

### NERVES GAVE OUT

Serious Kidney Trouble Had Made Life Miserable, But Doan's Removed All the Trouble. Hasn't Suffered Since.

"I had such severe pains in my back," says Mrs. Albert Akroyd, 304 W. Indiana Avenue, Philadelphia, Pa., "that they almost doubled me up. Many a day I could not do my housework and at every move it seemed as if my back would break in two. My feet and ankles swelled until I had to wear large-sized slippers and sometimes I couldn't stand up.



"I had dizzy spells and dreadful headaches and fiery flashes passed before my eyes. Had a heavy weight been resting on my head, the pain could not have been more distressing. The least noise startled me. I was so nervous. I couldn't control the kidney secretions and the pain in passage was awful.

"It began to look as though my case was beyond the reach of medicine until I used Doan's Kidney Pills. The first box benefited me and four boxes cured all the troubles. I have had no further cause for complaint."

**Get Doan's at Any Store, 60c a Box**  
**DOAN'S KIDNEY PILLS**  
FOSTER-MILBURN CO., BUFFALO, N. Y.

### DOAN'S KIDNEY PILLS

**CURES WHILE YOU SLEEP**  
NO PAIN. NO TROUBLE.  
IN USE OVER 30 YEARS

### ONE NIGHT CORN CURE

TAKE NO SUBSTITUTE  
PRICE 15 CENTS EVERYWHERE  
AT DRUG STORES AND GENERAL STORES  
Kohler Mfg. Co., Baltimore, Md.  
IN USE FOR 35 YEARS

### PILOCURA CURES PILES

THE ONLY INTERNAL REMEDY  
Large trial box sent free on receipt of 25c.  
AGENTS WANTED  
Pilocura Co., Washington, D. C.  
W. N. U., BALTIMORE, NO. 43-1919.

### Polk Miller's Liver Pills

10c. The Good Old Kind that always do the work. Same formula for 50 years. Unequalled for Biliousness, Sick Headache, Constipation and Malaria. At all druggists. Manufactured by Polk Miller Drug Co., Inc., Richmond, Va.

### TRACTOR WON'T JUMP FENCES

Some of the Arguments in Favor of Its More General Use—Will Not Bite, Balk, or Run Away.

Some of the many arguments in favor of the tractor are given as follows in Farm Life:

It will not bite, balk or run away. It will not shy at a loose scrap of paper in the road. It will not kick the stall all night and keep the tired farmer and his wife awake. It will not crib the manger.

### GET READY FOR "FLU"

Keep Your Liver Active, Your System Purified and Free From Colds by Taking Calotabs, the Nauseless Calomel Tablets, that are Delightful, Safe and Sure.

Physicians and Druggists are advising their friends to keep their systems purified and their organs in perfect working order as a protection against the return of influenza. They know that a clogged up system and a lazy liver favor colds, influenza and serious complications.

As a strengthening tonic for love that has become weak there is nothing better than a little indifference.

### BOSCHEE'S SYRUP.

In these days of unsettled weather look out for colds. Take every precaution against the dreaded influenza and at the first sneeze remember that Boschree's Syrup has been used for fifty-three years in all parts of the United States for coughs, bronchitis and colds, throat irritation and especially for lung troubles, giving the patient a good night's rest, free from coughing, with easy expectoration in the morning. Made in America and kept as a household panacea in the homes of thousands of families all over the civilized world. Try one bottle and accept no substitutes.—Adv.

Kissing either wife or child was a punishable offense in England in the seventeenth century.

The Strong Withstand the Heat of Summer Better Than the Weak.  
Old people who are feeble and younger people who are weak, will be strengthened and enabled to go through the depressing heat of summer by taking Grove's Insectless Chill Tonic. It purifies and enriches the blood and builds up the whole system. You can soon feel its strengthening, invigorating effect. 60c.

Bagdad is famous for its breed of white asses. Their ears and tails are sometimes colored a bright red.

What the Railroads Collect.  
In 1916, a year of normal conditions each person in the United States paid \$25 for railroad freight, a bill of \$125 annually for the average family. Therefore each increase of 25 per cent in freight rates above the 1916 level means an increased per capita tax of \$6.25, or an increased tax for each American family of \$31.25. Freight rates have increased more than 50 per cent since 1916, therefore the freight bill for the average family is now around \$200, all of which is paid indirectly, of course. These figures are worth studying before we again dip into our pockets to help railroad finances.

Coming Events.  
"The extraordinary things of yesterday will be the ordinary things of tomorrow," remarked Justice Darling recently.

"Already I can picture little Tommy waking up in the night and crying: "Mother, I hear something on the roof!" and hearing mother answer: "Go to sleep, it's only your father taking off his shoes to sneak through the skylight. He's just come home from his club in his airship."—Pearson's Weekly.

The Home of the Bean.  
Knecker—Boston was once a state of mind.  
Bocker—Now it is a state of won't mind.

### EXTREME CARE IS MOST ESSENTIAL FOR PRESERVATION OF POULTRY IN TRANSIT



Be Sure to Use Only Suitably Equipped Cars for Shipping Dressed Poultry.

Scrupulous care in pre-cooling a refrigerator car for shipping dressed poultry, always a matter of importance, is doubly so now, in the opinion of food-research experts. The greater necessity for care comes, in the first place, of the fact that there is a nationwide ice shortage. The second important element is that, following the stress of war-time transportation, the refrigerator equipment of the country is in a run-down condition. The car should be carefully examined, the experts say, to see that it admits not even a pin point of light. Then it should be tested and, if it fall short of standard, there should be no hesitation about rejecting it and calling on the railroad agent for a car that will meet the requirements. Extreme care, the experts believe, is essential just now for the preservation of poultry in transit, and the chief of the department's food research laboratory has just issued the following definite information as to how satisfactory results are to be attained:

Select Car Day Before Loading.  
"When the refrigerator car is set for icing, enter it and with doors and hatches tightly closed look carefully for any crack or point of daylight. The car should be absolutely black with not a pin point of light anywhere. If there are distinct cracks around the doors or hatches, the car will not maintain sufficiently low temperature and should not be used for the hauling of dressed poultry or any other commodity requiring ice and salt refrigeration. Be sure also that the drain pipes are open and in good working order."

"The selected car should be set for icing at least 24 hours before it is to be loaded. Its bunkers should then be filled three-quarters full with finely broken ice; that is, no piece should be larger than a man's fist. When the bunkers are three-quarters full, crank the ice down well so that all cracks and crannies are filled. Then add one-quarter of the calculated amount of salt on the 12 per cent basis. For instance, if the bunker holds 5,000 pounds of ice, when three-quarters full it will contain 3,750 pounds. On top of this amount of ice scatter 150

### URGE UNITED FIGHT ON EUROPEAN BORER

Insect Is Serious Menace to American Agriculture.

Has Become Well Established in Both Massachusetts and New York—Most Energetic Measures Favored for Eradication.

(Prepared by the United States Department of Agriculture.)  
The European corn borer undoubtedly is a serious menace to American agriculture. The United States department of agriculture has for some time called attention to the extreme danger from this pest, which has become well established in both Massachusetts and New York. Now comes this reinforcement of that judgment:

"We, the National Association of Commissioners of Agriculture, with official entomologists from many states and representatives of the United States department of agriculture, together with representatives of the Canadian government, present as experts in conference upon the situation, express ourselves, after examining the infested area, as thoroughly convinced that this pest is one of the most dangerous insects which has become established in America, and we hereby place ourselves on record in favor of most energetic efforts or the part of federal and state agencies to control and, if possible, to exterminate this insect, including in the program vigorous quarantines to prevent its distribution."

That is a part of the resolutions adopted by the European Corn-borer conference, begun at Albany, N. Y., on August 28 and concluded at Boston, Mass., on August 29. The state commissioners of agriculture, state entomologists and others went over the corn fields around Schenectady, N. Y., and Boston, Mass., and saw the methods of destruction practiced by the United States department of agriculture and the state agencies, to-

### ASPIRIN FOR HEADACHE

Name "Bayer" is on Genuine Aspirin—Bayer



Insist on "Bayer Tablets of Aspirin" in a "Bayer package," containing proper directions for Headache, Colds, Pain, Neuralgia, Lumbago, and Rheumatism. Name "Bayer" means genuine Aspirin prescribed by physicians for thirteen years. Handy tin boxes of 12 tablets cost five cents. Aspirin is trademark of Bayer Manufacture of Mononaceticacidester of Salicylicacid.—Adv.

London gets a shower of soot to the extent of four and a half pounds an acre every day.

### PHYSICALLY FIT AT ANY AGE

It isn't age, it's careless living that puts men "down and out." Keep your internal organs in good condition and you will always be physically fit. The kidneys are the most over-worked organs in the human body. When they break down under the strain and the deadly uric acid accumulates and crystallizes look out! These sharp crystals tear and scratch the delicate urinary channels causing excruciating pain and set up irritations which may cause premature degeneration and often do turn into deadly Bright's Disease.

The pope's daily average of letters is 22,000, and these are dealt with by twenty-five secretaries.

### RUSSIANS HIT BY FAMINES

Shortages of Food Date From 1600—8,000,000 Persons Reduced to Starvation in Famine of 1911.  
Next to the proletariat of India and China, the Russian peasant feels the pinch of poverty and hunger more keenly and more frequently than any other, says the National Geographic Society. One of the earliest Russian famines on record was that of 1090, with a death toll of 500,000 peasants. Cuts, dogs and rats were eaten, and even the strong overcame the weak. Human flesh was sold in the markets. Three Russian famines of recent date were among the most severe in history—in 1891, 1906 and 1911. During the ten years following the first of these, the government allotted nearly \$125,000,000 for relief, but the sums were not always judiciously expended. In 1906 the government gave 50 pounds of flour a month to all persons under eighteen years old and over fifty-nine. Those between these ages received no allowance, and the older and younger shared their pittance with the others.

The famine of 1911 extended over one-third the area of Europe and affected 30,000,000 persons, while 8,000,000 were reduced to starvation. Weeds, the bark of trees and bitter bread made of acorns, constituted the chief diet.

Denials make little faults great.

### TREES GROW BEST ON SLOPES

Roughest Areas on Farm Present Most Favorable Localities for Successful Growth.

(By W. J. MORRILL, Colorado Agricultural College, Fort Collins, Colo.)  
Trees, especially cone bearing trees, seem to prefer newly eroded soil. Steep slopes are exposed to comparatively rapid erosion and here trees do the best. Level ground indicates old soil, old in the sense that it was derived from rock, as a rule, longer ago than soil found on steep slopes. Old soil probably contains an excess of soluble salts, too much for best tree growth.

In the mountains one sees the steep slopes clothed with trees, while the occasional flat spot is likely to be bare of trees. The roughest areas on the farm present the most favorable localities for successful tree growing.

### KEEP VEGETABLES IN WINTER

Temperature Slightly Above Freezing Point is Preferred for Beets, Turnips and Carrots.

(By A. F. YEAGER, North Dakota Agricultural College.)  
Turnips, beets, and carrots will keep best at a temperature slightly above freezing. Cabbage will stand considerable freezing, and salsify and parsnips may be left in the soil over winter if desired. Squashes and pumpkins will keep best in a warm dry place. A warm attic where it does not freeze is good. Potatoes require a cool place not too dry. Cabbage and nearly all root crops may be stored in the ground. They must be put deep enough to be below the frost line and should be surrounded with straw to keep them from direct contact with the soil.

### SHILOH BILIOUSNESS

30 DROPS STOPS COUGHS Cause by Acid-Stomach

If people who are bilious are treated according to local symptoms they seldom get very much better. Whatever relief is obtained is usually temporary. Trace biliousness to its source and remove the cause and the chances are that the patient will remain strong and healthy.

### EATONIC

(FOR YOUR ACID-STOMACH)  
Liggett & Myers KING PIN CHEWING  
The tastiest tobacco you ever tasted.

### SAM'S PILE REMEDY

TOP SUFFERING NO SALVE  
PURE AND QUICK  
SAM E. RICHARDSON  
DRUGGIST URBANNA, VA.

Uncomplimentary.  
At one of the famous Lamb's Club gambols, a young and aspiring actor appeared on the program in an imitation of Nat Goodwin.

Goodwin himself was present at the performance. After the gambol was over the young actor, much to his delight, succeeded in getting himself introduced to Nat.

"Were you present at the performance tonight, Mr. Goodwin?" he asked.  
"Yes," was the answer. "I was there."

"And did you see my imitation of you, Mr. Goodwin?" continued the young man.  
"Yes, I saw it," came the reply.

"And," persisted the aspiring youth, "may I ask you to give me your verdict on the excellence and fidelity of my art as disclosed in the impersonation of yourself?"  
"Well," said Mr. Goodwin, "one of us is rotten."—Everybody's Magazine.

Clay Output Falls Off.  
The quality and value of the clay mined in the United States in 1918 showed a considerable decrease in output but an increase in value compared with 1917. The total quantity of clay mined and marketed as such is estimated at 2,840,000 short tons, valued at \$9,207,000, or \$3.28 a ton. This is a decrease of about 304,000 tons, or 10 per cent, in quantity, but an increase of about \$1,105,000 or 14 per cent in value. The imports decreased in both quantity and value.

**A Saver to pocket book and health, and a delight to the palate.**  
Do as your neighbor is doing and cut the high cost of living by drinking  
**INSTANT POSTUM**  
Instead of coffee.  
No Raise in Price  
50-Cup Tins 30¢-100-Cup Tins 50¢  
Made by POSTUM CEREAL COMPANY  
Battle Creek, Mich.  
Sold by Grocers and General Stores

**Build Up With Grape-Nuts**  
Popular for its delightful flavor and because it furnishes certain food values necessary for building the best in body and brain  
Users know by test  
"There's a Reason"