

"CALIFORNIA FIG SYRUP" IS CHILD'S LAXATIVE

Back of tongue, Remove poisons from stomach, liver and bowels.



Accept "California" Syrup of Figs only—look for the name California on the package, then you are sure your child is having the best and most harmless laxative or physic for the little stomach, liver and bowels.

Mother! You must say "California."

An enraged man tears his hair, but an enraged woman tears her hair.

Ask for HILL'S 1 MILLION PEOPLE WOULD IT LAST YEAR HILL'S CASCARA QUININE BROMIDE Standard cold remedy for 20 years

Acid-Stomach Makes 9 Out of 10 People Suffer

Doctors declare that more than 70 non-specific diseases can be traced to Acid-Stomach. Starting with indigestion, heartburn, belching, food-repeating, bloating, sour, gassy stomach, the entire system eventually becomes affected.

EATONIC FOR YOUR ACID-STOMACH

Backache The intense pain from a lame back is quickly alleviated by a prompt application of Yager's Liniment.

YAGER'S LINIMENT RELIEVES PAIN CHELSEA BROS. & CO., Baltimore, Md.

Leggett's Kings KING PIN CHEWING TOBACCO Has that good licorice taste you've been looking for.

FRECKLES and BLOTCHES An absolutely new Discovery, guaranteed to remove freckles and blotches from the skin.

Hand apolio Soap Cleanses Inviditates Softens the Skin

THE KITCHEN CABINET

Wake, for the alarm clock scatters into flight The variegated nightmares of the night. Allures the gas into the kitchen range And pleads for rolls and muffins that are light.

BREAKFAST DISHES.

Breakfast foods are on the market in such numbers that one might have a different one each day during the year, or at least long enough to forget if one is repeated.

Rye Mush.—Take a quart of boiling water, one heaping tablespoonful of rye meal. Sprinkle the meal into the boiling water, stirring constantly; add the salt, bring to a boil once more and cook slowly in a double boiler one hour and a half.

Fried Oatmeal Mush.—Wet a bread pan in cold water and pack into it any leftover oatmeal. The next day turn out, cut in slices, dredge with flour and fry in hot bacon fat.

Velvet Mush.—Melt two tablespoonfuls of butter in a double boiler, add two cupfuls of flour and stir until it leaves the sides of the dish; add five cupfuls of milk, stirring constantly, and bring to a boil at each cupful.

Oatmeal Jelly.—Soak a cupful of oatmeal overnight in cold water to cover deeply. Add boiling salted water in the morning and boil several hours, adding more water if needed.

Crushed Wheat With Raisins.—Add a half cupful of wheat to three cupfuls of boiling salted water and cook until the water has disappeared; then add three cupfuls of hot milk and cook until the wheat is soft.

So it was destined: and thus came I here To walk the earth and wear the form of man. To suffer bravely as becomes my state.

SUITABLE LUNCHEON MEATS.

A simple, inexpensive loaf which may be served hot with a brown or tomato sauce or sliced cold is the following: Take one pound each of fresh pork and round steak chopped fine, add two tablespoonfuls of salt, one beaten egg, one cupful of strained tomato, a teaspoonful of chopped parsley and a small onion finely minced.

Ham and Noodles.—Butter an earthen baking dish, put into it a layer of boiled noodles, add a layer of boiled ham cut in bits, then another layer of noodles and so on until the dish is full.

Mock Duck.—This is to be served cold. Pound a pork tenderloin until the fibers are broken; spread with a stuffing seasoned with poultry dressing; roll and tie in shape; brush with melted butter; dredge with flour and roast basting with the drippings, adding water if necessary.

Mock Birds.—Take thin slices of rare roast beef, veal or lamb. Make a stuffing of seasoned bread crumbs, egg and melted butter. Put a spoonful on each piece of meat; roll and skewer with tooth picks; dip in melted butter and bake in a moderate oven.

Liver With Onion Sauce.—Dredge thin slices of liver with flour and fry brown in pork fat. Place the cooked liver on a platter and fry chopped onions in the fat. When light brown add a tablespoonful of vinegar to a cupful of chopped onions and pour the onions and sauce over the liver.

Perfumes Without Grease. A. Verley, a chemist of Iste-Saint-Denis, France, has patented a process of extracting perfume from flowers by using powdered wood charcoal instead of grease as an absorbent, and then washing the charcoal in alcohol.

INCREASE LIFE OF MOTOR CARS

Unsatisfactory Service Sure to Follow Improper Lubrication and Neglect.

CAREFUL USE IS IMPORTANT

Owners Should Learn Details of Machine and Make Adjustments—Never Allow Idle Engine to Race—Use Cold Water to Wash.

One will very soon become accustomed to all of the noises the car makes, and any strange sound, be it ever so slight, will be immediately perceptible.

Much of the satisfaction that an automobile gives depends upon the driver. If he neglects his automobile, if he does not lubricate it, or if he tinkers with it too much, he is bound to receive unsatisfactory service.

Lubrication of Car Important.

One should become thoroughly familiar with all the lubricating points of the car. The lubrication of the car should be given regular attention. If this is done, there will be no complaint due to the car becoming noisy or from bearings wearing out.

Washing the Car. The car should be washed before the mud has a chance to dry. If a hose is used, the stream should be tempered, or better still, the nozzle should be taken off and a slow stream used.

Care of the Top. Care should be taken to see that no dust, dirt, mud or grease is allowed to remain either on the inside or outside of the car top.

Another good dish quite similar is prepared by putting a layer of potatoes in a casserole, sprinkle with onions and cover with four to six pork chops. Add enough water to keep them moist until the potatoes are nearly done.

Coconut Pudding.—Soak half a cupful of bread crumbs in one cupful of milk, cream one tablespoonful of butter with half a cupful of sugar, add two well-beaten eggs, the soaked bread crumbs and one grated coconut.

Eggs Sur Le Plat.—Beat the white of eggs until stiff, spread on a buttered platter and make hollows in the egg with a spoon. Drop carefully the unbroken yolks in these hollows and sprinkle with salt, pepper and dot with bits of butter.

French Abbe Rides in Oldest Auto. The oldest automobile in France. The photo shows its present owner, a French abbe, driving along a country road near Paris.



NEGLECT OF OWNERS WILL INJURE AUTOS

Proper Lubrication is of Utmost Importance.

Drivers Gradually Form Habit of Doing Everything on High Speed in Shifting Gears—Inspect Car Every Week.

There are many ways in which a car may be unintentionally mistreated, just as there are many ways in which one's own health may be violated by the injury of one's system.

The first point is quite familiar to most motorists, and that is the question of proper lubrication. Still every dealer knows that cars continue to be brought in with bearings burned out, king bolts badly worn and other parts of the car in more or less damaged condition from under-lubrication.

Another point is the shifting of gears and the use of gears in hard pulling. It should be borne in mind that all motors have excess power because of the extent to which the valve-in-head principle of design has been developed, and because of this surplus power drivers, as a class, gradually form the habit of shifting to lower speeds, but do everything on high.

After a time they gradually grow to hate the idea of dropping to lower speeds, as if it were a reflection on the car or on the driver's ability.

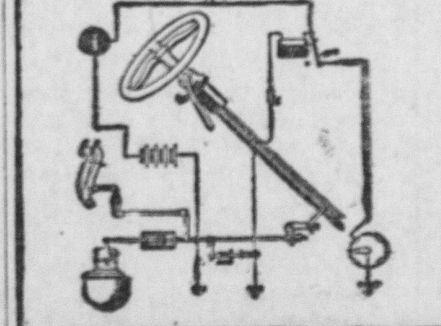
These same ideas apply to practically all of the little things that may happen to motor cars in general service. A weekly inspection will do a great deal toward getting the utmost serviceability out of a car.

A good motor car responds wonderfully to good treatment, not only from the standpoint of satisfaction, but also from that of giving the owner the full amount of transportation that has been built into his car.

ELECTRIC CIRCUIT CONTROL

Mechanism Provides Cut-Off for Automobile Engine Which is Operated Automatically.

An automatic ignition control mechanism, the invention of W. M. Edmont of Duluth, Minn., is illustrated and described in the Scientific American as follows:

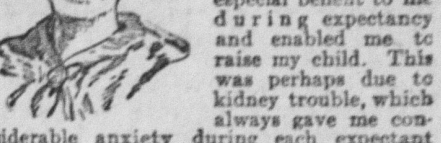


Diagrammatic View Showing Automatic Cutout Mechanism.

an automobile engine. An object is to provide an ignition cut-off for an automobile engine which is operatively combined with the throttle valve operating mechanism in such a manner that upon closing the throttle, the ignition circuit is automatically broken, rendering the engine "dead" and causing it to run against the compression in the cylinders thus providing an effective brake.

WHEN ALL RUN-DOWN, NERVOUS, WEAK

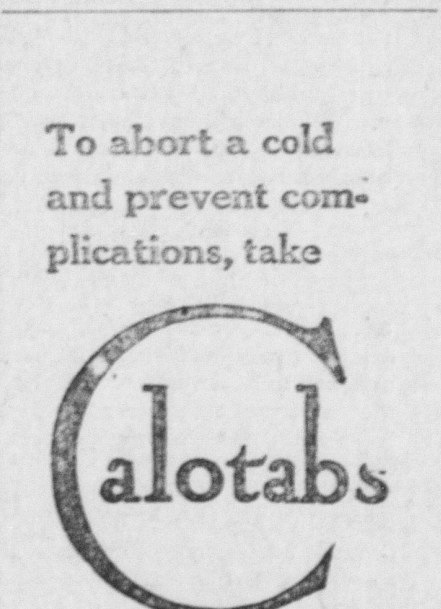
Stanton, Va.—"Whenever I feel all run-down, nervous or weak I always find renewed health and strength in Dr. Pierce's Favorite Prescription and the Golden Medical Discovery. These medicines have been of especial benefit to me during expectancy and enabled me to raise my child. This was perhaps due to kidney trouble, which always gave me considerable anxiety during each expectant period. After I took the 'Favorite Prescription' and the 'Golden Medical Discovery' I had no further trouble with my kidneys during expectancy, and I surely realize all that that these tonics meant to me and to my child."—Mrs. E. V. Hook, 8 Tams St.



Gained 35 Pounds. Mountville, W. Va.—"Some eight years ago in the opening of spring I began to go down in health. I became nervous, weak, could not eat nor sleep, and became very thin. Was so completely run-down I could not work. I went on this way one whole summer. I took medicine, but it did not do me any good. I was so weak I could scarcely get up and down stairs, when I began taking 'Favorite Prescription.' I only took about three bottles when I was a well person and began to be strong and hearty. I gained thirty-five pounds in weight and am today strong and have never had any sickness since."—Mrs. M. J. Wilson, 301 First St.

Charlotteville, Va.—"For years I suffered with woman's weakness, during which time I doctored and took medicine without getting relief. I suffered with backaches and pains in the side. I was very weak and nervous and was miserable, when I began taking Dr. Pierce's Favorite Prescription. When I had taken two bottles I was so much improved that I knew I had at last found the right medicine. I took six bottles and by that time I was well."—Mrs. W. W. Southard, 108 Hinson Ave.

To abort a cold and prevent complications, take Calotabs



The purified and refined calomel tablets that are nausealess, safe and sure. Medicinal virtues retained and improved. Sold only in sealed packages. Price 35c.

DON'T SUFFER HEADACHE OR NEURALGIA

Get the long established remedy - KOHLER-ANTIDOTE gives relief in 15 minutes TAKE NO SUBSTITUTE PRICE 12 CENTS EVERYWHERE AT DRUG STORES AND GENERAL STORES Kohler Mfg. Co., Baltimore, Md.

Polk Miller's Liver Pills

The Good Old Fashioned Kind that have been doing Good Work for 50 years without change of formula. More popular than ever. Great in Malaria, Sickheadaches, Constipation and Biliousness. At all druggists. Manufactured by Polk Miller Drug Co., Richmond, Va. 10c.

PILOCURA CURES PILES

The only INTERNAL Remedy Sent by mail prepaid, 50c and \$1.00 a box. Pilocura Company, Washington, D. C.

PARKER'S HAIR BALM Restores Color and Beauty to Gray and Faded Hair 50c and \$1.00 at druggists.

Cuticura Heals Itching Burning Skin Troubles All Druggists: Soap, Ointment 25c and 50c, Tablets 25c. Sample each free of "Cuticura, Dept. E, Boston."

Irritating Coughs Promptly treat coughs, colds, hoarseness, bronchitis and similar inflamed and irritated conditions of the throat with a tested remedy. PISO'S