

New Process an Aid in Reducing Sugar Shortage

The housewife may be experiencing continued difficulty in securing sugar, but this commodity might have been more scarce and the price much higher had not ice-cream manufacturers adopted a new process suggested by the agricultural experiment station of the University of Illinois.

In the last year and a half a vast majority of the makers of this semi-essential food have saved approximately 30 per cent of the amount of sugar formerly used and effected this saving without decreasing output or lowering the quality of the product.

Here is the suggestion that was sent out by the university: It was found that cane or beet sugar could be inverted by the simple process of heating in the presence of acid, the chemical reaction taking place resulting in the same products being formed as are formed when sugar is taken into the human body.

So successful did the tests prove that manufacturers immediately adopted it and are continuing to use it today. It was readily seen that by using the method the sugar supply could literally be stretched, for with only 71.4 per cent as much sugar used as formerly, the same degree of sweetness was obtained.

Money and Value

More in Silver Coin Than Appears on Face of it

The person who doesn't know much about monetary science finds certain facts which puzzle him. If he has among his souvenirs, for instance, a perfectly good trade dollar, plainly stamped "420 grains," he may find it refused if he attempts to use it as a legal tender.

Or perhaps he gets "stuck" with a coin of Canada, containing a less abundant weight of silver, but practically equal to United States coins of the same denomination; it is refused or he has to pass it at a discount.

GETHESEMANE

In golden youth when seems the earth A summerland of singing mirth, When souls are glad and hearts are light And not a shadow lurks in sight,

With joyous steps we go our ways, Love lends a halo to our days; Light sorrows sail like clouds afar, We laugh and say how strong we are.

Down shadowy lanes, across strange streams, Bridged over by our broken dreams, Behind the misty caps of years, Beyond the great salt fount of tears

All those who journey, soon or late, Must pass within the garden gate, Must kneel alone in darkness there, And battle with some fierce despair.

The World's Population.

A conservative estimate, based on rough estimates of the world's population, which even now are hardly more than guesses, shows that there are probably about as many people living now as have died within the last 140 years.

Popular and Electoral Vote.

The number of electoral votes and the popular vote for President Wilson and Charles E. Hughes in the last election were: Popular vote: Wilson, 6,129,696; Hughes, 8,588,221. Electoral: Wilson, 277; Hughes, 254.

Mother's Cook Book

A pound of patience and self-control With words of honey sweet— Endurance a quart and energy roll In all you desire to eat.

Dishes to Tempt the Appetite. Shape rich bread dough in sticks similar to bread sticks. Place on a buttered sheet, cover and let rise in a warm place 15 minutes.

Baked Banana With Sultana Sauce. Cook one-half cupful of sultana raisins in 1 1/2 cupfuls of boiling water for 30 minutes. Mix well one-half cupful of sugar with two teaspoonfuls of cornstarch, then stir into the raisins and water which should measure a cupful.

Apple Souffle. Pare, core and stew four tart apples in just enough water to keep from burning. Put through a sieve. To one tablespoonful of butter in a saucepan add four tablespoonfuls of cornstarch and one tablespoonful of flour, one-fourth of a teaspoonful of salt, four tablespoonfuls of cold water and cook until clear.

Blanquette of Chicken. Make one cupful of cream sauce, put it in a double boiler and add one pint of cooked chicken cut in bits and one tablespoonful of minced parsley.

Home-Made Breakfast Food. Take three-fourths cupful each of graham and wheat flour, mix well, add salt and water and cook as usual to a thick mush. Serve with cream and sugar.

Nellie Maxwell

Legion Posts Throughout Country More Than 6,500

American Legion posts in the United States and foreign countries now total 6,561, it was recently announced at national headquarters in Indianapolis.

Early Playing Cards.

In early playing cards swords took the place of "spades" and representations of coins were the equivalent of "diamonds."

Negro Supreme in Liberia, but Must Endure Conditions That Very Few Could Enjoy

The negro is supreme in Liberia. No one of another race can own land or vote in the republic. But after considering the irritations that those who live in Liberia must endure, as Emory Ross outlines them in the Geographical Review, few people would care to share the negro's privileges.

Besides the trying conditions of climate and disease, there is a host of pests, and little irritations constantly occur. Moths eat up clothing; cockroaches devour bookbindings and nest in the cookhouse; rats climb to impossible locations and leave nothing but the fragments of what they have eaten there; white ants consume the sills of houses and the rungs of chairs; driver ants sweep through the house and force every other living creature therein, from the lord and master down to the lurking lizard, to flee even in the dead of night or in the midst of rain.

These things and the proverbial one thousand and one others like them are real and irritating at any time, but through the blur of a "touch of sun" or the haze of a burning fever they assume proportions out of all reason. The odors, the mists, the sights, the sounds get on the nerves; the heavy, drooping, silent, impenetrable green forest everywhere shuts one in like a smothering grave; the mind grows sick, and the body follows. No one should stay on the west coast of Africa longer than 18 months at a time.

One-Half of Precipitation Evaporates, Two-Thirds Runs Off, One-Third is Absorbed

Water power, or white coal, as it is called on account of the white, tumbling foam at the foot of a waterfall, is full of romance. It is really amazing to think of a city miles away from the falls being lighted by their power; but few, perhaps, realize whence the falls receive their energy, or how it may be measured before it reaches the powerhouse.

Oldest Conductor in World Runs Southern Indiana Train

If Doctor Osler were to visit Orleans, Ind., with a side trip on the Monon railroad, he probably would receive a shock—not so much from the rumble of the train but at John Bills, age eighty-nine, alert and active, its conductor. Bills makes the round trip three times each day between Orleans and French Lick, a distance of 18 miles.

WORTH REMEMBERING

Friendship rings truest in adversity.

Poverty need never fear that sunshine will be rationed.

An unjust sentence is never known in the court of conscience.

The wrong we do to one another is sure to return with its sting.

Four Eclipses During Year.

Here is a little meteorological information for 1920 that may be of interest. It indicates four eclipses will be seen during the year. Two will be of the sun and two of the moon. The first will be a total eclipse of the moon on May 2; the next eclipse will be a partial eclipse of the sun, May 17; the next a total eclipse of the moon, October 27, and the last a partial eclipse of the sun on November 10.

BELGIUM SKETCHES

A Piece of Tile

By Katharine Eggleston Roberts.

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"Is this where I used to live, grandmother?" The little girl stood in the middle of No Man's Land, surveying the torn ground and leafless trees.

"Yes, dear, right here where you are standing." The old woman slipped and slid over the uneven earth, peering now into one cavity, now into another, seeing always only small bits of broken bricks, and sometimes a rusted door. "Louisa," she called to her daughter, "I believe this is where the old cherry tree stood. Try here. I seem to remember hearing Paul say he buried it near the tree."

Louisa, a tall, broadly built woman, thrust her spade into the ground and silently began to dig.

"Grandmother," the child called from a little distance, "did father and mother live here, too?"

"Yes, Maria," Madame Verbeek turned to her daughter again. "If we do not find the money, what are we to do for Maria? If only her mother were here. We have nothing."

"And when Paul turned everything to silver and buried it before he left, he thought he put it in the safest place." Louisa straightened her aching back.

"Yes, and he thought he'd come for it himself. Somehow, he never seemed to realize that he might never come." Her voice dwindled to a whisper.

Louisa began to dig again. The old woman wandered off, looking, always looking, till she came to where Maria stooped and poked at something in the debris. It was round and white, with cavernous eyes and broken teeth. The child recoiled. The widening black pupils darkened the gray of her eyes as she stared fascinated.

"It's just like the ones we saw on the way, isn't it, grandmother?" she asked after a horrified moment. "Was he a German or a Belgian?"

"You can't tell now, Marie. Come on away from it." She took the little

They trudged the long way back across the battle-riven land. Marie prattled of the tile she'd found. "I wash it nine and clean. The little girl has a dirty face. Auntie, do you s'pose she lived there in that piece of house?"

"Yes, yes, maybe she did," Louisa's thoughts were busy elsewhere. What to do? How to provide? Her mother was so old, the child so young. If only they had found her brother's money!

Twilight wrapped the fields in dreary gray before they reached the little railroad hut—a new-built siding where nobody lived. About her thin, bent shoulders Madame Verbeek pulled the shawl more tightly. She shivered



The Wrecked Home.

as the damp and chilly wind cut through her threadbare garments. Louisa put her arm within her mother's and they stood between Maria and the wind.

Back to Ypres, the puffing engine took them, and then they had another weary walk to where they lived out near the edge of town. One by one the clouds up in the sky faded and floated off and left the stars and moon to watch the drooping trio find their way. The women were both silent though their thoughts ran in a never-ending whirl of "How" and "when." Maria dragged between them, half asleep. At last they reached the



Where Prosperous Belgians Used to Live.

one's hand, and together they tramped through the rank, yellow water-grass, the sired old woman, who longingly remembered the town that had been leveled, powdered to nothing by the fire of the heavy guns; and the child, who gazed with scarce-believing stare when they told her this place had been her home.

"And father and mother—were they happy here?" Those people had been in the stories, too, and she liked them. "Was, Maria; very happy, until the war came."

"You told me father wouldn't ever come again. Do you think that mother will?"

"I don't know, dear. I don't know. The Germans took her—drove her off to work."

"When she comes, she'll be glad to see me, won't she?"

"Yes—when she comes." They stopped and looked across the barren waste. "What's that, grandmother, sticking in the ground? Oh, it's a tile!" She rubbed away the dirt.

"It was in the kitchen wall." They looked at it together.

"It's a pretty picture, isn't it? There are some trees, and there's a little girl, and I guess that must have been a woman and a house. It's broken." She sat down on a hump of sod and put the tile upon her knees.

"Yes, it's broken." Madame Verbeek watched the little girl examining the one thing left of home.

"Mother!" Louisa rested on her spade.

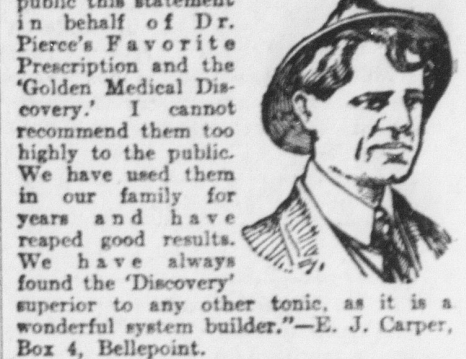
"You've found it!" She started eagerly. Louisa shook her head. "There's no use trying. We'll never find it in this upheaved place. Let's go away."

Well Known Folks

Baltimore, Md.—"It has been my pleasure to recommend Dr. Pierce's remedies for the past 37 years and I have never known them to fail. I was suffering with a complication of troubles. I had pains all over my body and my heart seemed weak. I had been doctoring for months with our best doctors and had obtained no relief. I was discouraged and wrote to Dr. Pierce's Invalids' Hotel in Buffalo, N. Y., and started taking 'Favorite Prescription,' 'Golden Medical Discovery' and 'Pleasant Pellets.' My health improved from the very start and eventually I was cured of my ailments and was in perfect health."—Mrs. Lydia J. Ewig, 1933 W. Franklin St.

Hinton, W. Va.—"It affords me great pleasure to have the privilege to make public this statement in behalf of Dr. Pierce's Favorite Prescription and the 'Golden Medical Discovery.' I cannot recommend them too highly to the public. We have used them in our family for years and have reaped good results. We have always found the 'Discovery' superior to any other tonic, as it is a wonderful system builder."—E. J. Carper, Box 4, Bellepoint.

Dr. Pierce of Buffalo, N. Y., stands behind this standard medicine. When you take Golden Medical Discovery you are getting the benefit of the experience of a doctor whose reputation goes all around the earth. Still more, you get a temperance medicine.



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Skin Troubles Soothed With Cuticura

Soap 25c, Ointment 25 and 50c, Talcum 25c.



On the Right Side.

"I don't want to do anything wrong," said an elderly Shropshire woman who called upon an official of the ministry of food, "but when I die I should like my funeral to be properly carried out." She then confided that she had, in stock, her coffin and shroud, two bottles of whisky and three tins of salmon.

This cheerful soul was quite pleased when told that she was "on the right side" so long as she did not add to her stock.—London Chronicle.

Catarah Cannot Be Cured

by LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarah is a local disease, greatly influenced by constitutional conditions. HALL'S CATARAH MEDICINE will cure Catarah. It is taken internally and acts through the blood on the mucous surfaces of the system. HALL'S CATARAH MEDICINE is composed of some of the best tonics known, combined with some of the best blood purifiers. The perfect combination of the ingredients in HALL'S CATARAH MEDICINE is what produces such wonderful results in catarah conditions. Druggists sell. Testimonials free. F. J. Cheney & Co., Props., Toledo, Ohio.

The Distributing Point.

"How is it that couple always seems to be in a pickle?" "I suppose they get it from their family jars."

Take care of your health, and wealth will take care of you. Garfield Tea promotes health.—Adv.

Roses are like children; you've got to give them plenty of care to get the best results.

WAS DISCOURAGED

St. Charles Man Tells How He Suffered Before Doan's Cured Him.

"Heavy strains on my back and being exposed to all kinds of weather, weakened my kidneys," says John S. Shelton of St. Charles, Mo. "The misery in my back was constant and I had to get up several times during the night to pass the kidney secretion. I got no rest night or day and lost twenty-two pounds in weight. My eyes burned as if there were fire in them. I also had dizzy spells and would feel as if I were going to pitch forward. Sharp catches would take me in my back as if someone were driving a sharp knife into my back. My kidneys were so weak I had no control over them and the secretions were scanty and burned in passage. I had pains in my bladder too. I was discouraged. I tried different remedies but received no benefit. I was advised to use Doan's Kidney Pills and when I did so I was soon relieved of my misery. Doan's cured me."

Get Doan's at Any Store, 50c a Box DOAN'S KIDNEY PILLS FOSTER-MILBURN CO., BUFFALO, N. Y.

Baby Coughs

require treatment with a remedy that contains no opiates. Piso's is mild but effective, pleasant to take. Ask your druggist for PISO'S