

Help That Bad Back!

Why be miserable with a "bad back?" It's time you found out what is wrong! Kidney weakness often causes much suffering from backache, lameness, rheumatic pains, headaches, dizziness and kidney irregularities. Neglected, it may lead to dropsy, gravel or Bright's disease, but if taken in time it is usually easily corrected by using Doan's Kidney Pills. Doan's have helped thousands.

A Virginia Case

Mrs. J. N. Motter, 221 C St., Fredericksburg, Va., says: "When I bent over I could hardly straighten up because of the awful pain in my back. It felt as though a sharp knife were thrust into my kidneys. I had headaches and was nervous. I felt especially stiff and lame mornings. The way my kidneys acted showed they were bad, so I used Doan's Kidney Pills. Doan's entirely cured me."



Get Doan's at Any Store, 60c a Box
DOAN'S KIDNEY PILLS
FOSTER-MILBURN CO., BUFFALO, N. Y.

HEARTBURN

Caused by
Acid-Stomach

That bitter heartburn, belching, food-repeating, indigestion, bloating after eating—all are caused by acid-stomach. But they are only first symptoms—danger signals to warn you of awful troubles if not stopped. Headache, biliousness, rheumatism, sciatica, that tired, listless feeling, lack of energy, dizziness, insomnia, even cancer and ulcers of the intestines and many other ailments are traceable to ACID-STOMACH.

Thousands—yes, millions—of people who ought to be well and strong are mere weaklings because of acid-stomach. They really starve in the midst of plenty because they do not get enough strength and vitality from the food they eat.

Take EATONIC and give your stomach a chance to do its work right. Make it strong, cool, sweet and comfortable. EATONIC brings quick relief for heartburn, belching, indigestion and other stomach miseries. Improves digestion—helps you get full strength from your food. Thousands say EATONIC is the most wonderful stomach remedy in the world. Bought in their relief when everything else failed.

Our best testimonial is what EATONIC will do for you. So get a big box of EATONIC today from your druggist. Use it five days—if you're not pleased, return it and get your money back.

EATONIC

FOR YOUR ACID-STOMACH

KILLS PAIN IN 5 MINUTES

Agony of Rheumatism and Gout, Neuralgia, Lumbago, Chest Colds and Sore Throat Ended in Half the Time It Takes Other Remedies.

Mustardine won't blister—it is always ready for use—its grandmother's old-fashioned mustard plaster with other up-to-date pain killers added.

The best and quickest remedy in the world for lameness, sore muscles, stiff neck, cramps in leg, sprain, backache, headache and toothache.

Begy's Mustardine—ask for it by name. Is made of real, honest, yellow mustard—not cheap substitutes. Use it freely to draw the pain from those sore feet—it's great for chilblains, too, and for frosted feet. Ask for and get Mustardine always in the yellow box.

STOPS PAIN MUSTARINE CANNOT-BLISTER

Lightly rolls
KING PIN CHEWING TOBACCO
Has that good licorice taste you've been looking for.

Nurses Wanted

A limited number of young women, having not less than one year of High School or its equivalent, are desired to enter the training school of the Franklin Square Hospital, at Baltimore, Md. Apply to Superintendent of Nurses.

Your Best Asset

A Skin Cleared By
Cuticura Soap

All druggists. Soap 25¢, Ointment 25¢ & 50¢. Tablets 25¢. Sample each free of Cuticura, Dept. 5, Boston.

W. N. U., BALTIMORE, NO. 44-1919.

The "Green" Hand.
The Boss—What's the matter? You look as though you had been in a cyclone!

Hi Nibs—I was trimming the hind feet of my mules, as the foreman told me to, when suddenly there came an earthquake or a tornado or something, and when I regained consciousness I found I had been thrown clear through the barn-door into the gravel-pit. You certainly have some freakish weather here!

Mitey Fast.
First Boarder—Can you pass the cheese?
Second Ditto—How fast is it going!

Use **MURINE** Night Morning
Keep Your Eyes
Clean—Clear and Healthy
Write for Free Eye Care Book Murine Co., Chicago, U.S.A.

BATTLE AGAINST ANIMAL DISEASE

People Must Have Wholesome Meat at Fair Prices, Says Dr. John R. Mohler.

PRODUCTION IS BIG FACTOR

Merely Question of Time Before Every Serious Ailment Must Yield to Weapons of Science—Fight on Tuberculosis.

(Prepared by the United States Department of Agriculture.)

"Our live-stock industry must be so adjusted that the people of this country may obtain wholesome meat at fair prices and this must be done without discouraging production."

That statement was made before the National Association of Meat Packers in session at Atlantic City, by Dr. John R. Mohler, chief of the bureau of animal industry. Ample production, he continued, is the most important factor leading to prices that the consumer is willing to pay and pay cheerfully. The public must have confidence in the method of production and distribution, and consumers are entitled to full information, he said, regarding the growing and marketing of live stock and the distribution of the meat and its products.

Control and eradication of animal disease, Dr. Mohler asserted, are vitally important factors in ample production and of liberal consumption and proper nutrition as well. If the live-stock men of the country, he said, on top of their other problems, had to contend with pleuro-pneumonia, foot-and-mouth disease, surra, rinderpest and other animal scourges that the United States department of agriculture has succeeded in keeping out of this country or eliminating as soon as they appeared, production certainly would fall and consumption would be curtailed by reason of high prices necessary to cover the risk of production.

Victory in Sight.
"As to most other animal diseases," he continued, "I am now able to say from a scientific point of view that victory against them is in sight and in certain cases eradication is practically complete. There is still need for abundant field and laboratory work, thorough supervision and energetic inspection, but we are confident that it is merely a matter of time before every serious disease must yield to the weapons of science."

Dr. Mohler backed up this statement by citing what has been accomplished with a number of serious diseases. As late as 1906 cattle scabies was prevalent in about 1,300,000 square miles of the United States. Now the country is practically free from this disease. In 1906 about 1,800,000 square miles were infested with the sheep scab disease. Now only about 300,000 square miles remain infested and at the recent rate of progress the next year should practically see the end of sheep scab. In 1906, the cattle fever tick occupied a domain of about 700,000 square miles. This has now been reduced to less than 300,000 square miles, and the tick is doomed to practical extinction within the next four years. The hog-cholera campaign, he said, has been of guerilla character, but the use of anti-hog-cholera serum, especially in connection with the virus,



Better Management of Cattle Prevents Loss of Such Food Animals.

is a definite means of preventing further outbreaks of serious character. Foot-and-mouth disease has appeared in the United States at six different periods within the last half century, but has been eradicated with a total of cattle infected during all of these six periods of less than 100,000—a relatively small figure when compared with 67,000,000, the approximate number of cattle in the United States this year.

Can Eradicate Tuberculosis.
"To eradicate tuberculosis from live stock in the United States," Dr. Mohler continued, "is a very extensive undertaking and to some may seem endless. We do not consider it so. We know definitely that tuberculosis can be eradicated from small areas and what can be done on farms or in an area as large as the District of Columbia can be repeated on a larger scale. There is no insurmountable barrier to the eradication of tuberculosis from the entire United States. Actual accomplishment depends necessarily on public enlightenment and on public cooperation, also on adequate facilities and trained men to do the testing properly. This generation probably will not see the end of the campaign, but others will follow and, we hope, will push the work to completion."

LEGUMES FOR DAIRY HERD ARE SUPERIOR

Higher Average of Milk Yield Obtained From Alfalfa.

Well Worth While for Farmers in One District to Study Feeding Practices of Other Districts—Best to Correct Soil.

(Prepared by the United States Department of Agriculture.)

That profits may sometimes be increased by the substitution of legumes for a large part of the concentrates in the dairy ration, is brought out by cow-testing association records obtained by the dairy division. The records from six associations where alfalfa formed a large part of the dairy ration was compared with the records from eight associations where legumes were fed sparingly with the following results:

In the alfalfa district the cost of grain was 16 per cent of the total feed cost, and in the other district the cost of grain was 41 per cent of the total feed cost. The average milk yield of the alfalfa-fed cows was 6,805 pounds and the average yield of butter fat was 281 pounds. In the other district the average milk yield was 5,234 pounds and the average yield of butterfat was 238 pounds. For the alfalfa-



Splendid Field of Alfalfa.

fed cows the average income over cost of feed was \$73 and for the grain-fed cows the average income over cost of feed was \$37.

The alfalfa-fed cows may have been better cows and the climate may have been better adapted to dairying, but as both districts are favorably known for their dairy products it may be assumed that the cows were of good quality and well cared for in both districts. It seems fair, therefore, to conclude that the higher production and greater income above feed cost of the alfalfa-fed cows was due largely to the feeding of home-grown legumes. In any case it is well worth while for the farmers of one district to study the feeding practices of other districts. If legumes add to net profits, why not grow and feed more legumes? If the soil is not adapted to legumes it may pay to add lime or manure or whatever else it lacks in order that the dairy herd may be supplied with an abundance of home-grown legumes.

ANNUAL VALUE OF WOODLOTS

Areas Are Capable of Being More Intensively Managed Than Are Large Forests.

(By W. J. MORRILL, Colorado Agricultural College, Fort Collins, Colo.)
The annual value of the farm woodlot products of the United States is \$195,000,000. Does your woodlot produce its proportional part of that vast sum?

Approximately one-half of the timbered areas in the United States are in farm woodlots. These areas are capable of being more intensively managed than are the large timber supply forests and can be made to produce more timber than the forests proper. As a rule, however, the woodlot is deteriorating, because the owners are usually culling out the better species, are making no provisions for the future timber crops, and in many places are using the woodlot as a pasture to the detriment of the woodlot.

BIG ADVANTAGES OF MANURE

Tends to Prevent Soil Drifting, Catches Snow and Protects Plants From Weather.

Manure spread on wheat late in the fall or during winter tends to prevent soil drifting, catches snow, protects the plants from extreme changes in temperature, prevents soil heaving, conserves soil moisture and adds some plant food. Next year when the ground is plowed the organic matter is incorporated with the soil and improves the texture and fertility of the land for producing succeeding crops.

BE CAUTIOUS WITH ALFALFA

Makes Good Silage If Fed Within Reasonable Length of Time After Putting Into Silo.

Alfalfa silage is good if fed within a few months after putting it into the silo, otherwise it soon becomes offensive in odor and is not relished by stock. If material rich in fermentable sugars is added to alfalfa it is effective in preserving the alfalfa as silage. Oats, peas, etc., will serve.

AS TO WANTING AND GETTING

Harvard University Head Tells Good Story With a Moral That is Easy to Understand.

There is a story told in Boston which ought to spur on Harvard graduates in their efforts to obtain the Harvard endowment fund. President Lowell and a business man were talking over the progress of the campaign.

"I know how much you are asking for," said the business man, "but how much do you really want?"
"Well," President Lowell answered with a slight twinkle, "I am like the little girl who went to the butcher's for her mother. She stood by the counter until it came her turn and the butcher said, 'What do you want, little girl?'"
"I want a ham," said the little girl, "but mother wants 10 cents' worth of liver."

To Have a Clear Sweet Skin.
Touch pimples, redness, roughness or itching, if any, with Cuticura Ointment, then bathe with Cuticura Soap and hot water. Rinse, dry gently and dust on a little Cuticura Talcum to leave a fascinating fragrance on skin. Everywhere 25c each.—Adv.

His Chief Trouble.
There is an elevator boy in a New York office building who is among a large number of public servants who resent needless questions.

One day there entered his car a rather fussy old lady, and garrulous as well.

"Don't you ever feel sick going up and down in this elevator all day?" she asked.
"Yes, ma'am," said the boy.
"Is it the motion going down?"
"No, ma'am."
"The motion going up?"
"No, ma'am."
"Is it the stopping that does it?"
"No, ma'am."
"Then what is it?"
"Answering questions, ma'am."

"CALIFORNIA FIG SYRUP" IS CHILD'S LAXATIVE

Look at tongue! Remove poisons from stomach, liver and bowels.



Accept "California" Syrup of Figs only—look for the name California on the package, then you are sure your child is having the best and most harmless laxative or physic for the little stomach, liver and bowels. Children love its delicious fruity taste. Full directions for child's dose on each bottle. Give it without fear.
Mother! You must say "California."
—Adv.

Trying to Please.
"Why did you put me at the table between those two women who nearly talked me to death?"
"I did it because I heard you say you were fond of tongue sandwiches."

A single dose of Dr. Peery's "Dead Shot" will expel Worms or Tapeworm. Its action upon the stomach and bowels is beneficial. No second dose or after purgative necessary.
Adv.
If all tombstone epitaphs were literally true, his satanic majesty would have to shut up shop.

WRIGLEY'S

5c a package before the war

5c a package during the war

5c a package NOW

THE FLAVOR LASTS SO DOES THE PRICE!



Just Shopping.
"Your wife seems to be carrying on a voluminous correspondence."
"Quite so."
"What about?"
"Oh, she's getting prices from hotels she has no idea of going to. Shopping by mail."

More Scarce Now.
"Did you ever see a black diamond?"
"Oh yes. Before the war I used to have my cellar filled with 'em."

Cigarette Paper Ban.
Do not try to mail any cigarette paper to Greece. Official announcement has been received at the postoffice that cigarette papers are prohibited from transmission in the parcel post to the Greek postoffice in Macedonia, Epirus, Samos, the Islands of the Aegean sea and Crete.

Aviation has added 200 words to the language, including cuss words, of course.—Rochester Herald.

THE RIGHT WAY...

In all cases of Distemper, Pinkeye, Influenza, Colds, etc.

of all horses, brood mares, colts, stallions, is to

"SPOHN THEM"

On their tongue or in the feed put Spohn's Liquid Compound. Give the remedy to all of them. It acts on the blood and glands. It routs the disease by expelling the disease germs. It wards off the trouble no matter how they are "exposed." Absolutely free from anything injurious. A child can safely take it. Sold by druggists, harness dealers, or sent express paid by the manufacturer. Special Agents Wanted.



SPOHN MEDICAL CO., GOSHEN, IND., U. S. A.

Middle Aged Women

Are Here Told the Best Remedy for Their Troubles.

Fremont, O.—"I was passing through the critical period of life, being forty-six years of age and had all the symptoms incident to that change—heat flashes, nervousness, and was in a general run down condition, so it was hard for me to do my work. Lydia E. Pinkham's Vegetable Compound was recommended to me as the best remedy for my troubles, which it surely proved to be. I feel better and stronger in every way since taking it, and the annoying symptoms have disappeared."—Mrs. M. GODDIN, 925 Napoleon St., Fremont, Ohio.

North Haven, Conn.—"Lydia E. Pinkham's Vegetable Compound restored my health after everything else had failed when passing through change of life. There is nothing like it to overcome the trying symptoms."—Mrs. FLORENCE ISHELL, Box 197, North Haven, Conn.



In Such Cases
LYDIA E. PINKHAM'S VEGETABLE COMPOUND
has the greatest record for the greatest good
LYDIA E. PINKHAM MEDICINE CO. LYNN, MASS.