows that it is needed. A word of warning must, however, seed, it is especially important that be added in the discussion of lime. farmers pay careful attention to the Lime is not a fertilizer, and if used persistently without adding organic matter in the shape of manure or crop residues will eventually leave the soil the poorer, When clover is grown the quently discussed that it is not neces nitrogen will largely take care of itself, but phosphorus and sometimes paying a low price for a poor lot of potash will have to be added as soils seed, may really be paying more for need them. And most of all will they

Good clover crops lie at the foundsprice. The only way to decide this is | tion of agriculture in the northeastern to secure samples and quotations from | quarter of the United States. On many reliable firms, and have the seed and farms good clover crops can not be alyzed by the state seed laboratory or produced without Hme, but lime alone by the seed laboratory of the United | will not permanently help the situa tion. A proper system of rotation with The attention of farmers is also call- clover as a regular element in a three or four year rotation must be adopted for the permanent upbuilding of the land, and then whatever else the land needs in the way of lime or fertilizer must be added thereto.

JOIN "BETTER SIRES" DRIVE

Federal and State Forces Organized in 40 States-Many of Them Now in Full Swing.

In 40 states the "Better Sires-Retter Stock" campaign of federal and state agricultural forces is now fully organized and in many of them it is in full swing. Of the few not yet enrolled several have made plans for joining the movement, which promises numerous benefits to the live stock interests of the country. Each of the enrolled states has filed with the bureau of animal industry, United States department of agriculture, the name and ad dress of an official directly in charge of the work. This list will be furnished any inquirer on application. The states enrolled in the crusade on January 1 were as follows: Alabama, Arkansas, Arizona, California, Colorado, Connec ticut, Delaware, District of Columbia, Florida, Georgia, Idaho, Kansas, Lou-Isiana, Maine, Maryland, Massachusetts, Minnesota, Montana, Nebraska, New Hampshire, New Jersey, New Mexico, New York, North Carolina, North Dakota, Ohio, Oklahoma, Pennsylvania, Rhode Island, South Carolina, South Dakota, Tennessee, Texas, Utah, Vermont, Virginia, Washington, West Virginia, Wisconsin, Wyoming.

CULTURE OF FRUITS FAVORED

Supply of Valuable Food Furnished at Relatively Small Cost-Best for Health.

A more general culture for fruits in gardens and home orchards would contribute substantially to the health and pleasure of the average family besides furnishing a supply of valuable food products at a relatively small outlay of money, says the United States department of agriculture.

PRODUCTION HAS, INCREASED

Improved Methods and More Efficient Facilities Are Needed for Handling Products.

Production during the last decade clover should be seeded with a spring ers for more elaborate and efficient rain with lime harrowed in on the service.



SHIP CATTLE FROM MONTANA

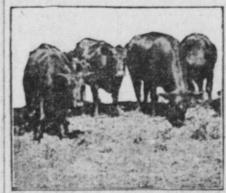
Estimated That Between 500,000 and 600,000 Head Have Been Shipped Out of State.

(Prepared by the United States Depart-

ment of Agriculture An unusually large movement of cattle out of Montana has taken place in 1919, according to the bureau of animal industry. Normally, the movement of cattle from this state is between 200,000 and 300,000 head annually. It is estimated that between 500,000 and 600,000 have been shipped out for all purposes. Figures are not available for a similar comparison in regard to sheep, but reports from representatives of the department in the field indicate that between 400,000 and 500,000 sheep of all classes of range stock were moved out of the Northwest for feeding and grazing in sections east and west of the drought

These animals went first into the available nearby pasture lands in the Dakotas and Nebraska. Later they were moved into the middle combelt states, into Minnesota, Wisconsin, and the upper peninsula of Michigan, and still later into Texas and New Mexico. The movement into the two latter states continued on into November. The heavy snowfall that occurred early in the season overtook some ranchmen who were taking chances on the weather and they found it necessary to move their herds quickly. It is thought that enough railroad cars were made available to fill all orders. Stock cars moving west were given preference over dead freight.

Information that has reached the department indicates that the movement of cattle into New Mexico and Texas has been satisfactory, and with certain exceptions, the same holds true with respect to Minnesota, Wisconsin, and Michigan. Reports indicate that a considerable movement of



A Farmer May Feel Independent When He Has a Herd of Cattle Like These.

sheep and cattle into Michigan and nearby territory for summer grazing is likely in future years. Feed supplies in the Northwest appear to be adequate for live stock remaining on the ranges and there is now no expectation of serious shortage.

PROVIDE SHELTER FOR SHEEP

Exposure to Wind and Storms Is Cause of Much Loss-Protection Is Not Costly.

Great sheep losses come through exposure to wind and storm. In all parts of the country farms that have sheep on them will do well to provide shelter from bad weather. These do not cost so much as to have the sheep die in the cold and wet. If we had all the money that is lost in sheep in any one year through exposure to storm we would be far richer than we are.

PROFIT FROM BABY BEEVES

Farmer With Pasture Land Could Raise Few Without Great Expense-Grain Needed.

Every farmer who has pasture land could raise a few baby beeves profitably without great expense. In addition to the pasture a silo will be needed and a single crop. It may be advisable in addition to plant soiling crops to supplement the silage and pasture. Some hay should be available and enough grain to finish the calver for market.

LIVE STOCK NOTES

Send the scrub sires to the butcher's

The water supply is of paramount importance in raising animals.

Pigs grow very fast when they have pasture and some grain as a supple ment.

Beef cattle are able to convert coarse feeds such as hay, stover and silage into meat.

For a general farmer who raises antmals and grows diversified crops a silo is almost indispensable.

Beef, pork, milk or mutton can be produced more economically by good pastures than by any other means.



Need "Cascarets" when Sick, Bilious, Constipated.

When your child is bilious, constipated, sick or full of cold; when the ittle tongue is coated, breath bad and stomach sour, get a box of Cascarets and straighten the little one right up. Children gladly take this harmless candy cathartic and it cleanses the little liver and bowels without griping. Cascarets contain no calomel or dangerous drugs and can be depended upon to move the sour bile, gases and indigestible waste right out of the bowels. Best family cathartic because it never ramps, sickens or causes inconvenience .- Adv.

Balance the Books Occasionally. It is good to have money and the things that money can buy, but it's good, too, to check up once in a while and make sure you haven't lost the things that money can't buy.-Anon.

DYED HER BLOUSE, SKIRT AND A COAT

"Diamond Dyes" Turned Faded, Shabby, Old Apparel Into New.

Don't worry about perfect results. Use "Diamond Dyes," guaranteed to give a new, rich, fadeless color to any fabric, whether it be wool, silk, linen. cotton or mixed goods,-dresses. blouses, stockings, skirts, children's coats, feathers-everything!

Direction Book in package tells how to diamond dye over any color. To match any material, have dealer show you "Diamond Dye" Color Card .-- Adv.

Didn't Want Any. "Haven't you a reference?"

"Ref'rence-whut's dat, mam?" "Something the lady said about you at the last place you worked." "Don't you believe it, main."-Florida Times-Union.

RECIPE FOR GRAY HAIR.

To half pint of water add I oz. Bay Rum, a small box of Barbo Compound, and 1/4 oz. of glycerine. Apply to the hair twice a week until it becomes the desired shade. Any druggist can put this up or you can mix it at home at very little cost. It will gradually darken streaked, faded gray hair, and will make harsh hair soft and glossy. It will not co'or the scalp, is not sticky or greasy, and does not rub off.—Adv.

"Is your husband on a fixed salary?" "Yes-but it's not fixed to our liking.

ALCOHOL-3 PER GENT.

AVegetable Preparation for As-similating the Food by Regula-

ting the Stomachs and Bowels of

INFANTS CHILDREN

Thereby Promoting Digestion

Cheerfulness and Rest Contain

neither Opium, Morphine no

Mineral. NOT NARGOTIC

Pumpkin Sund Service Rochelle Solls

Recipie of Old Dr. SAMUEL PITCHER

A helpful Remedy for

Constipation and Diarrhoea

and Feverishness and

resulting therefrom in Infancy.

Pac-Simile Signature of

Cat H. Flateters

THE CENTAUR CONPANY.

NEW YORK.

At 6 months old

35 Doses -40 CENTS

LOSS OF SLEEP

"Nervous, Weak and Dizzy Spells" Danville, Va .- "After motherhood I was



ter motherhood I was. Was nervous and weak, and suffered with headaches and dizzy spells. I also had backaches. I could not eat or sleep when I began taking Dr. Pierce's Favorite Prescription, and it completely restored me to good health. My pletely restored me to good health. My appetite returned and I just felt fine.

"I also suffered with constipation and the only medicine that I ever found to give me relief and, I might say, cure me of this trouble was Dr. Pierce's Pleasant Pellets. They are an excellent regulator of the stomach, liver and bowels."—Mrs. C. E. Holland, 1015 Stokes St.

Parkersburg, W. Va, "When I was a girl I had the measles, and after that I became all run-down, weak and nervous. I suffered with suppression and my mother gave me Dr. Pierce's Favorite Prescription and it completely reand it completely restored me to health. I had been ailing for

at least two years before. Had doctored and taken medicine, without relief, but 'Favorite Prescription' soon did the work where all others had failed. It is a fine medicine for young girls or women who are ailing."—Mrs. G. A. Thornburg, 845 Seventh St.

Roanoke, Va.—"I consider Dr. Pierce's Favorite Prescription unexcelled as a tonic. When my children were small and I seemed to be 'all in' I found wonderful strength and relief in this tonic.

strength and relief in this tonic. "In later years I have found great comfort in Dr. Pierce's Pleasant Pellets and Dr. Pierce's Anuric Tablets for toning up the liver and kidneys. The Anuric has been of especial benefit, too, in relieving

me of backaches. "It is a pleasure to recommend such reliable remedies as Dr. Pierce's always prove to be."—Mrs. M. S. Hyman, 538 Rorer Ave., S. W.



all bronchial and camation, chil-HALL & RUCKEL, Inc. TOP

DRIVE MALARIA OUT OF THE SYSTEM



FRECKLES POSITIVELY REMOVED by Dr. Derry Freckle Clariment... Your druggests or a mail, die, Pres bonk. Dr. C. M. Berry Go., 2275 Michigan Avenue, Chicago

Net Contents 15 Fluid Drach 900 DROPS For Infants and Children. **Mothers Know That Genuine Castoria**

Always Bears the Signature Thirty Years

Exact Copy of Wrapper.

DISTEMPER

or Strangles in stallions, brood mares, colts and all others is most destructive. The germ causing disease must be removed from the body of the animal. To prevent the trouble the same must be done.

SPOHN'S DISTEMPER COMPOUND will do both—cure the sick and prevent those "exposed" from having the disease. Sold by your druggist. 60c and \$1.15 per bottle. SPOHN MEDICAL CO., Mfrs., Goshen, Ind., U. S. A.

Majority Had Departed. "Do you know what it is to go before an audlence?" "No. I spoke before an audience

once, but most of it went before 'did." Appropriate. "Our pastor wants a pet." "Then why not give him a shepherd

Night -Morning -Keep Your Eyes Cuticura Talcum is Fragrant and Very Healthful Soap 25c, Ointment 25 and 50c, Talcum 25c.



W. N. U., BALTIMORE, NO. 8-1920.